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Tourism Takes Wings in Chautauqua County

Article by
Walt Pickut

Tourism brings at least \$190 million into Chautauqua County every year according to Andrew Nixon, executive director of Tour Chautauqua. "It's hard to count tourists precisely, because they go so many places when they come here," Nixon explained, "but it's probably a few 100,000."

Summer of 2014 has been a very profitable summer for tourism according to the Chautauqua County Visitors Bureau, with hotels and venues solidly booked, continuing an upturn that began in 2012. "We are a very popular destination for visitors across the country and around the world," Nixon said.

More than half of the population of North America, including 80 percent of Canada's population, lives within 500 miles of Jamestown, New York, according to published population statistics. This single fact places the region at the center and heart of travel, commerce and tourism for a quarter of a billion people, leaving little wonder that Chautauqua County and the Greater Jamestown region have been so successful and popular as a travel destination, truly at the crossroads of North America.

Hosting the World
"I've never felt so welcome," a



PHOTO BY CARL'S CAPTURES

recent visitor to Jamestown told Lee Harkness, stationmaster at the Gateway Station. "After my first visit," said Susanna Cody, president of the Buffalo Bill Cody Association, "I knew our next international family reunion had to happen here. I've never experienced anything like it except in my own hometown, and that's named for my family, Cody, Wyoming."

Hospitality has become a hallmark and signature of Chautauqua County residents as they continue to entertain and serve tourists from across the country and world travelers from around the globe.

Getting Here
Expanded passenger air service in and out of Jamestown, thanks to Florida-based, Sun Air Express,

slated to begin offering four flights every weekday (two on Saturday and Sunday) between Chautauqua County and Pittsburgh International Airport on October 1, is expected to benefit both tourism and commerce, according to Chautauqua County Executive, Vince Horrigan.

"Chautauqua County Airport also offers shorter and less congested pre-boarding procedures with TSA, no short- or long-term parking fees and practically no travel time when you compare it to traveling from Buffalo or Erie, Pennsylvania," Horrigan explained. This also provides a more direct and convenient connection for commercial travel used by local and regional business and industry, and further enhances business retention and attraction, according to Horrigan.

The current carrier, Silver Airways, however, will continue to provide regular service between Chautauqua County Airport and Cleveland through September 30.

Famous Visitors
According to George Murphy, Vice President/Chief Marketing Officer for Chautauqua Institution, air travel with the right connections is very important. The Sun Air Express Chautauqua County connection to Pittsburgh greatly expands

TOURISM, PG. 13

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Historic Landmark Reopens: The Brand New, Good Old Pub

Article by
Walt Pickut

"Everybody told me, 'Don't change a thing!'" said Mary McCusker, delighted with the happy crowd that gathered on Wednesday, July 23 to celebrate the Grand Reopening of The Pub, the popular downtown Jamestown restaurant she and her husband Jim have owned and operated since 1965.

True to the wishes of their friends, customers and longtime fans, the McCuskers kept the familiar, comfortable hometown atmosphere that always felt like home, the atmosphere everyone knew so well, while still renewing everything that had been devastated by the January, 2014 fire. "It's all new, but it still looks and feels like the old Pub," Mary said with obvious pride. "We did manage to save the kitchen door, though, a couple of pictures and a plaque on the wall."

Much of NFL Hall of Famer Jim McCusker's memorabilia, sadly, was lost to the flames. "But the Philadelphia Eagles management is



PHOTO BY AARON SCOMA

Greg Lindquist, Vince DeJoy and The Pub owner, Mary McCusker, look on as bar manager Sammy Lisciandro and his children, Bella and Sammy, cut the ribbon, signaling the official reopening.

going to send us a new football jersey with Jim's old # 75 on it," Mary said. "We'll hang it up proudly, back where it belongs," she added.

The great menu with so many Italian specialties has not changed, but thanks to the fire, the kitchen was rebuilt bigger and better than ever,

equipped to serve their grand, old Italian specialties and much more, still served at tables and at the bar.

Mary credits Vince DeJoy and Greg Lindquist for taking a leading role in managing the complete rebuild. "The day after the fire, we looked inside and could only say, 'What a mess!'"

Mary said. But with help from the Jamestown Renaissance Corporation, Community Development Block Grant, city officials, other agencies and insurance coverage, The Pub reopened to the delight of record crowds in only about seven months, including the new, mandated improvements of handicap accessible rest rooms and ramps.

