Good Business Makes Good Neighbors

It’s a recurring theme in Jamestown: cooperation builds community. The best businesses in town are proving that collaboration trumps competition, profiting from the ancient adage, “A rising tide raises all boats.”

All across Jamestown old buildings are being renovated and repurposed by new industries, new entrepreneurs and ideas are replacing age with growth. Critics say the movement is not universal, but according to one prominent member of the downtown business community, Jamestown’s renaissance is like a pinch of salt in a bowl of soup... it changes everything.

Old Building-New Life
A Good Example

Youth Symphony Receives Two Grants from Community Foundation

The Chautauqua Regional Youth Symphony (CRYs) has received two grants from the Community Foundation’s Blossom Fund. The awards will support CRYs Youth Symphony Weekend and the honorarium for Conductor and Music Director Bryan Eckenrode.

The Community Foundation is wonderfully supportive of our work,” said CRYs board president Tanya Anderson, “and we’re so grateful for everything they do.”

Maestro Eckenrode is well known both as a cellist and a conductor. When he began with the organization in 2003, it had a single orchestra that is now the Youth Symphony. The Youth Symphony is CRYs premier performing group of highly talented and motivated high school and college musicians. Prelude Strings

The Chautauqua Regional Youth Symphony (CRYs) has received two grants from the Chautauqua Region Community Foundation’s Blossom Fund. The awards will support CRYs Youth Symphony Weekend and the honorarium for Conductor and Music Director Bryan Eckenrode. Eckenrode is pictured here conducting a rehearsal of the Youth Symphony in Chautauqua Institution’s Elizabeth S. Lenna Hall.

For more information about the Chautauqua Regional Youth Symphony, call (716) 664-2465, ext. 202, or visit the website at www.CRYouthSymphony.com.
Editorial

Cooperation

A good friend once told me, “You and I are more than best friends. We’re like a really small gang.”

I told him he was a pretty gutsy operator, so he said, “Then let’s cooperate. We’ll get more done.”

Cooperation takes the same kind of art as a duet or a choir... and business is a symphony of co-operation. That’s a different view than many people have of modern business built along the lines of dominance and servitude and chain of command.

Jonathan Haidt, a social psychologist and Professor of Ethical Leadership at New York University’s Stern School of Business, teaches, “The most powerful force ever known on this planet is human cooperation.”

An interesting feature of cooperation, it seems to me, is that it often attracts people to come together with seemingly unrelated skills to produce surprising results. Cooperation can create synergy, where the whole is greater than the sum of its parts.

Consider the national hardware chain that partnered with TV’s Weather Channel some years ago. Their cooperation probably saved thousands of lives and billions of dollars’ worth of personal property.

Ordinary advertising alone sells lawn mowers and house paint while the Weather Channel warns people to stay inside.

A command structure focused only on a straight line between products and profits probably would not have achieved those results. That is why award winning French novelist, Andre Malraux, put business into proper perspective, saying “To command is to serve, nothing more and nothing less.”

This week the Jamestown Gazette follows up on our invitation to last week’s Doors Open Jamestown, where cooperation and collaboration were spotlighted all across the city. This week’s invitation is to learn about one specific example of a local business, Willowbrook, which is following that model of collaboration and cooperation to build success for itself and the community.

Whether as a business or an individual, it appears that cooperation creates success. Alexander Graham Bell said, “Great discoveries and improvements invariably involve the cooperation of many minds. I may be given credit for having blazed the trail, but when I look at the subsequent developments I feel the credit is due to others rather than to myself.”

And one more thing about cooperation: it creates friendships based on goals and dreams and respect. There’s no better way to build a business, a community or a family.

Enjoy the read.

Walt Pickut

Editor

The Jamestown Gazette

recently when the oilfield services company, Baker Hughes, manufactured special pink drilling bits to make oilfield workers more aware of Breast Cancer Awareness Month.

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Walt Pickut

Editor

The Jamestown Gazette
ART: Aspiring Artists Series
The month of January
Lakeside Library
12 W. Summit, Lakewood, NY
www.aspireny.org
716-763-9070

AUDUBON NATURE EVENTS:
Call 716-569-2345 or visit: www.jamestownaudubon.org
JANUARY:
23rd: Intro to Volunteering
at the Nature Center
23rd: Snowshoe Hike with Evergreen Outfitters
30th: The Art of Making
Maple Syrup
FEBRUARY:
5th: First Friday Lunch Bunch
6th: Snowflake Festival
11th: Audubon Nature Photography Club
13th: Little Explorers
15th: Snow Camp

BINGO:
Fluvanna Fire Hall
Every Tuesday night 7pm – 10pm
716-483-8505
Sinclairville Fire Hall
Every Wednesday Night 7pm
716-962-2025
Kiantone Fire Department
Every Wednesday Night 7pm
716-962-9925
Lucile M. Wright Air Museum
300 North Main St., Jmst
716-664-9500 or 716-338-7396
Busti Grist Mill Grain Grinding Demonstrations
3rd Sun. of every month
1 – 4pm
The Busti Historical Society Mill
3443 Lawson Rd., Jmst
www.bustihistoricalsociety.com
716-483-3670 (please leave a message)

HOLIDAY EVENTS:
Sleigh Rides at Chautauqua
Saturday and Sunday through Jan. 31 & Feb. 7 @ 2pm
Chautauqua Lake Rowing Assoc.
10th Anniversary: An Evening with Katie Spotz
Mon., Feb. 8, 6:30pm
Reg Lenna Center For The Arts
116 E 3rd St., Jmst
www.reglenna.com
716-664-2465

DVDING:
Breakfast Buffet
2nd Sun. of every month
8am – 11am
Falconer American Legion
Henry Mosher Post 638
Taco’s & Trivia
Every Wednesday, 7pm
Trillium Lodge
Main St., Cherry Creek
716-296-8100

EDUCATIONAL:
James Prendergast Library
Call 716-484-7135 ext 225
For Event Days & Times
www.prendergastlibrary.org
Planetarium Shows
Jan. 18th: Ice Worlds
Atmosphere Saturdays @ 11:30am & 12:30pm
Lucile M. Wright Air Museum
300 North Main St., Jmst
716-664-9500 or 716-338-7396
Busti Grist Mill Grain Grinding Demonstrations
3rd Sun. of every month
1 – 4pm
The Busti Historical Society Mill
3443 Lawson Rd., Jmst
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716-483-3670 (please leave a message)

INFINITY EVENTS:
Call: 716-664-0911 or visit: www.infinityperformingarts.org
JANUARY:
21st: New Student Orientation
Jamestown Savings Bank Arena
319 W 3rd St., Jmst
www.jamestownarena.com
716-484-2624

COMMUNITY EVENTS:
Fenton History Center
Trivia Contest
Sat., Feb. 13, 8pm
Chautauqua Art Hall
716-484-2465

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716-484-2624

MOBILES:
MOVIES AT THE REG:
116 E 3rd St., Jmst
www.reglenna.com
716-664-2465
Cred
Sat., Jan. 23, 8pm
Labyrinth
Wed., Jan. 27, 7pm
Spotlight
Sat., Jan. 30, 8pm
The Good Dinosaur
Sat., Feb. 6, 3pm
Sun., Feb. 7, 2pm
Brooklyn
Sat., Feb. 13, 8pm

SUPORT GROUPS:
Bariatric Support Group
1st Mon. of each month
6 – 7pm
James Prendergast Library
Conference Room 2nd floor
509 Cherry St., Jamestown
716-444-0293

JAMA 15 S Main St., 2nd Fl
3rd Thurs of the mo. 5:30pm
Fluvanna Com. Church.
3363 Fluvanna, Ave. Ext.,
716-483-5448

MIRACLE OF RECOVERY FELLOWSHIP
Mondays & Wednesdays
7 – 8pm
Healing Words Ministries
1006 W 3rd St., Jamestown
716-483-3687

THEATER:
An Evening of Broadway
Fri., Jan. 22, 8pm
Willow Bay Theater
21 E. 3rd St., Jmst

Things My Mother Taught Me
Jan. 29, 30 & Feb. 5, 6 @ 7:30pm
Jan. 31 & Feb. 7 @ 7pm
Lucille Ball Little Theatre of Jamestown
18 E. 2nd St., Jmst
716-483-1095
www.lucilleballlittletheatre.org

WARREN AREA EVENTS:
BINGO:
Russell VFD
Tuesday night Bingo
Doors open 6:30pm
Pleasant Twp VFD
Every Thurs. Night 4pm
Warren Senior Community Center
Doors open 4pm Smoke free game

STRUTHERS LIBRARY THEARE:
Wynonna & the Big Noise
Fri., March 4, 8pm
302 W 3rd St., Warren, PA
strutterslibrarytheatre.com

MOVIES:
MOVIES AT THE REG:
116 E 3rd St., Jmst
www.reglenna.com
716-664-2465
Cred
Sat., Jan. 23, 8pm
Labyrinth
Wed., Jan. 27, 7pm
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Aspiring Artists Series on Display at Lakewood Library

Aspiring artists from the Aspire of WNY IXpress program, along with a featured artist exhibit at the Lakewood Library, 12 West Summit, Lakewood, NY. The diverse exhibit features artwork created by a local group of artists with disabilities, as part of their “Aspiring Artists” series. The exhibit is an display throughout the month of January and contains acrylic and watercolor paintings, mixed-media pieces, and “junk art.”

