

Little Bugs Pest Control, LLC
WE BEAT OUR COMPETITORS' PRICES!
 Locally Owned & Operated
 • Commercial & Residential
 • Licensed & Insured
716.640.5006

Jamestown Gazette
is growing!
 Look for Available Positions on Page 14

COUPONS INSIDE

Starting the Year on Roads to Recovery

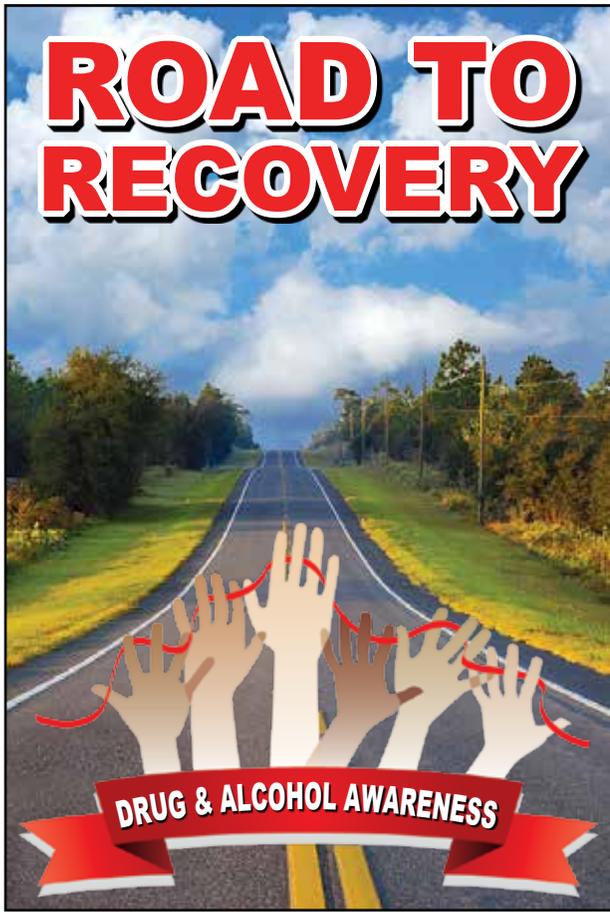
Article Contributed by
Walt Pickut

Substance abuse - drug and alcohol addiction - has created many headlines over the last few years in our community. Citizens cannot be blamed for thinking it is all *bad news*.

This heightened awareness, however, has made a difference and created results worth reporting.

The Jamestown Gazette, in response to January's national drive for public awareness about substance abuse, set out to report some of those results. The concerned public should be made aware of positive outcomes based on their community's ongoing and new programs for treatment, recovery and education.

"Addiction is a treatable disease... [with] evidence-based interventions that help people stop abusing drugs and resume productive lives," according to the National Institute on Drug Abuse (NIDA).



From Old to New

In traditional healthcare highly trained professionals diagnose and treat patients. Mental health and addiction care has added another model. It is care based on "The Shared Personal Experience" paradigm. New York Certified Peer Specialists are qualified professionals who have personally recovered from addictions themselves. The Mental Health Association in Chautauqua County (MHA), located at 31 Water Street in Jamestown, has helped bring attention to this relatively new evidence based style of practice.

Kia Briggs, the new Executive Director at MHA said, "People have now become more aware of the problem than ever. I haven't seen people work together like this in a long time. It's very encouraging." As an example of their work at MHA, within a recent 6-month period 211 participants, including 140 unique, new individuals, were provided with assistance by a recovery coach/peer

Continued on Page 10...

Reg Lenna Center for The Arts to Hold Spirits from Around the World Fundraiser

Article Contributed by
The Reg Lenna Center For The Arts

Reg Lenna Center for The Arts will have a Spirits from Around the World food and drink fundraiser on Thursday February 8 at 6:30 p.m. on its stage.

This "spirited" and culinary trip around the world will feature Evans Liquor and Wines and Southern Tier Brewing Company founder Phin DeMink teaming up to create 4 unique worldly cocktails. A variety of foods from around the world will be provided by Reg Lenna Center for The Arts board members. Several fun winter games including mini-curling,



shuffle board and a ring toss will also be part of the festivities.

Tickets are \$30 per person presale and \$35 at the door. Proceeds benefit Reg Lenna Center for The Arts.

Due to construction at The Reg, a

temporary box office location is open at 215 Spring St. (between 3rd and 2nd streets) and the entrance to the theater is next door. This box office is open between 10 a.m. and 5 p.m. Tuesday through Friday and 10 a.m. and 2 p.m. Saturday.

The temporary theater entrance will be open one hour prior to movies and events, at which time tickets will be available upon entering the building.

Throughout construction, Forte the Restaurant will remain open.

Tickets are available by calling 716.484.7070 for tickets, during the box office hours listed above or buying online at reglenna.com.



FOSTER PARENTS NEEDED!

G.A. FAMILY SERVICES
FOSTER CARE

716-708-6161

Young Artist Wins Gazette Contest



Kelly Dollard, winner of the Jamestown Gazette's first-ever coloring contest.

Article Contributed by
Jamestown Gazette Staff

Dollard, her brother Andy and good friend Taylor along to help celebrate her win.

"I love to draw," Kelly told the Jamestown Gazette staff. She especially enjoys drawing and adding vivid colors to rainbows and flowers, scenes from nature and gardening.

Congratulations Kelly! We hope to see more of your wonderful artistry in the future.

Kelly Dollard visited the Jamestown Gazette office on Friday of last week to receive her 1st Place Award certificate and a bag full of prizes as the winner of the Gazette's first-ever Snowman coloring contest. Kelly, 6-years-old and a first grade student at Southwestern, brought her parents, Mark and Lynn

Suites at Rouse: Excellence in Senior Living!

- Affordable one- and two-bedroom units
- Three nutritious meals, served daily
- A daily calendar of activities
- Pet-friendly environment
- On-site Beauty Shoppe & Spa
- Personal care that suits your needs!

814-563-1650 | rouse.org



Jamestown Gazette

I ♥ my hometown!

What I love about Jamestown, NY:

by:
Jessica Piskor

I was born and raised in Jamestown and it has proven to be a wonderful place to thrive! After graduating high school, many of my classmates moved away to big cities to find big opportunities. I chose to stay in this small town. I met my husband here, my entire family is here, and my local church is here. I enjoy driving short distances, little traffic, breathtaking scenery, and familiar faces. I appreciate our close-knit community. Life is not about pushing your way to the top, having the largest house, or driving the most expensive car. It's about being a part of a local body that can do great things together, rallying around and encouraging each other. We have it really good here, and I'm excited to see what lies ahead!



Heritage Orchard Grove

Elegant. Simple. Living.

- 12 Private Rooms, with Private Bath
- Casual Family-Style Kitchen, Living, & Dining
- All Utilities - Includes Gas, Electric, Sewer, Garbage & Satellite TV
- Lounge Area for Social Interaction & Large Screen HD Television
- Housekeeping, Laundry, & Linen Service
- Local Scheduled Transportation
- Staffed by Registered Nurse and Home Health Care Aides



2000 Southwestern Drive
Jamestown, New York 14701
www.heritage1886.org



We are the Factory...No Middleman Markup!

SAVE
20% to 60%
OFF
Comparable Brand Names!

Mattresses always starting as low as \$90.00!



135 E. Fairmount Ave., Lakewood - 763-5515 • 150 Blackstone Ave., Jamestown - 665-2247
10 W. Main St., Fredonia - 672-4140

Lucille Ball Little Theatre of Jamestown Presents...

SEND ME NO FLOWERS

PERFORMANCES:
Friday, February 2 • 7:30PM
Saturday, February 3 • 7:30PM
Sunday, February 4 • 2:00PM

A hypochondriac believes he is dying, and makes plans for his wife which she discovers and misunderstands.



Purchase tickets online:
www.lucilleballlittletheatre.org
Box Office: (716) 483-1095
18 East 2nd Street • Jamestown, NY 14701

SALÓN 1

483-6000

748 Foote Ave.
Jamestown
salon1jamestown.com



Follow Salon1Jamestown

FEBRUARY SALE!
20% OFF
ANY COLOR SERVICE

1 Coupon per customer. Must present coupon with service. Cannot be used with any other offer. Good through 2/28/18

Obituaries

In Memoriam

WHEN SOMEONE YOU LOVE BECOMES A MEMORY... THAT MEMORY BECOMES A TREASURE

January 17, 2018

Lawrence L. "Larry" Ackerman of Westfield
MASON Funeral Home

Lucy Buck of Dunkirk
McGraw-Kowal Funeral Home

Betty Joyce Chambers of Sheffield, PA
Donald E Lewis Funeral Home

January 18, 2018

Oliver J. "Ollie" Kohler of South Dayton
DiStasio Funeral Home

Patrick M. Reilly of Jamestown
Lind Funeral Home

David Paul Smith of Mayville
Frey Funeral Home

January 19, 2018

Helen M. Cogliano of Fredonia
MASON Funeral Home

Mary Ann Miller of Panama
Spitzer Funeral Home

Dorothy R. "Dottie" Minati of Jamestown
Lind Funeral Home

Jack C. Nelson Jr. of Corry, PA
Bracken Funeral Home

Eileen M. Pascatore of Jamestown
Lind Funeral Home

Claire (Fotini) Rafael of Greenhurst
Lind Funeral Home

January 19, 2018 (cont.)

James A. "Jim" Rock of Bemus Point
Jordan Funeral Home

Mary Lou Silsby of Jamestown
Hubert Funeral Home

January 20, 2018

Violet B. Kavinski of Warren, PA
Donald E Lewis Funeral Home

Carmel Edith Larson of Jamestown
Lind Funeral Home

Teri A. Westerdahl of Jamestown
Falconer Funeral Home

January 21, 2018

Wesley J. Brown of Falconer
Falconer Funeral Home

Jean R. Chase of Falconer
Falconer Funeral Home

Raymond F. "Kayo" Groves of Youngsville, PA
Nelson Funeral Home & Cremation Services

Evelyn M. Johnson of Heritage Green
Hubert Funeral Home

Betty J. Miller of Jamestown
Falconer Funeral Home

Joyce A. Warner (Nee Badgley) of Sherman
Spitzer Funeral Home

January 22, 2018

Carol M. Jordan of Erie, PA
Bracken Funeral Home,

Marvin V. Wellman of Gerry
Jordan Funeral Home

January 23, 2018

David Coates of Sugar Grove, PA
Nelson Funeral Home & Cremation Services

Elizabeth "Betty" Ann Mascaro of Warren, PA
Peterson-Blick Funeral Home

January 24, 2018

Marian C. Barber of Jamestown
Lind Funeral Home

Robert "Bob" A. Faga of Warren, PA
Donald E Lewis Funeral Home

Gail N. Smith of Warren, PA
Peterson-Blick Funeral Home

January 25, 2018

Dale James "Jim" Boyd of Jamestown
Lind Funeral Home

Rachel B. Cole of Warren, PA
Peterson-Blick Funeral Home

Ruth I. Hallberg of Frewsburg
Lind Funeral Home

Mary Ann Raineir of Jamestown
Migliore Funeral Home

The Four Things Every Dying Person Wants to Say

Article Contributed by
Patricia Pihl,
Personal Historian

It is said that the four things a dying person wants to say to loved ones are: please forgive me, I forgive you, thank you and I love you.

This sentiment can also be felt by those left behind as I experienced with my mother's death last month. I am happy to say she lived her life the way she desired and was still in her home when she passed at 92. In spite of our good relationship, I regretted my impatience with her at times. I wished that I have spoken to her one last time to tell her I was sorry, that I loved her and yes, to thank her. I hope that during her brief moments of alertness in her last days, she could hear my words to her.

As a personal historian, I have helped individuals compose legacy



Patricia Pihl with her mom and sisters

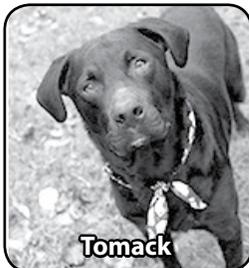
letters, sometimes called "ethical wills," which help people share their values, blessings, life's lessons, hopes for the future, love, and forgiveness with their family and friends. Unlike a legal document which distributes material wealth, an ethical will is a heartfelt expression of what truly matters most in your life.

As one of my colleagues once said, "We leave money, we leave land, we leave possessions, but why don't we leave wisdom? Wisdom acquired in a lifetime is as much a part of our family's legacy as its possessions."

I am fortunate to work with hospice patients and as I gather their stories, I weave the highlights of their lives into

a card with photos, which provide keepsakes for their families. Last summer, one man wanted to dedicate his card to his granddaughter. In it he shared poignant memories of their times together, trips they've taken and their shared love of history. He concluded by saying, "my hope is that you will follow your dreams and do what you want in life." He ends by thanking her for visiting him on holidays and school vacations - telling her, "you will always be mine."

Have you thought about preserving what's really important? A legacy letter may be one of the most cherished and meaningful gifts - something that can be shared with family while you are still living. For more reasons to create a personal history, visit www.reallifelegacies.com. For help clarifying your memory-saving goals, call (716) 753-0987.



Tomack

Chautauqua County Humane Society Pets of the Week

This week we are featuring "Tomack" and "Oscar". Tomack is a lovable oaf that needs to get plenty of exercise. His biggest joy is to run and play. He doesn't like to share his food or treats so a home with older kids would be best. Oscar is a wonderful kitty that is looking for his forever home. He is looking for a family that will play with him but also cuddle when play time is over. If either of these pets sounds like the one for you, please stop in at the Strunk Road Adoption Center and ask to meet them. You will be glad you did.



