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# Jamestown Gazette

Chautauqua Marketing Solutions, LLC **The People's Paper.** Vol. 4 • No. 41 | Week of October 13, 2014

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[www.JamestownGazette.com](http://www.JamestownGazette.com)

## An End to Homelessness in Chautauqua County

Contributed by  
**Walt Pickut**

Home is where the heart is. But where is your heart if you have no home? It can seem a heartless experience.

The number of homeless people in Chautauqua County varies according to what someone calls a home. For some it is only a mattress under a bridge and for others it may be an abandoned building with broken plumbing and no electricity.



COURTESY PHOTO : Bill Vogt, housing director at Chautauqua Opportunities.

By any standard, it includes hundreds of families and many more individuals than most citizens realize. The causes are complex and researchers say they can rarely be attributed to one factor alone, whether economic, social or personal.

Homelessness has been called the “invisible tragedy.” It is often more real than apparent. According to the Chautauqua County Homeless Coalition, 31.5 percent of those affected by homelessness in the county are children.

**The Plan**

The Chautauqua County Homeless Coalition (see list of coalition members, page 5) will ink a ten year plan, endorsed by all partners, to end homelessness in Chautauqua County on Thursday, October 16th at 10:00 am at Connections North at 10825 Bennett Rd. in Dunkirk. This detailed plan is the fruit of a project that has been under intense development since 2011.

**The Problem**

Poverty and homelessness

travel together. Too often, they also travel in the company of illness and educational failure. Approximately 20 percent of Chautauqua County residents lived in poverty last year, and homelessness affected many of them.

One of the primary contributors to homelessness in Chautauqua County is lack of affordable housing. An estimated 50% of renter-occupied units charge more than 30% (affordable housing as defined by HUD) of their tenants’ income in rent, thus making housing unaffordable to many.

**The Players**

Speaking for coalition partner Chautauqua Opportunities, Housing Department Director Bill Vogt said, “Through dedicated community partnerships and strategic efforts to address the specific causes of homelessness in Chautauqua County, the coalition plans to end homelessness. There will always be situations that lead to housing crises. The goal of this coalition is to alleviate the housing crises itself by providing people with opportunities that will lead to long-term self-sufficiency.”

Chautauqua County Executive Vince Horigan acknowledged that homelessness is a countywide issue, saying, “I applaud the work being done by the coalition for people in cri-

**Homelessness... Page 5**

## Lucy Town Weekend a Smashing Success

**New World Record Set**

Contributed by  
**Walt Pickut**

A great weekend of comedy, foot stomping fun shooting for Jamestown’s own world record and championship running brought enjoyment and thousands of visitors to Jamestown again for the annual Lucy Town Weekend.

**A New Record**

Saturday, October 11 saw a new world record stomped into the Guinness Book of World Records by 1,232 residents and friends of Jamestown, New York, stomping ankle-deep grapes for a full 3 minutes, overshadowing the previous record set in 2010 by 977 people in a small wine country town in the Basque region of northern Spain.

The old record was set treading seedless grapes – a popular Spanish regional variety where the record was set – so Lucy Town organizers successfully petitioned the Guinness Book record keepers for the same privilege. Jamestown’s record was set with more than 60 tons of Chautauqua County’s own locally grown Concord grapes from Fredonia’s Woodbury Vineyards.



COURTESY PHOTO : Rebekah Bretl, Official Lucy on the left. Journey Gunderson, Executive Director, Lucy-Desi Museum and Center for Comedy, right.

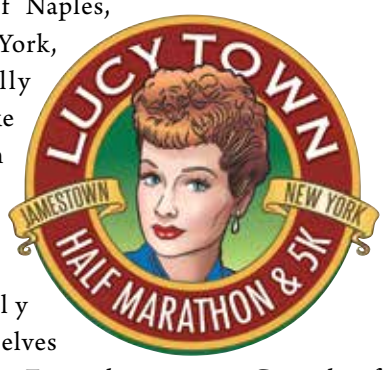
“It was just Grape-licious!” said a group of friends who traveled from their home of Naples,

New York, especially to take part in the event.

“We usually call ourselves the Grape Festival Capital of the World,” one of them explained, “but this was wonderful. Lucy deserves that grape stomping record.” Other out-of-town Lucy fans traveled from as far away as Alaska to be part of the world record breaking festivities.

The huge vat, designed to accommodate a cast of 1,500 grape stompers at once, was especially constructed for the record attempt by Artone Manufacturing of Jamestown. The event celebrates the I

**Lucy Town... Page 11**



**LINKS**



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Submitted by

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Military Friendly® Schools, found at www.militaryfriendly.com, features interac-

tive tools to help military students find the best school to suit their unique needs and preferences.

JCC provides a variety of resources for student veterans at its Jamestown and Cattaraugus County campuses as well as its North County Center in Dunkirk. The resources, outlined at www.sunyjcc.edu/student-life/student-services/veterans, are designed to enhance the success of students.

Victory Media is a service-disabled, veteran-owned small business founded in 2001. Victory's lists are published in *G.I. Jobs*, *Military Spouse*, and *Vetpreneur* media channels.

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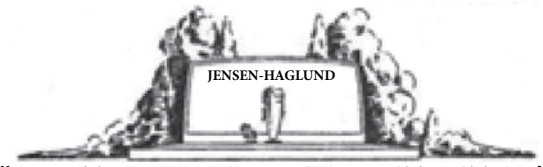
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# Editor's Message



## Not My Job

It's a great plan: Elect them and turn the job over to them. Wash your hands and move on. Off the hook. Elect the right people and your life gets easier, right?

Government is supposed to do for people the things we *can't* do for ourselves, like putting together an army or a navy, building interstate superhighways and county roads and running 10-ton snowplows over them at 3am in a blizzard.

But is it supposed to do the things we don't *want* to do for ourselves?

As a matter of fact, for the cynics among us, Winston Churchill once said, "The best argument against democracy is a five-minute conversation with the average voter."

Well, let's assume for a moment that we aren't those "average" voters. We're all Garrison Kiellor's children of Lake Wobegon and we're all "way above average."

There's still a question: Should we, the above average citizens, elect our representatives to do those things we would like to do for ourselves but just *don't know how*? Do we have a responsibility to step out of our comfort zone, wade into our ignorance and learn some new things we can – and maybe should – do for ourselves, or at least help our elected officials do?

This week your Jamestown Gazette invites all of us to step into the difficult battle against homelessness in Chautauqua County. One of the reasons the homeless population is hard to help is that they are hard to see... you have to want to see them, and that's uncomfortable. So here's a hint for your hunt: more than 30 percent of them are children. They need us to care.

The Chautauqua County Homeless Coalition's upcoming 10-year campaign to end homelessness is a team that blurs the boundaries between government and voters; it draws all of us together in the simple reality that the difference between elected officials and voters *does not exist!*

There's no *us* and *them* in this...you are not your brother's keeper or your sister's keeper, you are simply their brother or sister. It's all our job.

Enjoy the read.

Walt Pickut  
Editor  
The Jamestown Gazette

# Jamestown Gazette

The People's Paper.

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Carolyn Wilcox..... Fast Track to Fitness  
Discriminate Diners ..... Restaurant Review  
Janet Wahlberg..... Finding Your Family  
Joanne Tanner..... Down to Earth  
Katrina Fuller..... Life & Times of a Modern Housewife  
Pastor Scott Hannon ..... Faith Matters  
Pastor Shawn Hannon..... Faith Matters  
Vicki McGraw .....Join Me in the Kitchen

### QUESTIONS OR COMMENTS

Write to us at:  
PO Box 92  
Jamestown, New York 14702

OFFICE: 716-484-7930  
FAX: 716-338-1599

### CONTACT US...

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Events- ent@jamestowngazette.com

ONLINE: www.jamestowngazette.com

AD DEADLINES: Thursday at 4:00 pm  
production@jamestowngazette.com

### DISTRIBUTION:

The Jamestown Gazette is a locally owned FREE weekly community newspaper that reaches residents and merchants in Chautauqua, Cattaraugus and Warren Counties. We build a sense of community and pride by providing residents and businesses with positive stories and timely information that spotlights local residents, organizations and businesses operating and working together. New issues will be distributed to local dealers every Monday.

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319 West 3rd Street  
Jamestown NY 14701

**ART:**

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Photography Exhibit & Sale  
Nov-Oct. 17 9am-8:30pm  
Prendergast Library, 509 Cherry St.,  
Jmst  
716-484-1735

Bird Portraits  
Exhibit of Steve Cagan  
Nov. 14-Jan. 4  
Roger Tory Peterson Institute  
311 Curtis St., Jmst  
716-665-2473

**AUDUBON NATURE EVENTS:**

Oct. 25: Basket Making 10am-3pm  
Nov. 1: Owl Day 10am-3pm  
Nov. 7: First Friday Lunch Bunch-11am  
Nov. 8: Little Explorers-10-Noon  
Nov. 15: Contemplative Photography 1-3  
Nov. 22: Thanksgiving with the Birds 11-3  
FOR MORE INFORMATION  
ON ANY EVENT CALL 569-2345  
WWW.JAMESTOWNAUDUBON.ORG

**BINGO:**

Fluvanna Fire Hall  
716-483-8505  
Every Tuesday Night 7-10pm

Sinclairville Fire Hall  
716-962-2025  
Every Wednesday Night 7pm

**BENEFIT EVENT:**

Emporium  
Nov. 1, 9am-2pm  
Sponsored by Community Helping  
Hands  
Gateway Center, 31 Water St., Jmst  
716-487-1488

**COMEDY:**

Cirk La Putyka Presents:  
Slapstick Sonata  
Nov. 11-7:30pm  
Reg Lenna Center for the Arts  
116 E. Third St., Jmst  
716-484-0707

**COMMUNITY EVENTS:**

The Silver Ring Thing  
Oct. 19, 6-8:30pm  
Willow Bay Theater  
21 E 3rd St., Jmst

Chautauqua County  
Restaurant Week  
Oct. 20-26  
[www.chautauquachamber.org](http://www.chautauquachamber.org)

The Bigfoot Experience  
2014 Chaut. Lake Bigfoot  
Expedition Oct. 25 & 26 10-5  
TBD, Chaut. County  
[www.thebigfootexperience.com](http://www.thebigfootexperience.com)

TCA Toy Train Show  
Sat., Nov. 15, 9am-3pm  
Jamestown Gateway Train Station  
211-217 West Second St., Jmst  
716-483-3041

**EDUCATIONAL:**

Open House at JCC  
Oct. 13 - Nov. 16  
Visit [www.sunyjcc.edu/explorejcc](http://www.sunyjcc.edu/explorejcc)  
716-338-1001

James Prendergast Library  
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[www.prendergastlibrary.org](http://www.prendergastlibrary.org)

**FALL FUN:**

Peek'n Peak Fall Fest  
Oct. 18 & 19  
10am-5pm  
1405 Old Rd., Clymer NY  
716-355-4141  
[www.pknpk.com](http://www.pknpk.com)

