



# Elections and Transitions Rocking the Boat or Staying the Course?

Article Contributed by  
**Walt Pickut**

Elections can rock the boat. In fact, that is why democracies hold elections. The people take regular turns at the tiller to make sure the ship of state goes where they want it to go. It is called "Voting". The best politicians respect the process.

This week the Jamestown Gazette looks at the recent 2017 elections with special emphasis on what may happen at the

helm in Mayville and local communities.

Campaign promises become policies in the winner's administration. The transition to a new administration is an ideal time for voters to examine those promises and policies as they are being put in place. Following are a few highlights taken from a wide ranging conversation with one of the winners.

**Parties or Personalities**  
Chautauqua County



Chautauqua County Executive  
George M. Borrello

## GENERAL ELECTION

voters selected some parties over the others and replaced some personalities with another across the county and in the County Seat

on November 7. The importance of party differences in practical terms, however, was called into question by George Borrello [County Executive-elect].

"In my entire time in the County Legislature

**Continued on Page 13...**

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# Problem Solved by 100 Pilots A Frank Talk with Southern Airways Express

Article Contributed by  
**Walt Pickut**

Last week the Jamestown Gazette sat down with Southern Airways executive, Chief Marketing Officer R. Keith Sisson and Airport Director Ron Almeter at the Chautauqua County Airport. The prospects for restoring reliable low-cost air travel – along with some highly innovative solutions – were on the docket.

### On The Hot Seat

"The plan is to restore confidence in the reliability of flights," Almeter said following a meeting between Southern Airways Express, community leaders, County Executive Vince Horrigan and County Executive-elect George Borrello. "Southern Airways is on the hot seat," Almeter said.

**Gazette:** Thank you for meeting with us,

Mr. Sisson. Obviously, something has gone wrong. Can you explain what that was?

**Southern Airways Express:** We took over in February 2016 from Sun Air. When we started off we flew a record number of passengers month after month out of Jamestown. Every single month in 2016, with the exception of December, we beat the previous three and four years' mark established by the previous airline. We were doing great.

But in



Stan Little, CEO of  
Southern Airways Corporation



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### SOUTHERN AIRWAYS EXPRESS

December we had a problem. And we have had a problem for the last year. It has taken us 12 months to fix the problem.

**JG:** And what was that problem?

**SAE:** The national pilot shortage was the problem. Pilots are retiring faster today, all across the country, than new

**Continued on Page 14...**

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# Obituaries

In Memoriam

WHEN SOMEONE YOU LOVE BECOMES A MEMORY... THAT MEMORY BECOMES A TREASURE

**November 1, 2017**

Nancy P. Nelson of Frewsburg  
*Peterson Funeral Home*

**November 2, 2017**

David W. Carlson of Jamestown  
*Lind Funeral Home*

Mary Lou Cooper of Napoli  
*VanRensselaer & Son Funeral Home*

**November 3, 2017**

Joseph C. Morrison of Jamestown  
*Hubert Funeral Home*

**November 4, 2017**

Todd L. Carlson of Falconer  
*Hubert Funeral Home*

**November 5, 2017**

Randell W. "Randy" Eggleston of Panama  
*Spitzer Funeral Home*

Donald L. Hanby  
*Jordan Funeral Home*

Vivian B. Hasson of Jamestown  
*Lind Funeral Home*

Barbara A. Turck Green of Sherman  
*Frey Funeral Home*

**November 6, 2017**

David E. Wilkinson of Jamestown  
*Powers, Present & Sixbey Funeral Home*

**November 7, 2017**

James E. Babcock of Sherman  
*Lind Funeral Home*

**November 7, 2017 (cont.)**

Lucille G. McCray of Clymer  
*Bracken Funeral Home*

Esther Travis of Brocton  
*Morse Funeral Home*

Roxie Ann Westfall of Russell, PA  
*Peterson-Blick Funeral Home*

**November 7, 2017**

Audrey B. Crawford of Falconer  
*Peterson Funeral Home*



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**Chautauqua County Humane Society Pets of the Week**

This week we are featuring "Tomack" and "Winston." Tomack is a 2 year old lab mix. He is a happy boy that is always looking for the next fun adventure. He loves people, but does need to learn a few manners. He doesn't like to share his "treasures" too easily, so a home with older kids is recommended. Winston is a lovable sweet 3 year old kitty. He loves attention and will be a great best friend. He is FIV positive, so an inside home is a must. It would be best if he was either an only cat or with other FIV positive kitties. If either of these pets sounds like the one for you, please stop in at the Strunk Road Adoption Center and ask to meet them. They are waiting for YOU! For more information or questions, please call (716) 665-2209 ext. 200.



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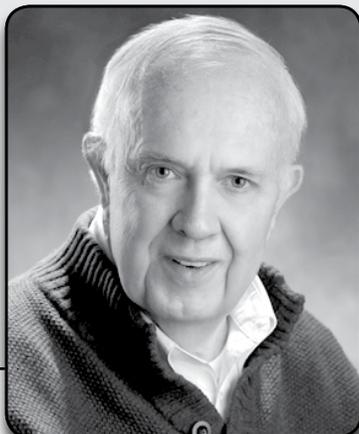
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# Words of Wisdom

Contributing Editor  
Walt Pickut



## A TAXING ISSUE

Death and taxes, they say are the only two inevitabilities on the planet. Everything else can be rescheduled, dodged or bargained away. Benjamin Franklin usually gets the credit – or the blame – for saying so.

Funny thing, though... no matter how inevitable, neither one of those things is particularly enjoyable.

Fortunately, 20th century comic and pundit Will Rogers did have a lighter take on the topic. And as usual for Old Will, there's even a sliver of truth in it. He once said, "The only difference between death and taxes is that death doesn't get worse every time Congress meets."

Actually, I don't happen to agree that those are the only those two things nobody can avoid. The evidence suggests – my evidence is the 7 billion of us, and the 15,000 more born every hour, who are now crawling around on dry land – that there is at least one other thing we humans do that is also pretty much inevitable... and it is not generally considered unpleasant at all.

One more thing seems inevitable. Some of us wind up with more and others of us wind up with less. Of everything. Food. Clothing. Shelter. Money. Safety. Friends. Etc.

This election season I discovered a very interesting thing about a democracy connected to the less/more thing. Democracy says those differences do not have to be inevitable. Democracy is an anti-poverty strategy.

Founding Father Thomas Jefferson is credited with writing, "We hold these truths to be self-evident: that all men are created equal; that they are endowed by their Creator with certain unalienable rights; that among these are life, liberty, and the pursuit of happiness."

In a democracy we pledge not to violate those rights and to oppose any thing or person who tries to do so.

As a result, political scientists say that in a democratic nation the poor impose a tax on the rich with the willing consent of the rich for the sake of those ideals they are pledged to hold in common.

When the rich impose taxes on the poor, on the other hand, inequality increases and weighs against the fair and equal ... unalienable rights of ... life, liberty, and

the pursuit of happiness.

Nobody wants to be unfairly taxed or forced to pay unfair taxes. We had the famous Boston Massacre over that issue and coined the phrase almost every student (is supposed to have) learned, "No taxation without representation."

But what about those in a democratic nation who seem to inevitably have less and those who just as inevitably seem to have more?

That question challenges our commitment to Jefferson's words. Maybe I do not need quite so many tax laws to remind me to do something my own convictions should prompt me to do on my own.

Does it really take hard coin and folding money to assure my fellow citizens that I respect their equal right to life, liberty and the pursuit of happiness?

If you are one, as I am, who has a little more, it might be interesting to recall how we got it.

It could be anything from education to talent to faith to family to the freedom-to-try-something-new, or a hundred others. Whatever it was, it probably came from someplace inside, deeper than your pocket.

Lots of people are already working on the inevitable problem of who should pay what and how much to whom. Let's leave those battles to them, just for a minute. They will come up with something.

Is there a more important tax we owe each other? Something we pay from the heart rather than the pocket simply because of a commitment to Jefferson's words. There's something about community, brotherhood and respect that can go much farther toward fostering life, liberty, and happiness than money can buy.

Maybe in this election season that just passed, it is worth a few moments to consider how to live – not just how to pay – so that we can contribute to and enhance, the lives of others. The most important taxation we owe each other in a well-regulated democracy is personal, not monetary.

As to what that "coin" looks like, that's up to you. Give it some thought. And, of course, enjoy the read.

Walt Pickut

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# FALCONER SANTA PARADE

November 18 • 1 PM - 4 PM

## Annual Santa Parade Falconer Rotary Club Upholds Village Tradition

Article Contributed by  
**Lisa Yaggie**

Falconer Rotary Club President, Alan Gustafson, is thrilled that the 16-member group of Rotarians is able to step in and sponsor the long-held village tradition of the Annual Santa Parade, slated this year for Saturday, November 18th at 1p.m.

“For decades, the Falconer Business Association was the lead sponsor. But with their dissolution, a new host was needed.” Gustafson said. The Falconer Rotary Club is comprised of local professional men and women who love to give back to their community.

The Rotary Club of Falconer, founded in 1939, is one of 33,000 worldwide clubs that make up the Rotary International organization, whose motto is “Service Above Self”. This club in particular has volunteered much of their time and talents over the years, especially with their Falconer Park project. Sponsorship of this parade demonstrates one key Rotary ideal, in that it is meant to build goodwill and better friendships amongst the residents. The club meets on the 1st and 3rd Thursday of each month at the Roger Tory Peterson Institute at 311 Curtis Street in Jamestown.

The Santa parade begins at 1:00 p.m., stepping off from Falconer High School and continuing along Main

Street and Davis Street, and ending at Santa's House in Coleson Park. Santa & Mrs. Claus will be escorted in the parade by the following groups and organizations:

Henry Mosher Post 638 American Legion Color Guard

Falconer/Frewsburg High School Marching Band

Brownies, Girl Scouts, Cub Scouts & Boy Scouts

Falconer and area fire departments

Falconer First Baptist Church

Falconer's Littlest Hoopers

Falconer Rotary Club

Other church, community and civic organizations

Any additional persons, groups or organizations who would like to participate should call (716) 450-3032 or email falconerrotaryclub@outlook.com.

Mr. & Mrs. Claus will hold a meet & greet for their young fans immediately following the parade at their Falconer outpost in Coleson Park (near the fire hall & Tops). Activities on hand include a petting zoo and the Falconer High School Choir, who will be performing favorite Christmas carols. Be sure to stop at the Holiday Bazaar in the Falconer Fire Hall from 10 a.m. until 4 p.m., sponsored by the Falconer Fire Auxiliary, and cross off some gift items on your list!

Santa will return the following Saturday, November 25th from 1-3 pm to welcome more good little girls and boys from our area.