Oscar



**STORER'S
CONTAINER
Service**
INC.

COMPREHENSIVE PROFESSIONAL WASTE HAULING & DISPOSAL SERVICE

- 2-40 yd Containers Available
- Commercial, Small Business & Residential Disposal

7534 Rt 380 • Stockton • 716-595-3186



700 square foot Walk-In Humidor
Over 500 Brands, Styles & Sizes of Premium Cigars

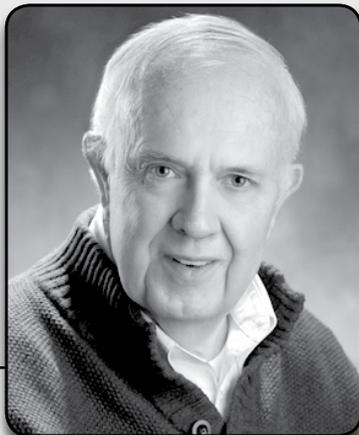
Discount Program (visit for details)

1974 W. Perimeter Road, Steamburg, NY
(Next to the Turtle Pit)

Open 10-7 Mon-Sat • 10-6 Sun 716-354-2100

Words of Wisdom

Contributing Editor
Walt Pickut



Not smart enough...yet

Some time ago I began this column with these words:

“Some people are dumb and some people are smart. There are dunces and there are Einsteins. That seems to sum it up... except for the rest of us in the middle.

The question is how do you move along that line from dumb to smart? It looks like an uphill climb some days, doesn't it? Maybe the best thing is to figure out how to start the climb.

The good news is that you are just where you should be to start getting smarter. The perfect place to start from – the only place you can start from – is right where you are. We often think that we are just not smart enough, and that ignorance is a bad thing. But it's not really so bad if it's the perfect place to start from, is it?

Ignorance is merely the badge you wear that says, “Here's what I'm going to learn next.” It's been said that half of being smart is knowing what you are dumb about.”

So today's question is: Is ignorance really bliss? Apparently not. Ancient scriptures remind us, “...my people are destroyed from lack of knowledge.” (Hosea 6:8)

Ignorance can be deadly... but it doesn't have to be. Any ostrich that gets its head out of the sand lives to run and flap its wings and amaze a few more tourists for at least one more day.

In the last few years we have learned more

about police drug busts, addiction and overdose deaths than most of us could have imagined, or wanted to know. Our bubble of ignorance has been burst.

But please don't make the old mistake about ignorance... ignorance is not stupidity. It is only a lack of knowledge. The smartest people I know are humble enough to know what they need to know next.

So this week your Jamestown Gazette explores what some very smart people are doing about it. There is good news. Over and over again, we find that our communities, friends and neighbors are stepping up to the challenge and crafting care, cures and new conditions that make a difference for people struggling with the problems of substance abuse and addiction.

The problem with knowledge and good news, however, is that we all breathe a sigh of relief, decide all is now well and become complacent. Beware: good news is not always all the news. Our new knowledge is only a start. There is still much to learn and more to do.

The best kind of optimism is allied with caution. Ignorance has not yet been entirely defeated. In fact the battle has just begun.

Knowledge that creates action is the best antidote to ignorance. Best of all, in this battle, knowledge saves lives. So please read on, learn what you can, and enlist in the fight.

Enjoy the read.

Walt Pickut

Jamestown Gazette

The People's Paper.

Publisher.....Stacey Hannon
Contributing Editor.....Walt Pickut
Graphic Designer / Layout.....Tesla Grobaski
Graphic Designer / Account Executive.....Jessica Piskor

Web Management.....Nick Trussalo
Circulation.....Travis Johnson
Circulation.....Steve Hatfield

CONTRIBUTING WRITERS

Lisa Yaggie.....Community Writer
Janet Wahlberg.....Finding Your Family
Jeffrey Barkstrom.....Natural Health
Joan Lindquist.....Remembering Brooklyn Square
Pastor Scott Hannon.....Faith Matters
Pastor Shawn Hannon.....Faith Matters
Steve Sorensen.....The Everyday Hunter
Vicki McGraw.....Join Me in the Kitchen

LOCATION

1 W. 4th St.
Jamestown, NY 14701

MAILING ADDRESS

PO Box 92
Jamestown, NY 14702

OFFICE: 716-484-7930

FAX: 716-338-1599

CONTACT US...

News - news@jamestowngazette.com
Information - info@jamestowngazette.com
Classifieds - classifieds@jamestowngazette.com
Advertising - production@jamestowngazette.com

ONLINE: www.jamestowngazette.com

AD DEADLINES: Friday at 12:00 pm

production@jamestowngazette.com

DISTRIBUTION:

The Jamestown Gazette is a locally owned free weekly, community newspaper that highlights the notable events and remarkable people who make the Greater Jamestown region a unique and vibrant place to live. The Jamestown Gazette is published every Monday and distributed to dealer locations in Chautauqua and Cattaraugus Counties in New York and in Warren County, Pennsylvania.

The entire paper, including supplemental content, is posted to our website www.jamestowngazette.com. Previous issues are also archived on the website.

All content is copyrighted and all rights reserved. No part of the Jamestown Gazette may be reproduced without permission. Opinions expressed by contributing writers, columnists and submitted press releases are their own and do not necessarily reflect the opinions or positions of the owner, staff or management of The Jamestown Gazette.

Brought to you by:



EVANS DISCOUNT LIQUOR & WINES

EVANSWINESANDLIQUORS.COM

1013 E FAIRMOUNT AVE, JAMESTOWN, NY • (716) 488-2009

986 FAIRMOUNT AVENUE • JAMESTOWN, NEW YORK • 14701
(716)488-7410 • WWW.ALFIESWNY.COM

Alfies HOME OF Smuggler's Cove RESTAURANT

Smuggler's Cove is a unique bar and lounge still serving FREE popcorn and 23 oz. ice cold drafts, a local favorite!

Stop in, relax and enjoy the casual atmosphere!
Open Monday through Saturday

HAPPY HOUR: MONDAY - SATURDAY • 4PM TILL 6PM AND 8PM TILL 10PM

SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

	8		4			3		
		9		6			8	7
			3			4		
	6		2					
					5			9
2		8		4				3
4					5			
			1	3	7	6		
8				9				7

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

Copyright 2018 by The Puzzle Syndicate

WHINE OF THE WEEK!

A little applause, please...

Nobody works harder on a Saturday morning than wait staff in a downtown restaurant. They need four hands, the speed of a sprinter and a whiz-kid's memory. And then they smile at their customers. But I just saw one who must be a saint. That's why I'm whining. Too many hungry oafs treat their waitrons as if they are robots who don't need a smile, a please or a thank you, or any other common courtesy at all. If rudeness is a skill, some customers are virtuosos. Please folks,

some days a tip isn't enough to let you off the hook. Don't be too cheap to leave smile and a thank you with it.



Submitted by: Sunny D. Meanor & Hap E. Daytooyu.

The Weekly Crossword

by Margie E. Burke

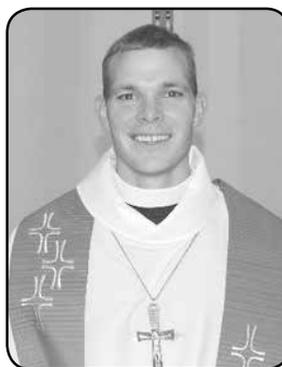
1	2	3	4	5	6	7	8	9	10	11	12	13
14					15					16		
17					18					19		
20				21					22			
23			24			25		26				
27					28					29	30	31
32	33				34					35		
36				37			38					
39						40				41		
42				43					44			
45							46				47	48
49	50	51			52		53			54		
55					56					57		
58					59				60			
61					62				63			

Copyright 2018 by The Puzzle Syndicate

- | | | | |
|--------------------------------------|-------------------------|--------------------------|--------------------------|
| 1 Twiddled digit | 59 Pigmented eye part | 6 Straits of 80's rock | 32 "I'm ___ you!" |
| 6 Carp's kin | 60 Lethal loop | 7 Electrical gizmo | 33 Reverse, e.g. |
| 10 In the center of | 61 Predicament | 8 Small metric unit | 34 Object |
| 14 Really keyed up | 62 Entree item, often | 9 Chow down | 35 Prey grabber |
| 15 Mental flash | 63 Laser printer powder | 10 Athena's shield | 37 Suite spot |
| 16 Alleviate | | 11 Stake driver | 40 Blood poisoning |
| 17 Setting for the 2015 film "Burnt" | | 12 Small land mass | 44 Coup target |
| 19 Corpus Christi's water | | 13 Adroit | 45 Horizontal graph line |
| 20 It's next to nothing | DOWN | 18 Mantel piece | 46 Dull-colored |
| 21 Went slowly | 1 Beat rapidly | 22 Kind of position | 47 Fraternal fellow |
| 22 Seafood entree | 2 Four-legged laugher | 24 Choppers, so to speak | 48 Title holder |
| 23 Securing strip | 3 Reserve, at auction | 26 Mayflower man | 49 Pull a fast one |
| 25 Uses a stopwatch | 4 Bumped into | 28 Until now | 50 Fine-tune |
| 27 Walker, briefly | 5 Prepared for a shock | 29 Fortune telling | 51 Quaker product |
| 28 Spartan serf | | 30 Sinister | 53 Atomizer output |
| 29 Cotillion girl | | 31 Large group | 56 Faint |
| 32 Storybook villain | | | 57 Far-many link |

Faith Matters

Self Vs. Self(ie) Worth



Contributing Writer

Pastor Shawn Hannon

Hope Lutheran Church Arcade, NY

A few years ago there was an AT&T commercial about their network. Two friends are driving in a car talking about the power of the internet. One of them lifts up the network as a place where folks can go share creativity and ideas, but as the moment wraps up he boasts of the 100 likes he got on his latest selfie.

Anyone remember that commercial? Some of you may. What makes it most memorable is not simply how funny it is, but how much truth there is to it. We have this internet, this network which is a beautiful place where people are connected and can share knowledge and ideas, and what do we do with it? We post selfies and count likes.

There's a growing fear that social media platforms are creating an obsession with digital affirmation (people "liking" your stuff). Furthermore, science is showing us that people may be becoming addicted to gratification that comes from people liking their posts.

Here's what I think about that: Duh. Of course. This is happening. And it's scary. So folks go on the attack against social media... on social media. And we do need to pay attention to how we are using it. But, here's the thing we must remember: social media (alone) isn't the problem. Blaming social media alone is like blaming needles for the heroin epidemic. It's the vehicle. And when we just attack social media, then we are able to conveniently sidestep

And the actual issue is that we find our worth in all of the wrong places. And we let all the wrong things tell us how good we are. It's obvious on social media where we can literally count how many people "like" our latest

video of our dog jumping in the snow, but it's other places too.

We let our bodies tell us how good we are. When you think about what you eat, anyone else more concerned with whether or not it will make you fat than how it will affect your health? Because we find value and self worth in being skinny.

We seek our worth in all the wrong places. Some folks look for it in money. Some folks look for it in bad relationships. Social media is just the latest (and very serious) place we give the power to tell us our worth. And it like all the rest, will prove it's superficial (if it hasn't already).

But the funny thing about our quest, is that we are searching for something we have had all along. You don't need to go find your worth, because God has already named you worthy. When Jesus was baptized as he came up out of the water the heavens tore open and voice spoke, saying, "This is my son, I love him, With him I am well pleased." And in the waters of baptism, God speaks the same three words to us. We are children of God. We are loved. And in us, God is well pleased.

It's why God sent Jesus without waiting for us to demonstrate our worth. While we were sinners, God sent Jesus to die for us. Because in God's eyes, we were **worth** it. It's why Jesus in his ministry welcomes all people. He defends prostitutes. Eats with tax collectors and sinners. Touches lepers. He gives the Samaritan woman at the well living water. Heals the children of the Syrophonician woman and Roman Solider. Society said all of those people were unworthy. They were lacking something. Jesus said, "Come here."

Society may try to tell you that you are lacking something. Jesus still says come here. Come to the water, come to the table, come to him... just as you are. And when we come we hear out loud God's baptismal promises in our lives. We are children of God. We are loved. In us, God is well pleased.

For more inspiration and insights from Pastor Scott and Pastor Shawn's past columns, please visit www.jamestowngazette.com and click on the Faith Matters page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.

Fast and Reliable Service • Family Traditions • Working Together

PRO WASTE SERVICES INC.

All Your Roll-Off Container Needs

10-15-20-30-40 Cu. Yards
716-355-4319
www.prowasteservicesinc.com

BEICHER WASTE SERVICES

Front Load Containers

2-4-6-8 Cu. Yards
716-962-1020
www.beichnerwaste.com



ST. LUKE'S EPISCOPAL CHURCH

410 N. Main St.
Jamestown, NY 14701
716.483.6405

Weekly services:
Saturdays at 5:00pm
Sundays at 8:00am
Sundays at 10:00am

18 PROGRAMS FOR CHILDREN & YOUTHS! SOMETHING FOR EVERYONE! MUSIC, ACTING, FILMMAKING, KAYAKING & MORE!! A UNIQUE PLACE AFFIRMING ALL PEOPLE...

"Our mission is simple: Connect all people, let them Discover Gods' love, empower them to Serve, and watch them Grow."

Swedish Just For Fun Course Offered At JCC

JCC
JAMESTOWN
COMMUNITY
COLLEGE

S U N D A Y

Article Contributed by
Jamestown Community College

February 12 through March 19.

Incorporating Swedish history, culture, customs, and contemporary society, the course provides participants basic language and conversation skills. The course is taught by Jeff Kroon.

Jamestown Community College's Jamestown Campus will offer More Swedish Just For Fun, a non-credit course, from 6:30 to 8:30 p.m. on Mondays,

To register for the course, call JCC's Center for Continuing Education, 338.1005.

New York State Women Inc. Chadwick Bay NYS Chapter

Article Contributed by
Chadwick Bay Chapter of NYS Women

Chadwick Bay has finalized plans for the Getaway Weekend at the Dunkirk Clarion Hotel. This fund raiser provides scholarships to women continuing their education after life was interrupted with family duties.