The Lakewood Library is open Monday and Wednesday 9:30 a.m. to 5:00 p.m., Tuesday and Thursday 9:30 a.m. to 7:00 p.m., Friday 9:30 a.m. to 3:00 p.m and Saturday 9:30 a.m. to 1:00 p.m. Visitors are invited to view the artwork created by the Southern Tier members of Aspire of WNY’s IXpress program. IXpress is a local community of artists with developmental disabilities whose works have been featured at Burchfield-Penney Art Center and University at Buffalo Art Gallery Center for the Arts. The artwork on display is available for purchase with the proceeds supporting the artists and the many innovative programs and services offered by Aspire of WNY.

For more information about the exhibit or to make a purchase, please contact Terry Luir, Art Facilitator at (716) 763-9070 or Tervill.Luir@aspirewny.org.

Aspire of WNY provides programs and services for adults and children with developmental disabilities including, but not limited to cerebral palsy, intellectual disabilities, epilepsy, autism, traumatic brain injury and other neurological impairments. Visit www.aspirewny.org.

Winter Festival Features Many Events and Activities

The 2016 President’s Day Weekend Winter Festival, held February 12 – 14, 2016, at Lakeside Park, Mayville NY will feature many events and activities this year. Several contests will take place again at the festival. On Saturday, Feb. 13th the popular Snowball Throwing Contest, sponsored by Westfield Dodge City, Westfield NY will be held for ages 4 – adults. The Lakeside Gold Ball Race, sponsored by Beauty Boutique, Mayville will take place for ages 4 – 12, as well as the Children’s Snowman/Animal Building Contest sponsored by Andriaccio’s Restaurant for ages 4 – 12. All these contests will have cash prizes donated by their sponsors.

The chill cook-off will again take place this year at the festival on Saturday, Feb. 13th. If you make a “mean”, chili and would like to enter the cook-off this year, call Ken Shueer at (716) 753-0981 for information on participating. Family Builders, Northeastern NY will again host the Polar Plunge benefitting food pantries in Chautauqua County. If you would like to take a cold dip in Chautauqua Lake for this good cause, call (716) 753-7107 (Ext. 100) for information and forms to sign up. There are several new events being planned this year. A volleyball tournament, being held behind Lakeside Hotel, Mayville, will be held during the festival weekend, with details to follow. Call (716) 353-1423 to sign up a team to participate in this event. A Fat Tire Bike Race is being planned to take place at the Festival this year, organized by the Holland/ Jamestown. Call HollyLot Ski and Bike at (716) 483-2330 for information on this event. The Stones Throwing Association will be hosting the “Hoth Invitational” Stones Tournament on Saturday, Feb. 13th, at part of the festival at Lakeside Park, Mayville beginning at 10 a.m. On Sunday, Feb. 14th they will have free open play for those interested in learning about the game of Stones from 11 a.m. – 4 p.m. (a cross between bocce and golf!). There will be a Fat Parade on Saturday, Feb. 13th at the festival. If you would like to participate in this event, call the Chamber office at (716) 753-3113 for information. All pets are welcome.

Other events and activities include craft and food vendors, opening ceremonies Friday evening, horse-drawn carriage rides, Kids Corner Edible Crafts sponsored by Wegmans, weekend Fishing Pond, Lego play area, a book sale at the Mayville Library during the weekend held at the Library, Rainbow the Clown, Cold Water Rescue Demo by Dewittville Fire Dept., snowmobile rides by Chautauqua Lake Snowmobile Club, Flame Parade Saturday evening, and fireworks Saturday evening.

Thank you to our festival sponsors: Major Sponsors Media One Group, Clark Patterson Loes Design Professionals, Village of Mayville, Town of Chautauqua, Operating Engineers Local 17-Apprenticeship Program; Platinum Sponsors 3 Seas Searations, Litchi Oil and Propene, M & T Bank, Uncle Jack’s Saw Shop, Lakeview Hotel/The Docks Restaurant; Gold Sponsors Webb’s Year Round Resort (Webb’s Motel), Family Health Medical Services, Webb’s Captains Table Restaurant, Guppy’s Tavern, Chris Keefe Builders, Northwest Savings Bank, Donald Emhardt, Digital Inc, Perfection Digital, and Silver Sponsors Maple Group Real Estate/Maple Inn, Chautauqua Abstracta, Portage Hill Gallery, Empire Energy R & P, “N” Automotive, Lake Chautauqua Memorial VFW Post 8647, Irwin Bay Cottages & Vacation Rentals, Hogan’s Hut. Plan on coming to scenic Lakeside Park in Mayville the weekend of Feb. 12 – 14, 2016, for this long-held Winter Festival in its 30th year of existence for a weekend of fun for the entire family. A schedule of events will soon be available by calling the Mayville/Chautauqua Community Chamber of Commerce at (716) 753-3133 or going to the web-site at www.mayvillechautauqua.com.

New Student Orientation

For a fun winter experience, it’s hard to beat snowshoeing.

Whether you have snowshoed before or are looking to try a new winter activity, you are invited to join a snowshoe hike at the Audubon Nature Center on Saturday afternoon, January 23. Snowshoes are available for rent from Evergreen Outfitters or you can bring your own. Beginning at 1 p.m., you can snowshoe on the trails with a naturalist, looking for signs of animals, finding insects that are active in the winter, and seeing how plants handle the cold temperatures. If it grabs the group’s attention will be explored. General nature knowledge will be shared, along with enthusiasm and curiosity.

The outing will cover a mile and a half or two in a little over an hour; then hikers will return to the Nature Center building to warm up inside some hot chocolate, coffee, and snacks. Drinks and snacks will be provided, and you are welcome to bring a treat to share.

Participants may even try hand-feeding chickadees in the bird feeding area outside the building.

The fee of $20 includes snowshoe rental; it is only $10 if you have your own snowshoes. Paid reservations are required by Friday, January 22; they can be made by calling Evergreen Outfitters at (716) 763-2266.

The folks at Evergreen Outfitters, a locally owned and operated outdoor gear store, are passionate about the outdoors and appreciate the opportunity to share that passion by working with the Nature Center.

They welcome visitors to their new location at 61 Water Street in Mayville, New York.

To learn more, call the Nature Center at (716) 569-2345 during business hours or see “Intro to Volunteering at the Nature Center” at www.jamestownaudubon.org.

The Audubon Nature Center is at 1600 Riverside Road, one-quarter mile east of Route 62 between Jamestown, New York, and Warren, Pennsylvania. Winter hours for the building and Blue Hero Gift Shop are Monday-Friday 10 a.m.-1 p.m., Saturdays 10 a.m.-4:30 p.m., and Sundays 1-4:30 p.m. Bald eagle viewing and trails to walk, snowshoe or cross country ski are open dawn to dusk daily.

Hiking on snowshoes is a great way to explore the outdoor world in winter. You can take advantage of a special opportunity for outdoor exploration with a naturalist on Saturday afternoon, January 23, at the Audubon Nature Center.

Aspiring Artists Series on Display at Lakewood Library

Article Contributed by Aspire of Western NY

Article Contributed by Infinity Visual and Performing Arts, Inc.