See you all at the parade!



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## Christmas Trees and Wreaths Raise Funds for Care Packages

*Article Contributed by Veterans of Modern Warfare Chapter 20*

The Veterans of Modern Warfare Chapter 20 of Jamestown is selling Christmas trees (donations start at \$20) and homemade fresh wreaths (donations start at \$5) to raise funds to send care packages overseas. Sale starts Black Friday, November 24th at 11:00 a.m. until sold out, in front of Harley Davidson of Jamestown at the intersection of Rte 394 and I86. The sale continues on Monday through Thursday between 3:00 and 7:00 p.m. and Friday through Sunday between 11:00 a.m. and 7:00 p.m.

All proceeds are benefiting the Veterans of Modern Warfare CH 20 in their efforts to help Blue Star Mothers – mothers of military personnel currently on active service duty – send Christmas care packages to troops overseas, sending care packages throughout the year and donating to local veterans in need. The Blue Star Mothers will be accepting donations inside Harley Davidson and at the tree lot during Christmas tree sales.

VMW sends packages continuously throughout the year. These care packages filled with basic necessities not typically available where they are posted can help ease the difficulty of being so far from home, family and friends. Each care package sent has an estimated value of \$85, roughly \$60 in supplies and \$20 and \$25 to ship.

Donations whether goods or monetary are always accepted and appreciated. VMW is working this Christmas to send as many care packages as possible to

### Christmas Care Package Suggestions

- Body wash, Soap, Shampoo
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- Cookies, Granola bars, Hard candies
- Cotton balls and Q-tips
- Dog treats for our 4-legged soldiers
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serviceman/woman serving overseas.

"The brave servicemen and women of the United States Armed Forces protect our freedom and liberty every day," VMW President Joe Paladino said. "We at home enjoy those privileges due to their continuing hard work. God Bless America and the American Soldier."

"We receive many letters of thanks from the troops who receive our packages," Palladino added. "We would like to extend those thanks to all who have donated to our fundraisers. Our fundraising efforts would not be what they are today without you!"

VMW CH 20 is located at 2538 Fisher Hill Rd, Kennedy, NY 14747. To learn more call Melodie Paladino (secretary) at 716-450-6768, or Joe Paladino, (president) at 716-499-5821 or go to VMW CH 20 INC Jamestown on Facebook. Due to Confidentiality and Privacy Restrictions, they are not allowed to call and ask for soldiers' addresses. They are available if someone needs direction to services, someone to talk to, or just to see brothers and sisters with a common bond because they are or have been in a similar situation."

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Completion of a training program for practical nurses, current NYS licensure as a practical nurse (LPN) and 4 years of paid FT work experience in a human service or medical field.

## The Living Christmas Tree

*Article Contributed by First Covenant Church*

Ushering in the Christmas season the first weekend in December will be the 33rd annual performances of the Living Christmas Tree at First Covenant Church in Jamestown. This year the 65 voice choir, youth choir, orchestra, and pageantry will present "I Have Seen the Light" by Deborah Craig-Claar. The Christmas story will be told through this festival of Christmas music which is performed in a 30 foot high wooden structure constructed in the sanctuary at First Covenant. The community

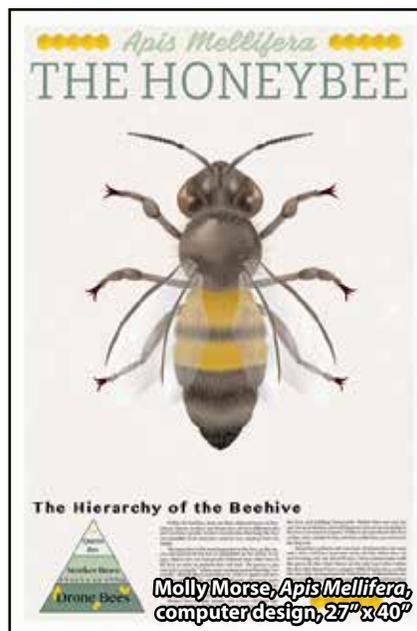
choir is directed by Brian Bogey with accompaniment by John Ireland. Nearly 150 volunteers gather annually to present this musical gift to the community.

The performances are Friday, December 1 at 8 pm, Saturday, December 2 at 5 and 8 pm, and Sunday, December 3 at 5 pm. Tickets are \$7 and may be purchased at: Ecklof's Bakery, Farm Fresh Foods, Lakewood Apothecary, Falconer Pharmacy, Peterson Farms, and Quilter's Haven. Online tickets are available at www.firstcovchurch.com for \$8. After November 29, tickets will only be available at the church located at 520 Spring Street in Jamestown.

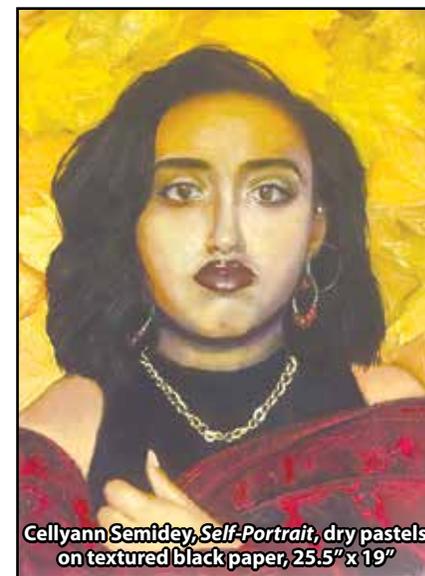
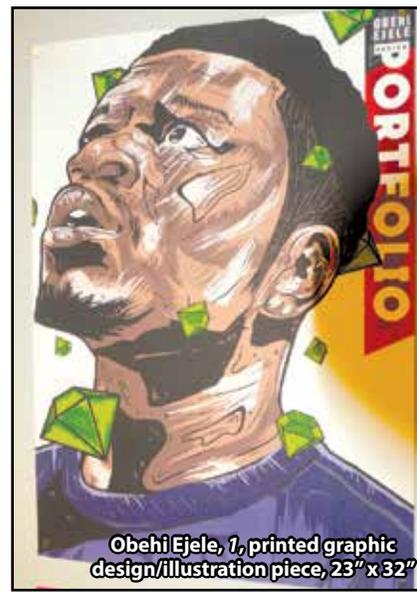


## Student Work Selected For Best Of SUNY Exhibition

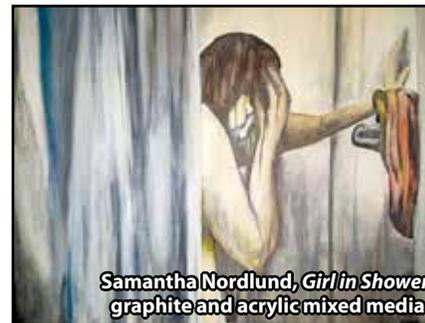
*Article Contributed by Jamestown Community College*



Works by Jamestown Community College students Samantha Nordlund, Ceilyann Semidey, and Molly Morse



of Jamestown, Morgan Anderson of Asheville, and Obehi Ejele of England were among the submissions selected



for inclusion in the Best of the State University of New York art exhibition.

Their work was chosen from entries in the fall SUNY Student Art Exhibition which is on display at SUNY Plaza until early 2018.

The Best of SUNY exhibition, which combines select pieces from the fall and spring shows, will open at the State Museum in Albany next May. The event showcases the most compelling works of art made by students attending SUNY campuses.

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# CORNUCOPIA TRIVIA

1. Which state flag is a cornucopia featured on?
2. What Latin saying is the word "cornucopia" derived from?
3. What holiday is the cornucopia associated with?
4. When does the cornucopia date back to?
5. What does the cornucopia serve as a symbol of?
6. What is a cornucopia usually filled with?
7. What is the cornucopia shaped like?
8. T/F: The coat of arms of Colombia, Panama, Peru and Venezuela, and the Coat of Arms of the State of Victoria, Australia feature the cornucopia.
9. What was the cornucopia originally made out of?
10. T/F: The cornucopia shows up in Greek mythology.

**ANSWERS:** 1. Idaho 2. "Horn of plenty" 3. Thanksgiving 4. 5 B.C. 5. Abundance 6. Seasonal fruits and vegetables 7. Horn 8. True 9. A real goat's horn 10. True



# When stroke strikes, seconds count.

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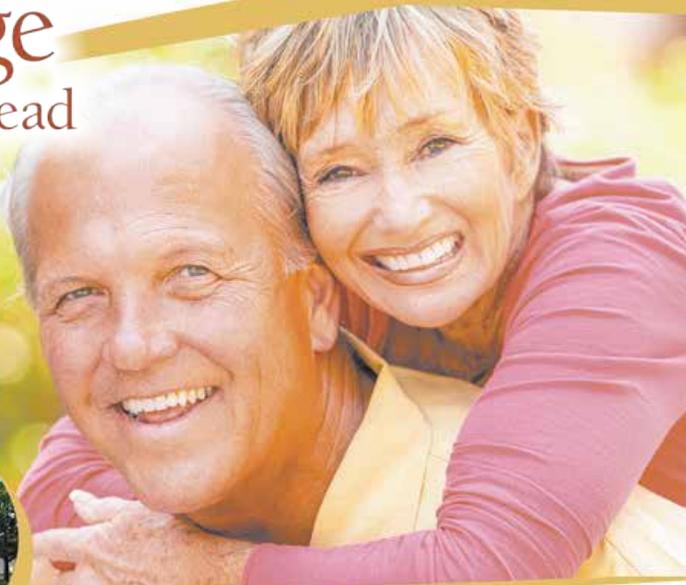
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**SUDOKU**

Edited by Margie E. Burke

Difficulty: Medium

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**HOW TO SOLVE:**  
Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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**WHINE OF THE WEEK!**

**Cat got your tongue?**

Why don't people return phone calls anymore? Is it the "TV syndrome" where you get so used to the off button you begin to treat people the same way, or the "Facebook disease" that lets you hit the "Unfriend" option without the unpleasantness of personal interaction? If I took the time to call and leave a message, you must be important to me, at least a little. Get it? So can't you spare even a minute to call back and, even if you are too busy to talk right now, say so and make a date to connect later? People who call you are... wait for it... people. I hope that's not a problem for you.