Please be advised that the Getaway dates are March 2-3-4, 2018. Friday night we have wine tasting along with a scavenger hunt. There will be the shopping expo on Saturday from 9:00 AM to 5:00 PM that is open to the public. Pampering sessions start on Friday night and continue into Saturday afternoon. We are happy to announce that a pound class will be lead by our own Ronnette Riforgiat. New workshops/seminars are scrap booking, ukulele class, card making, painting class on glass and also canvass, basket weaving, and an informational seminar on estate

planning. We are also planning on a healthy cooking class.

Registration forms are being sent in early December. Please contact Donnie Hover at 716-673-1045 or Terri Pacos at pacos@netsync.net for registration informational forms.

The Chadwick Bay Chapter of NYS Women Inc. is reaching out to expand our membership. Not only does our chapter perform community work but we also foster the success of women in the workforce throughout our community; offering career advancement resources, helpful work/life strategies, leadership development, and personal and professional connections. NYS Women Inc. also offers a unique network for women's empowerment; insight into the balance of work and family; opportunity to build their leadership capability; and a forum to develop personal and professional skills to further their careers. For further information on membership please contact Donnie Hover at 673-1045.

JHS All- State Conference Musicians



Article Contributed by
Jamestown Public Schools

Jamestown High School is proud to announce that musicians Elise Jones, Gavin Card and Kara Triscari represented JHS at NYSSMA's All-State Conference in Rochester, NY.

"We are extremely proud of Elise, Gavin and Kara who have spent countless hours on their craft," said JHS Orchestra Director Katie Derrenbacher. "It is a great honor to be chosen for All-State Conference. The JHS students performed their NYSSMA festival solo at such a high level that they were invited to perform at the state conference."

The All-State experience begins with a music educator and his or her student spending countless hours preparing a NYSSMA Level VI All-State solo. Last spring, over 6,500 sophomores and juniors from across the state of New

York prepared for All-State evaluations in the hope of being selected. New York State is divided into 15 regional zones by NYSSMA. These zones represent geographic areas within the state and also take into account the student populations within these zones. The All-State selection "process" begins with the solo being evaluated by a NYSSMA Certified All-State adjudicator at one of these designated sites. At the conclusion of the festival, the All-State adjudicators create a rank ordered proficiency list of all students being recommended. Every student who earns a score of 98-100 must be recommended. The All-State Selection Committee reviews: member school music teacher recommendations, adjudicator recommendations, the candidate's previous NYSSMA Solo ratings, grade in school, zone representation, participation in the previous year's All-State and participation in other performing organizations.

Would you like to search for prospective employees throughout Warren, Chautauqua & Cattaraugus Counties?

The Jamestown Gazette makes it **AFFORDABLE!**

ALL ADS ARE ONLINE AT NO ADDITIONAL COST!

Call Today!
716-484-4155

Jamestown Gazette
A Division of Chautauqua Marketing Solutions

PUZZLE SOLUTIONS

Solution to Crossword:

T	H	U	M	B	D	A	C	E	A	M	I	D	
H	Y	P	E	R	I	D	E	A	E	A	S	E	
R	E	S	T	A	U	R	A	N	T	G	U	L	F
O	N	E	C	R	E	P	T	F	I	L	E	T	
B	A	T	T	E	N	T	I	M	E	S			
P	E	D	H	E	L	O	T	D	E	B			
O	G	R	E	D	E	R	I	V	A	T	I	V	E
N	E	I	T	H	E	R	T	E	L	A	V	I	V
T	A	C	H	O	M	E	T	E	R	L	I	L	Y
O	R	E	T	U	T	O	R	T	O	N			
X	E	R	O	X	D	Y	N	A	M	O			
S	H	O	A	L	F	E	M	U	R	T	O	W	
C	O	A	X	D	O	M	I	N	A	T	I	O	N
A	N	T	I	I	R	I	S	N	O	S	E		
M	E	S	M	E	A	T	T	O	N	E	R		

Solution to Sudoku:

6	8	1	4	7	9	3	5	2
3	4	9	5	6	2	1	8	7
7	2	5	3	1	8	4	9	6
9	6	7	2	5	3	8	1	4
1	3	4	7	8	6	5	2	9
2	5	8	9	4	1	7	6	3
4	7	6	8	2	5	9	3	1
5	9	2	1	3	7	6	4	8
8	1	3	6	9	4	2	7	5

JOIN ME IN THE KITCHEN with Vicki McGraw



Contributing Writer
Vicki McGraw

Well, friends, it is that time of year again. I hereby proclaim it to be soup season! Cold damp days just seem to lend themselves so well to the warming, gentle aromas that waft from my kitchen when I have a batch of soup simmering. I don't know about you, but I could easily eat soup daily. The varieties are endless...believe me, I don't often make the same thing twice! Because it has been so cold, I have been on a "comfort food kick", and soup is cold weather comfort food in a bowl. I've made broccoli cheese soup, Italian Sausage soup, chicken noodle soup and chili. I usually make a variety soups most every week for various catering jobs, so these are just added to my list of available varieties!

As kids, we were used to the basics... tomato soup, chicken noodle soup, alphabet soup...you remember the familiar red and white cans! I never liked homemade soups as a kid; I don't know why! My mom would make a pot of something only to have my brother and I turn up our noses because it hadn't come from a can. Now that my own kids do the same thing to me, I realize how crazy we were! Homemade soups are soooo much better than canned soups.

Soup is such a fun thing to create! All you need, basically, is a big pot and a few (or a bunch of) leftovers. Just rummage through the fridge and see what you pull out. Some leftover pot roast, carrots and potatoes? Chop it

up, add a bit of celery and onion and a little broth (or thinned gravy) and you've got great vegetable beef soup. Didn't they finish last night's chicken and rice? Same thing...chop the chicken, add broth or gravy and yum! I like to keep a can or two of beef and chicken stock or culinary bases in my pantry for just such occasions. You never know when you will need to add a little flavorful moisture to something.

By the time you read this, I will have participated in the seventh annual "Soup-er Bowl". This annual fund raiser for our local hospital is a terrific opportunity for you to sample a large variety of soups from local restaurants and caterers. In the past the event has offered dozens of different soups and stews to be sampled by the lucky event goers. The creativity level of then chefs involved is great. Each vendor has their signature soup to offer, and oddly enough, there are rarely any duplicate varieties. I love to sample everyone's offering; it is fun to see if I can figure out how they made it! This year I made two soups to enter into the competition...stuffed chicken breast stoup, and calico chili. I have won in the past with my chicken wing soup and hopefully one of this year's varieties will make me a repeat winner! I'll let you know how it goes...

The long-range weather forecast still looks cold and damp, so this will be a good week to make soup! Why not look through your fridge, freezer and pantry, pull out a few random ingredients and see what kind of masterpiece you can whip up. Remember, it's not just another bowl of soup...if you make it from scratch it's a steaming bowl of love!

To read more of Vicki McGraw's commentaries on good cooking, fine recipes and perfect party treats, visit www.jamestowngazette.com and click on Join Me in the Kitchen's own page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.

Cheeseburger Soup

- ¼ lb ground beef
- ¾ C chopped onion
- ¾ C shredded carrots
- ¾ C diced celery
- 1 t dried basil
- 1 t dried parsley flakes
- 4 C cubed, peeled potatoes
- 3 C chicken broth
- ¼ C flour
- 1 lb processed cheese, cubed
- 1 ½ C milk
- ¼ C sour cream
- Salt and pepper to taste

In a large skillet, brown ground beef until no longer pink. Drain and put in crock pot. Saute onions, celery, carrots, basil and parsley until tender. Add to crock pot along with all of the remaining ingredients. Stir gently. Cook on low for 6-8 hours.

Learn Where to Plant Your Apple Orchard Friday, February 9, at Audubon



If you are making plans to start a home orchard, you can improve your success by participating in Audubon Community Nature Center's "Apples All Year Long: Site Selection." Wednesday, February 7, is the deadline to make reservations for the workshop on Friday afternoon, February 9.

Article Contributed by **Audubon Community Nature Center**

Audubon Community Nature Center is presenting a workshop to encourage you to plant your own home orchard and to provide the information to get you off to a good start.

"Apples All Year Long: Site Selection" is Friday, February 9, 2018, 2 to 4 p.m. Orchardist Al Yelvington will give you information to help you evaluate your site to determine where to plant your trees and let you know what preparation is needed.

Apple trees are hardy, but they will benefit from having the best placement in your landscape. Different varieties have different tolerances and preferences in regards to pH, soil nutrients, soil types, drainage, and sun. You will learn about ones that may be more suitable to the land you already have. Choosing varieties that thrive in your existing conditions sets you up for early success.

While the workshop is designed for those just thinking of starting an orchard for personal use, you can expect some good tidbits for even the experienced orchardist.

Al Yelvington is a fairly recent transplant to the area after retiring

from 33 years in the Coast Guard. He started his cider orchard, Happy Dog Farm outside Russell, Pa., to provide juice specifically for hard cider makers. Yelvington is in his second year in the Virginia Tech Online Masters in Agriculture and Life Sciences (OMALS), focusing on pest and weed management. Happy Dog Farm includes a community cider mill that is registered with the Pennsylvania Department of Agriculture.

The fee for the program is \$16 or \$12 for Nature Center members. Paid reservations are required by Wednesday, February 7, 2018, and can be made by calling (716) 569-2345 during business hours or online through the Programs page at auduboncnc.org.

Audubon Community Nature Center is located at 1600 Riverside Road, one-quarter mile east of Route 62 between Jamestown, N.Y., and Warren, Pa. To learn more, call (716) 569-2345 or visit the Programs page at auduboncnc.org.

Audubon Community Nature Center builds and nurtures connections between people and nature by providing positive outdoor experiences, opportunities to learn about and understand the natural world, and knowledge to act in environmentally responsible ways.

FREE Classified Ads

Merchandise ads are FREE in the Jamestown Gazette *

Free Classified ads will only be accepted by using this form in the Jamestown Gazette or by e-mailing your item to classifieds@jamestowngazette.com.
No Calls or Walk-Ins will be accepted on FREE Classifieds.

*Merchandise MUST be priced \$500 or under.
No Firewood, No Animals/Pets and No Weaponry

NAME: _____ PHONE: _____

Gazette Deals Ad Creator (Max 15 Words)

Please Mail completed forms to 215 Spring Street, Jamestown, NY 14701
Email: classifieds@jamestowngazette.com - Fax: 716-338-1599



Pet of the Week



My name is Molly. I'm a very sweet girl looking for a family to love. If you are looking for an adorable, quiet kitty to fill your heart, I'm your girl.

Paws Along the River
212 Elm St., Warren, PA
814-726-1961
www.pawsalongtheriver.org

Like us on facebook

2018 Softball League Informational Meeting Dates Announced

Article Contributed by
Jamestown Parks, Recreation & Conservation Department

The City Parks, Recreation and Conservation Department has announced the informational meetings for the 2018 softball leagues:

Modified League: Wednesday, February 7, 6:00 p.m.

Co-Ed League: Wednesday, February 7, 6:15 p.m.

City Slo-Pitch League: Wednesday, February 7, 6:30 p.m.

All meetings will be held in the Police Training Room on the 4th Floor of City Hall on 200 East Third Street.

All interested teams are asked to have a representative present at the respective meeting.

The final deadline for entry fees (once determined) is Thursday, April 5, 2018. Definite amounts will be announced at the meetings. If additional information is needed, please contact the Recreation Office at (716) 483-7523.

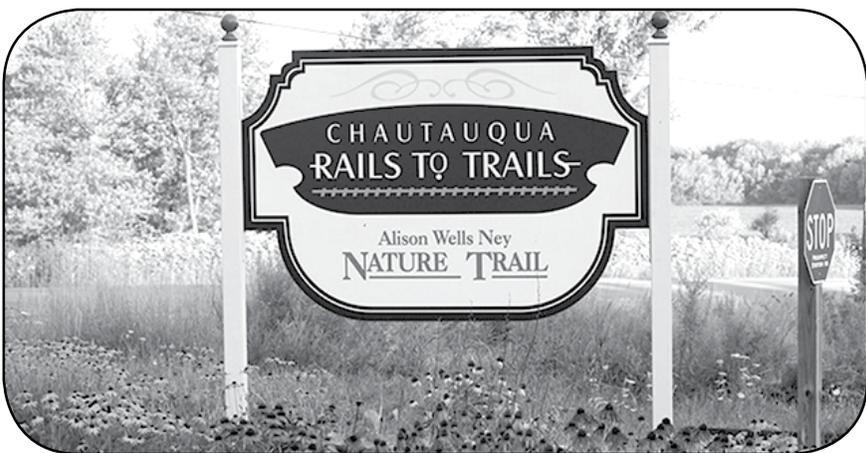
PENGUIN TRIVIA

1. How many types of species of penguins are there?
2. How many of these species are considered endangered?
3. Where are penguins primarily found?
4. T/F: Penguins can fly.
5. What is the largest penguin species?
6. What is the rarest penguin species?
7. How long does a wild penguin usually live?
8. How much of a penguin's life is spent underwater?
9. What is the smallest type of penguin?
10. T/F: Despite their lack of visible ears, penguins have excellent hearing.



ANSWERS: (1) 18 (2) Five (3) The Southern Hemisphere (4) False (5) Emperor penguin (6) Yellow-eyed penguin (7) 15 to 20 years (8) 75% (9) Little Blue Penguins (10) True

Learn About Chautauqua Rails to Trails at Audubon's February 2 First Friday



Chautauqua Rails to Trails President Jim Fincher will present a slideshow and discuss some of his organization's activities at Audubon Community Nature Center's First Friday Lunch Bunch on February 2, 2018.

Article Contributed by
Audubon Community Nature Center

Chautauqua Rails to Trails (CR2T) President Jim Fincher will share his organization's story at Audubon Community Nature Center's First Friday Lunch Bunch on February 2, 2018, at 11 a.m.

Chautauqua County is fortunate to have beautiful unused rail corridors winding through picturesque countryside vistas and quaint villages. CR2T was founded to acquire, develop and maintain multi-purpose recreational trails for public use on or near these abandoned railroad rights of way.