Scenic Fall Foliage Lake Cruise  
Sun., Oct. 19, 12:30-4pm  
The Summer Wind, 2 Dunham Ave.  
Celoron. 716-763-7447

Fall Festival for children "Fear Not"  
Oct. 25, 2-4pm  
Jamestown Christian & Missionary  
Alliance Church  
corner of W Third St & Lakin Ave.  
716-488-3015

**HALLOWEEN EVENTS:**

Terror Within the Walls  
Opens Oct. 17, 18, 24, 25, 30, 31 &  
Nov. 1 • 7:30-11pm  
14-16 E 2nd St., Jmst.  
[terrorwithinthewalls@live.com](mailto:terrorwithinthewalls@live.com)

Haunting at the Mall  
Oct. 17, 18, 24, 25, 30, 31, Nov. 1,  
7:30-10:30pm  
Chaut. Mall, 318 E. Fairmount Ave.  
Lakewood, NY

3rd Annual Town of Terror  
Fridays & Saturdays in October  
The Children's Safety Education  
Village, 2695 Rt 394, Ashville NY  
716-499-8138

**HISTORY:**

Remembering a Civil War Hero:  
The Life and Times of  
William Cushing  
Oct. 18, 2pm  
Fredonia Grange No. 1  
58 W. Main St., Fredonia NY

Fenton History Center  
67 Washington St., Jmst  
716-664-6256

**HOLIDAY EVENTS:**

Christmas Craft Bazaar  
Sat., Nov. 1, 10-4pm  
Findley Lake Fire Hall  
716-769-6568

Holiday Shopping  
in Amish Country  
Nov. 15, 9:30am-4:30pm  
SUNY Fredonia 716-673-3177

2014 Holiday on the Hill  
Fri., Nov. 21, 4-8pm  
Sat & Sun, Nov. 22-23, 10-4  
Girl Scouts Council Office  
2661 Horton Rd., Jmst  
716-969-4480

**MOVIES:**

Movies at the Reg:  
Fed Up: Oct. 15, 8pm  
How To Train Your Dragon 2  
-Sensory Friendly Oct. 18-10am  
-Oct. 19 2pm  
A Most Wanted Man-Oct. 18, 22,8pm  
The Drop-Oct. 25, 8pm  
Halloween Double Feature: Oct. 29-7pm  
Young Frankenstein & 1978's Halloween  
116 E Third St, Jmst  
716-664-2465

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**MUSIC:**

Back Room Radio Hour  
with the host Bill Ward  
Thurs., Doors open 6:30  
Trinity Guitars  
716-665-4490  
[trinityguitars.com](http://trinityguitars.com)

Rolling Hills Radio with Ken  
Hardley presents:  
Elden Kelly & Dee Adams  
Oct. 30, 6:30-8:30pm  
John McEuen  
Nov. 20, 8-10pm  
Studio Theater  
108 E 3rd St., Jmst  
716-484-7070

While We're Young tour  
featuring 1 Girl Nation & OBB with  
special guest Tori Harris  
Wed., Oct. 29  
Willow Bay Theater, 21 E 3rd St, Jmst  
847-991-4522

Southern Tier Brewing Company  
LIVE Concerts-Dark Star Orchestra  
Fri., Nov. 14, 7pm  
Reg Lenna Center for the Arts  
116 E. Third St., Jmst  
716-484-0707

Chaut. Regional Youth Symphony  
Chamber Concert  
Sun., Nov. 23, 7pm  
SS. Peter & Paul Church  
508 Cherry St., Jmst  
716-664-2465 ext 202

**OUTDOOR SPORTING EVENTS:**

Chaut. Lake Bassmasters  
Tournament - Sat., Oct. 18, 6am  
Long Point State Park Launch  
4459 Rt 430, Bemus Point

**SUPPORT GROUPS:**

Hilltop Wellness Collaborative  
Men of Action  
511 N Main St, Jmst  
entrance located on left side of bldg  
2nd floor-1st Wed. every mo. at 7pm  
716-490-3820

Caregiver Support Group  
2nd Tuesday of the month 1pm  
JAMA 15 S Main St, 2nd fl  
3rd Thursday of the month 5:30pm  
Fluvanna Community Church,  
3363 Fluvanna, Ave. Ext., Jmst  
Maggie Irwin • 716-483-5448

**THEATER:**

CATS  
Oct. 17, 18-8pm, 19-2pm  
Lucille Ball Little Theatre  
18 E Second St., Jmst  
716-483-1095

Bram Stoker's Dracula  
Oct. 17 & 18 - 8pm  
Spire Theater  
317 E. 3rd St., Jmst  
716-450-7357

**WARREN AREA EVENTS:**

STRUTHERS LIBRARY THEATRE:  
Spamalot (Warren Players)  
Oct. 23, 24, 25 • 8pm; 26th • 2pm  
302 West Third Ave., Warren Pa  
814-723-7231

**BINGO:**

Russell VFD  
Tuesday night Bingo  
Doors open 4:30 PM  
Pleasant Twp VFD  
Every Thurs. Night 4pm  
Sugar Grove V.F.D.  
Every Sunday 3:30 P.M.  
Warren Senior  
Community Center  
Doors open 4pm.  
Smoke free game.



Downtown Jamestown Farmers Market  
Every Thursday til Oct 30 12-6  
Cherry St. between 2nd & 3rd, Jmst  
716-664-2477

Village of Falconer's Farmers Market  
Every Sat. 9am-2pm thru Oct.  
Davis Park, Main St.  
across from the Community Bank  
bldg & Library

Fredonia Farmers Market  
Saturdays 9am-1pm til Oct 25  
Downtown Fredonia, Church St.  
716-680-2844

Warren PA Farmer's Market  
Midtown Parking Lot  
Every Saturday 8-Noon  
Until the end of Oct.

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# 1 Girl Nation and OBB announce the *While We're Young* Tour

Contributed by  
**CMA Promotions**

Two of Christian music's hottest new acts, 1 Girl Nation and OBB, have announced the *While We're Young* Tour, sponsored by Save the Storks and introducing new worship artist, Tori Harris.

Having recently received their first Dove Award nomination for New Artist of the Year, 1 Girl Nation is made up of four talented young women, each possessing a strong, distinctive voice and tons of personality. "The really cool thing about the group is all four of us are individual people," says Lindsey. "We have individual looks and styles and our voices are different. A big part of our message is that four completely

different girls can come together and be unified and sound like one. We're driven by our over-the-top, fun personalities. We have a blast!"

"While We're Young," the group's first radio single and namesake of the tour, encourages young people to make the right choices early in life. Kayli commented, "We wanted to put our own spin on the idea - You Only Live Once - and say, 'While we're young we want to live out our faith and bring the message to youth that you only live once, so why not live for Christ?'"

OBB, a group of three brothers, first came to light in 2009 on the CBS Early Show's "Singing Family Face-Off," which led to a record deal with Curb Records. The brothers' self-titled EP

debuted at #23 on Billboard's Heatseekers chart and #39 on the Billboard Christian albums chart, a rarity for an EP bowing from a brand-new artist.

The band of brothers give a high-octane performance every night that resonates with fans, showing youth that worship can be an enjoyable experience. "I believe we serve a fun God, and I'm not afraid to stand on stage, jump around, run and raise my hands, and give everything I have to worshipping God," says Jacob.

Opening the tour will be new worship artist, Tori Harris. This summer,

Tori's new EP, *Sweet Dolor*, debuted at #2 on the iTunes Christian charts. In addition to the *While We're Young* Tour, Tori will also be playing on select *Acquire the Fire* dates this fall. The date for Jamestown is October 29.

The *While We're Young* Tour is sponsored by pro-life nonprofit, Save the Storks, which works with local pregnancy centers to meet abortion-vulnerable women where they are share with them the good news of Jesus. For more information, visit [www.savethestorks.com](http://www.savethestorks.com).

## JCC College & Career Night Set For October 21

Contributed by  
**SUNY - JCC**

Jamestown Community College and the Chautauqua County Counselors Association will host the 38th annual College & Career Night on Tuesday, October 21, from 6 to 7:30 p.m. in the Physical Education Complex on JCC's Jamestown Campus.

The program offers high school stu-

dents, their parents, and community members the opportunity to gather information about educational institutions and career possibilities. Representatives from nearly 60 colleges and 80 career areas are expected to attend the event.

Admission is free. For additional information about College & Career Night, call JCC, 338.1001.

## Food Industry Documentary to Show at Reg Lenna Center for The Arts



Contributed by  
**Reg Lenna Center for the Arts**

The advocacy documentary, *Fed Up*, will show for one night only at Reg Lenna Center for The Arts on Wednesday, October 15 at 8pm. Everything we've been told about food and exercise for the past 30 years is dead wrong. *Fed Up* is the film the food industry doesn't want you to see.

From Katie Couric, Laurie David (Oscar winning producer of *An Inconvenient Truth*) and director Stephanie Soechtig, *Fed Up* will change the way you eat forever. The film is rated PG and

runs 92 minutes. This special screening is being presented in cooperation with the Community Transformation Grant and the Chautauqua County Department of Health and Human Services as part of a Kick Sugar campaign.

Special, sugar-free concession items will be available during the screening. All seats are \$5. Tickets may be purchased at box office one hour before show time.

Reg Lenna Center for The Arts is located at 116 East Third Street in Jamestown, NY. For information on Movies @ The Reg and other upcoming events, visit [reglenna.com](http://reglenna.com) or call 716.484.7070.

## Homelessness

Continued from Page One

sis. The coalition's collaboration with the Chautauqua County Department of Health & Human Resources will help bring valuable resources together from across the county to address this urgent concern."

Jamestown and Dunkirk are actively joining in the coalition's attack on the root causes and wide ranging effects of homelessness. Both cities bring long-established expertise, funding and important capabilities to the coalition's project.

Jamestown's commitment to relieving homelessness is not new, and includes its 2008 Action Plan for the Homelessness Prevention and Rapid Re-Housing Program (HPRP), to "provide financial assistance and services to either prevent individuals and families from becoming homeless or help those who are experiencing homelessness to be quickly re-housed."

Vince DeJoy, Director of Development for the City of Jamestown, explained, "Mayor Teresi and the City Council are very supportive of the efforts that are being made by providers and local agencies to address homelessness. As Director of Development, I also stand with Mayor Teresi to address the plight of homeless individuals and families in the Greater Jamestown area, and we will actively work to address the causes and find sustainable solutions."

Dunkirk has also established a record of committed care for homeless individuals and families, according to Executive Director of the Dunkirk Housing Authority, Judith Presutti. "We are very fortunate that we've received Shelter Plus Care Funding (a HUD program) for many years to care for our homeless. This provides a vital safety net for rent payments and allows us to partner with STEL for the homeless individual's and family's medical and social needs."