Submitted by: Opal Leeze & Howard M. Friends

**The Weekly Crossword**

by Margie E. Burke

- ACROSS**
- 1 Kept the faith
  - 6 Leave port
  - 10 "Now \_\_\_ this!"
  - 14 Rudimentary seed
  - 15 Untainted
  - 16 Christmas season
  - 17 Forgo
  - 18 Turkey neighbor
  - 19 Tap trouble
  - 20 Turn on the charm
  - 22 Tuesday before Ash Wednesday
  - 24 Back talk
  - 26 Notary's tool
  - 28 Drawing support
  - 29 Historic time
  - 30 Type of politics
  - 32 Mottled horse
  - 34 Pep up
  - 38 Self-denier
  - 41 Begun, as a hobby
  - 42 Ships' hazard
  - 44 Bird of prey
  - 45 Soften, in a way
  - 48 Feel bad about
  - 49 Go bad
  - 52 News source
  - 53 Gridiron play
  - 54 Batter's wear
  - 56 Eastern exercise
  - 58 Fix up
  - 59 Parade spoiler
  - 61 Kind of society
  - 64 Roulette bet

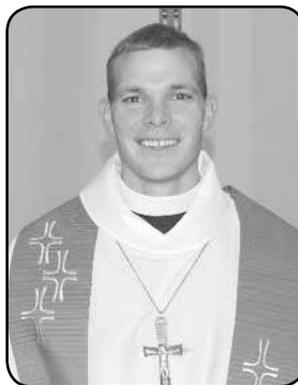
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38					39	40		41					
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67					68					69			

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- DOWN**
- 1 "\_\_\_ do you do?"
  - 2 Egg cells
  - 3 Equestrian event
  - 4 Keebler's crew
  - 5 Legal paper
  - 6 McCarthy's portrayal on SNL
  - 7 Golden
  - 8 One of the Gershwins
  - 9 Microscope part
  - 10 Flowering shrub
  - 11 Continental coins
  - 12 Breathing
  - 13 Force back
  - 21 Can. neighbor
  - 23 Listen, old-style
  - 24 Floral leaf
  - 25 Greet the day
  - 27 Clothing fuzz
  - 30 Road hazard
  - 31 Vacation locale, with "the"
  - 33 Sworn statement
  - 35 Deep-seated
  - 36 Z's, in code
  - 37 Fencing swords
  - 39 Electrified particle
  - 40 Work group
  - 43 It may be limited
  - 46 Mandarin, e.g.
  - 47 Chinese dynasty
  - 49 Piece of evidence?
  - 50 Pet \_\_\_
  - 51 Bygone
  - 53 Type of finish
  - 55 Sink pipe
  - 57 Some fish bait
  - 60 Long, long \_\_\_
  - 62 Mine yield
  - 63 Crater edge

**Faith Matters**

**Gratitude**



Contributing Writer

**Pastor Shawn Hannon**  
Hope Lutheran Church Arcade, NY

As I write this, the first flakes of snow are falling outside my office window. It's a certain sign that the seasons are changing, and, while I'm not quiet ready for the winter season (see the patio furniture still adorned for the 4th of July in my backyard), I am ready for the season of thanksgiving that kicks off our long winter months.

While the world is setting its eye on Christmas, I hope you may find ways in the next several weeks to dwell in gratitude. And if you are looking for a little direction into the best ways to express your thanksgiving, I thought I'd share two examples from the Bible on how best to give thanks and live graciously.

**Inheritance Into Offering:  
The Israelites**

After God delivered the Israelites from slavery in Egypt he promised to settle them in a land of milk and honey. For 40 years they wandered through the wilderness waiting for God to deliver on that promise, and then one day, God did. Imagine their joy. They were enslaved. They survived the Egyptians' attempted genocide. They were chased through the Red Sea. They lived for an entire generation as nomads. Then it happened. God gave them the land he promised, and they settled it. I suppose for many it would have been easy to forget the road that led them there. After all, most of the people didn't personally experience the worst of it. They could have simply carried on with their new lives. But that is not what they did. Instead, after inheriting the land they didn't act entitled. Instead they took the first fruits of their harvest—the best stuff they had, and they gave it back to God saying, "Now I bring the first of the fruit of the ground that you, O Lord, have given me." Then they celebrated God's bounty. They reminded themselves where good things come from, and then they gave them back.

gratitude is to turn the blessings God has given us into offerings that bless others. And do not simply give what's left over. Don't just round up your change at the check out line. All that stuff is fine, but the best way to express gratitude isn't giving what you can't or didn't use, but off the top. Give your first fruits. Your best stuff. And while that may seem hard, what makes it possible is remembering where that blessing came from. It's from God, and God is not through blessing you yet.

**Worship:  
The Essential Thank You Note**

My mother instilled in me as a child the necessity of sending Thank You Notes. Birthdays, Christmas, Graduations... every occasion that potentially meant gifts, meant I was already out stocking up on stationary. Thankfulness was complete only when it was expressed. But how do we express our gratitude for all that God gives us? For the roofs over our heads and the food on our plates? How do we say thanks for our families, for walking with us through illness, for forgiving us when we fail? I suppose a thank you note would be appropriate, but figuring out precisely where to send it would probably be an issue.

The good news for us is that we can save the postage. God isn't looking for a hand-written thank you note so much as grateful hearts and tongues of praise. Psalm 100 (stop everything you are doing and read the whole thing. It's short and it's a beautiful reminder of the shape of our worship) says, "...Enter God's gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name." The way we say thank you to God is through our worship.

As we journey into this season of blessing, my prayer for us is that we respond with our gratitude. As we do, may it take shape beyond #hashtags and instagram posts. If you're happy and you know it, you clap your hands. If you're grateful and you know it, you give, you worship, and you respond. And as you do, remind yourself that expressions of gratitude are not for the attention you might get, but because of the blessings God continues to give. And may God bless you with a very Happy Thanksgiving.

For more inspiration and insights from Pastor Scott and Pastor Shawn's past columns, please visit [www.jamestowngazette.com](http://www.jamestowngazette.com) and click on the Faith Matters page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.

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## Reg Lenna Center for The Arts Presents Sing A-Long-A Grease

Article Contributed by  
**The Reg Lenna Center  
For The Arts**

Reg Lenna Center for The Arts will present the audience participation movie event *Sing A-Long-A Grease* on Saturday, Nov. 18 at 7 p.m. The event features a screening of the 1978 movie musical "Grease" along with lyrics presented onscreen, a costume contest and more. Jamestown-area actor Adam Owens will serve as host for the evening. Reserved seating tickets start at \$6 for students aged 18 and under and \$12 for adults.

Audience members are encouraged to come to *Sing A-Long-A Grease* dressed as their favorite characters from the film, including T-Birds, Pink Ladies and other students and staff from Rydell High School. Before the movie, host Adam Owens - director of Lucille Ball Little Theater's "Little Shop of Horrors" and the man behind Edna Turnblad in Jamestown Community College's "Hairspray" - will guide ticket holders through the contents of a complimentary Fun Pack, lead them through several dance moves and shout-outs to be used during the screening and host a costume contest.

Marketing Director Len Barry said, "Based on our success with Sing Along With "The Muppet Movie" and our showings of "The Rocky Horror Picture Show," it was a no-brainer choosing to show what is arguably the most popular movie-musical of the last forty years. We're honored to have Adam Owens leading the festivities and to continue his fall streak of 50's and 60's inspired entertainment."

"Grease" - starring John Travolta and Olivia Newton-John - is based on the 1971 Broadway musical of the same name. The story revolves around two high school seniors in 1959 who rekindle a summer romance



Jamestown-area actor Adam Owens will host the Sing A-Long-A Grease.

despite challenges from their friends, teachers and out of school rivals. The soundtrack was a hit on radio with songs such as "You're the One That I Want", "Hopelessly Devoted to You" and "Grease" all charting at number one on the Billboard charts. *Sing A-Long-A Grease* will have a pre-show orientation and costume contest with Adam Owens beginning at 6:30 p.m. and an intermission in the middle of the movie.

Tickets to *Sing A-Long-A Grease* are reserved seating. Audiences are encouraged to purchase tickets ahead of the event. Tickets may be purchased by calling (716) 484-7070, online at reglenna.com and at our temporarily relocated box office at 215 Spring St. from 10 a.m. until 5 p.m. Tuesday through Friday and 10 a.m. until 2 p.m. Saturday. The main box office at 116 E. 3rd St. will open at 6 p.m. on Saturday, Nov. 18 before the scheduled 7 p.m. event starting time.

*Sing A-Long-A Grease* is sponsored by Comfort Inn of Jamestown, M&T Bank and New York State Council on the Arts.

## Hazeltine Public Library to Host Flu Shot Clinic on December 5

Article Contributed by  
**Hazeltine Public Library**

In partnership with Rite Aid Pharmacy the Hazeltine Public Library will be hosting a Flu Shot Clinic on Tuesday, December 5. From 12 p.m. - 2 p.m. representatives from the local pharmacy will be on hand to administer the flu shot. The clinic is

open to all ages, those planning on attending are asked to call the library at (716) 487-1281 to reserve a spot. Often insurance coverage is available for these shots so participants are advised to bring insurance cards with them. The Hazeltine Public Library is located at 891 Busti Sugargrove Rd., Jamestown, NY and features easy parking and handicap accessibility.

### JOIN ME IN THE KITCHEN with Vicki McGraw



Contributing Writer  
**Vicki McGraw**

Oh, my gosh, Thanksgiving is next week! How is it here so soon? Are you ready? Anxious? Overwhelmed? Or maybe a little bit of everything is running through your head these days. I know my mind starts spinning when I think of the fast approach of the holiday season. With so many things to do, places to go and expectations to be met, many of us miss the joy and of the holidays because we are so caught up in our to-do lists!

As I write this weeks' edition of Join me in the Kitchen, I have about a two weeks to prepare for Thanksgiving, and, as I always do, I have been making lists...shopping lists, guest lists, to do lists. I am lost without my lists! I am a traditionalist, so my menu will be just what you would expect...turkey with all the trimmings. I plan to buy my turkey this week. It is very important to allow sufficient time for your turkey to thaw completely. As I'm sure many of you have heard me preach before, you never want to leave a frozen turkey sitting out on the counter to thaw! That practice is an open invitation to bacteria growth and spoilage. The best method is to thaw your turkey under refrigeration, allowing one day refrigerated thaw time for every 3-4 pounds of turkey (for example, give an 18 pound turkey about 5 days in the fridge to thaw completely).

Included on my shopping list for this week are all of the non-perishables I will need for my holiday feast. Canned goods and baking ingredients can be bought ahead for day before preparation. I will wait until the beginning of next week to buy my fresh veggies and other perishables, but I will start my prep a couple of days ahead

of the big day. Potatoes (and other veggies) can be peeled and cut for later cooking, simply put them in a large container, cover with water and refrigerate until it is time to cook. Stuffing bread can be cubed, stored in a zip bag and frozen until the day before you need it. I actually like to do this any time I have "ready to toss" breads and rolls...you know the kind, past fresh enough to eat, but really too good to throw away! Whether it is just a single slice or roll, or half a loaf of bread, I simply cube it, place in a zipper bag and toss the bag in the freezer. The cubes work great for stuffing, but you can also use them to make homemade croutons, strata, or even to make breadcrumbs.