"The bar still looks the same, but it's all new, with a better layout and more space on the bar tenders' side," said Nick Trussalo, employee and long time friend of the McCuskers. "And we have a lot more beer taps, with more selections, too."

Business is booming again at the brand new, good old Pub at 209 North Main Street in Jamestown. Hours are Monday - Thursday 11:30 a.m. - midnight and Friday - Saturday 11:30 a.m. - 2:00 a.m. Check out the complete menu, the wine, beer, liquor beverage and coffee lists, pictures, the story of The Pub and a great Patron Picture Gallery at www.thepubjamestown.com.

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The Gerry Rodeo: A Night of Cowboys, Barbecue, and a Good Cause.

Article by
Katrina Fuller

The scent of hot beef barbeque drifts through the air, over the bleacher seats, causing mouths to water. The crowd roars in anticipation as the gate opens, an energetic bull – complete with rider – barges out into the ring, trying with all his might to knock his burden off. The cowboy lurches and turns, holding fast to his steed, keeping with the tradition of old time rodeos: Don't fall off! With over 70 years of history, the Gerry Rodeo once again opens its gates to four excitement filled days, a wild ride of entertainment with good old fashioned fun, vendors, and a ton of events to keep the attendees entertained.

The Gerry Rodeo began in 1945 when funding was needed for the newly established volunteer fire department. According to GerryRodeo.com, Jack Cox, a former cowboy from the west, suggested the rodeo as a fundraiser. Initially met with doubt, the Rodeo has taken off to great success. Now, a local tradition that many return home for, the rodeo holds a great experience for those looking for a bit of Western style fun.

Paul Cooley, in charge of media relations for the rodeo, is excited for the upcoming rodeo. "I've been involved for somewhere around



fifty four years," he explains. "It's always nice to see old friends - people take their vacations to come back to see it." An avid supporter himself of the event, Cooley is excited to announce the attendance of rodeo clown, Clifton 'Hollywood' Harris for this year. Harris has performed in over 40 events across the country for 30 years. He is booked for five performances in Gerry, bringing a whole lot of fun and excitement to the bull pen.

The main events have been the same over the years: bareback bronco riding, tie down roping,

saddle bronco riding, bull riding, steer wrestling, team roping, and cowgirls' barrel racing. A wide variety of specialty acts are also presented, from clowns to trick riding. "My favorite event is the bull riding, when I get to see it." Cooley explains. "It's the favorite for a lot of people." This year, kids are involved in the competition as well, the tiny contestants will be given prizes for chasing ribbons tied to calves' tails. A free kids' rodeo is also slated for August 2nd, in which 3 to 8 year olds can compete.

A full line of vendors are also available in the midway, hosting a wide range of products and foods. The specialty of the day, which alone brings in a crowd, is the slow roasted beef dinners. Chef Bruce Gustafson tends to the succulent beef, providing beautiful cuts and a barbecue sauce that has reportedly been kept secret for many years. The rest of the dinner is equally as good, consisting of salad, corn, their famous potatoes, cottage cheese, and ice cream for a sweet treat. For those looking for a taste of the barbecue without the fixings, sandwiches are also available in the concession area.

The Rodeo benefits Gerry's Volunteer Fire Department, helping to protect the town from calamity. The funds raised make it possible for the department to keep their equipment up to date, from the recently purchased ambulance to their utility trucks and tankers. A good cause to help, the Rodeo is a great way to benefit a local necessity.

The Rodeo is located at 4351 Main Street Ext. in Gerry, NY. This year's Rodeo will be held from July 30th to August 2nd, 2014, with the show starting at 8 pm Wednesday thru Saturday, as well as a 2 pm event on Saturday. Tickets are available online at GerryRodeo.com or by phone at 716-985-4847. Take a short drive into Gerry, and find your inner cowboy!