The Red Cross has amassed a great storehouse of knowledge and methods to help the homeless over the last century and more, responding to natural and human caused disasters nationwide and globally. "We want to understand what the needs are here at home and partner in creating local solutions," explained the Red Cross Disaster Program Manager for WNY, Tina Jones, in her Jamestown office. The Red Cross has also established a long, historic connection to serving the US military, "Veterans experiencing homelessness are a special concern for us at the Red Cross" Jones added.

St. Susan Center has been intimately in-

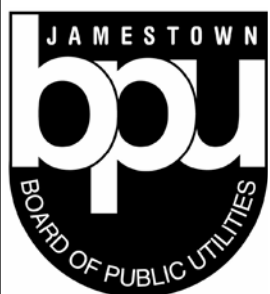
involved in care of the poor and homeless of Jamestown for many years. "We see so many homeless people in a year that we've gained great insights most people wouldn't recognize," said St Susan Executive Director Sue Colwell. We can connect people, many of whom simply don't "appear" to the general public as homeless, with the care they need.

### Invitation

The public is invited to attend the signing of the Chautauqua County Homeless Coalition Plan on Thursday, October 16th at 10:00 am at Connections North at 10825 Bennett Rd. in Dunkirk or, to learn more, call William Vogt 716-661-9430 at Chautauqua Opportunities in Jamestown.

### Chautauqua County Homeless Coalition

- American Red Cross
- CHRIC
- Chautauqua County Dept. of Health and Human Resources
- City of Jamestown Dept. of Development
- Dunkirk Housing Authority
- Erie 2 Chautauqua/Cattaraugus BOCES
- Housing Options Made Easy
- Southern Tier Environments for Living, Inc.
- Legal Assistance of WNY
- St. Susan Center Resource Center
- Salvation Army
- Veterans Administration
- Willow Mission-First UMC Dunkirk
- Chautauqua Opportunities
- YWCA of Jamestown



# JAMESTOWN BPU FALL FLUSHING

## Oct. 4th-16th (Weather Permitting)

Flushing Times and Location Maps Posted Daily on [www.jamestownbpu.com](http://www.jamestownbpu.com)

Daily Times & Locations reported on page 2 of the Jamestown Post Journal,

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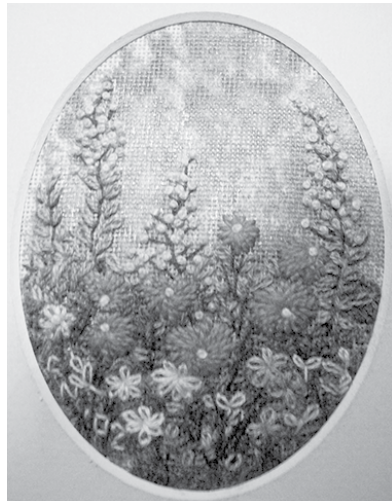
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## Embroiderers to Exhibit at Prendergast Library



**COURTESY PHOTO:** Local embroiderers will display many types of stitchery at Prendergast Library in a new needlework exhibit starting Friday, Oct. 24.

Submitted by  
**Prendergast Library**

The Chautauqua Region Chapter of the Embroiderers' Guild of America, Inc. will sponsor a needlework exhibit in the Prendergast Library Art Gallery Oct. 24 – Nov. 28.

The local chapter celebrated its 30th anniversary in 2012. Chartered in 1982, the group meets the second Wednesday of each month at St. Luke's Episcopal Church in Jamestown for a social hour at 6:30 p.m., program at 7 p.m., and business meeting at 8 p.m. Anyone interested in joining the Chautauqua Region Chapter may contact Catherine Way at 664-7291.

The group is one of 345 Embroiderers' Guild chapters across the country dedicated to education about needlework through programs at meetings, regional and national seminars, and correspondence courses.

Youth Outreach Chair Allene Hooper of Frewsburg recently completed the sixth year of a program teaching children how to embroider. Three girls, now 16, created a Christmas ornament, which included making the cording and tassels themselves.

Members of several chapters in the Mid-Eastern Region will attend a workshop on Saturday and Sunday, Nov. 8 and 9, at the Mercy Hilltop Center in Erie. In conjunction with the national organization, Jane Nicholas from Australia is coming to the area to teach about "Crocus, Clover and Jewel Beetle."

Hours to view local stitchers' work at Prendergast Library will be 9 a.m. to 8:30 p.m. Monday through Friday, 9 a.m. to 5 p.m. on Saturday, and 1 p.m. to 5 p.m. on Sunday.

The next exhibit will consist of paintings by William Larson. The library is located at 509 Cherry St., Jamestown. For information, call 484-7135.

## Storytelling Session Set at JCC October 30

Contributed by  
**SUNY - JCC**

Storyteller Paul Leone will present Autumn Appeal: Stories of the Season from 3-4:30p.m. on October 30 in Hultquist Library on Jamestown Community College's Jamestown Campus.

The program, sponsored by JCC's college program committee, is free and open to the public. Featuring folk tales and literary works that reflect autumn and the approach of winter, the program will also include stories from books Leone has authored.

Leone, who has presented storytelling programs and residencies throughout the area for 25 years, is the author/editor of three books of fiction. His latest book, *The Gospel Truth*, examines rural western New York society in the early 20th century.

Additional details on the program can be obtained by calling 338.1126.

## CASAC Library Donation

Contributed by  
**Chautauqua-Cattaraugus Library System**



**COURTESY PHOTO:** CASAC Employee Presents Library Donation

Jeffrey Grodecki, fiscal agent at the Jamestown office of the Chautauqua Alcoholism and Substance Abuse Council, presents Bobbie Caswell, assistant director at Prendergast Library, with a donation. In honor of his 20 years of employment at CASAC, the Jamestown resident was asked to select a book relating to its mission and a library to receive it. A United Way agency, CASAC provides alcohol, substance abuse and problem gambling prevention and intervention services to schools and communities in Chautauqua County. The book will be added to the library's circulating collection.

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# CASAC October Education Session

Contributed by  
**CASAC**

Scholarships are available from the Chautauqua Region Community Foundation, for interested community members unable to afford the fees, who are concerned about addictions, whether for themselves or a loved one.

Third in the series of fall sessions sponsored by the Chautauqua Alcoholism and Substance Abuse Council (CASAC) is "Relationships in a Dysfunctional World." This session, presented by Suzanne Joyce, is slated for Fridays October 17 & 24 from 9:00 am – 4:00 pm at the CASAC Jamestown office at 501 W. Third Street, Suites 3 & 4 of the Sprinchorn Building.

According to Joyce, everyone comes from a family with some degree of dysfunction. As a result of unhealthy messages received from childhood, adults struggle with life issues, especially with emotional intimacy. The seminar will demonstrate how these messages continue to affect our emotional health and intimacy skills. This workshop is for family members or for professionals working with clients to learn what constitutes healthy relationships, how to achieve them and create healthier habits and behaviors, especially as they relate to addictions.

Twelve credit hours are approved by the New York State Office of Alcohol and Substance Abuse Services for those seeking professional credentialing as a Credentialed Alcoholism and Sub-

stance Abuse Counselor (CASAC), Credentialed Prevention Professional (CPP) or Credentialed Prevention Specialist (CPS); the CASAC renewal and CPP/CPS (Section 3). This course work is also recognized and approved by the Pennsylvania Certification Board through reciprocity.

The Council offers a number of community and professional educational opportunities throughout the year. Individualized on-site training, depending upon staff needs, is available. All trainings can be designed either as an in-service training, conference or workshop.

The fee is \$120 and pre-registration is required for those not using a scholarship. To register for the above course contact CASAC or Kathleen Colby, Director of Training Services, 664-3608, [kjcolby@casacweb.or](mailto:kjcolby@casacweb.or) visit our Web Site: [www.casacweb.org](http://www.casacweb.org)

For further information about CASAC services, call the Jamestown office at 664-3608, or the Dunkirk office at 366-4623 or visit our Web Site: [www.casacweb.org](http://www.casacweb.org).



# Fall Festival for Children

Contributed by  
**Rev. Wayne Eppheimer,**  
Christian & Missionary  
Alliance Church

The Jamestown Christian & Missionary Alliance Church, located on the corner of West Third Street and Lakin Ave., will be hosting a Fall Festival for children, ages 3 years old through 6th grade. This event will be held on Saturday, October 25th from 2:00 PM – 4:00 PM. The theme for this year's festival is "Fear Not." The

focus is on learning to not be fearful and/or how to overcome being afraid. The fun-filled 2 hours includes the traditional game booths and refreshments. The children will also gather for a half hour of fast paced contests. The contests will be interspersed with messages on how to get rid of fear. Parental accompaniment is encouraged, but not required. For more information please call the C&MA Church office at 488-3015, or check out the church web site at [www.jamestowncmachurch.org](http://www.jamestowncmachurch.org)

# Fitness Sessions Planned at JCC

Submitted by  
**Jamestown Community College**

The next session of community fitness courses offered by Jamestown Community College's Total Fitness program and Faculty Student Association begin October 20.

Classes include: Water Aerobics, 7:30-8:30 p.m., Mondays, and 9:30-10:30 a.m., Saturdays; Zumba, 5:30-6:15 p.m., Mondays and Wednesdays; and Pilates and Ton-

ing, 5:30-6:30 p.m., Tuesdays and Thursdays.

Individual class fees are \$4 for Total Fitness members and \$7 for non-members. The prepaid card rate for six classes is \$20, members, and \$35, non-members. The 12-week prepaid card rate is \$40, members, and \$70, non-members.

Classes are conducted in the Physical Education Complex. Pre-registration is required and can be done by calling JCC Total Fitness, 338.1260.

# Life of Civil War Hero Featured During Upcoming Historical Lecture

Contributed by  
**Chautauqua County Historical Society**

The Chautauqua County Historical Society's final program of 2014 will take place in the hometown of a celebrated Civil War hero. On Saturday, Oct. 18 at Fredonia Grange No. 1, historian Jim Boltz will present "Remembering a Civil War Hero: The Life and Times of William Cushing."

William Barker Cushing was born November 4, 1842 in Delafield, Wisconsin. He was the youngest of four brothers, the second youngest being Alonzo Cushing, who lost his life in the Battle of Gettysburg and who only recently was awarded the Medal of Honor.

When he was just five years old, Cushing moved with his family to Fredonia, where his grandfather was the first permanent settler. Cushing was raised in Fredonia and attended school at the U.S. Naval Academy, but was expelled for pranks and poor grades. However, at the outbreak of the Civil War, he successfully pled his case to be reinstated and went on

to acquire a distinguished record, frequently volunteering for the most hazardous missions.

Cushing's heroism, good luck and coolness under fire during the war were legendary. He is best known for a special operation mission that involved the destruction of the Confederacy's ironclad ram CSS Albermarle – which took place 150 years ago – Oct. 28, 1864. Of the 14 men sent on the mission, only Cushing and one other were able to escape.