Because oven space will be at a premium on Thanksgiving, I like to use my crockpot and roaster to keep dishes like mashed potatoes and stuffing warm. Both of these dishes can be fully prepared the day (or two) before and simply reheated in the crock. And I have a great trick to warm my pies - the ones I baked the day before- back up!

After taking the last pans out of the oven and turning the oven off, I like to slide my pies in. The slowly cooling oven will warm our pie to a perfect temp while we eat our main course!

I always use my grandmothers' china for holiday meals, so this weekend I will get it out of the china cabinet and make sure nothing needs to be washed (or replaced) before I need it. Being the picky person I am, I will label all of my serving dishes with what will be going in them so that I don't have to scramble for a bowl or platter at the last minute. I will also make sure my favorite tablecloth is clean and ironed and that I have a stash of my favorite wines ready to serve when the guests arrive.

With a few lists and a bit of pre-planning, the day before Thanksgiving will be a breeze. By the time the big day arrives, all I will need to do is cook the turkey, warm the last minute dishes, open a bottle of wine, sit back and enjoy my family!

To read more of Vicki McGraw's commentaries on good cooking, fine recipes and perfect party treats, visit [www.jamestowngazette.com](http://www.jamestowngazette.com) and click on Join Me in the Kitchen's own page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.

### Robert's Favorite Smashed Roots

- 2 lbs white potatoes, peeled and cubed
- 1 large sweet potato, peeled and cubed
- 2 large carrots, peeled and cubed
- 1 small rutabaga, peeled and cubed
- 2 large parsnips, peeled and cubed
- 2 large turnips, peeled and cubed

- 1 whole garlic bulb
- Olive oil
- Salt and pepper
- 1-1 1/2 c milk
- 4 T butter

Cut top off garlic bulb, drizzle with olive oil and generously sprinkle with pepper. Wrap in foil and bake at 350\* for 30-45 minutes (until very soft).

While garlic is roasting, place all diced veggies in a large pot of salted water and boil until very tender.

Drain cooking water from veggies, squeeze roasted garlic into pot, add butter, salt and pepper and begin to mash (I like to use a potato masher rather than an electric mixer to achieve a "smashed" rather than creamy consistency). Add milk as necessary to achieve desired consistency.

This can be prepared a day or two ahead and simply reheated before serving.

## Youth Symphony Launches Fund Drive for 31th Season



At their November meeting, Chautauqua Regional Youth Symphony (CRYS) board members sent letters to previous and prospective contributors, asking for their support of the 2017-2018 season. Among those participating in the effort were (seated L to R): Marie Karbacka, Lana Huston, Tammy Lachner (CRYS Manager), Tim O'Brien, (standing L to R): Kathy Geary, Nancy Larson, and Michelle Carlson.

*Article Contributed by*

### **Chautauqua Regional Youth Symphony Board**

"We know that music changes lives, and we're excited to be part of that."

With those words, Nancy Larson, the newly-elected president of the Chautauqua Regional Youth Symphony (CRYS), talked about plans for the upcoming season and the importance of music education in a child's development.

Larson continued, "So many studies have shown the positive impact that music education has for children, from boosting reading and language skills to improving lifelong success. We're thrilled to be contributing to that process and welcome the community's support of our work."

At their November meeting, CRYS board members launched their annual fund drive for 2017-2018, the organization's 31st season. Letters were sent to previous contributors as well as to prospective donors.

Now with four local music teachers on the board, three of whom were CRYS students, CRYS is doing major outreach to other teachers in the area to recommend their students for participation in a Youth Symphony orchestra.

Following auditions on Saturday and Sunday, January 6-7, 2018, students will be placed in one of three orchestras: Prelude Strings for beginning string players, Young Artists Orchestra (YAO) for all orchestral instrumentalists, or String Chamber Orchestra for advanced string players. All the orchestras are rehearsed and directed by acclaimed conductor and performer Bryan Eckenrode.

Audition application forms can be found on the Current Musicians page at [cryouthsymphony.com](http://cryouthsymphony.com). They need to be completed by

December 15, 2017.

Weekly rehearsals for Prelude Strings begin on Friday, January 12, 2018, 4 to 5:30 p.m., at Christ First United Methodist Church on Lakeview Avenue in Jamestown. YAO and the String Chamber Orchestra begin rehearsals at the Reg Lenna Center for The Arts in downtown Jamestown on Saturday, January 13, 2018. YAO rehearses 10 a.m. to noon and Chamber Orchestra, 12:15 to 1:45 p.m.

Plans are being made for an intensive workshop in the spring as well as an enrichment trip for students to travel to hear a professional orchestra.

CRYS students pay tuition, but no one is turned away for inability to pay. CRYS receives essential funding from foundations and other organizations in the community. While parents, board members and students all participate in fund raising, support by individuals and local organizations and businesses is essential.

The Chautauqua Regional Youth Symphony shows appreciation for its contributors by recognition on its website and in printed concert programs. Donors can also receive complimentary admissions to the Spring Gala Concert that will be Sunday, May 6, 2018, at Chautauqua Institution's Elizabeth S. Lenna Hall.

Tax-deductible contributions to the Chautauqua Regional Youth Symphony can be mailed to P.O. Box 3454, Jamestown, NY 14702 or made on the Our Supporters/To Donate page at [CRYouthSymphony.com](http://CRYouthSymphony.com).

To learn more about CRYS and its programs for young musicians, call (716) 664-2465, ext. 202, email [chautauquarys@gmail.com](mailto:chautauquarys@gmail.com), or visit the website at [CRYouthSymphony.com](http://CRYouthSymphony.com) or the Chautauqua Regional Youth Symphony's Facebook page.

## EYE ON BUSINESS



Shabby Shrub owner Amy Pike

## Anything but Shabby!

*Article Contributed by*

**Lisa Yaggie**

Hidden gems are located all around Chautauqua County. You need to check out this one before the Holiday season! The Shabby Shrub, owned and operated by the captivating Amy Pike, is located at 4736 Cramer Drive in Ashville. Amy's antique boutique is a home decorating/furnishings shop and offers up stylish choices in the farmhouse, industrial, and nautical themes. With the rise in popularity of certain HGTV shows that focus on remodeling and decorating, this store offers locals the chance to get in on the current decorating trends.

Open since late spring, her stock continues to grow and new customers discover Amy's passion for decorating. When asked how she got started in this business, Amy replied it was two-fold. She and her handy husband, Josh, were remodeling their own home and she quickly realized that she had fallen in love with designing and decorating, especially with the current trends. Even though she had experience selling children's bedroom furniture and décor on ETSY, Amy gives a nod to this passion way back into her childhood. She clearly remembers pouring through the thick JC Penney catalogs and spending hours picking out items that she would use to visualize redecorating her home. She also fondly remembers a shed that she and her dad built and repainted for her to use as her "castle".

Amy either locally sources many of the items in the shop or creates them herself. She says that she can literally find items anywhere and can repurpose them into delightful home pieces. She named "Miss Mustard Seed Milk

Paints" one of her decorating heroes! This line of paint can transform your older antique pieces, or maybe that family hutch that you keep moving around from room to room, into a show piece! Amy giggled when she was telling the stories of a couple of the "cutest men" who will bring her items they have found and apprehensively ask her if she can make something out of them. She then pointed to amazing wire cage light pendants hanging in the shop as perfect examples of just that kind of creativity.

Amy, with a Masters in Psychology, is also thrilled with an unexpected bonus to following her passion. She loves that she can pass on the message of Women Empowerment. It goes beyond being a woman-owned-business in that some of her items directly foster that ideal too. For example, a fan favorite is a t-shirt that reads, "Boat Hair ~ Don't Care". What a great message to girls that having fun and not worrying about appearance is what's important. "Goodnight Stories for Rebel Girls" is a book she offers for sale. These are real life stories about cool chicks – not just your traditional waiting-for-my-prince to come kind of tales.

It makes her heart sing to know that women are gifting or decorating with the objects she has chosen or created. Plans for the future include on site instructional classes on different topics such as milk paint techniques and floral arranging. The Shabby Shrub is open Tuesday to Saturday, from 10 a.m. until 5:30 p.m. They will open this season through Christmas for your holiday shopping. Amy's hand-made ornaments are sure to win a spot on anyone's shopping list.

To read more articles featuring local businesses around the area, please visit [www.jamestowngazette.com](http://www.jamestowngazette.com).



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# Gifts for Avid Hunters, Anglers and Outdoorsmen

Article Contributed by  
**Metro Creative Connection**

The U.S. Fish & Wildlife Services' 2011 National Survey of Fishing, Hunting and Wildlife-Associated Recreation unveiled that more than 90 million United States residents aged 16 or older participated in some sort of wildlife-related activity that year — the most recent year on record. Wildlife recreationists spend nearly \$150 billion per year on their activities. With this in mind, those who have hunters, anglers or outdoorsmen on their holiday shopping lists may find that gifts facilitating these specific pursuits can be the ideal fit this holiday season.

Rather than scouring the mall for hours, a visit to the nearest sports outfitter can yield a bevy of appropriate gift ideas. For some inspiration, consider these gifts for the outdoor enthusiast.

- Binoculars: Scoping out territory and looking for game is often part of the hunt. A set of durable new binoculars can give hunters an edge.
- Heated shoe insoles: Hunting and fishing often require long wait periods — sometimes in chilly weather. Heated shoe insoles and hand warmers can keep outdoorsmen warm.
- GPS/digital watch: Although many smartphones tell time and offer GPS services, lightweight watches may be more convenient than phones. For

example, the Garmin Fenex Watch is waterproof and offers such functions as GPS, an altimeter, barometer and a digital compass.

- All-season tent: Camping out is not just a summer activity. A tent that is rated to withstand various temperatures and conditions can be an asset.
- Waders: Anglers sometimes need to get up close and personal with their prey. A sturdy pair of breathable waders is ideal for those who venture out of the boat or off of the coast.
- Wool socks: They may be a basic item, but hikers, hunters and other sports people can't stock up enough on warm, sweat-wicking wool socks that will keep their feet comfortable and dry on all

excursions.

- Folding knife: Knives are ideal for cutting fishing line, twigs for a campfire and much more. A sturdy, quality knife that fits easily in a pocket or backpack is a must-have for hunters, campers and anglers.
- Water-resistant pouch: A day on the boat or near the water requires gear that can get wet without soiling items stored inside. Choose a pouch that can fit a camera, keys, phone, and other necessities.
- Climbing stand: Hunters frequently spend time up in the trees to get a better view of oncoming game. Stationary tree stands may remain for the season, but lightweight offerings fold and can be transported from area to area.