New Student Orientation

Take a Snowshoe Hike at the Nature Center

Article Contributed by Audubon Nature Center

Forest Spirit by Henry Wesley

Winter Festival Features Many Events and Activities

JAMESTOWN GAZETTE
www.jamestowngazette.com

New Student Orientation

Take a Snowshoe Hike at the Nature Center

If you are interested in learning more about Infinity, or signing up for lessons, a New Student Orientation will be held on Thursday, January 21 at the Infinity Center.

The Infinity Center is located in the Lynn Building at 301 East 2nd Street in Jamestown. To reserve a slot for orientation, please call the Infinity Center at 716.664.0991.

Email: info@infinityperformingarts.org

Website: http://www.infinityperformingarts.org/

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Winter Chili

By definition, chili con carne is made with ground beef and chili peppers or chili powder, often with tomatoes and beans, but as I just mentioned, it can be made to the cook’s desire. Ground beef can be supplemented with or replaced by ground sausage or ground turkey. If you add tomatoes, whole, diced or crushed can be interchanged or combined. Rather than adding just one kind of bean (typically dark red kidney beans are used) I like to use both light and dark kidneys, but again, cook’s choice is the name of the game! Chopped fresh chili peppers and onions are typical additions, but ground chili powder (I like to use dark chili powder) add a great flavor to the party. And let us not forget the kick and toppings…nothing kicks up a steaming bowl of chili like a dash of tabasco, a sprinkle of cheddar and a dollop of sour cream!

Chili is a terrific crock pot meal…start it in the morning and dinner is ready when you walk in the door. It also is a super “big batch” dish…maybe a double or triple batch! Night one is traditional chili con carne, night two is nachos with chili and cheese and the rest goes in the freezer for an easy meal the day before you buy groceries! And to that grocery list, why not add the ingredients you need for that double batch of chili and get your comfort on!!

To read more of Vicki McGraw’s commentaries on good cooking, fine recipes and perfect party treats, visit www.jamestowngazette.com and click on Join Me in the Kitchen’s own page. The Jamestown Gazette is proud to present our county’s most creative and original writers for your enjoyment and enlightenment.

The whiner got tripped up this week. Somebody said to me so nice to me and I couldn’t hate it. I zoomed into the drive-thru one day last week in a hurry to snack a snack. When I got to the window with my money flapping in the breeze, the nice girl refused to take it. “That lady in the car in front of you paid for it!” Huh! I asked. That adjusted my attitude so much, still in shock, I gave the girl my money and said, “Oh then, this is for the car behind me and drive off!!” I don’t know who you are, but you do so, Thanks! I caught the Pay-it-forward-bug and promise to pass it on.

I hear its catching on all across town.

Vicki’s Award Winning Chili
(It really did win a chili cook off!!)

• 1 ground beef
• 1 ground Italian sausage
• 1 small onion, diced
• 1 T diced chipotle pepper
• 2-15 oz cans dark red kidney beans
• 2-15 oz cans light red kidney beans
• 2-15 oz can diced tomatoes
• 2 T dark chili powder
• 1 T cumin
• Tabasco
• Shredded cheddar
• Sour cream

Brown meats with onions and pepper, drain fat. Mix with all remaining ingredients in crock pot. Stir gently. Cook on low all day (8-10 hours).

Serve topped with tabasco, cheese and sour cream as desired.

Winter Chili

Brrr….It has been so cold lately! For the last few weeks we have been very spoiled by mild winter weather, but this past week has reminded us of what winter really is like. The cold isn’t bad when you can stay in and look out at it, but for those of us who actually have to leave the house to make our way to work, it is a rather rude awakening as we step out the door!

The cold weather makes me crave foods that will warm me from the inside out, and chili is the first food to come to my mind this morning! Whether you like your chili meaty or loaded with beans, spicy or mild, thick or thin, I believe it all comes down to the cook! As is the case with most foods, you can give ten cooks the same recipe and ingredients, and I can guarantee the outcome will be ten completely different tasting bowls of chili. Every cook generally adds their own spin to a recipe, be it by the heat with which they measure the ingredients, the variety (or brand) of ingredients they use, or quite simply, the love that they add in making it!

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The Weekly Crossword
by Margie E. Burke

ACROSS
1 Categorize
6 Algebra or trig
8 Hannaharus corpsus, e.g.
10 Dental filling
14 Cousin of a hassson
16 Memorization method
17 Baggy
18 Tinny, as an excuse
20 Affectedly creative
21 On the port side
23 Himalayan, for one
24 Twilled cloth
25 Woodshop tool
28 Russian coin
30 Betray, in a way
32 Chili-inducing
34 Low point
35 Actors
38 Representative
41 Grant
42 Orangish yellow
44 Cleverly escape
46 Proportionately
49 Type of dancer
52 Archery wood
53 Fine white linen
55 Finish, with “up”
57 Highway crosser
59 Church alcove
60 Details, slangily
62 Try out
63 Traditional Sunday fare
64 Break
65 Diva’s song
66 Arm of the sea
67 If all ___ fails ...
68 Bank
69 Substantial
71 Bitten gains
72 At another time
74 Invoice amount
75 In a group of
76 Fictional rabbit
77 Be silent, in music
78 “The Three ___ Faces of ___”
79 Cheat, in a way
80 One to grow on?
82 Hot-doggers
89 Roy Clark show
10 St. Paul’s Cathedral architect
11 Farm stand spot
12 Part of T.G.I.F.
13 Kicker’s aid
15 Ill-gotten gains
16 Current amount
17 “___ #1!”
18 Mollycoddle
19 St. Paul’s Cathedral architect
20 St. Paul’s Cathedral architect
21 Arm of the sea
22 Bitten gains
23 At another time
24 Invoice amount
25 In a group of
26 Fictional rabbit
27 Be silent, in music
28 “The Three ___ Faces of ___”
29 Cheat, in a way
30 One to grow on?
31 Hot-doggers
32 Roy Clark show
33 “The Three ___ Faces of ___”
34 Cheat, in a way
35 One to grow on?
36 Hot-doggers
37 Roy Clark show
38 Roy Clark show
39 Wear out one’s welcome
40 Geometric line
41 Regatta
42 A dwarf
43 Kind of sauce
44 Current amount
45 Lion’s lunch, maybe
46 Mollycoddle
47 Staple of Italian cuisine
48 Cast a ballot
49 First-class
50 Ballasted state
51 Common soccer score
52 Olive oil
53 “The Three ___ Faces of ___”
54 Beef
55 Red bean
56 Red bean
57 Red bean
58 Red bean
59 Red bean
60 Steamed state
61 Common soccer score
62 Olive oil
63 Olive oil
64 Olive oil

SUDOKU

Edited by Margie E. Burke

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Difficulty: Easy

4 8 5
7 1 9
8 7 6 4
5 7 3 2
6 4 1 9
(Answer appears elsewhere in this issue)
Don’t Be Fooled

January 18, 2016

Coyotes, crows, raccoons, skunks, bobcats, hawks, blue jays, cardinals and many other creatures survive the winter thanks to their ability to find sustenance even in a frozen deer carcass.

There’s a Biblical expression you use every day and often in conversation. It is, “I’m not my brother’s keeper, am I?” Whether it was one of our parents, a teacher, one of the handful of employers we shared or one of our friends, people assumed we did in fact have telepathic abilities because the questions about the whereabouts, actions, feelings and motives of the other never stopped. Each time someone asked, “Where’s your brother?”

“Did your brother take out the garbage?” or anything else, I responded, “I’m not my brother’s keeper, am I?”

I thought at the time I was being wise and using a Biblical and cultural reference few could dispute, but it’s only in hindsight that I regret turning the phrase. After all, we know where it comes from. It comes from the story of Cain and Abel: the first brothers. We don’t know much about their lives other than this: “In the course of time Cain brought to the Lord an offering of the fruit of the ground, and Abel his brother brought of his flocks, their fat portions” (Genesis 4:3-4).

When the Lord saw it he regarded Abel’s with delight, which caused Cain to become angry. Looking at him the Lord said not to be angry, but to do well rather than to respond sinfully. He didn’t listen. Cain took his brother into the field and killed him. When the Lord asked where Abel was, Cain responded, “What Am I my brother’s keeper?” (Genesis 4:9). Cain thought the answer to the question was no.