Safe, attractive trails for non-motorized users traverse wetlands, pine forests, hardwood forests, pastures and vineyards. Trail users can observe and learn about nature and the history of the area while getting physical exercise that is good for their health.

Fincher will present a slideshow about the trails and some of the activities presented by his private nonprofit

corporation.

The trails are available for outdoor recreational activities and environmental study for the public at large and for group outings sponsored by schools, Scouts, churches and service organizations.

A BYO brown bag lunch and conversation follows the program, with coffee and tea provided.

The fee for attending is \$8 or \$6 for Nature Center Members. Registrations are accepted online on the Programs page at auduboncnc.org through February 1. Walk-ins are welcome.

Audubon Community Nature Center is located at 1600 Riverside Road, one-quarter mile east of Route 62 between Jamestown, N.Y., and Warren, Pa. To learn more, call (716) 569-2345 during business hours or visit the Programs page at auduboncnc.org.

Audubon Community Nature Center builds and nurtures connections between people and nature by providing positive outdoor experiences, opportunities to learn about and understand the natural world, and knowledge to act in environmentally responsible ways.

POP POP'S BEER HATS

BOX STYLE \$20.00

VISORS \$15.00



STETSON STYLE: \$30.00

These Are Official Licensed Beer Hats!

LAST OF THE BUNCH!

Miller, Coors, Molson Canadian, Pilsner, Black Label, Keystone Light, Milwaukee Best and more!
All Styles Available

Braided Band
Water Resistant
Elastic Band that will Fit Most

DON'T WAIT
Once they are sold these ORIGINAL HATS will be gone.

Jamestown, NY
CALL 665-0747

TURTLE PIT

Smoke Shop, Convenience Store, Deli, & Laundromat

(716) 354-2298

NOW AVAILABLE Limited Edition Copenhagen L/C Black Barrel Aged

CARTONS starting at \$19.95!

WE HAVE THE LARGEST SELECTION OF ROLL YOUR OWN
• 30+ Varieties of Loose Tobacco
• 29 Styles of Tubes • Storage Boxes
• Huge Selection of Filling Machines

ROLL YOUR OWN & SAVE

SWISHER SWEETS
Swisher Sweet Cigarillos

BUY ONE GET ONE FREE Select Varieties

NOW AVAILABLE CBD Products
Liquids • Dab • Cream
Gummies • Tablets • Patches

36 Pack Pepsi Products 12 oz. cans Only \$8.99
• Pepsi
• Diet Pepsi
• Brisk Tea

Lipton Pure Leaf Sweet Tea 15 ct. Only \$9.99

COME TRY OUR Fresh DELI SUBS
DAILY SPECIALS! Soup & Chili are back!

Subs • Sandwiches • Burgers • Hot Dogs
Italian Hoagies • Pizza • Salads
Meat & Cheese by the Pound
CALL AHEAD 354-2298

Exit 17 Off Interstate 86
Turn Right 1.5 Miles on Left Side
Monday-Saturday 7am-9pm
Sunday 7am-8pm

Do YOU Need a Ride to the Doctor's?

MEDICAL TRANSPORT!



Cameron Transport is the ONLY company that provides 2016/2017 NEW VEHICLES to transport their clients.

- No more being late to your appointment and no more late returns home
- We service ALL of Niagara, Erie, Monroe, and Chautauqua Counties
- Cameron Transport is Fully Insured and NYSDOT approved and we also provide wheelchair transportation
- Now providing Car Services to all surrounding areas



NOW OPEN 24 HOURS A DAY!

CALL YOUR INSURANCE & REQUEST CAMERON TRANSPORT
CALL 716-720-4015 or fax 716-720-4105

NOW ACCEPTING CASH CALLS

NEW LEADERS, FRESH IDEAS!



Sean Connor
Jamestown Branch Manager
AVP, Business Development & Lending

"Shop Local, Bank Local. Stop in and meet me. Let's talk about your banking and CCB"

~ Sean sconnor@ccblv.com
716-664-6644



Tricia Moore
Dunkirk Branch Manager
AVP, Business Development & Lending

"I'm ready and willing to work with you to recognize and make your dreams come true!"

~ Tricia tmoore@ccblv.com
716-363-6301



Cattaraugus County Bank

www.CCBLV.com

NMLS #440295



Shopping for Rehabilitation Is Like Comparing Apples to Oranges



When comparing inpatient rehabilitation facilities (IRF) to skilled nursing facilities over two years, research* concludes that long-term outcomes for IRF patients are superior:

- Return home two weeks earlier
- 8% lower mortality rate
- 5% fewer emergency room visits
- Significantly fewer hospital readmissions per year

*Dobson|DaVanzo analysis of research identifiable 20% sample of Medicare beneficiaries, 2005-2009

Shop to compare and you will see that an inpatient rehabilitation hospital is more comprehensive than a skilled nursing facility. Make a return to independence and choose a higher level of care with HealthSouth Rehabilitation Hospital of Erie.

HEALTHSOUTH

Rehabilitation Hospital of Erie

143 East Second Street • Erie, PA 16507
814 878-1200

healthsoutherie.com

FREE Cervical Cancer Screening!

Screening can help prevent cervical cancer or find it early.
Schedule your screening!



Chautauqua County
Cancer Services Program
Your partner for cancer screening, support and information

CALL
800-506-9185
to learn more.

Starting the Year on Roads to Recovery

Continued from Front

specialist and gained access to outpatient, inpatient, and detox services. Forty-seven also gained or maintained employment.

"This is not a one-size-fits-all subject any more," said a Jamestown addiction counselor who asked to remain nameless for the sake of her clients. "People are all different and their ways into addictions differ. Their ways out can differ, too." Traditional 12-step programs have helped millions, and continue to do so locally, but some people find different approaches more appropriate.

Old addiction recovery models, for example 28-day plans, are being widely reexamined. Diana Porebski, Director of Chemical Dependency and Behavioral Health Services, now under expansion at WCA-UPMC, recently told a group of Jamestown community leaders that specific treatment plans and longer care options will be developed for each individual to better re-integrate with the community. Research shows that when people are closer to their community, the chances for success are greater.

Virtual Good Neighbor

The U.S. government expanded the Medicare program in 2015 to create virtual visiting nurses who call patients regularly by phone (monthly, weekly, etc.), check on them for any concerns, symptoms and medication compliance, then notify their doctor immediately if needed.

Patients in this community program (including recovering addicts) can join in an integrated doctor-nurse-patient care team right at home. Currently, Family Health Medical Services in Jamestown has partnered with Signalamp Health to provide this virtual visiting nurse service.

Connections

"We see a lot of long-term addiction recovery happening in Jamestown, but it does not get as much press as the problems do," said Stephen Cobb, a social worker and group facilitator for Refuge Recovery, a group which meets at St. Luke's Episcopal Church in Jamestown at 7 o'clock on Wednesday evenings. Cobb also works at MHA and facilitates a Refuge Recovery group there as well, on Tuesdays at 9:00 a.m. For confidentiality, some community members prefer to

meet at a church rather than a recognized treatment center.

Refuge Recovery is inspired by four concepts: "Mindfulness, Generosity, Compassion and Forgiveness," Cobb said. "We believe the opposite of addiction is connection. People who become connected to others find new levels of mental and spiritual health, where addictive substances may no longer be needed. St. Luke's Rev. Luke Fodor cites his church's mission to "Connect all people..." as being in good agreement with Refuge Recovery's aims.

Programs in the church are not run by the church but reflect the church's open-door policy in support of mental, spiritual, and physical wellness and recovery throughout the community.

"We want our church to be a safe place to talk, pray and counsel together," Rev. Fodor said. "Everything and everyone here is accepted in total confidence and without judgment. The Bible says that once we have overcome something we should help others with the same problem, not judge them."

Fresh Starts

"We are constantly seeing people doing life very well and well into in recovery," said Kim Carlson, echoing Cobb's observations. Carlson, the mother of Alex, a young man who lost his own life to an opioid overdose, is the founder of Fresh Start, a recovery program that also meets at St. Luke's, from 5:00 to 6:30 p.m. on Wednesdays. Fresh Start is engaged in a number of initiatives in the field of substance abuse prevention and recovery for addicts and their families.

Fresh Start emphasizes mentoring and support. One of Carlson's key projects currently is the soon-to-be-announced opening of an Oxford House for women in Jamestown, modelled on the two Oxford Houses already open for men in Jamestown and the 2,500 others dotted across the United States.

An Oxford House is a self-supporting community residence for people well into recovery but still in need of mutual support from others on the same journey. It is a clean and sober home for long-term recovery. Research indicates that after an 18-month Oxford House residence, chances of staying in life-long recovery are very high.

More Roads to Recovery

This is only a sampling of active, successful prevention and treatment programs. With apologies to those not mentioned here, these all represent positive results of the new, widespread recognition of substance abuse issues in Chautauqua County. It is by far not all bad news.

Other important local programs include: Chautauqua Alcohol and Substance Abuse Council (CASAC) has been a regional mainstay in the field since 1974. CASAC adds prevention and treatment for compulsive gambling to the list of destructive behaviors that can accompany addiction to alcohol and drugs in the community.

CASAC describes its prevention strategies as taking aim at how people think, feel, and act by focusing messages and activities on areas of influence such as the individual, family, and the community.

SPOA, Chautauqua County's Single

CASAC - 664-3608
<http://www.casacweb.org/>

Fresh Start
<https://afreshstartny.org/contact-afs/>

Fresh Start - Alex House
<https://afreshstartny.org/alex-house/>

MHA - 661-9044
<http://www.mhachautauqua.org/>

SPOA Jamestown - 483-1194
SPOA Dunkirk - 672-6117
<http://chautauqua.ny.us/665/Adult-SPOA>

St Luke's - 483-6405

WCA-UPMC
Alcohol Information Line (716) 664-8620

Chemical Dependency -
Outpatient (716) 664-8625

Point of Access for Adults eighteen years or older, describes its services as: "...providing a centralized intake system whose focus is on improving and enhancing the capacity of the mental health system... to ensure that referred individuals will be matched to the appropriate levels of service based on need." Substance abuse and mental health issues are often closely linked.

There is also good news in the field of local law enforcement and the court system.

The Jamestown City Treatment Court (JCTC) expedites case processing for non-violent, substance-abusing defendants to encourage treatment and supervision. JCTC established the first Drug Court and the first Mental Health Court in Chautauqua County in February 2000.

Jamestown City Treatment Court also includes a Young Adult Drug Court Part (added in October 2006) and a Mental Health Court Part (added in November 2007). Preferred provider relationships include Chautauqua County Mental Hygiene, WCA Healthcare System and TLC Behavioral Health. Other services include Chautauqua County Chapter of National Alliance for Mental Illness (NAMI), peer advocacy services offered by Chautauqua County Mental Health Association, and housing and vocational training through Southern Tier Environments for Living (STEL).

Statistics recorded as of August, 2016, indicate that JCTC programs had served a total of 362 individuals. Of these, 84 remained actively involved in programming, and 143 successfully graduated from the Treatment Court programs. Successful graduation from the program generally required a minimum of 1 year sobriety, completion of the 12th grade or a GED, and obtainment of full-time work. Another proud achievement of the program includes the birth of 11 drug-free babies.

One young person dropped from the Drug Courts program for returning to drug use and subsequently jailed for 30 days, returned to one of the drug court's judges many years later. She was now clean, sober and employed, and thanked him for jailing her. It showed her the road she was on and set her straight.

Learn More

The Jamestown Gazette is proud to report that the battle is on against addiction and substance abuse in Chautauqua County and Greater Jamestown. There is much good news among the bad and there is hope and help of many kinds. Awareness that leads to action is the key.



"Providing quality residential and rehabilitation services for people with psychiatric disabilities."

715 Central Avenue • Dunkirk, NY • (716) 366-3200 • www.stel.org

TOGETHER WE CAN MAKE A DIFFERENCE



44 A FRESH START
created in memory of Alex Foulk

Our mission is to help people find A Fresh Start, free from substance abuse and alcoholism based on our personal experiences.

A Fresh Start (AFS, aka Alex Foulk Story) will become the perfect opportunity for you to take action and make a difference to better the lives of your neighbors, family or friends who may be in need of help.

AFS MEETS EVERY WEDNESDAY AT 5:30 AT ST. LUKE'S CHURCH
410 N. Main St, Jamestown, NY

Check our website and Facebook for updates on the following:

- Oxford House for Women
- Child Warriors: A support group created for children of people suffering from substance abuse disorders.
- Men's & Women's Wardrobe: to help our people dress for the interview and get that new job

AFRESHSTARTNY.ORG • FACEBOOK: afreshstartny

RESIDENTIAL • COMMERCIAL • INDUSTRIAL • MUNICIPAL



SERVICES

- Sidewalks
- Curbing
- Driveways
- Patios
- Steps
- Parking Lot
- Driveway Approaches
- Exposed Aggregate
- Garage Floors
- Basement Floors
- Stamped Concrete
- Colored Concrete
- Excavating
- Site Prep
- Demolition

COMMERCIAL SNOW PLOWING & SALTING

P.O. Box 3081 Jamestown, NY 14701

ryan@rpatticoncrete.com • www.rpatticoncrete.com

Linked in Ph: 716.483.0691 • Fax: 716.483.0592



Kick Cabin Fever Triathlon Supports Suicide Awareness Efforts in Chautauqua County

*Article Contributed by
Chautauqua County
Department of Mental
Hygiene*

We all know how tough winters can be in Western New York. When the cold wind blows, the last thing anyone wants to think about is getting up and moving rather than curling up under a warm blanket and sipping a mug of hot chocolate. Being active in the winter months is one of the reasons the Kick Cabin Fever (KCF) Indoor Triathlon was started. This year's tenth annual event will take place on Saturday, February 3, 2018 at Chautauqua Health and Fitness at Turner Community Center at Chautauqua Institution.