PHOTO COURTESY OF SMITHSONIAN INSTITUTION ARCHIVES: William Barker Cushing of Fredonia will be the focus of a lecture by local historian Jim Boltz on Saturday, Oct. 18, 2014 at the Fredonia Grange. The event is sponsored by the Chautauqua County Historical Society and is free and open to the public.

During the lecture, Boltz will not only focus on Cushing's heroism during the Civil War, he will also discuss the book "William B. Cushing in the Far East" – written by local author and retired history professor at SUNY Fredonia Julian McQuiston. The

book focuses on Cushing's post-Civil War service with the U.S. Navy in Hong Kong. Copies of the book will also be available.

The event will take place at the Fredonia Grange No. 1 (58 W. Main St., Fredonia NY), beginning at 2 p.m. Oct. 18. It is free and open to the public.

For Information on the Chautauqua County Historical Society, call 716-326-2977 or email [cchs@mcclurgmuseum.org](mailto:cchs@mcclurgmuseum.org).

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## SUDOKU

Edited by Margie E. Burke

Difficulty : Medium

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Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)



## Cáitlín O'Reilly Earns Music Therapy Licensure

Contributed by



Hospice and Palliative Care of Chautauqua County (HPCC) is pleased to announce that Cáitlín O'Reilly has recently been licensed by New York State as a Creative Arts Therapist (LCAT). This licensure permits the use of psychotherapeutic creative arts interventions to address mental, emotional, behavioral, and developmental disorders.

"Cáitlín has been instrumental in the development of a range of therapeutic services at HPCC including music therapy, art enrichment, massage therapy, Reiki, and guided visualization," said Shauna Anderson, Vice President of Clinical Operations at HPCC. "These therapies are invaluable because they help us to treat the whole person and allow patients to continue to grow emotionally while they are under our care."

To achieve the LCAT, a practitioner must be board-certified in his/her particular discipline (e.g., music therapy, art therapy, drama therapy, etc.), have a master's degree in his/her creative arts discipline, and complete at least 1,500 hours of supervised clinical experience.

Ms. O'Reilly is one of only two creative arts therapists licensed to practice in Chautauqua County.

Ms. O'Reilly, who relocated to Chautauqua County from Washington State, has over five years of experience working in the hospice field. She received both her BS and Master's of Music degrees in music therapy from SUNY Fredonia. She completed her undergraduate internship with Hospice Buffalo and worked part time for HPCC and Hospice Buffalo, then full-time with Hospice Buffalo before coming to HPCC full-time in March 2012.

Hospice and Palliative Care of Chautauqua County specializes in the care of and services for individuals and their families in the community who are dealing with life-limiting and terminal illnesses. Their team-based approach attempts to help those individuals live to the fullest extent possible until the end of life. For more information, call 716-338-0033.

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## The Weekly Crossword

by Margie E. Burke

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| ACROSS                                |                                       |                             |
| 1 "Life of Pi" director               | 7 Cereal topping                      | 13 Drag out                 |
| 14 Surveyor's instrument              | 16 Electrician's device               | 17 Soldier, often           |
| 18 Leg part                           | 19 Shambles                           | 21 Tossed over the shoulder |
| 22 Solomon, to David                  | 23 Rasputin, for one                  | 25 The Stooges, e.g.        |
| 26 Tickle pink                        | 28 Crack of dawn                      | 30 Colony member            |
| 31 African antelope                   | 33 Complete disaster                  | 35 Piece of merchandise     |
| 37 Change maker                       | 38 Long discussion                    | 41 Necklace fastener        |
| 44 Bro or sis                         | 45 Particle accelerator, briefly      | 47 Theater offering         |
| 49 Kinsmen                            | 51 Type of equation                   | 53 Farm grazer              |
| 54 Makes eyes at                      | 56 City in central China              | 57 Brass band instrument    |
| DOWN                                  |                                       |                             |
| 1 Vest opening                        | 2 Insignificantly small               | 3 Singer Campbell           |
| 4 Filming site                        | 5 Adversary                           | 6 Way out                   |
| 7 Nursery fixture                     | 8 Carte lead-in                       | 9 Guitarist Lofgren         |
| 10 Full-grown                         | 11 Redford baseball flick, with "The" | 12 DNA component            |
| 13 Out of style                       | 15 Grain disease                      | 20 Macho man                |
| 23 Type of health                     | 24 Three-dimensional                  | 27 Follow surreptitiously   |
| 29 Washed-out look                    | 32 Beelzebub                          | 34 Join hands?              |
| 36 Lens with concave and convex sides | 38 Mayflower passenger                | 39 Ornamental shell         |
| 40 Rajah's mate                       | 42 Not religious                      | 43 Inheritor's hassle       |
| 44 "Ivanhoe" author                   | 46 Brings to a halt                   | 48 In the know              |
| 50 Himalayan nation                   | 52 Jung's inner self                  | 55 Stupid person            |
| 57 Old TV knob                        | 59 Charged atom                       | 61 Scratch up               |



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## Framed In Pink: Bowling Over Breast Cancer

Limited Space Available in Support of Local Breast Cancer Care

Contributed by  
WCA Hospital

Sunday, October 19th, A group of local bowlers will host the Framed in Pink: Bowling Over Breast Cancer event at the Jamestown Bowling Company (850 Foote Avenue, Jamestown). Formerly known as "Bowl For A Cure", this charity event will support local breast cancer care at WCA Hospital and pay tribute to loved ones who have battled this deadly disease. The bowling event is a 9-pin no tap, \$15.00 per person includes three games and shoes.

"Bowl in honor or in memory of a loved one," says Sue Lamb, event coordinator. "I am sure everyone knows someone who has battled breast cancer. I think this is a fantastic opportunity to raise awareness of breast cancer here in our community. We all have a loved one who has been battled breast cancer.

We are committed to honor those loved ones, promote good breast health, benefit local breast cancer care, and have a good time!"

This bowling event will begin with a sign-in and Chine Auction at 12:00 noon, followed by bowling at 1:00 p.m. In addition, Framed in Pink is accepting donations for the basket raffle. In addition, Framed in Pink is accepting \$10.00 donations for pink tribute frames that will be displayed in honor or in memory of loved ones who have battled breast cancer.

The event is for all ages. Bowlers can sign up as a single or team up with two bowlers or more. Registration forms are available at WCA

Hospital, the Jamestown Bowling Company or by contacting Sue Lamb at (716) 484-8144 or email at slamb08@yahoo.com. "Say yes to a fun afternoon of bowling for a really significant cause," says Sue.

## LINKS Pink Walk To Celebrate Courage & Strength November 1st

All Proceeds Support New 3D Mammography Technology in the Fight Against Breast Cancer Care at WCA Hospital

Contributed by  
WCA Hospital

LINKS Charity will host the 4th annual LINKS PINK WALK: A CELEBRATION OF COURAGE presented by Jamestown Radiologists, MEDLINE, and Univera Healthcare Saturday, November 15th at the Chautauqua Mall (318 E. Fairmount Avenue, Lakewood). This special event will celebrate the courage of those who have faced breast cancer. All proceeds stay in Chautauqua County to enhance breast cancer care.

The LINKS Pink Walk festivities will begin at 10:00 a.m. with registration and many family-friendly activities including face painting, coloring table for children, pink nails, pink lemonade, pink cupcakes, pink cake pops, a fabulous basket raffle and more. A beautiful, hand-sewn breast cancer quilt created by area resident, Barb Greene will be raffled off. At 10:45 a.m., LINKS Charity will pay tribute to the courage of all those who have been diagnosed with breast cancer, including a personal patient testimonial by Jenny Rader and video message from breast cancer survivor, Marissa Troxell, will be viewed on a large screen in center court.

At 11:00 a.m., the walk will begin and be led by breast cancer survivors as all walkers will carry the LINKS Tribute Chain, a chain featuring thousands of pink links that have been purchased (\$1 donation) in honor or in memory of loved ones who are or have faced breast cancer.

Donations for these pink links are available at supporting event businesses including, Bob Evans, Truck-Lite, Cummins, Rocky's Family Karate, Greater Chautauqua Federal Credit Union branches, AFFINITY ONE Credit Union on Second Street, the Chautauqua Mall, Jamestown Radiologists and WCA Hospital.

Following the walk, participants will FORM A HUMAN BREAST CANCER RIBBON in the Mall Parking Lot. After the walk, attendees and event

volunteers will be treated a complimentary lunch by Bob Evans. At that time, attendees will continue to enjoy the pink-themed activities along with LIVE music provided by EMPIRE Entertainment LIVE DJ.

Along with lunch, each registered walker (\$10 per person) will receive a complimentary pink event t-shirt to wear during the walk. Walkers are encouraged to pre-register and join a team on-line at [www.FirstGiving.com/wca/2014-links-Pink-Walk](http://www.FirstGiving.com/wca/2014-links-Pink-Walk) or register on-line at [www.wcahospital.org](http://www.wcahospital.org) or call Linda Johnson, WCA Hospital at (716) 664-8614 for Pre-Registration Forms and Pledge Sheets.

Earlier this year, LINKS Charity announced that it is once again taking a leadership role in the local fight against breast cancer by completing their three-year, \$300,000 pledge toward the purchase of 3-D Breast Tomosynthesis. This cutting-edge technology will compliment LINKS Charity's most recent gift (\$275,000) to aid in the diagnosis of breast cancer through the purchase of Digital Mammography which is now operational in the WCA Center for Imaging & Medical Arts. LINKS Charity and WCA Hospital recognize that early detection means faster intervention, more treatment options, and improved survival rates.

"We believe that the 3-D Tomosynthesis is the next logical piece of the puzzle as it will work in conjunction with the new Digital Mammography suite at WCA," says Brad Van Riper, Senior Vice President for Truck-Lite and Executive Director for LINKS Charity. "We invite and encourage everyone to come out and join us for this family-friendly event as we celebrate courage, raise awareness, and support the future of breast cancer care here at our community hospital."

In addition to the major and associate sponsors of LINKS Charity (Truck Lite, Cummins, ALSTAR EMS, United Refining, The Bilicki Law Firm, Jamestown Savings Bank, and Northwest Savings Bank), the Presenting Sponsors of the 2014 LINKS Pink Walk are Jamestown Radiologists, MEDLINE, and Univera Healthcare.

To learn more about the LINKS Pink Walk or to sponsor the walk, please contact Linda Johnson, WCA Hospital Public Relations & Marketing at (716) 664-8614 or email, [linda.johnson@wcahospital.org](mailto:linda.johnson@wcahospital.org).



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**COURTESY PHOTO:** As part of its Bucket List Series, on Friday night, October 24, the Audubon Center & Sanctuary is taking a field trip to visit a Saw Whet Owl banding station. Participants will be able to observe the banding of one of our most elusive owls.

## Audubon Traveling to Observe Saw Whet Owl Banding

*Contributed by*  
**Audubon Center & Sanctuary**

What is the tiniest, cutest owl in the region? The Saw Whet Owl may be it, but they are rarely seen.

On Friday night, October 24, the Audubon Center & Sanctuary is taking a trip to a nearby Saw Whet Owl banding station.