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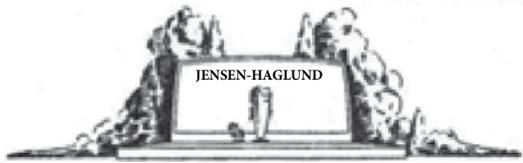
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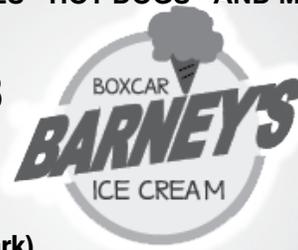
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Editor's Message



Jamestown Gazette

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The Jamestown Gazette is a locally owned FREE weekly community newspaper that reaches residents and merchants in Chautauqua, Cattaraugus and Warren Counties. We build a sense of community and pride by providing residents and businesses with positive stories and timely information that spotlights local residents, organizations and businesses operating and working together. New issues will be distributed to local dealers every Monday.

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You... the Tourist Attraction



A couple of hundred thousand people every year come to visit us. They leave nearly \$200 million in our pocket... Our collective pocket, that is. I am talking about all of us in Chautauqua County.

Isn't it nice to be popular? We call those generous people, "Tourists." They like us. But did you ever wonder who they are? I mean who they really are?

They are all people who are looking for something and hoping to find it here, with us. Perhaps you haven't thought of it this way, but you and I are part of the attraction. Do you know how to be a good one? It starts with knowing what tourists want.

At the end of a journey a tourist is sometimes disappointed – or at least a little less satisfied than he or she had hoped to be. Their problem is that they saw things. They only saw things. Mexican actor and director, Diego Luna, said, "Many times when you're a tourist you can just stay on the surface and not really experience the place you're visiting, which will probably leave you disappointed."

And that is where our opportunity lies. Diego went on to say, "Everywhere has something interesting; it's just about being curious enough to find it and scratch where you have to scratch and stay longer and walk further." You can spot tourists from a mile away, can't you? They're the wide eyed ones with cameras and clothes that look traveled-in.

This week the Jamestown Gazette invites all of our readers to turn tourism into something even more valuable and rewarding than the mere dollar value of whatever tourists leave behind.

Just say, "Hi!" Some of the best conversations start with a single word. Help a tourist take time to plug into the local culture, meet the people and experience new relationships instead of just racing through a list of tourist traps; as interesting and picturesque as they may be, interesting and picturesque are simply not enough.

As a return on your investment of a single word and a little time, not only will another guest do more than "see the sights," you will also learn about them, where they came from, what they do with their lives ... Who they are.

When you become the tourist attraction the tourism goes both ways, and you didn't even have to leave home to enjoy the journey.

So, enjoy our guests this summer, and as always... Enjoy the read!

Walt Pickut
 Editor
 The Jamestown Gazette

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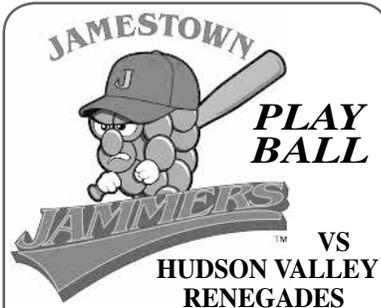
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Aug 16: Grasses, Sedges, & Rushes 1-3pm
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Sat., Aug. 2 9am-3pm
Main & Central Ave.

Quilt Show at the Museum
Sat., Aug. 2, 10am-4pm
Valley Historical Society Museum
34 Main St., Sinclairville, NY

31st Annual Sherman Day Celebration
Sat., Aug. 2, 10am
Village of Sherman, 1 Main St.

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Fri., Aug. 15, 3-9pm
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MOVIES:

Movies at the Reg:
"Enemy" 30, 8pm
"Chef" Aug. 2 & 6 8pm, Aug. 3 2pm
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The Floating Stage at Italian Fisherman, 61
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Chautauqua Marina, 104 West Lake Rd
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(Off Hoag Rd, at the tunnel)

Auto Racing-Dirt Track Racing
Every Sat through Aug. 30 7-11pm
State Line Speedway
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70th Gerry Rodeo Sponsored by Gerry Vol.
Fire Dept. 4351 Rt 60, Gerry NY
July 30-Aug. 2
www.gerryrodeo.org for info.