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## Incubator to Host Hispanic Networking Event



Article Contributed by  
**The State University of  
New York at Fredonia**

The Fredonia Technology Incubator will host a Hispanic entrepreneurial networking event, designed to engage with local Hispanic entrepreneurs, provide an opportunity to network with other business owners, and learn about entrepreneurial support and services provided by the incubator, on Wednesday, Nov. 15, from 4 to 6 p.m.

Dunkirk Mayor Willie Rosas will speak at the gathering. Successful entrepreneur Matt Cortes, co-owner of AAL-In Transport, LLC, and an incubator client, will be a featured speaker. Attendees must register online or on the incubator's homepage at [www.fredonia.edu/incubator](http://www.fredonia.edu/incubator).

Community leaders, entrepreneurs, incubator clients, Fredonia students and faculty and interested community

members are encouraged to attend the free event. An array of ethnic food, including beans, rice, pork, chicken and tamales, will be catered by Taqueria Mexicana.

"This is a great opportunity for entrepreneurs of all sorts to get things moving," Mr. Cortes said. "Over the last six months, with help from the incubator, our startup company has accomplished significant growth." Cortes will speak to overcoming the risk that comes with starting a business.

AAL-In Transport is a medical livery service that offers affordable transportation to residents in the region for various appointments. Since becoming an incubator client, the company has been transporting up to six passengers per ride to cities in New York as far as Buffalo, Jamestown, Rochester and Erie, Pa. AAL-In Transport also provides transportation for Fredonia students.

## Another 90th Birthday Celebration Held at Office for the Aging's Westfield Senior Dining Site



(L to R): Back row: Frankie Rothwell, Lucile Inwood, Jean Young, Roselyn Davies, Becky Blum, and Pam Raymond. Front row: Mary Cogliano; Birthday Girl, Dee Kaufman; Audrey Wilkinson; and Sylvia Colby.

Article Contributed by  
**Chautauqua County  
Office for the Aging**

On November 7, 2017, participants of the Office for the Aging's Senior Dining Site Program at the Westfield YMCA celebrated the 90th Birthday of Dee Kaufman, who is a longtime participant of the program.

The birthday party, which followed a lunch of ravioli or chicken salad sandwich, was organized by Site Manager Frankie Rothwell.

"This is our second 90th Birthday celebration this fall," said Rothwell. "These ladies come to the Dining Site each Tuesday to enjoy getting together, eating a good meal and playing cards."

Office for the Aging serves noon meals at several sites throughout the county. Seniors age 60 and over can enjoy not only a delicious and nutritious meal but fellowship, recreation and educational opportunities. Reservations are required. For more information, call NY CONNECTS at (716) 753-4582.

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# Elections and Transitions

[8 years] I can recall only one vote out of hundreds of resolutions that divided cleanly along party lines," Borrello told the Gazette. "As far as I am concerned

### Continued from Front

there were no partisan considerations. We have done whatever we think is in the best interest of all the people." Nevertheless, strong opinions often differed on which directions to take and which methods to try.

"But I don't think we can lose this year," said a local citizen named Bill [last name withheld] at one of the major party election night gatherings. Similar observations were heard in both camps in spite of strong favorites. "We can't really lose this time because both are really good men, though Republican George Borrello and Democrat Mike Ferguson definitely do have different ideas about how to run this county."

As a result, personalities may be as important as political parties in setting the course Chautauqua County will follow in the next 4 years even though the party at the helm remains the same. We investigated how much Borrello's election might "rock the boat" in transition from County Executive Horrigan's programs and his tenure at the helm.

"The whole idea of the transition is to maintain stability...[even if] you change to a policy direction of the winning candidate," says Stephen Wayne, a professor of government at Georgetown University.

### Transition Team

"Some people have the impression that when somebody wins an election they go away on vacation for a month and a half," Borrello said, "and then they show up on day one, January 1, 2018 and say, 'OK. Here I am!'"

"Anyone in my position, and I am sure Mike [Ferguson] would say the same, actually starts working with individuals and committees and commissions on the very first day after the election. It takes a whole transition team just to be ready to take the job."

According to political scientists, the best practice for a transition team following an election is to ensure governing is completely separate from campaigning.

"One of the problems with keeping your campaign team on to govern," Borrello said, "is the pressure for patronage, pressure to reward campaigners or campaign donors with positions of influence or power in the new administration. I am totally opposed to that. If somebody in a certain position is already doing an outstanding job, no matter which party they belong to or who else wants that job, they are staying."

"We have changed the temptation to do whatever is in the best interest of politics to the commitment to do whatever is in the best interest of the people," he explained.

### To Keep or Kill

Transitions can be tainted by shifts in and out of programs, by ending some, keeping others and starting entirely new ones.

"At this point there is not anything that I have seen that I would bring to an end," Borrello said. "But there may be ways I would like to realign resources. There are certainly things that County government is involved with, certain initiatives that I wanted to achieve as a legislator, that as County Executive I may need to realign resources to achieve."

"Realigning resources" naturally translates as shifting money and personnel in the minds of many voters and county employees. "That doesn't mean that I may end certain programs that we have already made the focus of certain programs and initiatives," Borrello said. "Vince and I have already worked together for four years, along with his entire term. That's going to make it a lot easier, in my opinion."

"There is the Countywide Alliance for Enforcement and Rehabilitation (CAER) initiative which will fight the ongoing and growing drug crisis, for instance, and some of the other initiatives that I have wanted to start," Borrello said. These appear to be an expansion rather

than a change in programs already put in place by Horrigan. "I am talking to people now who can advise me on who should be put in some of the positions for that program," Borrello added.

### Business Plan

Chautauqua County is a nearly \$280 million annual operation with approximately 1,260 employees. Candidates and voters on all sides of the political spectrum, at least six political parties are active within the county, agree that this must be run well, efficiently and economically.

"I look at this as being the CEO of Chautauqua County. The legislature is the Board of Directors and the people of Chautauqua County are the shareholders," Borrello explained. "As the CEO our responsibility is ultimately to the shareholders. Even though this is not a business there are business fundamentals that are important to successful operation of any organization, including Chautauqua County."

Though Republicans and Democrats are the only parties represented in the County legislature just now, many of the elected officials have also been endorsed by other parties as well. Voters and candidates who favor Women's Rights, Working Families, Conservative, Independent or other Parties agree with this basic model or prefer a different structure or philosophy may wish to use the transition period to contact the winning candidates who also had their support.

"In the case of this transition period, I've already begun talking to a cross-section of people, not only the people in our current government," Borrello said.

### Top 10 Lists

County administration in Mayville will definitely change in 2018. "I'm going to be meeting with the county department heads," Borrello said. The County Executive has asked them to each give me a "top 10 list" of issues that they would like to see me and those department heads work on right at the beginning. A new executive should have a good understanding of where they are right now in day-to-day operations.

"Our goal is to control the budget," Borrello said. "The people doing the job are in a good position to report on the accomplishments and the needs for resources."

### County/Town Collaborations

"The county needs to take, as we have, a leadership role in better, more efficient government in the cities and towns," Borrello said when asked whether he sees a county role in issues like the difficulty Jamestown and other municipalities are having in preparing a balanced budget. "Consolidating and sharing services is the quickest path to saving money for the taxpayers. You do that by reducing the cost of government."

Some expensive promises were made, for instance in the case of pensions and health benefits, in the past by Jamestown, "...but those promises have to be kept," Borrello said. "That is out of Jamestown's control. But what is in their control is service delivery in a more efficient and regional manner." This is a complex issue, but Borrello sees a proactive role for the county in helping to resolve such matters.

### Last Thought

"On the whole, I believe we are on a good path and now we just have to take it to the next level," Borrello said. "But there are initiatives we can take that might require realigning resources to do that. Even though government is different from business, in both places you work with people you can trust. And some of the biggest allies I have had, actually, are people other than Republicans."

"It is the interest of the people that unites us more than political dogma. I am optimistic about what we will all achieve together."

### Stay Tuned

Jamestown Gazette readers are invited to stay tuned to <http://www.co.chautauqua.ny.us/> and to stay engaged with elected officials throughout the county. Promises made need to be checked for promises kept to steer the ship government safely and stay the course the voters set.

# Mental Health Association Outreach to the Spanish-Speaking Community

Article Contributed by  
**Mental Health Association in Chautauqua County**



The cover story in the recent Mental Health Association in Chautauqua County (MHA) newsletter tells the story of certified peer specialist Luis Rosa. The Puerto Rican native's dual language skills have enabled the MHA to extend their services to many Spanish-speaking members of the community.

Thanks to the Spanish language skills of Luis Rosa, a Certified Peer Specialist trained in Recovery Coaching and a Certified Mental Health First Aid trainer, 74 Spanish-speaking participants got connected to resources during the last fiscal year of the Mental Health Association (MHA) in Chautauqua County.

Rosa's story is featured on the cover of the MHA's Fall 2017 Newsletter. It tells of his journey from the Bronx back to his native Puerto Rico, his subsequent schooling at Columbia University in New York City, and his eventual settling in Jamestown. Downturns in his life led to substance use disorders, till he found his way through support at the MHA, where he can now help people who might otherwise go unaided.

Of the Mental Health Association, Rosa says, "If I had to start all over again, I would start here." Pointing out that participants come back even after they are out of a crisis situation, he said, "I like

this place because I'm helping others. I encourage them: 'I did it, you can, too.'"

The newsletter also describes Sen. Kirsten Gillibrand's visit to the MHA, Mental Health First Aid Training, and collaborations with the Community Alliance for Suicide Prevention, A Fresh Start, St. Luke's Episcopal Church, and Jamestown Community College's Occupational Therapy Assistant Program.

Another piece explains the Adverse Childhood Experiences (ACE) score, a tally of different types of abuse, neglect, and other hallmarks of a rough childhood. The ACE study found a stunning link between multiple stressful events in childhood and chronic diseases, as well as social, emotional and behavioral problems.

The newsletter can be read in its entirety on the MHA website by clicking on "Read Our Newsletter" at [mhachautauqua.org](http://mhachautauqua.org).

The Mental Health Association is located at 31 Water Street, Door 14, in the rear of the Gateway Center, in Jamestown, New York. More than two dozen peer support groups meet there every week,

with focuses including Veterans, Jobs, Spanish Language, Women's PTSD, AA Living Sober, Parents in Recovery, and many more.

The MHA works in collaboration with local treatment providers, other non-profits, and treatment courts to help participants be successful in attaining their goals. In an accepting environment, it provides recovery coaching by certified peer specialists as well as support groups and classes.

There is no charge for any of the MHA's services or programs.