Saw Whets migrate through our area in the fall.

Tom Leblanc is an experienced, licensed bird bander and naturalist who has been banding Saw Whet Owls for years. They travel at night, which is when Leblanc sets up mist nets and uses recordings to call them in.

The opportunity to witness one of our most elusive owls is so unusual that Audubon has included it on its Bucket List for 2014.

Participants will meet at Audubon at 8

p.m. and carpool to the banding location, approximately 8.5 miles from Audubon. Return is planned for 11 p.m.

Participation is limited to 10, who are reminded to dress for the weather and wear sturdy shoes.

Note: banding is weather dependent. If the weather is not good for banding, the program date will change.

Cost is \$16 or \$12 for Friends of the Nature Center. Reservations with payment are required by Monday, October 20, 2014: call (716) 569-2345 or use the on-line form by clicking through "Bucket List: Saw Whet Owl Banding" at [www.jamestownaudubon.org](http://www.jamestownaudubon.org).

*For more information on this and other Audubon opportunities, call (716) 569-2345 or visit [www.jamestownaudubon.org](http://www.jamestownaudubon.org).*

## Skateboard Art Show One Night Only at 3rd On 3rd Gallery Jamestown October 17

*Contributed by*  
**The Reg Lenna Center for the Arts**

All Decks On Hand 4 will open in the 3rd On 3rd Gallery at Reg Lenna Center for The Arts on October 17 at 6pm. This exhibition will be for one night only as the art will be auctioned off at the end of the evening. All proceeds benefit the Jamestown Skatepark Fund.

Created and presented by Active Artists Alliance, *All Decks On Hand 4* will feature art from more than 20 different visual artists, and will include original hand-painted, drawn and customized skateboard decks, as well as sculptural artworks made from used skateboard decks.

All works will be sold in a live auction at the gallery, immediately following the opening reception. All proceeds will go into the Jamestown Skatepark Fund, which was established to benefit free public skateparks in Chautauqua County, and to give the grassroots Skateboarding community more input into the de-

sign and location of future public skatepark projects.

This is the fourth consecutive year that the Active Artists Alliance, Jamestown Skate Products, and the Reg Lenna Center for The Arts have teamed up to organize this celebration of our local fine art and skateboarding communities.

The next show at 3rd On 3rd Gallery will be 100 Under \$100, an art show featuring 100 works all priced at and under \$100. It will open to the public November 28 and will close after the holiday season. The work is priced low to encourage patrons to buy original art for their friends and family. Artists who wish to participate in the show should submit entries online at [curatorspace.com/opportunities/detail/-under-/97](http://curatorspace.com/opportunities/detail/-under-/97). 3rd on 3rd Gallery is supported by a Visual Arts grant from New York State Council on the Arts. It is open 10am until 4pm on week days. It is located in Reg Lenna Center for The Arts at 116 East Third Street in Jamestown, NY. For more information visit [reglenna.com](http://reglenna.com) or call 716.664.2465.



## Lucy Walk

Continued from Page One



Love Lucy episode titled "Lucy's Italian Movie," season 5, episode 23, which first aired April 16, 1956 on CBS.

### A Winning Partnership

Three of the community's leading organizations teamed up to make all of the weekend events a success.

"Chautauqua Striders was excited to partner again this year with the Lucy-Desi Center and the Jamestown Savings Bank Ice Arena to bring both great comedy and great running to Jamestown," said Ellen Ditonto, Striders Board President. "World-class runners came to town for the half-marathon race that wound through the streets of Jamestown over the weekend. In addition, Striders sponsored a 5K race, an annual favorite for both local runners and many out-of-

towners who came to Chautauqua County to enjoy our beautiful fall foliage."

"The LucyTown weekend festivities were important for all three organizations," Ditonto said. "This partnership allowed all three of us to highlight our organizations' strengths and to provide important exposure for our region. Chautauqua Striders provide advocacy for our youth through mentoring, tutoring and health and wellness programs. We are known for our work with student athletes and our track development program. There is nowhere better to show off our efforts than right here in Jamestown," she added.

# Heritage Senior Living

The Woodlands on Southwestern Drive in West Ellicott offers elegant senior independent living in a great location. Phase II of construction is well underway. Upon completion of Phase II, the Woodlands will have 13 residential units, including single family homes and duplexes.

The Heritage Village Retirement Campus, located in Gerry, New York, has living options available for seniors, which include apartments, cottages, and duplexes.

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## SENIOR NEWS with MELISSA D'AGOSTINO, LPN



Contributing Writer

Melissa D'Agostino, LPN  
Corporate Trainer

To read more of Melissa D'Agostino's writings, please visit [www.jamestowngazette.com](http://www.jamestowngazette.com).



### Brain-Building

The brain is an amazing and complex organ, and there is much about it that we do not yet fully understand. One amazing fact that many are unaware of, it its ability to produce new brain cells at any age. This, of course, could be a significant factor in finding a cure for Alzheimer's, as research in this area continues. However, what can it mean for the general population now? Quite a lot, I believe. Since our brains are able to produce new brain cells, then that could hold strong implications in prevention of Alzheimer's, as well as in slowing the progression in those who have been diagnosed.

vitamins and minerals are important building blocks for the brain. Also beneficial, are foods that are rich in omega-3 fatty acids. Certain proteins known as high-tyrosine, are imperative in the building of neurotransmitters, which are the messengers that carry signals from one neuron to the next. Hydration is critical as well, considering that our brains are made up of approximately 75 percent water. Beyond the nutritional component, activities such as socializing with-in groups, learning new things, and physical exercise all contribute to the brain's ability to yield new cells.

Now let us delve into some ways in which the brain can go about creating these new cells. Brain-building is similar to bodybuilding, in that it takes eating the right foods and exercising our brains. Foods high in

This is a wonderful thread of hope to hold on to! And might I add, that hope, too, is a powerful force in prevention and overall health. In fact, there was an article I read recently, which emphasized a clear link that had been found between cynicism and dementia. Hope is certainly

the antidote for a cynical mind! With that said, I pray you will process this information with a hopeful and positive mindset. It seems that there is an overabundance of doom and gloom reported, when it comes to dementia and Alzheimer's. I prefer to hold on to optimism and ownership, rather than despair and victimhood. I challenge you to empower yourself, and build your body and brain in fun and creative ways.

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WHINE OF THE WEEK!

### Pass the Honey

I bought a sandwich and discovered a love affair. "Do we want mustard on that, Honey?" OK. "Is this to go, dear?" No.

"Then have a wonderful day, Sweetie!" Call me a prude, but I just don't feel that way about people I never met. "We" just aren't like that, are we, Honey? So, in business, waiting on the public, please get real, ma'm, and say Thank You, sir. It's just called polite and businesslike... new ideas, right?

Submitted by: Xavier Breath



## ?MEDICARE?

I represent many of the national carriers in the Medicare field such as Aetna, AARP, Humana and United Healthcare and they offer a wide variety of plans to meet your health care needs. Allow me to take the confusion out of your choices by reviewing Medicare and the difference between a Medicare Supplement plan and a Medicare Advantage plan. Are you a Veteran? Do you have a chronic need? Will you qualify for Part B assistance? What type of medications do you take and are they generic or name brand? Who do you doctor with? How can you protect yourself from the coverage gap or donut hole on your Part D RX costs?

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## Little Free Library at First Lutheran Church



Submitted by  
**Janet Wahlberg**  
First Lutheran Church

During a recent Sunday at First Lutheran Church installed a Little Free Library. What is a Little Free Library you ask? It's a "take a book, return a book" gathering place where neighbors share their favorite literature and stories. In its

most basic form, a Little Free Library is a box of books where anyone may stop by and pick up a book or two and bring back another book to share. Currently First Lutheran's Little Library contains only children's books. However, we plan to add another library to contain books of interest to adults. Plans are available on line at <http://littlefreelibrary.org/>. Join us in spreading the love of reading.

## The Silver Ring Thing at Willow Bay Theater



Submitted by  
**Pastor Keith Barreto,**  
**Praise Fellowship**

SRT presents an event that will change how this generation sees sex

In 2010, over 30,4001 babies were born to teen mothers in the state of New York, a rate of pregnancy of 68.7 (per 1,000) among those ages 10-19 in Chautauqua County alone. High school students are taught that the only way to avoid sexually transmitted diseases and teen pregnancy is abstinence, but many weren't taught how and why to make such a commitment.

The message heard instead is "No restrictions. No conditions. No strings attached." And while, that may work in the world of cell phone contracts, the truth is, most of us know you can't separate your

body from mind, heart and soul. But, when it comes to sex our actions so often speak differently. We buy into the lies that scream "It's just physical. It's no big deal. No one will get hurt. It's how you show love." But the lies promising freedom have come with a cost. Come see how this generation has taken a stand against One Night Stands, unplanned pregnancies and the lie that no strings are attached.

The Silver Ring Thing will present a high-energy, action packed event, in which Tour Team members share their stories of success, failure, forgiveness and hope using skits, humor, drama, commercial parodies and personal testimonies, Sunday, October 19th, Willow Bay Theater, 21 East 3rd Street, 4th Fl., Jamestown, NY, 6:00pm. To purchase tickets or ask any questions please visit our website at [www.silverringthing.com](http://www.silverringthing.com).

Jamestown  
**Gazette**

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I ♥ my hometown!

by:  
**William McChesney**

I was born in Jamestown, and though I've lived most of my life in other places, it's always been a thrill to return to discover what's been going on here while I've been away. Jamestown folks have always had a strong community spirit - and it shows! Whether taking in the downtown restoration, the beautiful theaters, fine dining or vibrant art and cultural events, I'm always reminded of why I'm proud to be a J'town native!



## Cornucopia TRIVIA

1. The cornucopia is a symbol of \_\_\_\_?
2. What is the cornucopia shaped as?
3. What was the cornucopia usually filled with?
4. The cornucopia dates back to \_\_\_\_?
5. What is the origin of the cornucopia?
6. With what holiday has the cornucopia been associated?
7. In the book *The Hunger Games* what is the cornucopia filled with?
8. What painting by Thomas Hart Benton represents an explanation of the origin of cornucopia?
9. Two cornucopias are seen in the flag and state seal of what state?
10. Cornucopia is also the name of the annual November Wine and Food celebration held where?



ANSWERS: 1) Plenty 2) A goat's horn 3) Fruit & grain 4) 5th century BC 5) Greek mythology 6) Weapons 7) Achilles and Hercules 8) Idaho 9) Whistler, British Columbia, Canada 10) Thanksgiving

Jamestown  
**Gazette**

## FAITH MATTERS with Pastor Scott Hannon



Contributing Writer

**Pastor Scott Hannon**

St. John Lutheran Church  
Arcade, NY

For more inspiration and insights from Pastor Scott's past columns, please visit [www.jamestowngazette.com](http://www.jamestowngazette.com) and click on the Faith Matters page.