Cheryl Burns began the indoor triathlon one year after her brother Marty Miller died by suicide due to several years of depression. The intent of this event is to get people moving during one of the toughest winter months in Chautauqua County. The exciting part of the KCF event is the number of first time Triathlon participants.

"We get all sorts of people from really competitive to novice, very young to over 70 years, and those with challenges proving the human spirit can overcome a great deal," said Burns. "We keep the cost a very reasonable \$35 per individual, \$70 per team which can be made of two or three people. With that cost includes a long sleeve T-shirt with other goodies and great prizes are awarded to overall winners."

Erik Travis, Burns' nephew, manages the website and the computer program for obtaining order of finishers at the event. Marlena Franco, a dedicated volunteer, runs Travis' program the day of the event. There are approximately 25 volunteers, including friends and family, that make sure the day is fun and runs smoothly for competitors.

"Anyone can do this event," said Burns. "When someone hears Triathlon they immediately think impossible because they cannot swim well or feel they are not in good enough shape to bike or run. We are very lenient at this event for those people and we encourage them to simply float from one end to the other when swimming, spin on a stationary bike the best they can, and walk the treadmill while listening to upbeat music or those cheering in support. The three events; swim, bike, and run only last a total of 45 minutes, but will typically hook anyone to a future in multisport."

All proceeds for the Kick Cabin Fever Indoor Triathlon stay in Chautauqua County for suicide prevention efforts. Last year, proceeds were donated to The Community Alliance for Suicide Prevention. The Alliance was formed when local professionals from the mental health and other health care fields saw a great need in the community for supports and education around suicide prevention. These community members and others answered the call for action and started The Community Alliance for Suicide Prevention. Over the past several years The Alliance and its partner agencies have worked together to train over 1,000 local community members from all walks of life in suicide prevention and awareness. To learn more about the events they host and for more information, visit their Facebook page by searching for "The Community Alliance for Suicide Prevention."

As we would say in the triathlon world...."keep swimming" or "keep Tri-ing"....there is always a healthy way out of a bad situation. KEEP MOVING! If you would like to support a great cause with wonderful volunteers, many great people to share the day, and the best reason to get out and have some fun in February. Find out more at www.KickCabinFever.com or www.racersignup.com/kick-cabin-fever-2018.



Find Your Pot of Gold at the ST. SUSAN CENTER 15th Annual Basket Fair



Saturday, March 17th • 11am to 3pm • Drawings at 2pm
Jamestown Community College Physical Education Building

Sponsored By:  

Applications Available on Feb. 1 for Chautauqua County's 2019 Occupancy Tax for Lakes and Waterways Grant Program



Pictured above from left to right, streambank stabilization projects in the Lake Erie Watershed and Chautauqua Lake Watershed.

*Article Contributed by
Chautauqua County
Department of Planning and
Economic Development*

The Chautauqua County Department of Planning and Economic Development has announced applications for Chautauqua County's 2% Occupancy Tax for Lakes and Waterways Grant Program will be available on February 1, 2018.

The Occupancy Tax Grants for Lakes and Waterways are funded through the county's five percent occupancy or bed tax for the rental of lodging units within the county. Two-fifths or two percent of the bed tax is used solely for the enhancement and protection of lakes and waterways in Chautauqua County.

These grants provide \$500 to \$40,000 in funding for projects to be implemented from January 1 through December 31, 2019.

"We expect to award approximately \$225,000 for projects in 2019," said Chautauqua County Watershed Coordinator Dave McCoy. "We absolutely love projects that leverage additional investment from land owners and other grant programs such as the New York State Department of Environmental Conservation's Water Quality Improvement Program, where each local dollar leverages three state dollars. As of 2017, the program has contributed over \$2.5 million for water quality improvement projects, and in 2018 will contribute an additional \$226,000, leveraging an additional \$837,000 in state and federal funding for projects with a total value of \$1.1 million."

Applications may be submitted by various groups and organizations including; not-for-profits, governments, businesses and

corporations, public and private schools, and all landowners of Chautauqua County. Successful projects funded under this program include but are not limited to: streambank, shoreline, or ditch stabilization; sediment retention basins; watergardens; buffer strips; and habitat improvement projects.

"This innovative grant program recently received an Environmental Excellence Award from the New York State Department of Conservation for being a unique program in the state," said Chautauqua County Executive George Borrello. "I encourage landowners and organizations to submit an application to improve the water quality and protect the lakes and waterways in Chautauqua County."

Completed applications are due by April 1, 2018 and should be mailed or hand-delivered to: Chautauqua County Watershed Coordinator Dave McCoy, Chautauqua County Department of Planning and Economic Development, 201 W. Third St., Suite 115, Jamestown, N.Y. 14701.

Grant applications will be scored and ranked by the Chautauqua County Water Quality Task Force's Waterways Panel. The panel's ranked list will then be provided in May to the Chautauqua County Legislature for its approval.

Applications are available online at www.co.chautauqua.ny.us and www.planningchautauqua.com. Hard copies of the applications are also available at the Chautauqua County Department of Planning and Economic Development, 201 W. Third St., Suite 115 in Jamestown.

For more information or assistance with the application process, please contact Dave McCoy at (716) 661-8915 or by email at mccoyd@co.chautauqua.ny.us.

CLASSIFIEDS

classifieds@jamestowngazette.com
Fax: 716-338-1599 Phone: 716-484-7930



IMMEDIATE OPENING Mental Health Counselor II, North Collins

This position provides assessment, treatment planning, crisis and on-going therapeutic treatment interventions for the clients who are mentally ill. Clients served may or may not have a dual diagnosis of mental illness and chemical abuse.

Master's degree in an OMH approved discipline with Qualified Health Profession status (LCSW preferred, LMSW, LMHC) plus a minimum of one (1) year of professional work experience in a clinical mental health setting. Bi-lingual Spanish helpful, but not required.

To view our open positions and apply online visit: https://workforcenow.adp.com/jobs/apply/posting.html?client=lsbehavior&jobId=220545&lang=en_US&source=CC2

NOW HIRING PROPERTY MANAGER

- Oversee Repairs
- Lease Preparations
- Accounts Receivable
- Snow removal/lawn maintenance-optional

(716) 748-7000
bbny.office@gmail.com



NURSING & REHABILITATION CENTER
10836 TEMPLE ROAD DUNKIRK, NY 14048

Compassion. Support. Caring.
Healing. Commitment. Understanding. Comfort.

NEW RN & LPN LOAN REPAYMENT PROGRAM FOR 2016 & 2017 GRADUATES

RN Weekend Supervisor

Dietary Aide - Part Time

LPN - All Shifts Available

C.N.A. - All Shifts Available

Laundry - Part Time

Great wage based on experience,
benefits, health insurance, dental, eye care, 401K

Apply in person

Chautauqua Nursing & Rehabilitation Center
10836 Temple Road
Dunkirk, New York 14048

Or Email Resume to Stacy Fadale at
sfadale@ctnrc.com

Join Our Team Today!

Stop In Or Email Stacy

1 Nurse + 1 Patient It's that Simple

LPNs/RNs

IMMEDIATE OPENINGS

Home Care Shifts available for Pediatric cases in
Jamestown, Dunkirk, Olean, Ripley & Silver Creek

PSA OFFERS:

- Weekly Pay
- Training & Supportive Staff
- Flexible Schedules

INTERVIEWS HELD IN YOUR AREA

Gwen Zyglis

716-276-2123 • 800-350-4585

gmusty@psahealthcare.com

www.psahealthcare.com

EOE



TLC HEALTH
NETWORK

NOW HIRING:

- ER Clinical Nurse Coordinator
- NYS Licensed Lab Medical Technologist
- Radiology Tech • Echo Tech • LPNs
- Registration Clerks • Cooks
- Environmental Services Attendants
- Primary Care Medical Clinics

IMMEDIATE OPENINGS FOR: ER CLINICAL NURSE COORDINATOR

Oversee all clinical care and nursing activities in the ER. Provide leadership, guidance and direction on workplace matters; manage ER nurses and monitor day-to-day operational activity and direct intervention in emergent situations.

- NYS Licensed Lab Medical Technologist with 6 years of experience preferred.
- Rad Tech and Echo Tech. Full time and per diem positions.
- Full Time LPN in Jamestown area, days, flexible hours.
- LPN at Forestville/Gowanda/Irving.
- Registration Clerks, full time and per diem.
- Cooks, all shifts.
- Full time EVS/Housekeeping Attendant at Irving location.
- Primary Care Medical Clinics per diem.

Insurance benefits for all full time positions.

Resumes and applications can be sent to:
hr@tlchealth.org; khill@tlchealth.org or fax (716) 951-7026.

TLC is An Equal Opportunity Employer.

All available positions are listed at tlchealth.org
Competitive salary and benefit packages, great team atmosphere!

ANTIQUES

1939 MAPLE DOUBLE DROP LEAF TABLE: And four chairs. All dated. \$350. Please call (716) 708-7814 for more info.

FOR SALE: Antique Dresser 1940's Era. Asking \$50, but make an offer. Call Mark or Deborah at 664-7936.

HAND-CRAFTED WOODEN SAILBOATS: sm. \$50.00; med. \$75.00; lg. \$125.00. Please leave message 716-386-2571.

RAILROAD LANTERN: \$40. Please call (716) 483-1969.

SOLID WOOD DESK AND CHAIR: In excellent shape. \$150. Please call (716) 708-7814 for more info.

AUTO

SNOW TIRES (2): 205-75-14 Good Year. \$115. Please call (716) 949-7055 for more information.

SNOW TRAKKER (4): 215-65-16 Hercules. \$395. Showroom condition. Please call (716) 949-7055 for more information.

COLLECTIBLES

SPORTS CARDS: Ken Griffey Jr. Cards 45 - \$30.00. Derek Jeter 9 Cards - \$25.00. 8 Brett Farve Cards - \$15.00. Call Chuck at (716) 664-7777.

CLOTHING

2 WOMEN LONG DOWN PUFFER COATS: Excellent Condition. \$35 each. Please call (716) 484-8201.

CARHARTT OVERALLS: 48x30. New. \$40. Please call (716) 483-1969.

MENS LOAFERS: Size 12 Wide. Black Leather, Thom McAn, New. Asking \$25 \$20 Please call (716) 483-3200 & leave name & number.

WINTER COAT: Ladies medium long size. New. Never worn. Please call (716) 488-9094 for more details.

ELECTRONICS

COMPUTER PRINTER/COPIER: New! \$22. Please call (716) 488-9094 for more information.

DELL 1905FP 19" COMPUTER MONITOR: With Optional Sound Bar. Excellent Condition. \$50.00 Please call 716-386-2107.

DELL: Windows 7. Inspiron. \$100. Please call (716) 483-0257.

HEWLETT-PACKARD LAPTOP: \$60.00; Toshiba 32 inch flat screen television set, \$50.00. 716-488-0335

FARMERS MARKET

HAY FOR SALE
\$2.50 per bale. Delivery Available.
Please call (814) 730-8050.
Lander, PA

FITNESS

BOWFLEX EXERCISE UNIT: Strength training. Includes extras. \$475. Please call (716) 488-9094 for more info.

EXERCISE BIKE: Schwinn 900Dx Like New Asking \$100 Call (702) 372-5525

WEIGHTED VEST: 10 lb, New, Reflective for night time workouts. Asking \$147 \$75 Please call (716) 483-3200 & leave name & number.

HARDWARE & TOOLS

DELTA CONTRACTOR TABLE-SAW: With Dado blade and plate. \$200.00. Phone (716) 753-7548.

ESTEY UPRIGHT PIANO: \$200.00. Please leave message if no answer. Call 716-386-2571 for more info.

GAF SYNTHETIC ROOFING FELT: 10 Sq. and Cap Nails. \$69. Please call (716) 488-9094 for more info.

HOUSEHOLD/OFFICE ITEMS

A/C UNIT: Haier 6000 BTU. Like new. \$75. Please call (716) 708-7814 for more info.

CEILING FAN: New. \$35. Please call (716) 483-1969 for more info.

EDEN PURE HEATER: 4 element with remote. works good. \$50.00. Phone (716) 753-7548 for more info.

NEW SEIKO MANTLE CHIME CLOCK: Walnut frame. Chimes half & on the hour. Please call (716) 969-3916.

NEW SINGER REFURBISHED 23 STITCH AUTOMATIC NEEDLE THREADER: One step buttonholer. \$169.95 now \$88.88. Please call (716) 763-1834 for more info.

PAPER SHREDDER: Shreds CDs. & cards too. \$38. Please call (716) 488-9094 for more info.

SEW & SERGE: Unclaimed layaway new Singer Sew & Serge. \$499.95. Balance due of \$199.95 takes. Call (716) 763-1834.

SHOWER TRANSPORT CHAIR WITH COMMODE: For handicapped. \$88. Please call (716) 488-9094 for more info.

UNIFLAME GAS GRILL: With side burner. Excellent shape. \$75. Please call (716) 708-7814 for more info.

INSTRUMENTS

ACCORDION ARPEGGIO: 120 Key Pearl White Like New \$500 Or Best Offer Please call (702) 372-5525.

LEGAL NOTICE

LEGAL NOTICE

**Salsarons
Multicultural Foods
Enterprises LLC**
NOTICE OF FORMATION of the above limited liability Company (LLC) Article of Organization filed with the secretary of State of NY (SSNY) on 09/08/2017. Office located in the County of Chautauqua. Address: 110 W. 3rd St., Ste. 810, Jamestown, NY, 14701. Purpose: Will own and operate as a food wholesale supplier.
Dec. 18, 26-2017. Jan. 8, 15, 22, 29, 2018-6wks JG

MISC.

BOOKS & NOVELS: Large selection. \$5 for box full. Please call (716) 488-9094 for more details.

NORFOLK ISLAND PINE TREE: In pot. \$6. Please call (716) 488-9094.

SCRAP METAL

SCRAP METAL WANTED:
All Scrap Metal: Washers, Dryers, Stoves, Batteries, Clearouts.