SUPPORT GROUPS:

Hilltop Wellness Collaborative
Men of Action
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entrance located on left side of bldg
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Caregiver Support Group
2nd Tuesday of the month 1pm
JAMA 15 S Main St, 2nd fl
3rd Thursday of the month 5:30pm
Fluvanna Community Church,
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WARREN AREA EVENTS:

Music in the Park
Every Friday 7pm
Soldiers & Sailors Park

STRUTHERS LIBRARY THEATRE:
You've Been Framed: Aug. 1, 7:30pm
Civil War Remembrance Weekend
Aug. 2 & 3
The Grand Budapest Hotel
Aug 6 & 8 7:30pm
Blood Sweat & Tears
Oct. 10 8pm
302 West Third Ave., Warren Pa
814-723-7231

Warren County Fair
Aug. 5-9, Pittsfield Pa
814-563-3565

BINGO:

Every Thurs. Night 4pm
Pleasant Twp VFD
814-723-5260

Farmers Markets

Lakewood Farmers Market
Every Tuesday 2-6 til Sept.
140 Chautauqua Ave., Lakewood
716-763-8557

Chautauqua Mall Farmers Market
Wed's thru October, 1st 11am-4pm
Exterior main entrance (interior center
court - weather permitting)

Downtown Jamestown Farmers Market
Every Thursday til Oct 30 12-6
Cherry St. between 2nd & 3rd, Jmst
716-664-2477

Village of Falconer's Farmers Market
Every Sat. 9am-2pm thru Oct.
Davis Park, Main St.
across from the Community Bank
bldg & Library

Fredonia Farmers Market
Saturdays 9am-1pm til Oct 25
Downtown Fredonia, Church St.
716-680-2844

Sherman Farmers Market
Saturdays 10am-2pm -end of Aug
Main St., Sherman NY
716-761-7676

Warren PA Farmer's Market
Midtown Parking Lot
Every Saturday 8-Noon

Westfield Farmers Market
Saturdays 9am-2pm-end of Sept
Moore Park, Westfield, NY

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Chuck Boehler Memorial Dice Run and Motorcycle Show



COURTESY, PHOTOS

The late Chuck Boehler competing in a motocross race on his 1973 Greeves.



Dr. Charles Sinatra standing by his award-winning restoration of the former Chuck Boehler motorcycle.

Article Contributed by Chautauqua Sports Hall of Fame

The Chautauqua Sports Hall of Fame is presenting the Chuck Boehler Memorial Dice Run and Motorcycle Show on Sunday, August 10th, at the Lakewood Rod & Gun Club.

The event is being held to honor the late Chuck Boehler, a 1989 inductee of the Chautauqua Sports Hall of Fame. Boehler was a well-known figure in the sport of motorcycle racing, nationally and internationally.

The approximately 100-mile dice run begins and ends at the Lakewood Rod & Gun Club and includes stops at scenic areas throughout Chautauqua County. Cash prizes will be awarded. Real Estate Advantage is the dice run sponsor.

Participants can pre-register for a fee of \$10 for the rider and \$10 for a passenger. Pre-registration forms are available at www.chautauquasportshallhoffame.org.

Registrations will also be accepted the day of the event at the Lakewood Rod & Gun Club, 8:00-9:00 a.m., at a cost of \$15 for the rider and \$10 for the passenger.

Following the dice run, riders will display their bikes on the lakeside lawn of the Lakewood Rod & Gun Club in a non-competitive motorcycle show from 12:00-4:00 p.m. The public is invited to the motorcycle show free of charge. All are welcome to enjoy the facilities of the Lakewood Rod and Gun Club. There will be a chicken BBQ and music. Raffles will also be held.

Harley-Davidson of Jamestown, Hector's Powersports and Reid's Powersports will have vendor booths

displaying their latest products and services.

The highlight of the afternoon will be the unveiling of the Boehler Bike. Dr. Charles Sinatra, a national prize winning restorer of vintage cars and motorcycles, discovered the last motocross bike Chuck Boehler raced competitively, a 1973 Greeves. Sinatra and his crew have painstakingly restored the machine and will reveal their craftsmanship as a tribute to Boehler. The bike will then be donated to the Chautauqua Sports Hall of Fame, 15 W. Third St., Jamestown.

Proceeds from the Chuck Boehler Memorial Dice Run and Motorcycle Show will benefit the Chautauqua Sports Hall of Fame, a 501(c)(3) organization formed in 1981 to honor and preserve the sports legacy of Chautauqua County.

For additional information, contact Randy Anderson at 716-640-6219.

Chautauqua Leadership Network

Article Contributed by Chautauqua Leadership Network

As part of a year-long curriculum of leadership development seminars and activities, members of Chautauqua Leadership Network's Class of 2014 gathered at Sandy's White Horse Inn in Cassadaga on July 17 to participate in a team safari scavenger hunt, taking them through many of the cities, towns and villages of Chautauqua County following clues to lead them to their destinations.