**M**y kid is sick. She's 10 months old and has an ear infection. It's not the end of the world, but seeing her like this still breaks my heart. I want to snap my fingers and make her better. I want to take her sickness and bear it myself.

The frustrating (and somewhat funny) thing is she has completely rejected everything I have done to help her. She kicked, cried and screamed as I put her in the car seat to take her to the doctor. She slapped my hand out of the way and pursed her lips when I tried to give her medicine. When I finally got some in, she spit it out. When I tried to rock her to sleep, she threw herself out of my arms. When I went to wipe her nose, she wailed and whined.

She's sick and she knows it. It just seems like she is content to be miserable. As her father, seeing her sick makes me very sad.

I wonder if God feels that way?

"Just as a father has compassion on his children, so God has compassion on those who revere him."  
-Psalm 103

"Can a woman forget her nursing child and have no compassion on the son of her womb? Even these may forget, but I will not forget you. Behold, I have inscribed you on the palms of my hands."  
-Isaiah 49

We are hurting, broken people. We make mistakes. We screw up. We create chaotic situations. We cause pain to others. We participate in injustice - often times without even knowing it. We're sick... our condition: sin.

And the frustrating (and somewhat funny) thing is we often reject all of God's efforts to help. God invites us to church where a table is set with

## Compassion

heavenly food - the body and blood of his Son. We run the other direction. God promises grace and forgiveness. We turn it down. God offers new life and new opportunity, yet we seem OK with our old, broken ways. Like a baby slapping the hand of her father away, we whine and wail at God. We look for solutions and help in all the wrong places. Instead of asking for help, we hang on to our pride. It's like we're content to be miserable.

As a father has compassion on his children and as a mother has compassion on her nursing child, our God has compassion on us. In fact, God loves us so much he sends his Son, who though he was without sin took on our condition that we might have life. Just as I won't give up on my daughter Delaney, God will not give up on us.

So, take your medicine. Take your nap. Let God carry you in the arms of his grace. I think you'll find it much easier than kicking and screaming at God.



Contributing Writer  
**Joanne Tanner**  
Master Gardener

To read more of Joanne Tanners "Down to Earth" reflections on nature and more good advice for greener, tastier and more fragrant gardens by our Master Gardener, please visit our website at [www.jamestowngazette.com](http://www.jamestowngazette.com) and click on Joanne's own page.

DOWN TO EARTH with JOANNE TANNER

Zombies in My Garden?

I have a garden that runs alongside my driveway. It's about 25 feet long by 2 foot wide. I have been able to grow quite a few plant specimens along its' stretch such as a large Disco Belle Hibiscus, Calendula's, a few Hostas, and some Echinacea. I even tucked in some green beans and two tomato plants. It works out great to pick ripe tomatoes and beans with my grandkids as we all walk up the driveway to the house. The kids love it.

One day as we were headed out I stopped to really view the garden, shook my head and said "Wow this garden is really a mess!" I have to admit, I didn't keep up with weeding and deadheading for the month of September and the garden was beginning to show it. "And look," I said

to my granddaughter Cameron, "something's been eating my tomatoes!" Cameron looks up at me without hesitation, she states "Zombies." "Zombies?" I respond. Riley chimes in and says, "Yeh, they like tomatoes and they really messed up your garden." (This came from a 3 and 4 year old.)

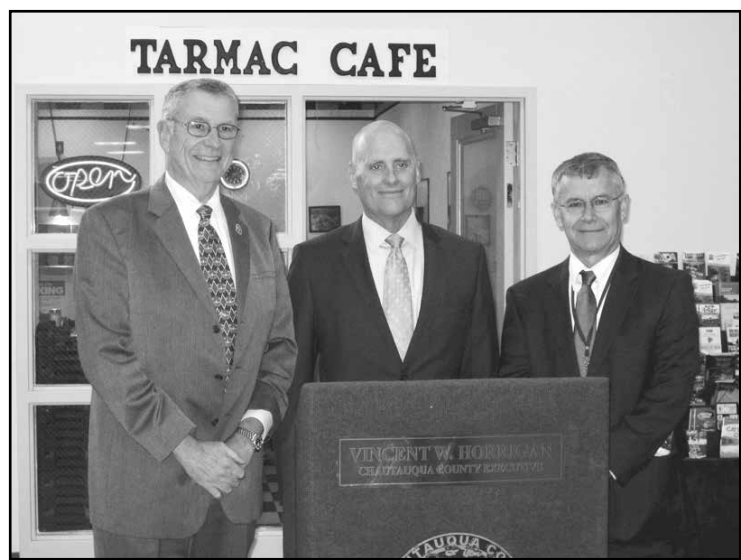
Late October and November is the time to plant Spring Flower bulbs. October is also the time to clean up your garden. Certainly by cleaning it up now, pulling weeds and annuals out and trimming back the perennials will keep the garden neat and tidy. Add some mulch to protect your perennial plants and freshly planted bulbs for the winter. Attending to these simple chores will leave you with less work to do next spring. Or

maybe you don't need to. Since I did not deadhead, my Echinacea and Calendula have gone to seed. I can leave them be for several reasons if I wish: I can collect the seed and share with friends or sow elsewhere; Or these plants will drop their seed and I may have new plants next spring; The birds will have food through the fall and into winter; and the bare cones of Echinacea will add interest to the winter garden.

What you choose to do now is up to you and if anyone thinks that the garden seems a little messy, just tell them "It was Zombies!"

Spanos Announces Appointment of Manager of Airports and Parks

United States Marine Corps Veteran and Former Red Cross Executive Joins County Operations  
William Tucker will be the New Manager of Airports and Parks Effective October 9



COURTESY PHOTO: Pictured above from left to right: Vince Horrigan, Chautauqua County Executive; William Tucker, Manager of Airports and Parks; and George Spanos, Department of Public Facilities Director.

Submitted By

Chautauqua County Airport Commission

Chautauqua County Department of Public Facilities Director George Spanos announced today the appointment of William Tucker as Manager of Airports and Parks effective October 9, 2014.

William Tucker most recently served as the Executive Director of the American Red Cross of Southwestern New York, where he was responsible for all aspects of Red Cross service delivery and revenue generation throughout the three counties of Southwestern New York. Prior to that he was the coordinator for local and regional Citizen Corps Councils, where he worked collaboratively with community organizations to improve regional disaster preparedness and response capability. He has successfully developed, implemented, and managed programs in diverse and challenging not-for-profit and governmental operating environments. Bill is a United Way volunteer, Chairman of the Chautauqua County Ethics Board, and a member and past president of the Jamestown Noon Rotary Club.

"His achievements combined with his outstanding leadership and community involvement will be a significant contribution to our operations and we look forward to having him join our organization," said Spanos. Tucker returned to Western New

York in 2007 after 23 years of active service with the Marine Corps. As an AV-8B Harrier pilot, he completed several shipboard and land-based deployments to the Pacific, Mediterranean and Persian Gulf Theaters of Operation. He has also served as an operational test pilot for AV-8B Harrier software and hardware systems, as an International Affairs Officer, and as a U.S. Defense and Marine Attaché. A graduate of the Defense Language Institute and of Spain's Center for National Defense Staff Course, he spent over six years living in Spanish-speaking countries in Europe and the Caribbean during his Marine Corps service.

"I am thrilled to have Bill Tucker join our leadership team as airports and parks manager," said Chautauqua County Executive Vince Horrigan. "His proven track record and success as an aviator, manager, and leader make him the perfect choice for Chautauqua County." Tucker holds a Bachelor's Degree in Economics from the University of Colorado, an Associate Degree in Spanish from Monterey Peninsula College, a Master's Degree in Business Administration from the University of Maryland, and a Professional Certification in Volunteer Administration. He is the recipient of

the Marine Corps Operational Tester of the Year award, the Marine Aircraft Group-13 Aviator of the Year award, and several volunteer service awards.

He currently lives in Jamestown, NY with his wife Kathy and their three children.

JOIN ME IN THE KITCHEN with VICKI MCGRAW



Contributing Writer  
**Vicki McGraw**  
Owner, Elegant Edibles

To read more of Vicki McGraw's commentaries on good cooking, fine recipes and perfect party treats, visit [www.jamestowngazette.com](http://www.jamestowngazette.com) and click on the Join Me in the Kitchen's own page.

Crock Pot Cooking

Ah, the SECOND week of October! We have successfully made it through the transition from laid back summer vacation lack of schedule to a more rigid, back to school, "everything must be on the calendar or it won't be remembered" strategy! I am a calendar person (actually a "write it all down or I'll never remember a thing" person). I like to look on my kitchen wall calendar and see exactly where everyone should be at any given time, and who will be here for supper, with the latter being of greatest importance. It makes a big difference if I'm cooking for just Robert and myself or if both starving boys are here!

I always look forward to fall meal planning. After a summer of grilling and more casual grab and go type meals, I am anxious to turn on the oven and smell dinner cooking. This is also the time of year that I start thinking crock pot meals. Since our schedules are usually crazy, we might only have 20 minutes when we are all in the house together, so I don't want to waste the time preparing food, I want it ready to serve! There is nothing better than walking in the house at the end of a long day to already smell supper cooked and ready to go on the table. I'm all about easy, and crock pots and oven timers are invaluable!

The inventor of the crock pot obviously had working families in mind. There are a few things to remember when planning what you put into it, how-

ever. The primary idea -slow cooking- is great for most things, but there are times when it should not be used. For example, you should never put frozen food into a crock pot (with the intension of letting it thaw then cook in that long period of time). Food should always be thawed first, under refrigeration, and then placed in the crock pot. It should not be started frozen to be thawed in the crock pot then cooked under a slow heat, as this could increase the possibility of bacterial growth in the raw food. Also, slow cooking is not intended for extreme long duration (cook times exceeding 12 hours). Many slow cookers now have "keep warm" settings that follow the scheduled cook time. While this will keep your meal warm if you find yourself running a little late, again, if food is kept at very low temp ("keep warm") it will, over time, invite bacterial growth, as well as simply deteriorating the integrity of the food's flavor.

A great benefit to slow cooking is that many inexpensive cuts of meat are perfect for long cook times (multiple hours in the oven or all day in the crock pot), as long, slow cooking not only improves flavor, but will tenderize some of the toughest cuts. A note regarding those meats, however. Since the slow cooking process does not bring the meat in direct contact

with a high heat at any time, I always like to sear the meat in a skillet over a high heat first to brown it, as well as giving it a little extra flavor boost. Long cook times also give you an opportunity to infuse the meat with flavors such as herbs or spices, or by adding additional cooking liquids, like wine or juices. Now is the time to pull out a cook book and your crock pot and plan your weekly shopping list with dinner time convenience on your mind!

Braised Beef Short Ribs

- 3-4 lbs beef short ribs (cut into individual bone portions)
- 2 cups diced tomatoes (fresh or canned)
- 2-3 carrots, cut into 1" pieces
- 1 small onion, diced
- 2 stalks celery, cut into 1" pieces
- 1 cup dry red wine
- 1 t thyme
- Salt and pepper to taste

In hot skillet, brown beef rib pieces a few at a time.