Cain spent the rest of his years as a fugitive and wanderer. Rather than reap bountiful harvests, the ground would not yield its strength for Cain again. But Cain would live, and because of the Lord’s graciousness he himself would never suffer the fate he gave his brother. No man would kill him because we are our brother’s keeper.

We are our brother’s keeper.

For Cain and Abel it was biologically true, but Jesus would define that significantly more broadly: “Love your neighbor as yourself” (Luke 10:27). Looking at him the Lord said, “I am my brother’s keeper.”

But I am my brother’s keeper... and by looking out for others near and far.

Those in need... and by looking out for others near and far.

Whether it’s food, shelter, safety, family or friends, we have to respond by keeping... by helping those in need... and by looking out for others near and far.

A pastor I had lunch with just last week was approached by the women’s guild in his congregation to replace the Christmas Tree. ‘After all,’ they argued, ‘we could get the church to collect $1,000 for a new one in a heartbeal’ Which was most certainly true. But he responded, “Could we get the church to collect $1,000 for the hungry?” And if not, ‘is there something wrong with that picture?’

I am my brother’s keeper... all of my brothers’ keeper. And so are you. It’s part of being part of the body of Christ we call the church, and part of sharing a world and a creator. And it means we have to respond by keeping... by helping those in need... and by looking out for others near and far.

There’s a Biblical expression you use every day and often in conversation. It is, “I’m not my brother’s keeper, am I?” Whether it was one of our parents, a teacher, one of the handful of employers we shared or one of our friends, people assumed we did in fact have telepathic abilities because the questions about the whereabouts, actions, feelings and motives of the other never stopped. Each time someone asked, “Where’s your brother?”

“Did your brother take out the garbage?” or anything else, I responded, “I’m not my brother’s keeper, am I?”

I thought at the time I was being wise and using a Biblical and cultural reference few could dispute, but it’s only in hindsight that I regret turning the phrase. After all, we know where it comes from. It comes from the story of Cain and Abel: the first brothers. We don’t know much about their lives other than this: “In the course of time Cain brought to the Lord an offering of the fruit of the ground, and Abel for his part brought of the firstlings of his flock, their fat portions” (Genesis 4:3-4).

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But I am my brother’s keeper... and by looking out for others near and far.

Looking back, I may have responded, “I’m not my brother’s keeper, am I?” But I always knew I was because of the ways he and so many others kept me. Having received that grace through one another, may God use us...
Personal Trainers Available at JCC's Total Fitness Program

Article Contributed by Jamestown Community College

Merrillie Schmitt, who is 72 years old, doesn't mind telling you she considers it a "ripe old age."

"I was one of those kids who never enjoyed physical education classes," she says. "Though I loved to play games, I wasn't strong enough or fast enough to be much use on a team. I remember vividly coming home from kindergarten and announcing I would never go back."

Physical fitness was a non-starter for Merrillie until she found exercise classes that suited her needs.

"My first positive experiences in group fitness were as an adult," she notes. "I sought out exercise classes because I wanted to be stronger and keep my weight down. Much to my surprise, I enjoyed myself! I began to walk three to five miles down. Much to my surprise, I enjoyed it, and did so for a number of years of my 40s, 50s, and 60s. However, neither the classes nor the walking translated into much extra physical strength."

Merrillie experienced a common exercise phenomenon called a fitness plateau. According to the website Nerd Fitness (www.nerdfitness.com), "A plateau occurs when you stall out on progress despite continuing to do ‘all of the right things,’ usually including eating right, exercising properly, and getting adequate rest."

Merrillie realized she needed a change to her fitness program to take that next step. Enter Tina Sardo, health manager and personal trainer at Jamestown Community College Total Fitness.

"Needing something new and different to keep my mind occupied after my husband died in 2014, I decided to treat myself to a personal trainer," Merrillie continues. "I've been working with Tina Sardo at Jamestown Community College twice a week since September 2014. Even though I leave my hours with her more physically tired than from anything else in my life, I look forward to them all. I particularly like the way the she changes up each session."

JCC Total Fitness has a roster of personal trainers to help individuals meet their fitness needs, whether it's starting a program, personal motivation, or breaking out of a physical fitness rut. JCC Total Fitness trainers contract directly with their clients, charge individual fees, and use the resources of JCC's Physical Education Complex to meet clients' needs.

"One day we lift weights, one day we'll kickbox, another day we'll do yoga," says Merrillie. "No two times are ever identical. When we began, I told her I didn't care if I lost weight. A year and four months later I can do many reps of several exercises; when I began I couldn't do one. I have lost a little weight without changing my diet."

"The big payoff is how good I feel," she adds. "Taking care of my house and moving stuff around is now much easier and that endorphin rush I leave the classroom with I look forward to."

"Tiredness isn't as much a part of my life as it used to be. I'm living proof that progress can be made at any age. I can't stop or turn back the clock, but I can do my best to make the best of the next years of my life."

JCC Total Fitness has several membership levels, including yearly, one-month, six-month, individual, and family options. JCC Total Fitness also supports membership benefit packages from Healthways Silver Sneakers, Healthways Prime, Universa Silver & Fit, Independent Health Medicare, and Independent Health Healthy Benefits. For details on personal training services, contact Tina Sardo at 338.1267 or visit www.sunyjcc.edu/totalfitness.
JCC Awarded Military Friendly School Status

Article Contributed by Jamestown Community College

Jamestown Community College has been designated a 2016 Military Friendly® School by Victory Media, a resource for military personnel transitioning into civilian life.

The Military Friendly® Schools designation is awarded to the top colleges, universities, and trade schools in the U.S. that are doing the most to embrace military students, and to dedicate resources to ensure their success both in the classroom and after graduation.

Military Friendly® Schools, found at www.militaryfriendly.com, provides service members and their families with transparent, data-driven ratings about post-military education and career opportunities.

Institutions competed for the elite Military Friendly® School title by completing a survey of over 100 questions covering 10 categories, including military support on campus, graduation and employment outcomes, and military spouse policies. Survey responses were scored against benchmarks across these key indicators of success.

JCC offers a variety of resources for student veterans at its Jamestown and Cattaraugus County campuses as well as its North County Center in Dunkirk. The resources, outlined at www.sunyjcc.edu/student-life/student-services/veterans, are designed to enhance the success of students.

Post-secondary institutions earning the 2016 Military Friendly® School award have exceptionally strong programs for transitioning service members and spouses,” said Dan Nichols, chief product officer of Victory Media and a Navy Reserve veteran.

Victory Media is a service-disabled, veteran-owned small business founded in 2001. Victory’s lists are published in G.I. Jobs, Military Spouse, STEM JobsSM and Vetrepreneur media channels.

Reg Lenna Center for the Arts Shows Oscar-Nominee Creed

Article Contributed by The Reg Lenna Center For The Arts

Sylvester Stallone - Academy Awards nominee and Golden Globe Awards winner for Best Supporting Actor stars with Michael B. Jordan in Creed Saturday, January 23 at 8pm at Reg Lenna Center for The Arts. Admission is $5. In the film, Adonis Johnson (Michael B. Jordan) never knew his famous father, world heavyweight champion Apollo Creed, who died before he was born. Still, there’s no denying that boxing is in his blood, so Adonis heads to Philadelphia, the site of Apollo Creed’s legendary match with Rocky in the ring. With Rocky in his corner, it isn’t long before Adonis gets his own shot at the title…but can he develop not only the drive but also the heart of a true fighter, in time to get into the ring? Creed is rated PG-13 and is 133 minutes long.

Movies @ The Reg continue with the late David Bowie in Labyrinth on January 27 at 7pm, Michael Keaton in The Best Picture nominee, Spotlight on January 30 at 8pm, Disney/Pixar’s The Good Dinosaur on February 6 and February 7 at 2pm and Best Actress nominee Saiorse Ronan in the Best Picture nominee, Brooklyn on February 13 at 8pm.

For more information visit regulenna.com or call 716.484.7070. The Reg Lenna Center for The Arts is located at 116 E. 3rd St. in Jamestown, NY. The box office is open Tuesday through Friday, 10am-5pm, Saturday, 10am-2pm and one hour prior to showtimes.