President Jodi Rzepka and Curriculum Chair Eric Skowronski greeted the class, established some safari ground rules, provided the teams with destination clues, and sent the teams out to start their adventures. "Chautauqua County residents live their entire lives without visiting some of the uniquely wonderful points of interest we have here," said CLN Director Pene Hutton.

"After today, we expect the class to gain a new or renewed appreciation



COURTESY, PHOTO

Chautauqua Leadership Network's Class of 2014 gathers at the White Horse Inn in Cassadaga to set out on a SAFARI across Chautauqua County.

of the area where we are privileged to live, work and play."

Designed to introduce class members to the assets of Chautauqua County and to further develop their team and project management skills, the safari serves as the half-way-mark of completing the CLN program. The CLN Class of 2014 will meet in mid-September to share their safari experiences with fellow classmates.

"The energy and enthusiasm of the class as they set out on their safaris and as they returned was inspiring," Rzepka said.

Now in its 22nd year, CLN is a not-for-profit organization designed to identify, recruit, train and network area professionals. To date, more than 500 county residents have participated in the program, which was founded to develop effective community leaders and address the challenges and opportunities facing Chautauqua County.

For more information about Chautauqua Leadership Network, please visit the organization's website at www.chautauqualeadership.org.

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LIFE & TIMES OF A MODERN HOUSEWIFE with **KATRINA FULLER****Dresses: Strength and Beauty**

Contributing Writer

Katrina Fuller

I bought a dress today, dear readers. It was a vision in cranberry, a vivid, full-skirted thing I had not seen the likes of before. Filling my arms with the weighty, glorious fabric, I spirited it to the counter and whisked it away before it could escape with anyone else. When I got home, I draped it over my clothes, in a haphazard fashion show for my husband, and twirled around the living room until I was dizzy. I told him in detail how lovely it was, and when he quit listening, I called my mother. I held it up in the light. I hugged it. Quite frankly, I'm surprised my husband isn't jealous of it yet.

My love affair with dresses has been a surprisingly brief one. When I was younger, I hated dresses. You wouldn't catch me in a dress, save

for very special occasions. I hated girly, frilly, pink colored femininity in all its wonder. Not quite a woman myself, as a teen, I viewed myself as tough, and dresses just weren't part of the uniform...or so I thought.

Looking back over history, a wide variety of women wore dresses, and they were still what I would consider tough. From English queens to saints, writers, activists, and more, women over the centuries have rolled up their dress sleeves, and lent their hands to shaping history. While bedecked in flowing skirts, women such as Harriet Tubman, Susan B. Anthony, Mother Theresa, Louisa May Alcott, and so many more found their hands busy and their hearts giving of love. This is the kind of strength that moves mountains; this is real toughness.

Throughout my life, I have searched for the meaning of being a woman. I have fought against societal norms, beaten back against what I thought was the prison of my gender - and yet, I have always felt an emptiness at the bottom of it. What I didn't realize was that part of what makes women great on the whole is our unique brand of strength. We may not be bound in muscle, we may not have the same qualities as men - however,

we are by no means weak. We are mothers, sisters, daughters and wives. We are writers, artists, leaders, victors, and caregivers. Our possibilities are limitless, our hearts are warm, our thoughts are passionate, and no matter how soft our voices, our convictions speak loudly. Femininity never seemed stronger to me than at this very moment, my friends.

I will embrace my womanhood with all the passion and zeal that goes with it. I will think my thoughts, value my body, spirit, and mind, and join in the ranks of the multitudes before me, who saw femininity not as weakness, but an opportunity to show their strength. I will put on my dress and twirl, carefree and happy for the moment. Then, I will roll up my dress sleeves, and get to work. That is the real mark of courage - the drive to make something better.

To read more of Katrina's reflections and insights on "The Life and Times of a Modern Housewife" please visit our website at www.jamestowngazette.com and click on Katrina's own page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.



Members of the Chautauqua Theater Conservancy from Chautauqua Institution performed vignettes recently before members of the Jamestown Noon Rotary Club. The service club meets at noon, Mondays, weekly at the Robert H. Jackson Center banquet room. Pictured are (Back row): Greg Gallick, Marianne Rendon, Emma Duncan, Rotary President Todd Allen, Managing Director Sarah Clare Corporandy, Rotarian Jim Smith. In front: Toby Omnuwere with Artistic Director Vivienne Benesch.