To learn more about the MHA and its many programs, call (716) 661-9044 or visit [mhachautauqua.org](http://mhachautauqua.org) or [facebook.com/MHACHautauqua](https://facebook.com/MHACHautauqua). A list of support groups and classes is at [mhachautauqua.org/services](http://mhachautauqua.org/services).

Anyone with questions or in need of services for themselves or a family member is welcome to call or stop in. Hours are Monday, 8:30 a.m. to 7 p.m.; Tuesday, Wednesday and Friday, 8:30 a.m. to 4 p.m.; Thursday, 8:30 a.m. to 8 p.m.; and Friday and Saturday, 9 a.m. to 2 p.m.

## A Frank Talk with Southern Airways Express

Continued from Front

pilots are getting through the training process. Our pilot corps was down to 24 pilots serving nine communities in New York, Pennsylvania, Maryland and West Virginia. A lot of airlines our size went out of business because of it.

We know we have upset some regular passengers in the past because we did not deliver the product. In the last year, we had to cancel a lot of flights due to the lack of pilots. We got a pretty bad reputation in town because of it. People would book their travel with us but then could not get a plane to Pittsburgh and make their connections. It has been a bad year.

**JG:** What did you try first?

**SAE:** Sometimes we provided rental cars or a shuttle or moved a plane from Bradford, PA to pick up a couple of passengers here on the way to Pittsburgh. We looked at all kinds of ways that we could help the passenger. We spent over \$1 million in the past year across our system on passenger accommodations. We think we created some good will by attempting to do that.

**JG:** How have you solved the problem?

**SAE:** We became the most innovative airline in the country in fixing the national pilot shortage for our operation. Instead of competing with the big airlines for pilots, we partnered with them. We both needed new, young pilots.

We partnered with Mesa Airlines, an airline that has contracts with American Airlines. They hire our first officers from day one. A new first officer at Southern

is also a Mesa pilot. We just keep them an extra 6 months as captains after we fully train them, then we send them all to Mesa. Next year we'll send them 24 pilots, where before they were getting just about zero. Mesa and Southern both gain.

We've also hired retired pilots as captains. This places a seasoned pilot who has experienced just about everything there is to experience in the air into the seat beside a young pilot. Our pilot training is very impressive. Only pilots who are already licensed can enter our program, which includes intensive ground school, flight simulators and operational training. Our first officers can enter training with no less than 250 hours of flight time. A captain's rating with us requires 1,200 hours in the cockpit.

### The Big Fix

Because of this, we quadrupled our pilot core in the last year from 24 pilots to almost 100. As of about three weeks ago, that has solved our problem, and we did it with the most innovative program in the country dealing with the national pilot shortage. Southern Airways Express is now the second largest commuter airline in the United States.

**JG:** Is that on paper, or are we really seeing results?

**SAE:** We are running a perfect 100% schedule out of Jamestown so far this month. That's four flights per day to Pittsburgh with nine seats per flight. We fly 26 flights per week here, counting a lighter schedule on weekends. Every passenger who was booked for the month

of November out of Jamestown has flown.

We also know that about 90% of the people in the community have never given us a chance. For those people we really want to tell them, "We have a good operation now. We would love to have you come and give us a chance.

Pittsburgh is the hub for Jamestown, NY, Harrisburg, Bradford, Franklin, Altoona, Lancaster, DuBois, and Johnstown in PA, Hagerstown in Maryland and Morgantown in West Virginia. The "Pitt-Connector" links passengers from all those communities to American, United, Delta, Spirit, Southwest, and other major airlines in Pittsburgh.

**JG:** What makes Jamestown so important to you?

**SAE:** The Pitt connector is a three-way partnership between the Pittsburgh airport, Southern Airways, and the hometown communities we serve. Maintaining that network is important when it comes time to bargain for the government contracts. We are required to maintain outstanding service.

The national Essential Air Service (EAS) program was developed to guarantee that small communities could maintain scheduled air service with access to the National Air Transportation System by subsidizing service to a large-hub airport, in this case, Pittsburgh. The Department of Transportation (DOT) currently subsidizes commuter air carriers like Southern Airways in 115 communities in the lower 48 states that otherwise would not have any scheduled air service.

**JG:** What kind of planes do you fly?

**SAE:** We fly the Cessna Caravan 208, a fantastic plane for commuter operations. It has nine leather upholstered seats behind the pilots – every one is both an aisle seat and a window seat – and a big cargo pod. Luggage is never an issue. Flight time is about 55 minutes to Pittsburgh. It is a very convenient service. We have a fleet of 21 airplanes and we run 106 flights every day.

### Ticket Sale

**JG:** What's next for Chautauqua County fliers? We understand you have a very attractive price point right now.

**SAE:** We are doing a fare sale for everybody in the community. One-way tickets are \$20.17 and they can be purchased the same day as the flight – zero advance purchase required. Just purchase a ticket by the end of November. It is good for any flight between now and the end of January. That's perfect for holiday travel.

**JG:** Thank you Mr. Sisson for your time and your candor. Do you have a last comment?

**SAE:** We have fixed the problem. We are not simply *planning* to run a good operation. The Chautauqua County Airport is a key to the county's prosperity and we are ready and proud to become a vital part of that.

### Learn More

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NATURAL HEALTH with Jeffrey Barkstrom

# Healthy Heart



Contributing Writer  
**Jeffrey Barkstrom**

I just did an internet search for healthy heart diet and at the top of the search results were ads for two types of cereal and a weight loss system that includes eating ice cream, pizza and pasta. If we go beyond the advertising, what does the research actually say is good for our heart?

Recent research points to inflammation as the key in heart attacks and strokes. Last year the FDA announced that inflammation, not cholesterol was the major cause of heart disease.

Inflammation can be caused by a variety of factors. Stress and food are the main inflammation culprits.

Stress releases hormones such as cortisol that raises inflammation in the body by causing the body to release chemicals like cytokines that up regulate inflammation in the body. Body practices such as meditation, yoga, acupuncture and mindfulness reduce these stress hormones and bring back balance to the body.

Many foods are inflammatory. Trans fats and high carbohydrate (simple and complex) foods are the biggest inflammatory food culprits. Many processed foods contain all three of these bad things.

Trans fats have been found to increase inflammation in the body systemically. Trans fats are very common in processed foods such as baked goods like cakes, pies, cookies, biscuits, crackers, doughnuts and

pizza, but it is also found in things such as candy and fried foods. An interesting fact: processed foods can contain trans fats and still not put them on the label if they are below a certain level.

Simple carbohydrate foods are foods with added sugar, high fructose corn syrup, maple syrup, honey and agave. Sugars were found to added to over 80% of the foods available at grocery stores. To avoid foods with added sugar look for less processed foods such as meats, fish, veggies and nuts.

Foods high in complex carbohydrates are mainly foods made out of grains. Common high complex carbohydrate foods that most people eat on a daily basis are cereals, breads, pizza and pasta.

Anti-inflammatory foods are most herbs and spices, fresh vegetables, fruits, nuts and seeds. The top anti-inflammatory foods are ginger, turmeric, green leafy vegetables, celery, beets, walnuts, chia seeds, coconut oil, blue berries and salmon.

The average American can easily have 80% or more of their daily food intake be the inflammatory foods mentioned above. Change in lifestyle is difficult to implement all at once but is best achieved by making small changes every week. At our office, we help patients to make these small lasting changes with the correct whole food supplement protocol that is designed by what the body needs to promote healing. If you would like to learn more, please feel free to join us at one of our free workshops or call 716-665-5015 to book an evaluation.

*Jeffrey Barkstrom has been helping people with health and weight loss issues for more than 12 years. He has spoken at colleges, businesses, non-profits, national conferences and on television about the benefits of a healthy lifestyle. He currently practices at Barkstrom Acupuncture PC, Natural Health Improvement Center in Jamestown, NY. Learn more at [www.barkstrom.net](http://www.barkstrom.net) or at [www.jamestowngazette.com](http://www.jamestowngazette.com).*

## Infinity's 19th Birthday Party

Article Contributed by  
**Infinity Visual and  
Performing Arts, Inc.**

On Friday, November 17, 2017 Infinity will celebrate 19 years of youth programming in Chautauqua County!

Join Infinity for a birthday celebration at the Infinity Arts Café, on Friday, November 17 at 7:00pm, featuring

live musical performances by Infinity students and instructors.

The Infinity Arts Café performance entrance is located at 300 East 3rd Street, through the doors to the old post office. Look for the signs and the neon guitar!

Email:

[info@infinityperformingarts.org](mailto:info@infinityperformingarts.org)

Website:

<http://www.infinityperformingarts.org/>

## Choral Masterwork Concert Featuring Vivaldi's "Gloria" Scheduled for November 17



St. Luke's Vivaldi's Gloria

Article Contributed by  
**St. Luke's Episcopal Church**

The Festival Choir of St. Luke's Episcopal Church will present its 7th annual Choral Masterwork concert on Friday evening, November 17th at 8pm. The annual event is held each year on the Friday before Thanksgiving, and traditionally features a major choral work for a special evening performance. In past years, the choir has sung major choral compositions by Bach, Handel, Rutter, Schubert, and Mendelssohn.

This year's presentation will feature the magnificent "Gloria" by the Italian composer Antonio Vivaldi (1678-1741). Vivaldi's music, considered a perfect example of the Italian Baroque style, influenced both Bach and Handel, yet it has a certain lightness that sets it apart. As the musicologist David Crawford has said, "No trace of anguish can be found in music like this. Even in the face of hardship, the ethos of playful optimism remains."

St. Luke's Festival Choir is made up of regular choristers from St. Luke's with the addition of several guest vocalists

from the local community. For the first time the concert will feature a Guest Conductor, Mike Nichols, a friend of Schmidt who studied choral conducting at Fredonia State College. Soloist for the evening will include Marika Koch, Catherine Way, Anne Ecklund and Ruth Yancey-Walton.

Schmidt is pleased to present this particular musical selection this year, as it is an encore performance for the choir.

"Gloria" is a work which I feel very sentimental about because it is the piece which our choir performed in our very first big choral concert back in 2011." Schmidt says. "At the request of several of our vocalists, I have decided to repeat this beautiful and uplifting work for this year's concert."

The concert will be held at St. Luke's, 410 North Main Street, corner of Fourth and Main, Jamestown. Admission is free and there will be a short reception following the performance in the church's newly refurbished undercroft. For more information, please call the church office at 716-483-6405.

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## Fluvanna Free Library to Host Service Appreciation Reception

Article Contributed by  
Fluvanna Free Library

The Fluvanna Free Library will host a Service Appreciation Reception honoring those who protect and serve. Past and present military personnel as well as fire, rescue and law enforcement personnel are invited to attend to share stories, fellowship and enjoy refreshments provided by the library. Library Director, Lynn Grundstrom commented that our military and first responders are incredibly important

to all of us and we at the library, want to take the opportunity to thank them personally for their service, heroism and continued support and protection.