Chamber Corner

Written by Todd J. Tranum
President & CEO of the Chautauqua County Chamber of Commerce & Executive Director of the Manufacturers Association of the Southern Tier

Governor’s Focus on Power Can Benefit Chautauqua County

Governor Andrew Cuomo has laid out an ambitious agenda for the year ahead. As business associations, the Chamber of Commerce and Manufacturers Association of the Southern Tier have found several initiatives that are good for business in the Governor’s State of the State address, and some items of concern as well.

We are particularly interested in the emphasis placed on converting coal fired power plants to natural gas. NRG has plans to do just that, if it can get past a lawsuit filed by a competitor. The Governor came to Dunkirk two years ago to announce plans to convert the NRG facility, and it appears that he is not backing away from his support of the project and we thank him for that. State Senator Cathy Young and Assemblyman Andrew Goodell have been working diligently to see that the project remains on the front burner. Goodell and Dunkirk Mayor Willie Rosas met with the Governor in Albany once again focusing on the tremendous economic impact of the NRG plant for the City of Dunkirk and for Chautauqua County as a whole.

Chautauqua County is no stranger to conversion of coal power plants to natural gas. The Jamestown Board of Public Utilities has been operating a natural gas turbine for many years and as natural gas prices have significantly decreased operating the turbine has become more cost effective than using coal as a source fuel. While the Governor plans to close or repower coal burning plants with natural gas in an effort to reduce carbon dioxide emissions, it appears there is a commitment to the continuation of reliable power generation in New York State. In addition, the Governor’s plan calls for $19-million in state aid to mitigate financial losses to communities that would be impacted by the closing of obsolete power plants. There is no question that a potential loss of the NRG plant would harm the tax base for the City of Dunkirk, Dunkirk School System, and Chautauqua County. Our goal is to work with our elected officials and the Governor’s office to make sure the plant remains viable and is converted to a clean-burning natural gas system. We applaud the Governor for including this important issue in his agenda.

In addition, we are pleased that the Governor remains committed to lowering taxes for small businesses, investing in New York’s infrastructure and encouraging municipal consolidation. These are critical issues for our region.

One key item in Governor Cuomo’s plan that we cannot agree with is a continued push to raise the minimum wage. Forcing businesses to pay entry level workers $15 an hour is likely to offset any potential benefit of business tax cuts that were outlined in the address. We will watch carefully and report back to our membership and the community as the state legislature works through this agenda to create a budget in the year ahead.

American Made Movie Free Showing February 4

In recognition of its 115th year of service to the community, The Manufacturers Association of the Southern Tier is pleased to be teaming up with Jamestown Community College and Dream It Do It Western New York to present a FREE public viewing of the inspirational documentary American Made Movie. The movie will be shown to the community at 7:00pm, Thursday, February 4 at the Schramm Theatre in JCCA’s Arts & Sciences Building. American Made Movie is a documentary film examining the history and the future of manufacturing. American Made Movie shows the positive impact of domestic manufacturing jobs on national and local economies in the face of great challenges. Whether you are an entrepreneur, student, stay-at-home mom or a senior citizen, you have the power to transform America’s future and be a part of the solution through thinking before buying and through the simple choices you make every day.
Percussion Artist Bob Becker to Appear at Fredonia

Article Contributed by

The State University of New York at Fredonia

Bob Becker, a founding member of the percussion ensemble Nexus and a virtuoso on xylophone, marimba and tabla, will conduct two workshops and give a concert at the State University of New York at Fredonia during a three-day visit in late January.

The presentation “Xylophone History” will be held on Saturday, Jan. 23, from 2 to 4 p.m., in Rosch Recital Hall. “Understanding and Performing the Music of Steve Reich,” a combination workshop/presentation that includes audience participation, will be held on Sunday, Jan. 24, 2 to 4 p.m., also in Rosch.

Mr. Becker’s concert on Monday, Jan. 25, at 8 p.m., in Rosch, will feature the marimba, xylophone and a percussion solo. Student members of Fredonia’s Percussion Guild will accompany Becker during the concert.

Becker’s workshop/presentations and concert, which are free and open to the public, are sponsored by the Fredonia Student Association and Percussion Guild.

As an undergraduate at the Eastman School of Music, Becker was awarded the school’s prestigious Performer’s Certificate for his concert performance with the Rochester Philharmonic Orchestra. He holds a B.M. with Distinction and a M.A., both from Eastman, where he studied percussion with William G. Street and John H. Beck, and composition with Warren Benson and Aldo Provenzano.

Becker devoted four years to postgraduate study in the World Music program at Wesleyan University, where he became intensively involved with the music cultures of North and South India, Africa and Indonesia.

In his role with Toronto-based Nexus, Becker, who was born in Allentown, Pa., has been involved with the collection and construction of a unique multicultural body of instruments as well as the development of an extensive and eclectic repertoire of instruments as well as the Everyman, streetwise style of comedy.

14 at 7pm at the Willow Bay Theater!

The cost of the trip, which includes housing, meals, and roundtrip airfare to Guatemala City, travel insurance, and excursions is approximately $2,500. The first payment of $800 is due March 1. To register for the course, or to obtain additional details, contact Theresa Baginski, JCC’s associate professor of Spanish, at 338.1159.

One-on-one Spanish instruction with a native Guatemalan instructor will be provided. Students will explore the social, historical, and cultural history of Guatemala while volunteering for a local organization. Tours of Antigua, Chichicastenango, the Pacaya volcano, and Panajachel will be conducted.

The course, which is open to the public, is designed for individuals hoping to learn or improve their Spanish.

Spanish Language, Volunteer Experience Offered in Guatemala

Article Contributed by

Jamestown Community College

Guatemala: Language, Culture, and Community, a three-credit course that provides participants the opportunity to receive instruction in Spanish and perform community-related volunteer work, will be offered May 27 through June 12 by Jamestown Community College. Pre-registration begins April 1.

This show always sells out quickly, so pick up your tickets now!

Rocky Laporte
Sunday, February 14

Article Contributed by

Lucille Ball Desi Arnaz Museum

Comedian Rocky LaPorte will be performing during the annual Valentine’s Day show on February 14 at 7pm at the Willow Bay Theater! Rocky LaPorte’s appeal comes from his everyman, streetwise style of comedy. Delivering laughs in his trademark Brooklyn accent, he has become one of the most sought after comedians in the country, and was a finalist on NBC’s Last Comic Standing in 2014!

Rocky has filmed his own Comedy Central Presents special and has appeared on The Tonight Show with Jay Leno. Rocky has opened for such luminaries as the development of an extensive and eclectic repertoire of instruments as well as the development of an extensive array of comedy.

The Dady Brothers are a musical duo who have been performing and winning the hearts of crowds professionally for over 40 years. Their music transcends genres and generations by the melding of American Folk Roots and Irish Traditional influences into an amalgam of sound that is uniquely their own.

The instruments they have command of are: The guitar, 4 and 5 string banjo, pennywhistle, ukelele, fiddle, mandolin, bodhran, harmonica, concertina and the uillenn pipes. They have taken their talents to many diverse venues from the reaches of Alaska to Ireland from the Caribbean to Nova Scotia. They have performed well over five thousand shows at concert halls, schools, music festivals and night clubs.

The Dady Brothers have hosted 22 guided tours of Ireland, escorting hundreds of folks on the tours of their lives and have garnered numerous awards and proclamations celebrating their contributions to community growth and culture.

The Dady Brothers will be playing the Rolling Hills Radio on Thurs., Jan. 28 at 6:30pm at Studio Theater 108 E. 3rd St., Jamestown.

Host Ken Hardley brings a mix of hardworking, frequently touring musicians, singers and songwriters to the Studio Theater stage for an intimate evening of live music, interview, storytelling and more. Rolling Hills Radio, a creation of producer/host Ken Hardley, is an ongoing series featuring live musical performances from regional, national & internationally recognized artists exploring, celebrating, and performing passionate americana music. Whether blues, classical, bluegrass, folk, traditional country, rockably, jazz, or pop the music reflects the heart of the musician and the human condition.

Each concert is recorded with you - the live audience - then broadcast the following week on WRFA-LP 107.9 Radio For The Arts. For Tickets call 484-7070.
Article Contributed by
Jamestown Public
Schools

Twelve Jamestown High School students participated in the 2016 Optimist Oratorical Contest at the Winfield Crawford Dibert Boys & Girls Club. JHS junior, Katie Healy won first place, JHS junior, Lucas Lassinger placed second, and JHS freshman, Sarah Russo placed third.