Benefit Dinner for Alexis Ackley

A benefit dinner for seven year-old Alexis Ackley of Jamestown will take place on Saturday, Aug. 9 from 3 to 7 p.m. at the House That Jack Built in Greenhurst, N.Y.

Alexis has been diagnosed with cancer and on June 2, she had her kidney removed and will now be undergoing chemotherapy until at least December. Proceeds from the event will go to help her family cover costs associated with treatment, which include travel expenses and medical bills. The benefit will include a Chicken Barbecue dinner, Chinese Auction, 50/50 drawings and entertainment. The cost for the dinner is \$8.50 and RSVPs are appreciated prior to the day of the benefit. Local businesses are encouraged to donate items for the Chinese Auction.

To learn how to help or to RSVP, call 450-0269 or 499-5020.

Horrigan and Brinkman Remind Residents About Additional Community Drug Forums

August 4 Forums Will Take Place in Both North and South County

Article Contributed by
**Chautauqua County Dept.
of Mental Hygiene**

Chautauqua County Executive, Vincent Horrigan, and Chautauqua County Community Mental Hygiene Services Director, Patricia Brinkman, are reminding residents about two additional Community Drug Forums focused on the growing epidemic of opiate use and abuse in Chautauqua County. These forums are open to all community members and will focus on the same issues and topics featured in the initial Community Drug Forum and will be held on August 4, 2014 from 9 a.m. to noon at Jamestown Community College's Carnahan Building, 525 Falconer Street in Jamestown, and 1:30 p.m. to 4:30 p.m. at Jamestown Community College North County Training Center, 10807 Bennett Road in Dunkirk. No pre-registration is required.

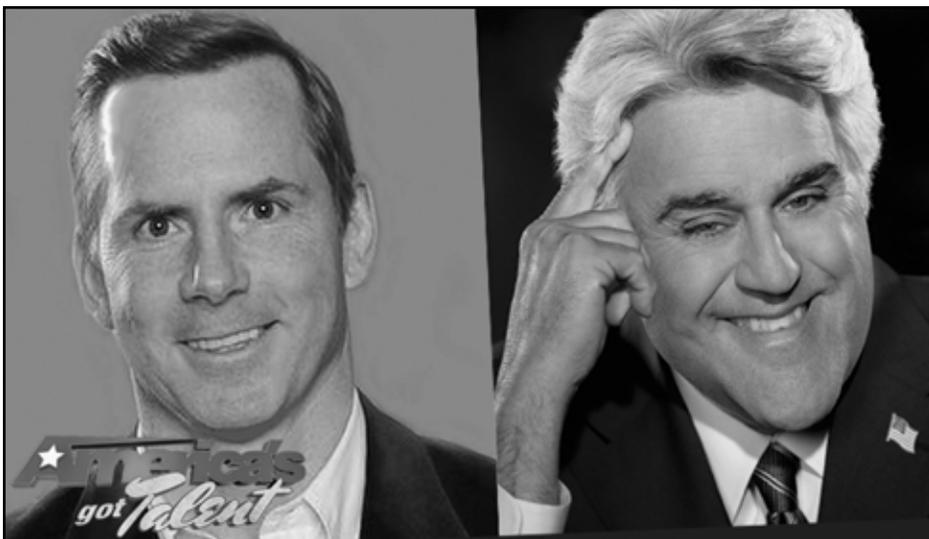
Despite blizzard like conditions, the initial Community Drug Forum in Mayville had

over 200 people in attendance. The powerful turnout was a great start but the suggestion was made that subsequent forums be held at the two ends of the county to reach those who couldn't make the first.

From the initial Community Drug Forum came a Steering Committee made up of representatives from county government, law enforcement, mental health and chemical dependency agency leaders, media, and members of the business community.

They developed smaller sub group Action Teams that will individually focus on Court/Law Enforcement/ Probation, PR/Media, Treatment, Advocacy, and Education/Prevention. These Action Teams are open to the community and those interested are encouraged to join their efforts. For more information on how to join, contact Sue Hawley at (716) 753-4104.