SPORTS & OUTDOORS

2 MENS BOWLING BALLS: \$20 each. Please call (716) 387-7213.

BOYS 10SP BIKE: \$20.00. Please leave message if no answer. 716-386-2571.

BIKE WOMANS HYBRID: \$69. Please call (716) 488-9094 for more info.

WINTER ITEMS

SNOW THROWER: McCulloch 24" Elec. Start. Excellent Condition. \$250. Please call (716) 708-3068.

**FREE
Gazette Classified Ads**

*Merchandise ads are FREE in the Jamestown Gazette *

Free Classified ads will only be accepted by using this form in the Jamestown Gazette or by e-mailing your item to classifieds@jamestowngazette.com. No Calls or Walk-Ins will be accepted on FREE Classifieds.

*Merchandise MUST be priced \$500 or under. No Firewood, No Animals/Pets and No Weaponry

NAME: _____ PHONE: _____

CATEGORY (Antiques, Household Items, Etc.): _____

Gazette Deals Ad Creator (Max 15 Words)

For a Bold or Display Ad, contact our office at (716) 484-4155

Please Mail completed forms to 1 W. 4th St., Jamestown, NY 14701
Email: classifieds@jamestowngazette.com - Fax: 716-338-1599

**Jamestown
Gazette CLASSIFIED
ORDER FORM**

PLEASE MAIL TO: 1 W. 4th St., Jamestown NY, 14701

NAME: _____

ADDRESS: _____

CITY: _____

ZIP: _____

PHONE: _____

HEADING: _____

NUMBER OF WORDS: _____ CATEGORY #: _____

DURATION (in Weeks): _____ TOTAL PRICE: _____

PAYMENT METHOD:

CREDIT CARD CHECK CASH
Card Type: _____ Amount Enclosed: _____
Card #: _____
Security #: _____

SIGNATURE: _____

AD CREATOR: PLEASE WRITE ONE WORD IN EACH BOX BELOW

				\$6.50
\$6.70	\$6.90	\$7.10	\$7.30	\$7.50
\$7.70	\$7.90	\$8.10	\$8.30	\$8.50

MARKETING POSITION

Jamestown
Gazette

Fantastic opportunity for a self motivated and ambitious leader. Must be able to effectively manage and develop business relationships.

Requirements:

- Sales and Account Management
- Good interpersonal & relationship building skills
- Reliable transportation
- MUST HAVE: Sales and Marketing Experience

Guaranteed Salary plus Commission

Email letter of interest, resume and recommendations to:

INFO@JAMESTOWNGAZETTE.COM

1 W. 4th St., Jamestown NY 14701 • 716-484-7930

WRITERS NEEDED

The Jamestown Gazette has a unique opportunity for Freelance Writers

- Business Stories • Local Events
- Human Interest Articles

Must possess excellent verbal, written, and interpersonal skills.

To apply email

resume, letter of interest, and samples of writing to:



Jamestown
Gazette

PH: 716-484-7930

info@jamestowngazette.com

Jamestown
Gazette
is NOW HIRING

GRAPHIC DESIGNER & INSIDE SALES SUPPORT

- 26 - 30 hours a week
- Full Time Wages, Part Time Hours
- Will Train the Right Person
- This Position includes
Graphic Design & Sales Support

REQUIREMENTS:

- Knowledgeable in Adobe CS and Sales & Account Management
- Good interpersonal & relationship building skills
- Exceptional written, verbal, phone & presentation skills

IMMEDIATE OPENING AVAILABLE

Email cover letter, resume and recommendations to or call:

info@jamestowngazette.com

1 W. 4th St., Jamestown NY • 716-484-7930

Artists and Organizations Invited to Apply for United Arts Appeal Grants



"Strengthening the Circle: Center Circle Ceramics" by Catherine Walsh.

Article Contributed by
United Arts Appeal of
Chautauqua County

"Your support for the Arts in our county is so appreciated and benefits our communities endlessly!" was the enthusiastic report of one of last year's recipients of a United Arts Appeal of Chautauqua County (UAA) grant.

The UAA is now accepting applications from Chautauqua County artists and organizations for its 2018 Projects Pool Grants Program.

"Every year a portion of the funds raised through the United Arts Appeal's fund drive is awarded to individual artists and artistic projects," explained UAA President Julie Newell. "Our purpose is to assist the careers of working artists and to enhance the cultural life of Chautauqua County."

An artist who has been a Chautauqua County resident for at least one year and works in any artistic discipline – including but not limited to crafts, dance, film, fiction, poetry, printmaking, sculpture, painting, video, play writing, performance, music composition and photography – may apply for a Projects Pool grant. Awards are based on creative excellence and are to be used for artistic development.

Eligible organizations must have non-profit status and may include libraries, municipalities, churches, and other community groups.

Grants up to \$500 will be awarded.

Applications are submitted online and must be received by midnight on Sunday, April 15, 2018. All applications are screened for eligibility and fulfillment of application requirements. An advisory panel of Chautauqua County residents who are knowledgeable in the arts reviews applications and presents funding recommendations to the United Arts Appeal board for approval.

Artists and community organizations interested in applying for funding through the UAA's Projects Pool Grants Program can obtain

application information and funding criteria online at the Grants page at UnitedArtsAppeal.org.

In 2017, UAA grants were awarded to:

Individual Artists:

- Catherine Walsh: Strengthening the Circle: Center Circle Ceramics
- Liag Zeppetello: Fine Art Oil Painting

Organizations:

- 96th Highlanders Pipes and Drums, Inc.: Jamestown Regional Celtic Festival and Gathering of the Clans
- Audubon Community Nature Center: Rebel Nature Journals
- Citizens for a Better Cassadaga: Concerts on Cassadaga Lake
- Jamestown Parks, Recreation & Conservation Dept.: 2017 Summer Bandshell Concert Series
- Patterson Library: Music Together with Kay Barlow

The United Arts Appeal also provides operating support for seven of the larger arts organizations in Chautauqua County: Chautauqua Regional Youth Ballet, Community Music Project, 1891 Fredonia Opera House, Infinity Visual and Performing Arts, Jamestown Concert Association, Lucille Ball Little Theatre of Jamestown, and the Western New York Chamber Orchestra.

The UAA is supported by Chautauqua County, local foundations, corporations, businesses and individuals throughout the county.

For more information about the United Arts Appeal of Chautauqua County, with links to each of the member organizations' websites, call (716) 484-7329 or visit UnitedArtsAppeal.org.

To support the arts in Chautauqua County, your contribution to United Arts Appeal, 715 Falconer Street, Jamestown, NY 14701 would be greatly appreciated.

Applebee's to Hold Laurel Run Fund-raisers February 7

Article Contributed by
The Resource Center

Though Laurel Hotelling died in November, area residents can help celebrate her birthday and donate money to the charitable event that bears her name.

On Wednesday, February 7, the Applebee's restaurants in Dunkirk and Lakewood will hold Dining to Donate fund-raisers to benefit Laurel Run. From 11:00 a.m. to midnight, the restaurants will donate 10 percent of the price of people's meals. Patrons must present a special

voucher in order for the money to be donated to Laurel Run. A link to a printable version of the voucher can be found at www.laurel-run.com. You can have a voucher faxed or emailed to you by phoning 661-4735.

Please be aware that for the Applebee's Dining to Donate fund-raisers, you will not receive a discount on the cost of your meal. Rather, 10 percent of what you pay for your meal will be donated to Laurel Run.

Laurel passed away Nov. 13. She would have turned 55 years old Feb. 7, so her parents thought it would be appropriate to hold the

Applebee's fund-raisers on Laurel's birthday so that her friends, Laurel Run supporters and other well-wishers could celebrate Laurel's life by supporting the cause that meant so much to her.

Wayne and Elaine Hotelling created Laurel Run in 1997 in honor of their oldest daughter. Laurel had Down syndrome, and Laurel Run is a celebration of the potential that exists within people who have disabilities. Laurel led a full life, which included having a job at The Resource Center's Dunkirk Work Center for more than 30 years. Hundreds of Chautauqua County residents with disabilities

have jobs – and hundreds of others volunteer in the community – with support from The Resource Center.

The 22nd annual Laurel Run takes place July 20 and 21. The first day features a Jamestown-to-Dunkirk relay run, while day two includes a number of walking and running events in the Hotellings' hometown of Silver Creek. Money raised through Laurel Run goes to Filling the Gap, Inc., which works with The Resource Center to improve the lives of people with disabilities and their families in Western New York. For more information, visit the Laurel Run web site or phone 661-4735.

EYE ON BUSINESS

Article Contributed by
Lisa Yaggie

Maria Perron, ASID NCIDQ, Designer, is an expert in the field of Interior Design. If her thirty plus awards weren't proof enough, just one conversation with her and you will know she knows what she's talking about. Her showroom, located at 13 E. Fourth Street in downtown Jamestown, is a peek at her talent and taste. If you are even mildly into design, this showroom/office space is like a trip to a candy store. There are design boards, magazines, hardware samples, wall paper books, countertop material samples and fabric choices. Maria says she is often inspired by what she sees around her and thinks of her showroom as a resource center for her clients to be likewise inspired.

Originally from New Hampshire, Perron says she and her family are thrilled to have landed in Chautauqua County. She is very appreciative for what this area has to offer at such an affordable cost of living. Perron cited the Renaissance Center and the programs offered to small business owners as especially appealing when opening her company here. She enjoys sourcing materials and décor items locally when possible and stated that she had just visited a granite vendor in Clymer. If you have ever done any renovation work on your home, you might know that finding available, reliable, quality contractors can be a hurdle to conquer. Ms. Perron says that she has built up a wonderful book of local contractors that she uses as her go-to resource. She states that it is important to trust the work to the appropriate expert. Carpenters, installers, electrical, builders, decorators and designers all have various scopes of experience and it is important to her to build a team that shares a respectful attitude towards the home or office space.

It is important to build trust with her clients. Music to her ears is for the client



Maria P. Perron, ASID, NCIDQ, designer & owner of Vintage House Design Inc.

to say "I trust you" or "just go with it". That carte blanche ticket allows Perron to really showcase her talents.

To view some of her portfolio, one can search her name on Houzz.com under Interior Designers and various projects will come up. Houzz is an online design site that allows people to search through pictures of different projects both interior and exterior. It is meant to "connect homeowners and home professionals in a uniquely visual community." Maria will often assign homework to new clients to go home and browse through the Houzz site and "save" pictures that appeal to them. Once shared with her, Maria can then get a real feel for their style. She takes professional pride in the fact that she won't let a client do something "wrong". She loves the process of creating safe, functional and aesthetically pleasing spaces.

There is a clear distinction between interior design and interior decorating. A designer can do both. Maria, formally

Getting Comfortable with Vintage House Designs Inc.

showroom by appointment, she urges anyone interested in starting a home project to contact her. As her lovely website provides (vintagehomedesign.com) an outline of her process and fee structure it is important to note that each project is unique.

For those who may be unsure of being able to afford an interior designer, Maria encourages people to start out with a conversation with her about the scope of their project. It is important to have a budget in mind. Maria jokes that her services are not just for the rich and famous. A budget allows her to help focus the project and know where to spend the money for the best outcome. Educating the client and planning with them is a very important step in the process that can be both fun and rewarding. An interior designer WILL save you money on your project every time.

A successful job for Maria is one that the client can say they are comfortable in their space. She recounted a story of a couple in New Hampshire that hired her to do their porch. It was one of those "go with it" projects and she had a lot of fun designing and redoing their living space. After it was finished, one of the pair called her to say there "was a problem". Nonplussed, Maria asked what it could be. "Well, I can't get him off the porch now, so you better come do the rest of the house!"

Another opportunity to keep an eye out for are the workshops Maria offers in her showroom. Her last one on napkin folding was wildly popular and we look forward to her next one titled "Cabin Fever."

May we all get comfort from our homes and design our happy place.

To read more articles featuring local businesses around the area, please visit www.jamestowngazette.com.



Interior of showroom – designed by M. Perron

educated and certified, offers design services that can include 3D CAD drawings that help the client get a real feel for what can be accomplished. She says that there is both a creative and technical side to being a designer and she enjoys both aspects of the profession.

Whereas her main focus is residential work, Perron has also completed office spaces, mixed-use buildings and her current radius of projects is Chautauqua, Cattaraugus and Warren counties. Available to meet clients in her

FULL LINE OF GROCERIES
Bemus Point Market
fresh MARKET VALUES
Deli Sandwiches • Fresh Meats
BEER • POP • ICE
ICE CREAM SHOP
12 Main St. Bemus Point • 386-6854

Infinity Visual and Performing Arts Announces Annual Fund-raising Campaign



Infinity student ensemble, Joan and the Arcs, with instructor, Jeremy Bunce

Article Contributed by Infinity Visual and Performing Arts

Infinity Visual and Performing Arts, Inc's Board of Directors is excited to announce Infinity's First Annual Fundraising Campaign, "Step Up for the Arts."

Funds raised will support a number of facets of Infinity programming, including: Student scholarships, private and group lessons in music, art, dance, theater, and literature, spring and summer day camps, performance ensembles, leadership and marketable skills development classes, Infinity Arts Café and more.

Infinity's Board President, Jason Sample, says, "This will be a great way for individuals and businesses in the community to support Infinity and its mission of providing affordable arts education opportunities for our local youth."

Volunteer campaigners will seek to raise \$10,000 for Infinity with fundraising efforts kicking off on January 30, 2018 and running until Infinity's Annual Art Market and Auction event on Saturday, March 10.

Infinity Board Vice President, and Campaign Chair, Karen Schiavone says, "Step Up for the Arts gives our dedicated volunteers an opportunity to share their Infinity story with those who may not be as familiar with Infinity's mission and its vital role in our community."

Infinity empowers youth from all walks of life to maximize their potential by developing leadership, creativity,

and confidence through music, arts, and performance. They are able to do this by creating a safe, supportive environment for young people to harness their creativity, use their time in positive ways, explore, experience and excel in the arts, and become future community leaders.