The topic for this year’s speech was: “How my best brings out the best in others.” Each written speech had to be memorized and fall within a five-minute range. The twelve students who competed were freshmen: Ellen Cross, Carley Westphal, Gigi Mead, Sarah Russo; juniors: Marty Dibble, Lucas Lassinger, Izzy Kulakowski, Katie Healy, and Tyra Sundquist; and seniors: Eros Quinones, Skylar Hillman, and Mitchell Smigel. All are students in Barb’s Price’s College Level Public Speaking and English 9 AT classes at JHS. Mrs. Price remarked, “We are so grateful that the Optimist Club provides this opportunity for our students to craft speeches, memorize them, and deliver them before a panel of judges. It’s a valuable ‘real life’ experience, and the representatives from JHS comported themselves beautifully. I was pleased to hear some of the mothers in the audience say that they had never seen this poised, polished, presentional side of their children before!”

Kaitlin, Lucas, and Mrs. Price will travel to Lockport on Saturday, February 27 to compete at the “zone” level. The ultimate prize is a $22,000 college scholarship.

According to winner Kaitlin Healy, “The Optimist Oratorical contest gave me the opportunity to practice all that I’ve learned in Public Speaking class in a comfortable and rewarding atmosphere. Before my Public Speaking class, I believed that there was nothing more for me to improve on. Throughout the semester, however, I learned that I had obstacles to overcome. I’m really looking forward to competing in the Lockport contest.”

Lucas Lassinger added, “This Oratorical contest allowed me to explore and develop my public speaking skills in front of a new and larger audience. I am thankful that our local Optimist Club sponsors this event, and I hope to represent Jamestown with great pride at the next level of competition.”

Freshman, Sarah Russo commented, “I really enjoyed this experience because it made me more confident. I never would have been able to do it without Mrs. Price, so I owe her a huge thank you.”

Optimist Clubs are dedicated to “Bringing Out the Best in Kids” and do their part through community service programs. Since each club is autonomous and run by members in their community, Optimists have the unique flexibility to serve the youth of their area in any way they see fit. Optimist Clubs see a need in their community and react to it. For more information, contact Cindy Conner at ccquilter@hotmail.com.

Good Business Makes Good Neighbors

Nixon explained. “It was only one week before Christmas, so I said there was no way I could help in time for the holiday. I suggested help through FB, though, for people to donate Christmas gifts. The response was overwhelming. I decided to put together a show but I knew the timing would be tight.”

“I told Shannon we can set up fast for just about any opportunity,” Spencer said. “We strive for people in community to have a place for benefits like this, as well as shows, dances, conferences and much more. There was no reason we couldn’t help here.”

Helping a Neighbor

The Duffee’s 15-year-old daughter was diagnosed within the last year with Pots Syndrome, a mysterious disorder of heart rate and blood pressure that causes sudden fainting and, in her case, increasingly frequent seizures as. The Duffee’s middle child is well, but the youngest developed an unexplained digestive reaction to many foods and simply couldn’t eat. “These people are just like the rest of us,” Nixon said. “It’s a very humbling experience to witness these struggles. Part of life is learning how to accept help just because people want to do it.” Though the Duffees are both employed and Mrs. Duffee is active in local school events and the PTA, these sudden and unexplained illnesses have placed a major strain on the family.

Without special considerations from the Willow Bay Theater, Nixon said, An Evening of Broadway could not have been planned. For presale tickets ($10, $12 door) readers can call Nixon at 716-450-6277.

Community Collaboration

Asked whether the Willow Bay Theater will create competition with other theaters in town – the Reg Lenna Theater, the Lucille Ball Little Theater and others – Spencer replied, “We’re each defining our own niche and we’re all trying to figure it out. A thriving and growing theater district will complement the upcoming Lucille Ball Center for Comedy and should increase business for everybody.”

When the Reg Lenna Theater had a big event recently and needed more chairs, we loaned them whatever they needed,” Spencer said. “And we collaborate with The Spire Theater, too. It’s just the way to get things done around here. Everybody cooperates and everybody benefits.”

Willow Bay Theater also hosts high school proms, business expositions, concerts and other groups as part of its regular, for-profit operations. “The nature of what Willow Bay has done over the years is community support,” Spencer said. “We aim to be an asset that benefits downtown in any way we can. Collaboration is part of Jamestown’s DNA.”

Learn More

The Willow Bay Theater can be contacted by calling 716 664 1516 to book shows, banquets, dances and more, or by visiting willowbaybuilding.com.

Jordan Spencer, Willow Bay building manager.

Continued from Front Cover

Masonic Temple, commercial offices, busy storefronts, 10 residential apartments as large as 2,000 sq ft., a thriving church called Praise Fellowship and the offices of Chautauqua Works, the employment hub of Chautauqua County, according to willowbaybuilding.com.

Doing Well by Doing Good

“I don’t like to use the word charity very much,” said Shannon Nixon, a local freelance writer, JCC Business graduate and English 9 AT classes at JHS. “I don’t like to use the word charity very much,” said Shannon Nixon, a local freelance writer, JCC Business graduate and English 9 AT classes at JHS. “I just see it as community.”

Nixon is organizing a benefit event, An Evening of Broadway, working with all volunteers, to be staged at the Willow Bay Theater on Friday evening, January 22, at 8pm. “We’re featuring a whole assortment of local artists, musicians and dancers,” Nixon said with obvious enthusiasm. “I didn’t plan on all that, but people just came to me because they wanted to help. It’s about people coming together because that’s what community is.”

A Need – A Plan

“A couple of days before Christmas a friend came to me and said there was a family in need. They were a Jamestown family, the Duffees. My friend knew I did benefit shows but wasn’t sure I could help,” Nixon explained. “It was only one week before Christmas, so I said there was no way I could help in time for the holiday. I solicited help through FB, though, for people to donate Christmas gifts. The response was overwhelming. I decided to put together a show but I knew the timing would be tight.”

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The ornate and comfortable Willow Bay Theater.

Three JHS Students Win 2016 Optimist Oratorical Contest

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Jordan Spencer, Willow Bay building manager.
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or submit resume or letter of interest to:
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Resumes may be emailed to: bkulinski@urc.com

or sent to:
PO Box 780
Warren, PA 16365
Attn: B. Kulinski

**OPEN INTERVIEWS**

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- Paid Time Off
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- Competitive Wages
- Weekly Paycheck
- Applications Accepted!

AbsolutCare at Salamanca

451 Broad Street
Salamanca, NY 14779

www.absolutcare.com
Star Program

Article Contributed by Chautauqua County Office for the Aging

The Chautauqua County Office for the Aging wants to remind everyone that the deadline for applying for the Star Programs for most towns is March 1, 2016 with the exception of the City of Dunkirk and a few other municipalities which can be as late as May 1, 2016. Check with your local assessor’s office if you did not get your star benefit last year or if you are a senior who has not signed up for Enhanced STAR and Income Verification.

Basic Star is available to all homeowners of any age with income less than $500,000 per year and gives them a reduction in their school taxes of any age with income less than $81,900. NY State has said that seniors citizens did not have to reapply last year but that may not be true if you did not sign up for the Income Verification program or are turning 65 in 2016.

Who is eligible for Enhanced STAR?

• People are eligible the year that they turn 65; they do not have to wait for the following year.
• Individuals 65+ are eligible if they own their own home (or have life use).
• Have an income of $84,550 or less.
• People are eligible the year that they turn 65; they do not have to wait for the following year.

The State Income Verification Program is available and should be completed the first year you apply for Enhanced STAR.

However, joining the Income Verification Program is not a guarantee that you will have to reapply last year but that may not be true if you did not sign up for the Income Verification program or are turning 65 in 2016.

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January 18, 2016

JAMESTOWN GAZETTE
www.JamestownGazette.com

G.A. Family Services Selects Stacey Teagarden as Employee of the Year

Article Contributed by Lutheran

Stacey Teagarden, RN, fondly known to the staff and youth at G.A. Family Services as Nurse Stacey, was recently honored by her coworkers as the 2015 Employee of the Year. For the last 14 years she had overseen the medical needs of the youth in the Residential Program and at the Learning Center.