The Appreciation reception is Saturday, November 18 from 11-2. For more information, please call or stop by the library during normal business hours. Our open hours are Monday-Friday 10-6 and Saturday 10-2. The library's phone number is (716) 487-1773. The Fluvanna Free Library is located at 3532 Fluvanna Avenue Ext., Jamestown, NY beside the Fluvanna Fire Department.

## HOPE Chautauqua and CASAC Bring Youth Event to Chautauqua County

Article Contributed by  
Chautauqua Alcohol & Substance Abuse Council

HOPE Chautauqua's Youth Advisory Committee, an initiative of Chautauqua Alcohol & Substance Abuse Council, will be holding a Youth Power of Potential (POP) vent for all middle and high school students, their parents, and anyone who works with youth. The event will be held at the Reg Lenna Center for the Arts, 116 E. Third Street, Jamestown on Thursday, November 16th from 6:00 – 8:00 pm.

Students from the Dover Police Department's Youth to Youth Program will be presenting "The Power of Youth Advocacy". This team of students travels across the country presenting their prevention efforts through media productions, presentations at schools, conferences, community and school awareness programs. This peer-based, youth empowerment program is organized and aggressively participate as part of the solution to the drug & violence problem.

Over the past 25 years, hundreds of Dover kids have participated in Youth to Youth. Those students have created over 100 radio public service announcements, produced dozens of videos, proposed and passed 7 city ordinances and 3 state laws, and conducted hundreds of awareness projects. Currently, 60-70 students meet each week on several action teams to plan various substance abuse prevention activities. Youth to Youth presentations reach over 3,000 youth and adults every year. As a result, Dover Youth to Youth has been the recipient of many national and state drug prevention awards. In May 2015, the group was selected to receive the Advocate for Action award from the

White House Office of National Drug Control Policy.

Hope Chautauqua has invited these students to Chautauqua County to provide the featured presentation at this event. There is nothing new about the idea of youth participating in substance abuse prevention activities in a community or, more commonly, in a school environment. However, the impact on the community, and themselves, is like no other.

Additional presentations will be provided by HOPE Chautauqua's Youth Empowerment Program and CASAC's Awareness Theatre. There will be basket raffles, door prizes, I-pod give-a-ways, selfie stations, and a resource fair.

Come and join us for this fun and exciting event and see how youth are a vast untapped resource in the effort to prevent the harm from underage drinking and other issues. Youth empowerment will be demonstrated at its finest! This peer-based, youth empowerment program is organized and aggressively participate as part of the solution to the drug & violence problem.

Since 1974, CASAC, a not-for-profit United Way community partner, has been dedicated to providing prevention education and community awareness pertaining to alcohol and other drugs. CASAC is the only New York State Office of Alcoholism & Substance Abuse Services (OASAS) approved and supported alcohol and other drug prevention agency in Chautauqua County. CASAC is one of forty community based councils across the state and one of over two-hundred nationwide. For more information about CASAC's prevention programs call 664-3608 in Jamestown, 366-4623 in Dunkirk, or go to CASAC's website at: www.casacweb.org.

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## You Are Invited to Audubon Nature Play Day Sunday, November 19

Article Contributed by  
Audubon Community Nature Center

Audubon Community Nature Center invites you and the young one(s) in your life to explore unstructured outdoor play in a safe environment and learn how to continue the nature play experience at home.

On Sunday afternoon, November 19, 2017, you can come and play outside with a naturalist and enjoy a Nature Play Day.

Children aged two to eight and their favorite grownups can drop in Audubon's Nature Play Area anytime from 1 to 4 p.m.

Extra materials will be placed in the play area such as mud kitchen equipment, hammocks, weaving material or natural building materials. A naturalist will be present to answer questions and provide information.

Unstructured play outdoors is beneficial to a child's physical and mental development as well as their understanding and appreciation of the natural world. However, concerns about safety, location, materials and the value of play are often barriers in creating these experiences. This program aims to inspire both kids and adults to make discoveries and feel more comfortable about the natural world through play.

Children can play as long as they like as long as their adults stay with them. Parents may want to bring a chair, snack and water or a warm drink.

Children need to be prepared to play outside, wearing clothes and shoes that can get dirty. You may want to bring an extra change of clothes or a towel for the car ride home.

Fee is \$6 per child, ages two to eight; no charge for adults. Pay on arrival or online through the Programs page at auduboncnc.org.

Audubon education programs are funded with support from the Carnahan Jackson Foundation, Jessie Smith Darrah Fund, Holmberg



Audubon Community Nature Center invites two to eight year olds and their favorite adults to Nature Play Day outdoors on Sunday afternoon, November 19. Your child may enjoy gathering up evergreen branches like the girl pictured here.

Foundation, Hultquist Foundation, and Lenna Foundation.

Located at 1600 Riverside Road, one-quarter mile east of Route 62 between Jamestown, New York, and Warren, Pennsylvania, the Audubon Community Nature Center has more than five miles of beautifully maintained trails on a 600-acre wetland preserve. Its three-story building, open daily, houses the Blue Heron Gift Shop and a collection of live fish, reptiles, and amphibians. Interactive displays focus visitors' attention on ways to celebrate nature hands-on. One of the most visited exhibits is Liberty, a non-releasable bald eagle, in her outdoor habitat.

To learn more about Audubon and its many programs, call (716) 569-2345 or visit auduboncnc.org.

Audubon Community Nature Center builds and nurtures connections between people and nature by providing positive outdoor experiences, opportunities to learn about and understand the natural world, and knowledge to act in environmentally responsible ways.

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## Friends & Colleagues Honor Persell Middle School Teacher Karen Harp Czysz



Friends and colleagues of retired Persell Middle School teacher, Karen Harp Czysz, recently gathered to plant a tree in her memory outside of her former classroom with the help of Forestry Consultant Bruce E. Robinson. Not pictured is Jamestown City Arborist Dan Stone who helped facilitate the tree planting.

### Article Contributed by Jamestown Public Schools

Friends and colleagues of retired Persell Middle School teacher, Karen Harp Czysz, recently gathered to plant a tree in her memory outside of her former classroom. Mrs. Czysz was an esteemed one-of-a-kind friend and teacher who taught thirty-one years in the Jamestown Schools and seventeen years at Persell Middle School. She passed away in April.

The tree planting was facilitated with the help of Jamestown City Arborist

Dan Stone and Forestry Consultant Bruce E. Robinson. The tree is a unique species in the City of Jamestown named *Stewartia pseudo-camellia* and will flower in white blossoms.

“What I remember most about Karen is her passion – passion for her students and passion about life,” said Persell Middle School Principal Phil Cammarata. “She loved Persell Middle School and the people in it. Karen was a great woman and it is a tremendous loss for our community but this tree will provide a beautiful memory of Karen for years to come.”

## The Importance of Food Safety

Article Contributed by  
Cornell Cooperative  
Extension of Chautauqua  
County

Cornell Cooperative Extension of Chautauqua County's Expanded Food & Nutrition Education Program (EFNEP) along with the Partnership for Food Safety Education team (PFSE) are working together to educate consumers on the importance of food safety with the fundamentals of Clean, Separate, Cook & Chill.

A delicious and healthy holiday feast begins with basic food safety practices that are known to reduce the risk of foodborne illnesses. “We want to engage holiday cooks in an interactive way as they host holiday meals and parties and create seasonal traditions,” said Shelley Feist, PFSE executive director. “Food safety basics are so important during the holiday season and will ensure everyone has the most enjoyable Friendsgiving, Hanukah and office Christmas parties. Nobody has time to get sick!”

The Story of Your Dinner stresses the importance of food safety practices. At StoryOfYourDinner.org, consumers can download recipes with food safety steps built in and see 1 minute videos showing preparation of delicious, holiday dishes with food safety reminders. Cornell Cooperative

Extensions EFNEP Program reminds consumers to keep the “Core Four” Fight BAC!® food safety practices top-of-mind throughout the holiday season:

- Clean: Wash hands and surfaces often.
- Separate: Don't cross-contaminate.
- Cook: Cook to the safe internal temperature.
- Chill: Refrigerate or freeze promptly. Use or freeze leftovers within 3-4 days.

For more information please call Cornell Cooperative Extensions. We offer free Nutrition Education Classes, to speak to an EFNEP Educator to see if you qualify call us at 716-664-9502 ext. 217.

The Expanded Food and Nutrition Education Program (EFNEP) is one of many programs offered by Cornell Cooperative Extension of Chautauqua County (CCE-Chautauqua). CCE-Chautauqua is a community based educational organization, affiliated with Cornell University, Chautauqua County Government, the NYS SUNY system, and the federal government through the United States Department of Agriculture's National Institute of Food and Agriculture. For more information, call 716-664-9502 or visit our website at [www.cce.cornell.edu/chautauqua](http://www.cce.cornell.edu/chautauqua). Cornell University Cooperative Extension provides equal program and employment opportunities.



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Master's degree in an OMH approved discipline with Qualified Health Profession status (LCSW preferred, LMSW, LMHC) plus a minimum of one (1) year of professional work experience in a clinical mental health setting. Bi-lingual Spanish helpful, but not required.

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This Job Fair will be by appointment only and will be held at the **Ellwood Conference Center in Irvine from 7:00 a.m. until 11:00 a.m.**

If you are interested, please phone 814-563-6325 to schedule your appointment in advance. We will be administering applications and opportunities for interviews for qualified candidates may exist at this time.

**We hope to see you at the Job Fair!**

**You Can Also Apply In-Person at the PA CareerLink Office at:**

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## Here it is Holiday Season!

Article Contributed by  
**Office for the Aging**

Here it is November and time for the holidays to really get started! It seems it gets earlier and earlier each year. We would like to thank all of our veterans for their service on Veterans day and also wish everyone a happy Thanksgiving! NY Connects is a great way to connect with several service gift ideas and an excellent way for families close and far to check in to see what services are available to assist Chautauqua County people. NY Connects is the one place to for a wide range of services available to those who may need long term services and community supports. These types of services help people live as independently as possible. How about a practical gift for the seniors in your life? Meals on wheels is a program here in the County and you could set up a gift of regularly delivered meals for your loved one. If your loved ones are out and about in the County, we offer a dining out program to a few local restaurants in Chautauqua

County. Tickets can be purchased from the Mayville office location. There are even some companies that specialize in individual sized food products. You can search on the internet for ideas for gifts of foods. Fruit of the month or some other treat is a great idea and keeps coming all year long. Single serving specialty foods can be a wonderful practical gift for someone living alone or needing smaller sizes for meal preparation. A gift card to the local grocery store is another great idea as well.