Executive Director, Shane Hawkins, states, "Every day we watch Infinity students challenge themselves, build their creative skills, and gain empowerment. Our community has been nurturing of the Infinity concept. We appreciate any help and support that keeps our students and this program moving forward."

For more information about Infinity's Annual Campaign, please visit www.infinityperformingarts.org/annualcampaign or contact the Infinity Center: Phone: 716-664-0991 Email: info@infinityperformingarts.org

About Infinity

Infinity is a music and arts education and performing arts center that offers private lessons, group classes, and an array of arts experiences and performance opportunities within five pillars of the arts: music, art, dance, theater, and literature. Infinity offers something for all ages and experience levels.

Join us, and Explore, Experience, and Excel in the arts!

New student orientations take place once a month at 301 East Second Street Lynn Building, Suite 101, Jamestown, NY 14701.

For more information, call 716-664-0991 or visit www.infinityperformingarts.org

Exhibition Examines Art, Disease, Recovery



Ted Meyer, *Back Scar T-12, L-1, Complete*, gouache and prismacolor pencil on vellum.

Article Contributed by Jamestown Community College

Artist/Patient/Advocate: Works by Elizabeth Jameson and Ted Meyer, an exhibition of works visualizing disease and recovery, opens in February at Jamestown Community College.

The exhibition will be displayed simultaneously at JCC's Jamestown and Cattaraugus County campuses from February 15 to March 27. Opening receptions, with remarks by Meyer about his "Scarred for Life" project, will be held from 6-8 p.m. on February 15 in the Weeks Gallery in Jamestown and on February 16 in the Center Gallery in Olean. Both events are free and open to the public.

Gallery director Patricia Briggs will also present an informal discussion of the exhibition in the Weeks Gallery at noon on March 8.

Gallery hours are 11 a.m.-4 p.m., Monday through Friday. For more information, call 338.1301.

The exhibitions feature works that incorporate diagnostic brain scans, photographs, and rubbings taken from body scars.

Dr. Briggs notes the Artist/Patient/Advocate exhibition grew out of a desire expressed by JCC nursing faculty and others to see works displayed with a medical theme. Jameson and Meyer were chosen because their works complement each another visually and thematically.

Jameson was an active mother and lawyer when she was diagnosed with multiple sclerosis. Devastated, she initially turned to art as a distraction. Her artwork took on greater significance when she began to use her diagnostic MRIs as source material.

"Since my diagnosis, I have continually undergone brain scans to track the progression of my disease," said Jameson. "I began using art to reinterpret these images. My work invites people to discuss what it means to live in an imperfect body, and to stare directly at the beauty and

complexity of the imperfect brain with curiosity. I transform my brain scans into provocative images that challenge how society views the brain, disability, and illness."

Jameson's artwork is shown in medical centers, medical schools, and at medical conferences. Her work was exhibited at the International Brain-Mapping Conference in Vancouver in 2017 and are on permanent display at the Shepherd Center for Spinal Cord Injury and Rehabilitation Center in Atlanta, GA, John Paul II Rehabilitation Center in Borne Sulinowo, Poland, and Porter Neuroscience Research Center Building at the National Institutes of Health in Bethesda, MD.

Some of Jameson's works will become part of JCC's permanent art collection and will be installed in the Allied Health Sciences Center on JCC's Olean Campus where nursing courses are taught.

Additionally, Jameson will donate a selection of her works to the local health care agency named the 2018 JCC partner Agency of Distinction.

Meyer, a nationally recognized artist and patient advocate, is a lifelong patient of Gaucher Disease, an enzyme deficiency that affects bones and joints. He took his early hospital experiences and turned them into artistic inspiration.

For the last 16 years Meyer has worked on "Scarred for Life," a project about other people's surgical experiences and scars. Meyer uses paint and vellum paper to create rubbings that trace the scars people have received from accidents, surgeries, assaults, and self-inflicted wounds.

Meyer exhibits these abstract rubbings with photographic portraits of his subjects and stories about injury and recovery written in their own words. "Scarred for Life" reveals that stories about trauma are also stories about courage and healing.

Meyer will also facilitate workshops with students in JCC's art and occupational therapy assistant programs.

The Restaurant CONNECTION

WANTED MEXICAN FOOD LOVERS! 203 EAST THIRD ST., JAMESTOWN TAKE OUT ORDERS: 716-488-0226  OPEN: Mon-Thurs 11 am to 10 pm Fri & Sat 11 am to 11 pm · Closed Sun	MONDAY All Day: 3 Hard Tacos for \$3.25 Eat Cheap Day!	TUESDAY All Day: Margaritaville (or Daiquiris) \$2.99 \$2.00 OFF Fajita Dinners	WEDNESDAY All Day: Mexican Revolution 2 Dinners for \$15.00 <small>Your choice 2 Enchiladas or 1 Burrito w/ our spicy meat sauce. Served w/ refried beans, Mexican rice & sour cream. NO SUBSTITUTIONS ON ANY DINNERS PLEASE</small>
	THURSDAY Family Night: 1/2 Price Kids Meals & Pitchers of Pop 4-10pm with purchase of Any Dinner Entree	FRIDAY All Day: Cantina Fiesta! Pitchers of Pop, Beer, Sangria Coolers \$3.99 to \$6.99 With Food Purchase	SATURDAY Margarita Pitchers \$10.99 Any Flavor with Food Purchase

New
beginnings
Family Restaurant
SERVES BREAKFAST LUNCH DINNER

HOURS: Mon: 5:30am-8pm
Tues-Sat: 5:30-9pm • Sun: 5:30am-3pm

Dine In or Take Out
3 Main St., Sugar Grove, Pa • 814-489-7474

Specials

FRIDAY NIGHT
Fish Fry

SATURDAY NIGHT
Pot Roast & BBQ Ribs

SUNDAY
Chicken & Biscuits

Lena's
Pizza



LUNCH HOURS
WED-FRI 11-1:30

DINNER HOURS
Sun-Thurs 4-10, Fri-Sat 4-11:30

1 LARGE PIZZA \$25.50
(with 1 topping) Includes Tax

Plus 20 WINGS

716-484-0600
902 East 2nd St., Jamestown NY • www.lenaspizzaonline.com

Preparing Foods in a Slow Cooker

Article Contributed by
**Cornell Cooperative Extension
of Chautauqua County**

Cornell Cooperative Extension of Chautauqua County's Expanded Food and Nutrition. Education Program (EFNEP) and The Center for Disease Control and Prevention (CDC) would like to remind everyone that they can play it safe when using a slow cooker. During this busy time of year, having dinner waiting for you when you come home can make life so much easier. That's why a lot of people choose to use slow cookers. Slow cookers are popular cooking tools during the cooler months. The direct heat from the pot and lengthy cooking time combine to destroy bacteria, making slow cookers a good choice for safely cooking foods.

There are many advantages to using a slow cooker. They can help you save time and money. Slow cookers use less electricity than a conventional oven. They cook foods slowly and at a low temperature — between 170°F and 280°F, and the low heat helps less expensive, leaner cuts of meat become tender and shrink less. The direct heat from the pot and lengthy cooking time combine to destroy bacteria, making the slow cooker a good choice for safely cooking foods.

When using a slow cooker, follow these important food safety tips:

1. Make sure your slow cooker, utensils, and work area are clean.
2. Keep perishable foods refrigerated until it is time to add them to the slow cooker. Bacteria multiply rapidly when food is left at room temperature.
3. Always defrost meat or poultry before putting it in the slow cooker. If you place frozen meat or poultry in a slow cooker it can spend too

much time thawing, allow bacteria to multiply, and make you sick. Using defrosted foods will also ensure your meal cooks evenly and all the way through. Vegetables cook slower than meat and poultry in a slow cooker so if using them, put them in first.

4. Cut large pieces of meat into smaller pieces before adding it to the slow cooker and make sure your slow cooker is half to two-thirds full to ensure foods cook thoroughly.

For more information on keeping food safe please contact the EFNEP Program at 716-664-9502 ext. 217. The EFNEP Program is one of many programs offered by Cornell Cooperative Extension of Chautauqua County (CCE-Chautauqua). CCE-Chautauqua is a subordinate governmental agency with an educational mission that operates under a form of organization and administration approved by Cornell University as agent for the State of New York. It is tax-exempt under section 501(c)(3) of the Internal Revenue Code. The association is part of the national cooperative extension system, an educational partnership between County, State, and Federal governments. As New York's land grant university Cornell administers the system in this state. Each Cornell Cooperative Extension association is an independent employer that is governed by an elected Board of Directors with general oversight from Cornell. All associations work to meet the needs of the counties in which they are located as well as state and national goals. For more information, call 716-664-9502 or visit our website at www.cce.cornell.edu/chautauqua. Cornell University Cooperative Extension provides equal program and employment opportunities.

Academy Award-Winner Corigliano to Partner with WNYCO and Present Master Lecture

Article Contributed by
**State University of
New York at Fredonia**

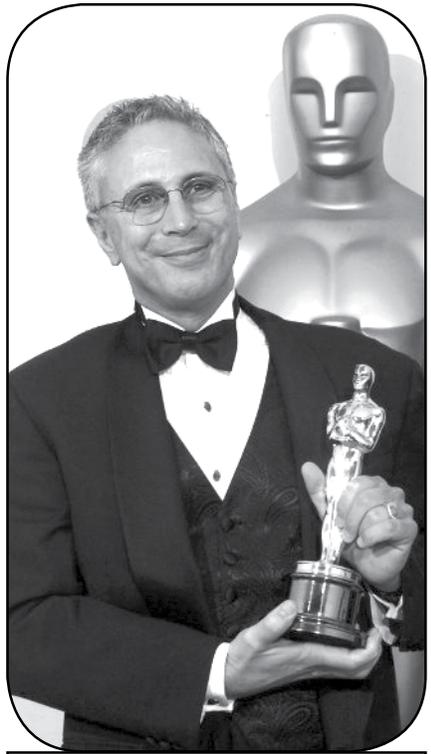
Distinguished American composer John Corigliano will be the special guest of the Western New York Chamber Orchestra when it performs on Sunday, Feb. 11 at 4 p.m. in Rosch Recital Hall at the State University of New York at Fredonia. He will also present a free master lecture, open to the campus and community.

Mr. Corigliano's Grammy Award-winning work, "Mr. Tambourine Man: Seven Poems by Bob Dylan" will be featured during the concert, with Mr. Corigliano joining members of a WNYCO chamber ensemble on stage to speak about his work.

Also on the program will be highlighted American works: "Time Cycles," by Lukas Foss and "Canso D'Amore" by WNYCO Artistic Director and Conductor Glen Cortese. Three vocal soloists who are Fredonia School of Music alumni will be featured, including 2017 alumna Amy Cohen (M.M. Performance), 2016 alumna Lucille Susan (Mus.B. Vocal Performance) and 2017 alumna Julianna Grabowski (Mus.B. Vocal Performance and Music Education as a Piano major).

All students may attend the concert free of charge, with ID. Adult tickets are \$20 each and are available through the Fredonia Ticket Office in the Williams Center or at the door the day of the concert. An open reception will follow the concert to meet and greet Mr. Corigliano.

On Saturday, Feb. 10, a master lecture with Mr. Corigliano will be held in Rosch Recital Hall from 4:30



John Corigliano

to 6:00 p.m. The event will feature Mr. Corigliano speaking on his many career successes including his Academy Award for Best Score for "The Red Violin," his Pulitzer Prize for his Second Symphony, and his five Grammy Awards, including his Grammy for "Mr. Tamborine Man." The lecture is free and open to the campus and community.

Corigliano serves on the composition faculty at the Juilliard School of Music and holds the position of Distinguished Professor of Music at Lehman College, City University of New York, which has established a scholarship in his name. Born in 1938 to John Corigliano Sr., a former concertmaster of the New York Philharmonic, and Rose Buzen, an accomplished pianist and educator, Corigliano has lived in New York City all his life: for the past 14 years he and his partner, Mark Adamo, have divided their time between Manhattan and Kent Cliffs, New York.

Friends Around Town

ALARM SERVICE

2020 Allen St. Falconer

ALLIED ALARM SERVICES

Locally Owned & Operated
Design, Installation, Service & Inspection
www.allied-alarm.com

665-6700

Licensed by the NYS Department of State # 1200013380

CATERING

3C's Catering
The Falcon's Nest Banquet Hall

LOOKING FORWARD
TO BOOKING YOUR
2018 PARTIES AND
EVENTS

*Call Us to Book
Them Today!*

267-4403 | www.3ccatering.com

GLASS SERVICE

D&S GLASS SERVICE
333 FLUVANNA AVE • JAMESTOWN
(Across from Arby's)
664-9321

**AUTO GLASS • MIRRORS
CUSTOM SHOWER DOORS
SEAWAY
REPLACEMENT WINDOWS**

HEATING SERVICE

Heating • Air Conditioning • Duct Cleaning
Boilers • Radiant Flooring

JAMESTOWN
Heating & Air

716-488-8275
125 W Main St.
FREWSBURG
jamestownheatingandair.com

INSURANCE

24-Hour Customer Service • AUTO, HOME, BUSINESS, LIFE

Allstate
You're in good hands.

William R Farr, LUTCF
Exclusive Agent

ALLSTATE INSURANCE COMPANY
812 Foote Ave • Jamestown, NY 14701 • 483-2732
After Hours 664-3091 • Fax 483-6952
a090225@allstate.com
www.allstateagencies.com/WilliamFar/Welcome
NY Insurance License #690357

STORAGE

PIC 17

SELF STORAGE

A Division of Robo Enterprises, Inc.

3209 Fluvanna Ave
Jamestown
665-2206

"HERE'S
MY CARD!"
Local Business Guide

Display your business and reach Chautauqua, Cattaraugus, and Warren counties!

The Jamestown Gazette is available in Chautauqua, Cattaraugus and Warren County. Thank you for patronizing our fine dealers below who make this paper available to all of our readers!