“I am so happy to be recognized for the work that I love to do,” Teagarden said. “Adolescence is a time of difficulty and challenges. I am blessed to be able to improve the health and well-being of the youth that I serve. Each child is a unique portrait. Adults who interact with them have the potential to change their story. I am thankful for a chance to help to paint the picture of a more positive outcome for each youth.” She said.

Her nomination highlighted the many reasons she was chosen. Her character traits enhance the lives of the youth. She not only meets their individual needs, but also the needs of their caregivers and service providers. She faces difficult situations with the utmost professionalism and sincerity and remains calm and polite while expressing sympathy to the caregivers. “Stacey exemplifies all that we do here,” said Karl Wiggins, vice president for G.A. Family Services. “She is always willing to go the extra step for both students and staff and does so with a smile.”

Teagarden was chosen from among the twelve employees of the month at G.A., who are nominated by their peers. The nominations are then presented to a team of employees who make the final decision. “Recognition from our peers is the best form of flattery,” said Tom Holt, Lutheran President and CEO. “We’re excited to see Stacey receive praise for her compassion toward our youth.”

G.A.F.S. is a specialized treatment program for youth and their families. Treatment includes residential, a learning center, therapeutic foster care, adoption services, and community based and preventative services. For more information about G.A., log onto www.lutheran-jamestown. org or call (716) 665-2116.

JCC Dining Area Slated for Renovation

Article Contributed by Jamestown Community College

Students at Jamestown Community College’s Jamestown Campus will be greeted by a modernized dining facility when they arrive for classes next fall. Cafeteria operations, which are situated in the Hamilton Collegiate Center, will be relocated temporarily to the Weeks Receptions Hall in the Arts & Sciences Center beginning February 12. A variety of menu options will be available throughout the semester in the Weeks Reception Hall.

Preliminary work on the total renovation project was completed last summer with equipment upgrades to the kitchen area. Additional improvements to the cafeteria will provide enhanced serving areas, expanded seating, and new furniture.

Completion of the renovations is expected in early August. The project is funded through local and state funds as well as a gift from the Hufgud Foundation. Although the Weeks Reception Hall will be unavailable for use by community groups during the cafeteria renovation, JCC has other spaces that can be rented for meetings and special functions.

“Updates to JCC’s cafeteria and dining area have been long overdue,” notes Mike Martello, vice president of administration. “The renovation may cause some inconvenience, but a more usable, customers friendly space will enhance the experience of our students and others.”

Allen Street Grocery and Deli Mart Opens on Eastside

Article Contributed by Allen Street Grocery and Deli Mart

The Downtown Convenience Store Corp., owner Neil Patel, recently celebrated the opening of the Allen Street Grocery and Deli Mart on the corner of Allen and Wainor Streets in the City of Jamestown. The 4,200-square-foot store is located in the former 7-11 location at 340 Allen Street and is open daily from 6 a.m. to 10 p.m. with a complete menu.

The Allen Street Grocery and Deli Mart in an area that was previously underserved for grocery and convenience types of items. That was the main reasoning behind the survey conducted by Neil Patel’s construction team.

The Allen Street Grocery and Deli Mart employs three full-time and part-time workers.

For more information or to order ahead, customers may call (716) 720-4233 or visit us on Facebook at facebook.com/Allenstreetgroceryanddeli.
January 18, 2016

CASAC Teens are Invited to Take Part in National Drug & Alcohol Facts Week

Article Contributed by Chautauqua Alcoholism & Substance Abuse Council

7th–12th grade Chautauqua County School teenagers are invited to join forces with other teens and scientists across the United States as part of “National Drug & Alcohol Facts Week” (NDAFW). The week-long health observance, organized by the National Institute on Drug Abuse (NIDA) and the National Institute on Alcohol Abuse and Alcoholism (NIAAA), both part of the National Institute of Health, takes place Monday, January 25th through Sunday, January 31st. NDAFW celebrates the inquisitive minds of teens by giving them a space (virtual or physical) to learn what science has taught us about drug abuse, alcohol, and addiction, and share accurate information with friends.

All health teachers in Chautauqua County will be receiving a copy of the Trivia Questionnaire. All completed forms can be emailed to info@casacweb.org, faxed to our office at 716-664-3608, or dropped off to our Jamestown or Dunkirk Office. You can also retrieve the trivia questionnaire by going on CASAC’s Facebook page at https://www.facebook.com/CASACweb.org/ref=hl. For any questions please call the Dunkirk Office at 716-366-4623.

CASAC’s Mission is to build a safer, healthier community by effectively addressing alcohol, other drugs and related high-risk behaviors through Advocacy,Hope, and Awareness. Since 1974, CASAC, a United Way Community Partner, has provided prevention education and community awareness regarding alcohol and other drugs. CASAC is the only New York State Office of Alcoholism & Substance Abuse Services (OASAS) approved and supported alcohol and other drug prevention agency in Chautauqua County. For further information about CASAC programs and services, call the Jamestown office at 664-3608, or the Dunkirk office at 366-4623, or go to CASAC’s website, www.casacweb.org. Jamestown’s Office is 501 West Third Street, Suites 3 & 4 in Jamestown. Dunkirk’s Office is 334 Central Avenue, Suite 105 in Dunkirk.

We want teens to have the opportunity to learn what science has taught us about drug abuse, alcohol, and addiction,” said Patricia Munson, Executive Director of CASAC. “There are so many myths about drugs and alcohol cluttering our popular culture. National Drug & Alcohol Facts WeekSM is for teens to get honest answers about drugs so they can make good, informed decisions for themselves and share accurate information with friends.

In addition to National Drug and Dance, Infinity will be adding a cultural drum performance ensemble, cultural art classes, empowerment through drumming, and funk and afrobeat to program offerings.

Ron Williams (Preach Freedom) – Hand Drum, Drum & Dance Ensemble, Workshops

Ron Williams (Preach Freedom) is an International recording artist, singer/songwriter, musician, and actor with over 20 years of experience studying with Master Drummers from Senegal, Ghana, Haiti, Puerto Rico, Peru, and Cuba. Preach has facilitated workshops and drum circles across the country.

Preach co-founded the musical ensemble, One World Tribe, recording 3 albums. He toured extensively with International touring and recording group Rusted Root, recording 2 albums, and was a featured vocalist on Grammy winner, Alex Bugnon’s critically acclaimed album, “Harlem.”

In 2013 Preach returned to Buffalo, NY and continued acting with the Ujima theater company and touring with his group, “Connect.” In 2015 he founded, and currently conducts, the Buffalo Afrobeat Orchestra and continues to share his joy of drumming with children and adults alike.

Milissa Williams – Art, Dance, Theater, Drum & Dance Ensemble, Workshops

Milissa Williams was born and raised in Queens, NY and is a graduate of the University at Buffalo with a BA in Psychology. Milissa also holds an AAS in Graphic Design. She has worked for assistant with Studio Arena’s Shakespeare in the Park in Buffalo, NY, Costume Designer for RPAI’s East End Theater in Rochester NY and productions of, “Dreamgirls” and “Chicago” in 2011. Milissa is also an acrylic painter and has displayed her work at events and galleries, including the Varro Gallery in Erie, PA, and the Buffalo Arts Studios Gallery in Buffalo, NY. Milissa has been dancing for 37 years. She was a member of the African American Dance Ensemble, an African Contemporary Dance Company under the direction of Janet Reed and Marvin Astley within the Buffalo Inner City Ballet Studio. For 9 years she was a member of Le Toub a Dom Fal, A traditional African Dance Troupe which was directed by Raymond Sylla, Allasane Sarr, M’baye Rama Digne, Emile Latimner, Robin Hibberts, and Yossou Lo, from whom she studied traditional West African Movement and dances and performed concerts, events, and festivals in the WNY and PA area.

Her ambition as a dance instructor began in 2003 at the Clark Academy where she continues to provide, promote, and encourage students of all ages with her traditional and contemporary approach to movement. Milissa also teaches African Contemporary Movements which consists of various techniques and styles of movement from the Caribbean to West Africa. In 2004, Milissa began working along side her husband (Ron Williams) as part of a “One World Tribe” educational team in Erie, PA and worked as teaching artists for Erie Arts and Culture’s Art in Action program, infusing the arts with core curriculum standards throughout schools in the state of Pennsylvania.