Put beef in crock pot and top with remaining ingredients. Cook all day (9-10 hours) on low setting.

# CSHOF Partners with Time Warner Cable to Air Jamestown Area Baseball History Series

Submitted By  
**Chautauqua Sports Hall Of Fame**

The Chautauqua Sports Hall of Fame and Time Warner Cable will partner to air a series of videos chronicling the history of baseball in the Jamestown area.

The videos will be presented on Time Warner Cable's local access channel 19 beginning Monday, October 13th, in the 12:00 - 4:00 pm, time slot and will be repeated daily at the same time. A new set of videos will debut each Monday for 19 consecutive weeks.

The series features 84 dvds of interviews conducted by local sports historian Greg Peterson, a 2012 CSHOF inductee.

Topics covered are the 75-years of minor league baseball in Jamestown, major league baseball players who once played in Jamestown, local ball players who played professionally and the baseball history of Celoron Park.

A partial listing of the local personalities profiled is Hugh Bedient, Johnny Newman, Lyle Parkhurst, John O'Neil, John Jachym, Dan Lunetta, Russ Diethrick, Billy Webb, Walt Brown and Art Asquith.

Former major leaguers in the series include Goose Gossage, Tommy John, Donn Clendenon, Alan Trammell, Tim Raines, Scott McGregor, Phil Niekro, Andre Dawson, Tony Perez and Carl Erskine.

"I want to thank Time Warner Cable for giving us air time to show our extensive collection of Greg Peterson baseball videos," said CSHOF president Randy Anderson. "Mr. Peterson has done an exceptional job of documenting the rich baseball history of our area. We are pleased to be able to share them with TWC subscribers in the Jamestown region."

For additional information about the Chautauqua Sports Hall of Fame visit [www.chautauquasportshalloffame.org](http://www.chautauquasportshalloffame.org)



## SPORTS with BILL BURK

### More This 'n That

The Physics of Particles and Pucks

The Large Hadron Collider was built in collaboration with over 10,000 scientists and engineers from over 100 countries, as well as hundreds of universities and laboratories. It lies in a tunnel 17 miles in circumference, as deep as 574 feet beneath the Franco-Swiss border near Geneva, Switzerland. It is one of the largest and most complex experimental facilities ever built. It is run by men and women looking for the secrets of the universe (new spatial dimensions, the Higgs boson, a stray black hole, that sort of thing). These scientists are among the most intelligent physicists, not to mention people, in the world; a very serious collection of, you would imagine, very serious individuals, their contributions to the greater scientific community and body of knowledge relatively unparalleled.

All except, maybe Michele Petteni. Michele is a particle physicist who now works on video games. He's trying to identify the characteristic of a cylinder (a hockey puck in this case) and how it reacts to being pushed and slapped around a sheet of ice. "Cylinders are nasty," Michele states, "They flip. They rotate." He and his team are analyzing "tons of data" to define how a puck acts on a screen for the upcoming NHL 15 from EA Sports. It's very difficult to predict what a cylinder will do, analytically, he says. If it's in the game, I guess it really is in the game.

#### High School Sports Complicated

Here are the rules for combining high school sports in New York State. COMBINING OF TEAMS - The joining together of students from two or more member schools in

the same district or close proximity to form a single team shall be permitted subject to the following conditions:

1. Permission must be obtained from their league and section on an annual basis.
2. Section approval must be reported to the NYSPHSAA, Inc. Executive Committee.

NOTE: If a combined school team goes beyond sectional level competition their boys and girls grades 9-11 enrollment shall be combined, using the below criteria, for state level competition.

a. The school(s) with the higher(est) classification number will have a percentage of the other school(s) classification number added according to the graduated scale below. The percentage is dependent upon the association's "5 sport classification cut off numbers."

Class AA= 50% Class A= 40% Class B= 30% Class C= 30% Class D= 20%

And here's how high schools are currently broken down for sports classification:

Classification Cut-off Numbers for Team Sports 2014-2015 Class

Class AA 910-up Class A 480-909 Class B 280-479 Class C 170-279 Class D 169-below

First of all, how'd you like to be the 480th kid in class who moves your school from a Class B contender to a Class A also-ran. Aside from that, leave it to New York State to convolute something as simple as addition. If Jamestown High School chooses from a student body with, say 500 graduating seniors for their football team, and two (or three or four) other schools combine and choose from a combined graduating class of, say 500, why would they compete in different divisions? Seems pretty straightforward to me.



Contributing Writer

**Bill Burk**

To read more of Bill Burk's reflections, astute observations and a rant or two on the wide world of sports, visit [www.jamestowngazette.com](http://www.jamestowngazette.com) and click on Bill Burk's page.

Also, I'm a sports guy. I get the value of it. I understand the character building qualities in sport that you simply cannot find in other disciplines (I consider it the last bastion of discipline in public schools), but I have to point out the great big elephant stomping around the room. What is the critical mass for combining high schools to make up a sports team? We've hit three for a few sports in our area. Is it four...or five? What if Six schools got together to make up a team? At what point is it considered ridiculous? And at what point does a school say there isn't enough interest in that particular extracurricular activity for the school to support that effort? Do we combine schools for concerts and plays and marching bands? What about DECA, or debate Clubs?

The wind scatters a half frozen mist across the field, a surreal painting of an autumnal night. You could drink this air if you were so inclined, but instead you wipe it from your brow and watch it bead up on parkas and helmets. When it blows sideways, your umbrella is practically useless. It becomes a weapon in the stands full of fans, an opaque barrier as you twist and turn it hoping to shade yourself from the soggy assault. When you were young, this didn't bother you, the damp and the cold. Now it's a nuisance, a promise of frost, a prelude to the furnace kicking on and the snow shovel, a promise that you'll be cold again, and soon.

But not tonight. Tonight it's high school football in Western New York.

## SPORTS with CODY CRANDALL

### Bills and Vikings Ready to Square Off at "The Ralph"

Ah sweet October. Bonfires with friends. Warm apple cider. Delicious candy corn. But most importantly, plenty of Buffalo Bills football! Can it really get any better than that? This weekend, the Bills face off against an unfamiliar opponent, the Minnesota Vikings. Buffalo and Minnesota have only squared off 12 times throughout regular season history, and the last regular season meeting between the teams took place in December of 2010, with the Vikings winning in Minnesota 38-14. This match-up however will take place in good ole' Orchard Park, N.Y. at the historic Ralph Wilson Stadium.

To this point, the 2014 season has been a roller coaster ride for the Vikings. First, the team opened their season with an impressive 34-6 road victory over the St. Louis Rams. However, not a lot of good has come since that point. The team has lost its star running back, Adrian Peterson. Also, consistency on the offensive end of the football has been hard to come by due to three different quarterbacks starting games through the team's

first four games. From Matt Cassel, to rookie first-round pick Teddy Bridgewater, to Christian Ponder, each has had their struggles so far for the Vikings. Despite the consistent change at the games most important position, the Vikings still find themselves at 2-3 at the time of this writing, including another impressive victory over the Atlanta Falcons.

The Bills will be playing their second game under the new official ownership of Terry and Kim Pegula. The Bills only surrendered 69 rushing yards in their most recent road victory against the Detroit Lions, and they sacked Lions quarterback Matthew Stafford six times! Defensive tackle Marcell Dareus (three sacks, five tackles) was named the AFC Defensive Player of the Week for his performance against the Lions. Defensive end Jerry Hughes sacked Stafford twice as well.

Kyle Orton made plenty of important throws for the Bills against Detroit, and completed 30 passes for 308 yards. He led the Bills back from a 14-0 deficit against arguably one of the NFL.

Sammy Watkins made several miraculous catches throughout the game, and kicker Dan Carpenter kicked the game winning 58-yard field goal with nine seconds remaining to give the Bills the 17-14 victory. When previewing this game, I mentioned how tough it is to win on the road against any team in the NFL, especially one as tough as the Lions, but the Bills found a way to get it done.

This should be an interesting match-up for the Bills. It's also a match-up that the Bills need to win if they want to continue to be taken seriously by the rest of the NFL. Winning on the road in the NFL is important, but it's essential to protect your home turf. Go Bills!



Contributing Writer

**Cody Crandall**

Cody Crandall is an intern at the Jamestown Gazette. To read more of his insights, commentaries, and news about the world and local sports, visit [www.jamestowngazette.com](http://www.jamestowngazette.com).

### Are you creative and like to write? Prospective Contributing Writers

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# PUZZLE SOLUTIONS

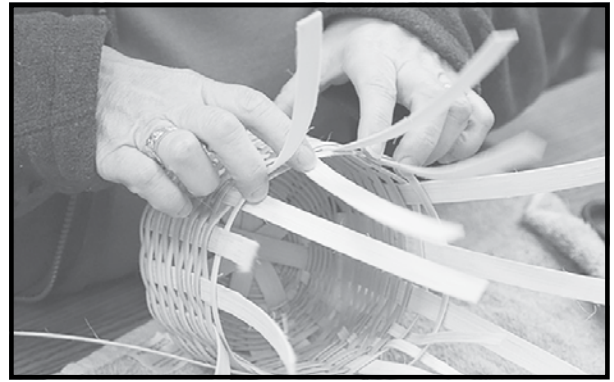
Solution to Crossword:

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| A | N | G | L | E | E | B | A | N | A | N | A |   |   |
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| S | H | I | N | M | E | S | S | L | U | N | G |   |   |
| S | O | N | M | Y | S | T | I | C | T | R | I | O |   |
| E | L | A | T | E | S | U | N | U | P | A | N | T |   |
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| C | L | A | N | L | I | N | E | A | R | C | O | W |   |
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Solution to Sudoku

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|---|---|---|---|---|---|---|---|---|
| 7 | 1 | 8 | 3 | 9 | 5 | 2 | 6 | 4 |
| 2 | 3 | 5 | 1 | 6 | 4 | 8 | 9 | 7 |
| 6 | 4 | 9 | 2 | 8 | 7 | 5 | 1 | 3 |
| 3 | 9 | 7 | 5 | 4 | 2 | 6 | 8 | 1 |
| 1 | 8 | 2 | 6 | 7 | 3 | 4 | 5 | 9 |
| 5 | 6 | 4 | 8 | 1 | 9 | 7 | 3 | 2 |
| 9 | 2 | 6 | 7 | 5 | 1 | 3 | 4 | 8 |
| 8 | 7 | 1 | 4 | 3 | 6 | 9 | 2 | 5 |
| 4 | 5 | 3 | 9 | 2 | 8 | 1 | 7 | 6 |

## Make a Cornucopia Basket at Audubon



COURTESY PHOTO: On Saturday morning, October 25, the Audubon Center & Sanctuary is offering a workshop where you can make a cornucopia-style basket, perfect for the upcoming holidays.