Pick Up Your Copy Today!



- | | | | | | | |
|---|--|---|---|---|---|---|
| <p>ASHVILLE
Ashville General Store
Ashville Arrow Mart</p> <p>BEMUS POINT
Bemus Point Golf
Bemus Point Inn
Bemus Point Market
Coppola's Pizzeria
Ellicottville Brewing
Guppy's
Hotel Lenhart
See-Zurh House
Skillmans
The Village Casino
Wired On Main</p> <p>BUSTI
Boomerang Café
Busti Country Store
Peterson Candies</p> <p>CELORON
Celoron General Store
Celoron Moose Club
The Main Landing
The Resource Center</p> <p>CHAUTAUQUA
Chautauqua Book Store
Chaut. Institution Visitors Bureau
Chautauqua Institution Library
Plaza Market
Tasty Acre's Restaurant</p> <p>CLYMER
Dutch Village Restaurant
Neckers General Store</p> <p>DEWITTVILLE
Village Restaurant</p> | <p>FALCONER
Bair's Pizza
Belview East
Better Life Nutrition
Don't Trash It
Falconer Pharmacy
Kwik Fill
Sister's Restaurant
The General Store
Tops Market</p> <p>FREWSBURG
Carol Apartments
Dinner Bell
Frewsburg Legion
Frewsburg Rest Home
Frewsburg Wine & Spirits
Kwik Fill
VSK Emporium</p> <p>GERRY
Heritage Village Retirement Campus
Heritage Village Rehab & Skilled Nursing</p> <p>GREENHURST
Chatter Box
Market 430
Heritage Green
Steener's Pub</p> <p>JAMESTOWN
Allen Street Diner
Anderson Produce
All American Karate School
AJ's Texas Hots
Arby's
Arrow Mart
Washington St.
North Main
Brazil</p> | <p>Brick City Market
Brigiotta's Farmland
Burger King
Carubba Collision
Cattaraugus County Bank
Chautauqua County Airport
Cherry Lounge
Coffee Cup
Comfort Inn
Crown Street Roasting Co.
Dave Warren Auto
D&S Glass
Dorian's Hair Salon
Dr. Lai
Ecklof Bakery
Elegant Edibles Catering
Farm Fresh Foods 3rd St.
Fifties Restaurant
Fishers Family Restaurant
Fluvanna Free Library
Fresh Cut Meats and More
Fresco Pizza & Wings
Fudges Sub Shop
Friendly's Restaurant
Gokey Mini Mart
Hall & Lairy Optical
Hampton Inn
Hartley Buick
Harvest Time Cafe
Heritage Park
Holiday Inn Express
Honest John's
Honeycomb Salon
Infinity
James Prendergast Library
Jamestown Auto
Jamestown Bowling Company
Jamestown Business College
Jamestown Community College
Jamestown Convenient Care
Jamestown Electric
Joe'Z Coffee House</p> | <p>Johnny's Lunch
Jones Hill Rehab
John David Salon
Kwik Fill
Labyrinth Press Co.
Landmark Restaurant
Lena's Pizza 2nd St.
Lewis & Lewis
Line-X
Liscianadro's Restaurant
Lutheran
Mariners Pier Express
Maureen's Hair Salon
Meals on Wheels
Mia Bella Salon
Michael's AJ's Texas Hots
Miley's Old Inn
Morreale's Collision
Northwest Arena
Novel Destinations
Pal Joey's
Panache Salon & Day Spa
Panino Restaurant
Peterson Farms
Phil-N- Cindys Lunch
Quik Lube
R&K Motors
Red Cross
Reg Lenna
Richard's Hair Salon
Robert H. Jackson Center
ROBO
Marion St.
North Main St.
S. Uber Attorney
Salon 1 - Foote Ave.
Santee's Bakery & Market
E. 2nd St.
Santee's Café Riverwalk
Sauce
Save-A-Lot
Seneca Eye</p> | <p>Southern Auto Exchange
South Side Plaza Barber Shop
Southside Redemption Center
Southern Tier Supply
Spectrum Eyecare
Stanton's Garage
The Eatery
The Pub
Tim Horton's
Brooklyn Square
2nd St.
Main St.
Foote Ave.
Tokyo & Beijing Asian Cuisine
Tops Market
WCA Hospital
Winifred Crawford Dibert
Boys & Girls Club
YMCA</p> <p>KENNEDY
Abers Acres
Kennedy Super Market
The Office
Roberts Nursery</p> <p>LAKESWOOD
Alfies Restaurant
Burger King
Davidson's Restaurant
Dons Car Wash
Dunn Tire
Family Health Services
Fitness Bunker
Keybank
Kwik Fill
Lakewood Arrow Mart
Lakewood Mobile Mart
Larry Spacc
Mikes Nursery
Mirage Salon
Off the Beaten Path</p> | <p>Panera Bread
Ryder's Cup Coffee Shop
Sakura Buffet
Save-A-Lot
Schuyler's Country Kitchen
Southern Tier Brewery
Stedman Coffee
Tim Horton's
Tanglewood Manor
Walmart
YMCA</p> <p>MAPLE SPRINGS
The Springs Restaurant
Tom's Tavern</p> <p>MAYVILLE
Andriaccio's Restaurant
Chautauqua Suites
Chautauqua Harbor House
J&B Mayville Diner
Lighthouse Point Grocery
Mayville Family Health
Mayville Arrow Mart
Mayville Service Center
The Sweet Spot
Webb's</p> <p>PANAMA
Rowdy Rooster
Troyer's Greenhouse</p> <p>RANDOLPH
Cattaraugus County Bank
Inkley Pharmacy
R&M Restaurant
Randolph Retail
Randolph Manor
Tops
Vern's Place</p> | <p>RUSSELL
Conewango Kayak
Canoe Rental
Ter-Lin's Reflections</p> <p>SHERMAN
Cooler Café
Franklin's Pizza Shop
Mack Hometown Market
Main St. Diner
Murdock's Family Restaurant
Sherman Hardware
Texs' Quick Stop</p> <p>SINCLAIRVILLE
Sinclairville Superette</p> <p>STEAMBURG
Turtle Pit
The Hideaway
OJ's Smokeshop</p> <p>STEDMAN
Stedman Corners Coffee</p> <p>STOCKTON
Stockton Hotel</p> <p>STOW
Hadley House
Hogan's Hut</p> <p>SUGAR GROVE
New Beginnings</p> <p>WARREN
Howe's True Value
Midtown Motors
Sheetz
Tops
Walmart
Warren Shurfine</p> |
|---|--|---|---|---|---|---|

Around Town



"Girls Just Want To Have Fun"
Jamie, Rita, Sue, Beth,
Jenny, Toni, Kathy, Ann & Wendy



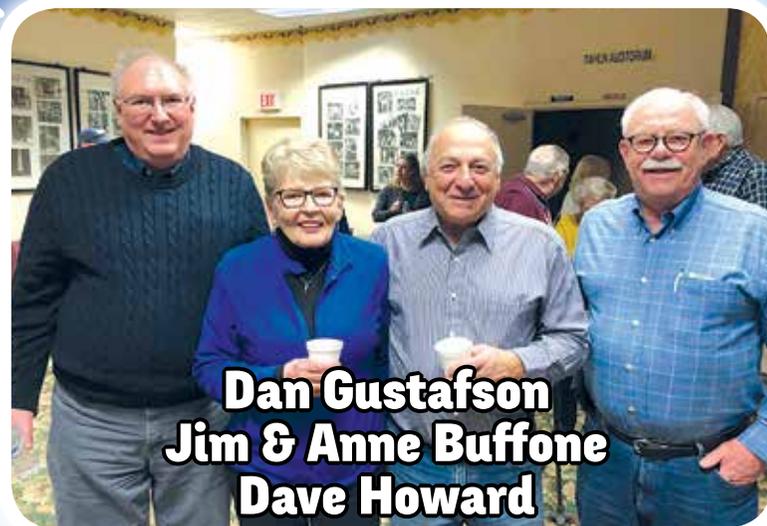
Phil & Cindy Baker
Onnolee & Merle Nollinger



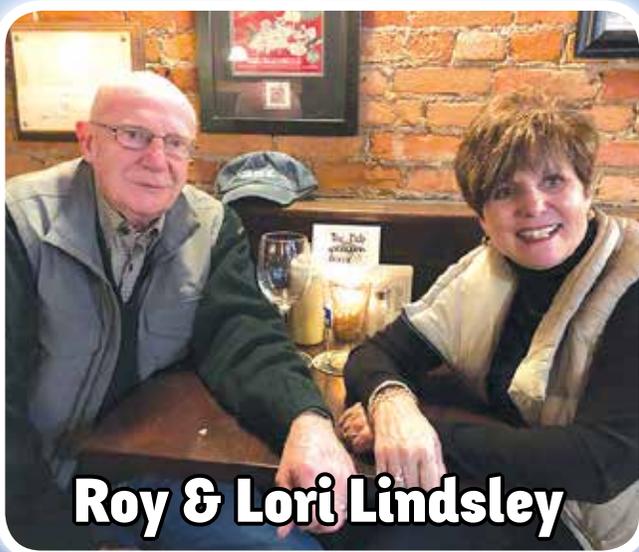
Mario & Sue Angeli



Denise Johnson



Dan Gustafson
Jim & Anne Buffone
Dave Howard



Roy & Lori Lindsley



Gary Loll & Wendy Wilcox



Michelle Smith



Danielle Chamberlain
Courtney Swanson



Esmeralda, Venancio & Maria



"Kujawa Family"
Frank, Cameron, Kelly & Mylah

GAME DAY!

FEBRUARY 4, 2018

Lena's Pizza

LUNCH HOURS
WED-FRI 11-1:30
DINNER HOURS
Sun-Thurs 4-10, Fri-Sat 4-11:30

SUPER BOWL SUNDAY SPECIAL
2 LARGE PIZZAS (with 1 topping) **\$49.00**
Plus **A BUCKET of WINGS** Includes Tax
716-484-0600

902 East 2nd St., Jamestown NY • www.lenaspizzaonline.com

Arby's **3 CLASSIC ROAST BEEF SANDWICHES FOR \$6.95**

WITH THIS COUPON
COUPON CODE JG

800 Foote Ave. Jamestown 716-488-1622 | 100 Mall Blvd. Lakewood 716-763-0836 | 346 Fluvanna Ave. Jamestown 716-488-1620

AJ Texas Shots

TRY OUR FAMOUS SUPER PACK

ONLY \$23.99 15 HOTDOGS OR HAMBURGERS 2 LARGE FRIES & LARGE DRINKS

824 Foote Ave. • Jamestown, NY (716) 484-9646 • www.ajtexasshots.com

PIKE'S AUTO REPAIR

4819 Route 474 Ashville, NY 14710

Auto Repair
Brakes & Belts
Check Engine
Exhaust & Electrical
Batteries & Wipers
Transmissions
Air Conditioning

763-8945 M-F: 8-5 • Sat: 9-2

Celebrating 50+ Years of Service!

Jamestown Awning INCORPORATED and PARTY TENTS

CUSTOM MADE AWNINGS | TENT RENTALS & MORE!

Let Jamestown Awning custom design the perfect window, door, or patio awning.
Call (716) 483-1435 • Visit JamestownAwning.com

STEREO CLINIC Since 1987 **WE TINT CARS**

WE INSTALL: Bluetooth, Back Up Cameras & Sensors, Sirius, XM Radios, Cruise Control, Program Factory Stereos, Keys & Key Fobs

LIFETIME WARRANTY UP TO 1500 FT RANGE

800 Central Ave • Dunkirk • 716-366-8004

Intoxalock SMART START INTERLOCKER Authorized Service Center

Inside Jamestown Bowling Co.

JAMESTOWN'S FINEST SPORTS BAR!

Stop in During the Superbowl!

Watch All the Action On Our Giant HD Video Walls!
Sandwiches, Salads, Platters, Baskets, Wraps, Pizza, Wings, and MORE!

FOOD & DRINK SPECIALS! Take Out Orders Are Available!

850 FOOTE AVE, JAMESTOWN, NY • (716) 483-1818

Robo Enterprises, Inc. Family Owned & Operated Since 1964

\$1.00 OFF ANY PIZZA!

111 MARION ST • 661-9190

- GAS STATION
- LIL AUGIES DELI
- UP SCALE LAUNDROMAT WITH DOG WASH
- CONVENIENCE STORE
- AUTOMATIC & SELF SERVE CAR WASH (OPEN 24/7)
- FULL SERVICE GAS EVERY TUESDAY

Elegant Edibles Catering

CUSTOM CATERING FOR ANY EVENT
Picnics • Black Tie • Family Affairs • Corporate Events • Football Parties

Ask about our "Elegant Edibles At Home" Homemade without the hassle!

1101 Main St. • Jamestown • 488-0434

RANDOLPH RETAIL COMPANY

Fabulous Fashions!
Amazing Accessories!
Unique Jewelry! • Distinctive Gifts!

Like us on Facebook!

20% - 50% OFF CLOTHING

Tuesday-Friday 10-5 • Sat 10-3 • 127 Main Street, Randolph (716) 358-5758

D & L Enos Milling And **Enos Tire Service**

Custom feed for all your needs
On the farm tire service

- Muck Boots Available
- Black Oil Sunflower Seeds \$15.00 for 50lb. Bag

SHOW-RITE Show Feeds... Done Rite!

314 Main St., Sugar Grove PA 16350
814-489-7818

JOHN I. LAMANCUSO, Esq.
LEWIS & LEWIS, P.C.

CAR ACCIDENTS | PERSONAL INJURY

WORKERS' COMPENSATION
SOCIAL SECURITY
DISABILITY

REPRESENTING INJURED WORKERS & THEIR FAMILIES

208 Pine Street • Jamestown, NY 14701
jlamancuso@lewislaw.com | f c in

716.708.1288

ATTORNEY ADVERTISING