For more information about Infinity, to register for Infinity Drum and Dance, or to schedule lessons with Preach or Milissa, please visit www.infinityperformingarts.org.
Small Batches, Big Impact

Reverie Creamery

Article Contributed by Beth Peyton

Riko Chandra, cheesemaker and co-owner of Reverie Creamery on Route 394 in Mayville, is passionate, lively and enthusiastic about everything related to artisan cheese. As he’ll tell you, though, the way to fully appreciate the facility, the cheese, and the experience is to slow down. Take your time and notice the wedges, wheels, and packages of over fifty different cheeses, even more during the summer season, that are on display in two large cases in the market, the retail section of the creamery. The earthy and pungent scents of the cheeses comingle in the air, differentiating when you get near enough to smell one of the featured cheeses laid out on a rustic cheeseboard. Riko encourages you to use your fingers and have a taste.

Born and raised in Jakarta, Indonesia, Riko developed a love of cheese from his grandmother. “Asians don’t usually eat cheese,” he said. “But the Dutch colonized Indonesia, and they brought butter and cheese. My grandmother was a wonderful baker.” He studied cheesemaking at Cornell and with several artisan teachers. He and co-owner Jim Howard, a retired geologist, have a long history of visiting and summering in Chautauqua County, and decided to locate permanently here a couple of years ago. Riko and his assistant, Rachel Vallancourt, make a variety of cheeses with milk from goats and cows from a farm in Allegany County. Rachel recently graduated with a Bachelor of Science degree in Livestock Science and Veterinary Science. She and Riko, who graduated recently with a Bachelor of Science degree in Dairy Science, have been working together as a team since the day the doors opened and I am honored and excited to take on this new role. With my experience and knowledge of this new business is advocacy – an attitude that likely comes from Riko’s commitment to food and community in general. It’s apparent that customers receive in the retail shop, the service, attention, and even recipes that customers receive in the retail shop, the collaboration with a growing number of local artisans, are located beside honey, chocolate, pickles, and favorite in our house, butternut squash seed oil. Like the cheese, most products are made by hand and most have a Western New York connection. “Drizzle the oil over soft goat cheese on a cracker,” Riko says. “Try blue cheese on sliced apple, drizzled with honey.”

Artisan cheese is made in small batches, with the cheesemaker’s very own hands. The emphasis is on quality, not quantity. Handmade washed rind cheeses are aging in the on-site cave. They must be regularly turned and brine- or alcohol-washed. They must be babied.

A large gathering room adjacent to the retail space is nearing completion. The space will be used for cheesemaking and cooking classes; tastings, where cheeses will be paired with beers and wines; and parties, harvest dinners, receptions and other events.

“I have been dedicated to this building since the day the doors opened and I am excited and to take on this new role. With my experience and knowledge of this new role immediately and oversee all operations and functions of the arena. Hinderleider commented after being promoted to General Manager. As a Jamestown Lakers Alumni, Hinderleider’s love for hockey and the arena goes beyond just his every day duties. He actively participates in the Jamestown Savings Bank Arena, the Jamestown Lakers Alumni, and the Jamestown Savings Bank Arena, and continues to run training programs throughout the year.

Hinderleider has achieved several certifications through Serving The American Rinks (STAR), the ice rink industry educational leader in the United States. This non-profit membership organization, formed in 2000 as a joint venture between USA Hockey and U.S. Figure Skating, offers three professional designations for rink professionals with training programs emphasizing both management and operational practices. Through their training, Hinderleider became a Certified Ice Technician (CIT) and Certified Rink Administrator (CRA). In 2014, he was awarded the highest STAR professional designation of Certified Ice Rink Manager (CIRM).

“We are very pleased that Craig is assuming the role of General Manager and feel that his experience, commitment and dedication to both the Arena and the community make Craig an ideal choice,” stated Kristy Zabrodsky, Co-President, Board of Directors.

Hinderleider graduated from the State University of New York at Fredonia with a Bachelor’s in Accounting in 2008. He also earned an Associate degree in Math and Science from Jamestown Community College. He currently resides in Jamestown with his wife, Nicole Hinderleider.

For any further information or questions, you may contact Craig Hinderleider at 716.484.2624 or email him at craig.hinderleider@jamestownarena.com. To see upcoming events and programming at the Jamestown Savings Bank Arena, visit www.jamestownarena.com, or follow the JSBA on Facebook and Twitter.

In addition to cheesemaking, Rachel Vallancourt supervises the facility to ensure compliance with licensing standards.

If you can take your eyes off the cheeses, you’ll also notice other beautiful products designed to enhance and augment the cheese experiences. Ceramic, wood and slate cheeseboards, made by local artisans, are located beside honey, chocolate, pickles, and favorite in our house, butternut squash seed oil. Like the cheese, most products in the shop are made by hand and most have a Western New York connection. “Drizzle the oil over soft goat cheese on a cracker,” Riko says. “Try blue cheese on sliced apple, drizzled with honey.”

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“We believe it’s important to collaborate and partner with other food producers in the area,” Riko said. “We are working with a local garlic farm to make fresh goat cheese with black garlic for the summer. We’ve made cheese with chipotle peppers and local maple cream. And right now, we’re making alpine style cheese washed with a porter from one of our local breweries.”

The attitude that permeates the many aspects of this new business is advocacy – an attitude that likely comes from Riko’s commitment to food and community in general. It’s apparent that customers receive in the retail shop, the collaboration with a growing number of local partners, and in the boundless enthusiasm that comes across when you talk with Riko or Jim about the food, agriculture, and beauty of Chautauqua County and Western New York.

More information about Reverie Creamery’s history, products and events is available on Reverie Creamery’s Facebook page, or on their website at http://reveriecreamery.com.
Beef Cattle Webinar Series Offered

Cornell Cooperative Extension of Chautauqua County’s Agriculture Program is pleased to announce educational webinars being offered for local beef cattle producers, sponsored by the Chautauqua County Beef Producers Group. The beef cattle industry is quickly evolving, and beef cattle growers need to keep pace with it. We plan to explore that evolution with three fast-paced, forward thinking sessions for the 2016 Ohio Beef Cattle School webinar series.

These educational webinars will be held locally at the Frank Bratt Agricultural Center, 3542 Turner Road, Jamestown, on the following dates and times:

- **January 19, February 2, and February 16, 2016.** Each webinar will begin promptly at 7:00 pm.
- **Tuesday, January 19, 2016** will focus on outlook, marketing and risk management. Dr. Darrell Peak, Oklahoma State University Livestock Marketing Specialist, will kick off the program with his insight into the beef cattle market outlook. Sam Roberts of United Producers Inc. will offer suggestions on market risk management and capturing profitable pricing opportunities in the coming year.
- **Tuesday, February 2, 2016** sessions will address management priorities for profitable beef production. Members of the OSU Extension Beef Team will address important concepts including calving windows, genetic choices, breeding management, crossbreeding and economic traits that will impact profit potential.
- **Tuesday, February 16, 2016** will focus squarely on the end product. Dr. Lyda Garcia, Assistant Professor of Meat Sciences at The Ohio State University, will demonstrate carcass fabrication into primal and sub-primal cuts and discuss how quality and yield differences establish beef values.

The Chautauqua County Beef Producers, there is no fee to attend. Registration is appreciated to accurately plan materials and refreshments by contacting Lisa Kempisty, at Cornell Cooperative Extension of Chautauqua County Beef Producers, whether they are raising just a few cattle, 25 or even 100+ cattle, can benefit from the information which will be presented by experts involved in the beef industry.

New Y ork. It is tax-exempt under a form of organization and governmental agency with an employment opportunities. Extension provides equal program and employment opportunities.

Cornell Cooperative Extension of Chautauqua County (CCE-Chautauqua). CCE-Chautauqua is a subordinate Cooperative Extension association under a grant from the national cooperative extension system, an educational partnership between County, State, and Federal governments. As New York’s land grant university Cornell administers the system in this state. Each Cornell Cooperative Extension association is an independent employer that is governed by an elected Board of Directors with general oversight from Cornell. All associations work to meet the needs of the counties in which they are located as well as state and national goals. For more information, call 716-664-9502 or visit our website at www.cce.cornell.edu/chautauqua. Cornell University Cooperative Extension provides equal program and employment opportunities.
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