Submitted by

### Audubon Center & Sanctuary

The cornucopia, or horn of plenty -- commonly a large horn-shaped container overflowing with produce, flowers or nuts -- is a symbol of abundance and nourishment, often associated with Thanksgiving.

With that holiday fast upon us, the Audubon Center & Sanctuary is presenting a workshop where you can make a beautiful cornucopia basket.

From 10 a.m. to 1 p.m. on Saturday, October 25, instructor Laurie Ennis will teach how to craft this basket that can be a lovely addition to your home or a thoughtful and personal gift.

Participants are asked to bring an old bath towel to put under their workspace. Also, clothespins and a pair of scissors come in handy.

Workshop is limited to 16. Cost is \$48 or \$36 for Friends of the Nature Center and includes all materials.



Reservations with payment

are required by Monday, October 20. Call (716) 569-2345 or

use the on-line form by

clicking through "Basket Making" at www.jamestownaudubon.org.

For more information on this and other Audubon opportunities, call (716) 569-2345 or visit www.jamestownaudubon.org.

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# Chamber Corner

Contributed by **Todd J. Trantum**  
President and CEO of the Chautauqua County Chamber of Commerce & Executive Director of the Manufacturers Association of the Southern Tier

## Restaurant Week Is October 20-26

Chautauqua County Chamber of Commerce Restaurant Week is October 20 – 26 this year. Now in its second year, we hope it will inspire residents and visitors alike to try out a variety of local restaurants. Chamber member restaurants are invited to participate and to be included in our Restaurant Week marketing plans. All participating restaurants will be highlighted on the Chamber web site and will be listed on the Facebook page CHQrestWeek, as well as in print advertising.

Each participating restaurant agrees to offer special pricing or special dishes during that week. If you own or operate a restaurant in Chautauqua County we welcome your participation. Call the Chamber today at 484-1101 or 366-6200 to get more information and to find out how you can participate in Restaurant Week.

Driving foot traffic into local businesses is part of the Chamber's Five Point Focus. We know that is an important key to success and profitability and we continue to seek ways to help our members grow.

## A Conversation With Your Congressman November 7

The Chamber of Commerce will once again provide an opportunity for area business people to meet with our Congressman, on Friday, November 7. Representative Tom Reed will participate in the annual Chamber Federal Congressional Luncheon, to be held at Shorewood Country Club, West Lake Road, Dunkirk.

The cost of the luncheon is \$18 for Chamber members or \$21 for non-members. This event is sponsored by

Advanced Manufacturing Technology, Buffamante Whipple Buttafaro, Chadwick Bay Broadcasting WDOE/KIX96, Jamestown Jammers Baseball, Jamestown Mattress Company, OBSERVER, The Post-Journal, SKF Aeroengine North America, State University of New York at Fredonia, and WCA Hospital.

Anyone who wants to attend may call the Chamber at 366-6200 or 484-1101 to register, or may register online at [www.chautauquachamber.org](http://www.chautauquachamber.org).



# EYE on BUSINESS

## ROBO Enterprises

Contributing Writer

**Katrina Fuller**

Laughter and joy abound on this happiest occasion; a crowd of people gather outside the building and bustle out from inside, arms loaded with prizes, hot dogs and more. A large banner drapes against the wall, bathed in sunlight. "Happy 50th Anniversary ROBO!" it proclaims, celebrating a well-earned milestone in ROBO Enterprises journey to success. After 50 years, the third generation of ROBO Enterprises has no plans of turning back.

ROBO began between father and son in 1964. George Carlson and his father, Augie Carlson, opened their first ROBO location at 1301 E. Second Street in Jamestown. A year later, the Marion Street location opened up, bringing convenience and ease

to the masses. In the 80s and 90s, ROBO expanded into self-storage, truck washing, wholesale gas, and self-service car washing along with their established stores. In 1986, Tom Beichner joined ROBO, tying two area families together through innovation and creative solutions. Over the years, ROBO has grown extensively, from two gas stations to a network of convenience stores, an ice cream shop, gas sales, car washes, Laundromats, dog washes, self-storage and more – all while providing service with a smile.

ROBO has locations in Jamestown, Dunkirk, Gowanda and more, offering a plethora of services. Jamestown is home to three convenience stores/gas stations, many of which offer other service options as well. For example, the popular Marion Street location holds a laundromat, a dog wash, a car wash, a gas station, a convenience store, as well as a full service deli. A jack of all trades,

ROBO Enterprises provides excellent and original services in a convenient package.

"There is a personal touch to everything that they do," Gretchen, manager of the Marion Street location, notes. Showing their spirit of giving and their ultimate gratitude, the company hosted a multi-location celebration for their 50 years in business. On September 30th, 2014, at their three Jamestown locations, festivities included: a significant gas sale, dollar off car washes, as well as giveaways and drawings. The joy was abundantly clear at the Marion Street location, one of the oldest in the business. "There have been festivities at all locations, but this has been the main hub," Gretchen explained. "This is our biggest operation." From gas card and hockey ticket giveaways to a visit from the Pepsi mascot, the day was packed full of fun and festivities for all.

A family oriented business, the company is



still maintained by the Carlson and Beichner families, with the third generation joining in. In the early 2000s, Kim Carlson and Aaron Beichner began working in daily operations and development, bringing innovative ideas to the ever-expanding company. For more than 50 years, the families have combined their efforts to provide quality goods and services to the area, bringing great value and ease into their customers' lives. "Our success is due to continued support from the entire community and our dedicated employees." Kim Carlson explains. Looking into the future, the sky is the limit – and ROBO has the dedication to get there.

# The Restaurant Connection

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DEALER SHOWCASE

Belle-View East

Article by  
Katrina Fuller

Bright yellow and red beam in the sunlight, a lighthearted welcome into a well-established tradition in Falconer, NY. A comforting oasis of familiar faces, homemade foods, and cold drinks await just through the threshold, as patrons enter in to relax and unwind. If only for a lunch break or a quick meal, the Belle-View East is a destination for good food, an openhearted atmosphere, and sincere kinship. "I just enjoy people," owner, Gary Visosky, says with a smile. With heartfelt care and a desire to serve, the Belle-View East has the recipe for success.

"I owned the one on Foote Avenue for ten years," Gary remembers. "One of my best friends owned the Bell View and he wanted to get out – I decided 'Why not? I'll give it a shot.'" After 21 years working for UPS, Gary took over the Bell View and hasn't looked back since. "If you get tired of what you are doing, you've got to make a change."

Looking to move locations, his current head waitress gave him a tip about the location in Falconer, NY. "My head waitress called me and said 'You have to come down here!' – so, I came down and talked to the guy that owned this place." Twenty two years later, the Belle-View East is still serving up excellent, home cooked foods at reasonable prices. "It's worked for 22 years, I can't change it now!" he says with a laugh.

"The biggest thing is that I have the largest portions in Chautauqua County," Gary explains. "Absolutely." From a 16 ounce fish fry to their popular Spaghetti and Meatballs, the Belle-View East provides ample portions for hungry crowds. "Everything is large, large, large... everybody comes in and takes a picture of all the plates."



COURTESY PHOTO: Belle-View East Owner, Gary Visosky

Every day, diners can find 12 lunch and dinner specials on their specials boards, ranging from lasagna, sandwiches, and more. "We have four soups, every day, every night, all homemade," Gary explains. "85% of our food is home made." For beef lovers, the Belle-View East serves only select, aged beef from Erie, Pa. "I'll put our steaks and prime rib against anybody in New York State – we have the finest steaks and prime rib." Though patrons may only eat half of their meal, Gary reports that many still manage to order dessert. With hand crafted peanut butter pie, cakes, and more, these sweet treats are worth saving room for.

The menu isn't the only thing that has been successful over the years – the Belle View East staff is a main factor in the quality and care of customers' experience. "I have the best help in the world," he explains. "They know all the customers; they get their drinks in front of them before they even get a menu." Many of the staff members have been working at the Belle-View East since the beginning, from the waitresses to the bar staff. "My head waitress,

head chef, and head bartender have all been with me for 22 years."

The Belle View East is located at 7 East Main Street in Falconer, NY. They are open for lunches Monday through Friday from 11 am to 3 pm, with dinner hours from 3 pm to 9 pm. Saturday, the restaurant opens from 3:30 pm to 10 pm, while Sundays they are open from 12 pm to 8 pm. "Everybody always asks me 'When are you going to retire?'" Gary muses. "I'm still having a good time here... as long as I make a couple bucks and enjoy it, we'll keep going." Regulars and new visitors alike will enjoy the large portions – both of food and the hearty helping of caring that goes with it.

*The Jamestown Gazette is proud to recognize our dealers, outstanding corporate citizens of our county. This week the Gazette especially thanks Belle-View East for faithfully carrying The Jamestown Gazette, The People's Paper, for the benefit and enjoyment of thier customers, our readers.*

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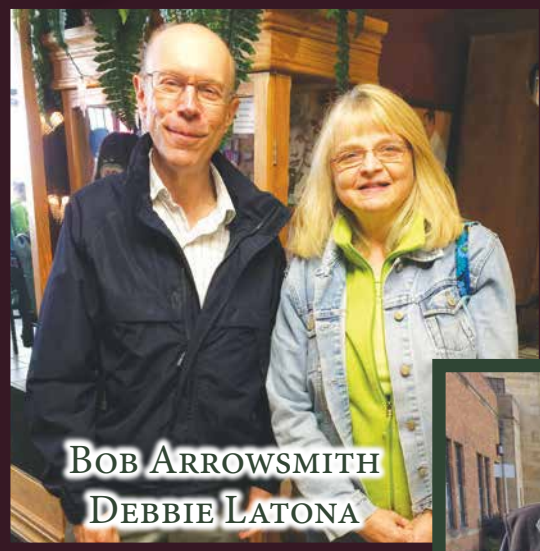
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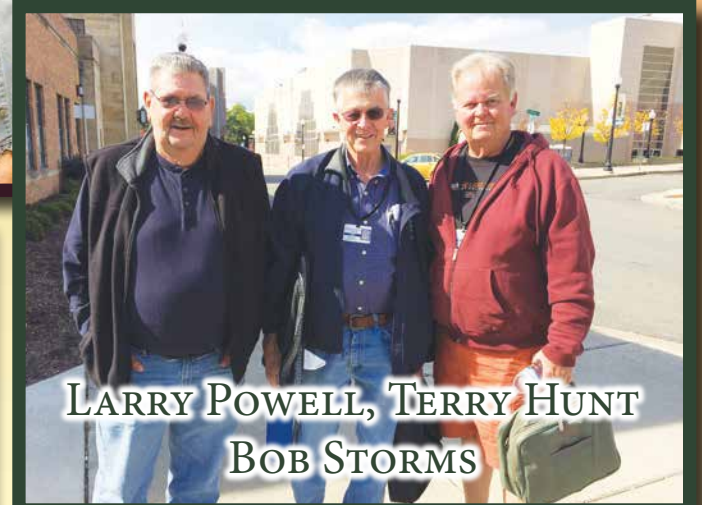
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