A gift of services can be a practical and much appreciated gift to those who may struggle to take care of their homes. House cleaning, lawn care and snow removal, handyman services for annual to do lists, transportation services, shopping/errands assistance, gift certificates to a favorite beauty/barber shop is a treat anytime of the year. Look at the senior's favorite service provider like beauty parlors and barbers and prepay for services throughout the year. These gifts are very thoughtful and extremely practical. The office for the Aging can provide information about local home care agencies as well as a

private provider list that can be helpful in identifying local providers for a variety of services. There are a few spa's locally geared to seniors as well! NY Connects can also get people in touch with support groups, adult day services and other agencies that can provide support to a loved one caring for another. The gift of time to relax and retool is invaluable to someone who is a primary caretaker for a spouse or other loved one.

The Chautauqua County Personal Monitoring program is a great gift idea. You can order and pay for a personal emergency alarm system to be used in the home for emergencies of any kind. It brings families peace of mind to know that if there is an emergency, the personal emergency system can answer immediately and start emergency services and/ or contact family or friends if they are needed at the home. Other options are cell phones that are easy to use. Call NY Connects for more information for all these opportunities.

Have extra time; you can receive a gift by giving of yourself in a volunteer position with meals on wheels or a friendly visitor position with the Office for the Aging. We are always looking for volunteers to help all

throughout the year.

As you plan to visit family and are looking for gift ideas - think practical! Try to think of areas that are challenging for your family member. These are the areas they could need help with on a regular basis. These are great ideas for gifts of time and assistance that can mean the world to a loved one. The small extras we take for granted but may be difficult for some to do or afford. Remember if you are home visiting and see a need-call NY Connects for information about local programs and services for seniors. We are able to assess your needs and provide information and assistance with referrals for several programs.

You can reach NY Connects by phone: Jamestown areas: 716-661-7582, Dunkirk/Fredonia areas: 716-363-4582 and Mayville areas/mid county: 716-753-4582, Fax 753-4477, or email: ccnyc@co.chautauqua.ny.us. You can come and see us at 7 North Erie St; Mayville, New York. NY Connects is brought to you in cooperation from the Chautauqua County Office for the Aging and the Chautauqua County Department of Health and Human Services. A happy start to the 2017 holiday season!

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## JCC, Allegheny College Sign Transfer Agreement



(Front L to R): Ron Cole, provost and dean of Allegheny College, and Marilyn Zagora, vice president of Jamestown Community College. (Back L to R): Jean Schrader, dean of science, technology, engineering, and mathematics, JCC; Ian Binnington, registrar and associate dean of academics, Allegheny; and Jan Bowman, professor of biology and environmental science program coordinator, JCC.

### Article Contributed by Jamestown Community College

A new articulation agreement will enhance the transfer of Jamestown Community College graduates into Allegheny College's environmental science degree program.

The agreement guarantees JCC graduates acceptance, with junior standing, into Allegheny's highly rated bachelor's degree program in environmental science. Students must have completed JCC's environmental science degree and meet a minimum cumulative grade point average requirement to be considered for the program at Allegheny.

Students who complete courses identified in the agreement as part of their associate's degree should be able to complete the bachelor's degree in four semesters at Allegheny.

"Allegheny and JCC share a similar passion for our students," said Ron Cole, provost and dean of Allegheny College. "We are excited for the access to educational opportunities provided with this agreement and to building on this relationship."

"JCC's articulation agreement with

Allegheny expands the ways in which students can take advantage of the top-notch academic programs available at both institutions," said Marilyn A. Zagora, JCC's vice president of academic affairs. "We look forward to helping students make use of this agreement, and we'll continue to explore ways to further develop our partnership with Allegheny."

JCC's environmental science degree is designed to help meet the academic and professional needs of students seeking careers related to environmental science and other disciplines associated with the intersection of nature, human institutions, and scientific study.

"Allegheny's environmental science department has long been dedicated to teaching students to solve real-world environmental problems," noted Professor Eric Pallant, department chair. "More than a dozen Allegheny faculty with exceptional breadth and depth in environmental problem-solving work shoulder-to-shoulder with students to make the world more sustainable."

An overview of the transfer agreement is available at [www.sunyjcc.edu/transfer/agreements](http://www.sunyjcc.edu/transfer/agreements). Details on Allegheny College's environmental science degree can be obtained at <http://sites.allegheny.edu/envsci/>.

## JHS Music Boosters Spaghetti Dinner & Concert



Olivia Gren, Brayden Higbee, Michelina Cersosimo, Hannah Hornyack, Jacob Ryan and Andrew Roof

### Article Contributed by Jamestown Public Schools

Jamestown High School Music Boosters will hold a Pasta Dinner along with a free music concert on Wednesday, November 15th. The pasta dinner is from 4:30 to 6:30 p.m. in the JHS cafeteria and concert is 7 p.m. in the Merton P. Corwin Auditorium.

Each pasta dinner is \$8 and includes: penne pasta, homemade sauce and meatballs, salad and bread. Dine in or

take out is available, including curbside service at the Institute Street corner. All proceeds to benefit the JHS music department.

The free music concert, at 7 p.m. will feature all of the ensembles at JHS including: the A Cappella Choir, Mixed Chorus, Symphonic Orchestra, Chamber Orchestra, Concert Full Orchestra, Symphonic Band and Concert Band.

Please join them for delicious homemade food and excellent music!

## PUZZLE SOLUTIONS

### Solution to Crossword:

H	O	P	E	D	S	A	I	L	H	E	A	R
O	V	U	L	E	P	U	R	E	Y	U	L	E
W	A	I	V	E	I	R	A	N	D	R	I	P
S	E	D	U	C	E	S	H	R	O	V	E	
S	A	S	S	S	E	A	L	E	A	S	E	L
E	R	A	P	A	R	T	I	S	A	N		
P	I	N	T	O	E	N	E	R	G	I	Z	E
A	S	C	E	T	I	C	T	A	K	E	N	U
L	E	E	S	H	O	R	E	E	A	G	L	E
T	O	N	E	D	O	W	N	R	U	E		
S	P	O	I	L	W	I	R	E	P	A	S	S
H	E	L	M	E	T	T	A	I	C	H	I	
R	E	D	O	R	A	I	N	H	O	N	O	R
E	V	E	N	A	G	O	G	U	T	E	R	I
D	E	N	Y	P	O	N	E	M	O	D	E	M

### Solution to Sudoku:

7	2	8	3	5	1	4	6	9
9	4	1	6	2	7	3	8	5
3	6	5	9	4	8	7	1	2
2	8	4	5	1	6	9	3	7
1	3	7	2	8	9	6	5	4
6	5	9	4	7	3	8	2	1
8	7	6	1	9	5	2	4	3
5	9	2	8	3	4	1	7	6
4	1	3	7	6	2	5	9	8

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Institution Visitors Bureau<br/>Chautauqua Institution Library<br/>Plaza Market<br/>Tasty Acre's Restaurant</p> <p><b>CLYMER</b><br/>Dutch Village Restaurant<br/>Neckers General Store</p> <p><b>DEWITTVILLE</b><br/>Village Restaurant</p> | <p><b>FALCONER</b><br/>Bair's Pizza<br/>Belview East<br/>Better Life Nutrition<br/>Don't Trash It<br/>Falconer Pharmacy<br/>Kwik Fill<br/>Sister's Restaurant<br/>The General Store<br/>Tops Market</p> <p><b>FREWSBURG</b><br/>Carol Apartments<br/>Dinner Bell<br/>Frewsburg Legion<br/>Frewsburg Rest Home<br/>Frewsburg Wine &amp; Spirits<br/>Kwik Fill<br/>VSK Emporium</p> <p><b>GERRY</b><br/>Heritage Village<br/>Retirement Campus<br/>Heritage Village<br/>Rehab &amp; Skilled Nursing</p> <p><b>GREENHURST</b><br/>Chatter Box<br/>Market 430<br/>Heritage Green<br/>Steener's Pub</p> <p><b>JAMESTOWN</b><br/>Allen Street Diner<br/>Anderson Produce<br/>All American Karate School<br/>AJ's Texas Hots<br/>Arby's<br/>Arrow Mart<br/>Washing St.<br/>North Main<br/>Brazil</p> | <p>Brick City Market<br/>Brigiotta's Farmland<br/>Burger King<br/>Carubba Collision<br/>Cattaraugus County Bank<br/>Chautauqua County Airport<br/>Cherry Lounge<br/>Coffee Cup<br/>Comfort Inn<br/>Crown Street Roasting Co.<br/>Dave Warren Auto<br/>D&amp;S Glass<br/>Dorian's Hair Salon<br/>Dr. Lai<br/>Ecklof Bakery<br/>Elegant Edibles Catering<br/>Farm Fresh Foods 3<sup>rd</sup> St.<br/>Fifties Restaurant<br/>Fishers Family Restaurant<br/>Fluvanna Free Library<br/>Fresh Cut Meats and More<br/>Fresco Pizza &amp; Wings<br/>Fudges Sub Shop<br/>Friendly's Restaurant<br/>Gokey Mini Mart<br/>Hall &amp; Laury Optical<br/>Hampton Inn<br/>Hartley Buick<br/>Harvest Time Cafe<br/>Heritage Park<br/>Holiday Inn Express<br/>Honest John's<br/>Honeycomb Salon<br/>Infinity<br/>James Prendergast Library<br/>Jamestown Auto<br/>Jamestown Bowling Company<br/>Jamestown Business College<br/>Jamestown Community College<br/>Jamestown Convenient Care<br/>Jamestown Electric<br/>Joe'Z Coffee House</p> | <p>Johnny's Lunch<br/>Jones Hill Rehab<br/>John David Salon<br/>Kwik Fill<br/>Labyrinth Press Co.<br/>Landmark Restaurant<br/>Lena's Pizza 2<sup>nd</sup> St.<br/>Lewis &amp; Lewis<br/>Line-X<br/>Lisciandro's Restaurant<br/>Lutheran<br/>Mariners Pier Express<br/>Maureen's Hair Salon<br/>Meals on Wheels<br/>Mia Bella Salon<br/>Michael's AJ's Texas Hots<br/>Miley's Old Inn<br/>Morreale's Collision<br/>Northwest Arena<br/>Novel Destinations<br/>Pal Joey's<br/>Panache Salon &amp; Day Spa<br/>Panino Restaurant<br/>Peterson Farms<br/>Phil-N- Cindys Lunch<br/>Quik Lube<br/>R&amp;K Motors<br/>Red Cross<br/>Reg Lenna<br/>Richard's Hair Salon<br/>Robert H. 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