For more information concerning the Community Forum, contact the Chautauqua County Department of Mental Hygiene by calling (716) 753-4104, or the County Executive's Office by calling (716) 753-4211.



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Aspiring Artists Series on Display at Prendergast Library

Library Art Gallery will Feature a Group Exhibit by *Aspire of WNY's iXpress Art Program August 1-29*

Article Contributed by
Aspire of WNY

The Prendergast Library Art Gallery will be featuring an exhibit by the Aspire of WNY iXpress Art Program from August 1 through August 29. The diverse showing will feature artwork created by a local group of artists with disabilities, as part of their "Aspiring Artists" series and contains acrylic and watercolor paintings, mixed-media pieces, and sculptures.

iXpress is a local community of artists with developmental disabilities whose works have been featured at Burchfield-Penney Art Center and University at Buffalo Art Gallery Center for the Arts. The artwork on display will be available for purchase with the proceeds supporting the artists and the many innovative programs and services offered by Aspire of WNY.

"I am so honored to know, and to work with these artists," said Terry Lair, Art Facilitator for Aspire of WNY. "I watch them struggle with day to day living, fighting to do the simplest things that most people take for granted, and then to see their smile when a piece of artwork is finished is truly heartwarming!"

There will be an opening reception on Friday, August 1 from 6:30 p.m. to 8:00 p.m. where the iXpress artists will be on hand to meet attendees. The reception is free and open to the public and will feature refreshments.

For more information about the Aspiring Artists exhibit, or to make a purchase, please contact Terry Lair, at (716) 763-9070 or by email at Terrill.Lair@aspirewny.org.

The Prendergast Library is located at 509 Cherry Street, Jamestown, NY and is open Monday through Friday 9:00 a.m. to 8:30 p.m., Saturday 9:00 a.m. to 5:00 p.m., and Sunday 1:00 p.m. to 5:00 p.m.

The next Prendergast Library exhibit Sept. 12 through Oct. 17 will be "I Call This Home" featuring the work of Jennifer Scott Schlick, Kathleen Tenpas, Lori Deemer, Riko Chandra, and Mark Kirsch, five photographers who will explore the concept of "home." For more information about library programming, call (716) 484-7135.

Aspire of WNY has been a leader in providing innovative, person-centered programs and services for children and adults with developmental and other disabilities for more than 65 years. Visit www.aspirewny.org to learn more about our individualized assistance empowering individuals to achieve their full potential and live as independently as possible.



Jefferson Reading Teachers Implement Unique ELA Strategy Using Song, Poems & Performance



Jefferson Middle School eighth graders, Nathaniel Beerbower, Leslie Febus-Castro, Kathy Rios-Ocasio, Rosairis Morales, Keaira Encarnacion, Christin Farley, Miguel Jose Morales, Miguel Morales, Wildaniel Rosado and Kim Melendez, perform "Where is the Love" by the Black Eyed Peas as part of an ELA reading strategy.

Article Contributed by
Jamestown Public Schools

"But if you only have love for your own race, then you only leave space to discriminate, and to discriminate only generates hate, and when you hate then you're bound to get irate, yeah," sang Jefferson Middle School seventh and eighth graders at a recent Morning Fluency Performance in the library. The students were singing "Where is the Love," by the Black Eyed Peas as part of a reading support group.

Jefferson Middle School Reading teachers Amber Promber and Stephanie Wilson developed the unique fluency performance based on a workshop they attended with Dr. Timothy Rasinski at LoGuidice Center early this year. The teachers knew from the assessments that students needed fluency and vocabulary instruction in order to increase their comprehension.

"I remember listening to Dr. Rasinski and getting so excited because he was giving us ideas on how to work with our students," said Ms. Promber. "He began with a childhood song, and those that remembered the song were welcomed to sing along. I know songs that I haven't heard for years come on the radio and I begin singing along and instantly know the words. Who doesn't love music? Part of his concept is to teach reading fluency by song lyrics, poetry, and speeches."

The teachers began to get to know the students by having them fill out a Reading Inventory that they created, in order to understand how the students felt about reading and what they enjoyed. Most of the students had negative attitudes about reading, especially reading aloud in front of peers.

The teachers followed "The Fluency Development Lesson (FDL)" created by Dr. Rasinski with each group. First, they read the previous text as a group or in a partner read in order to practice accuracy and fluency. Then, the teachers introduced a new, short passage (part of a song, poem, and/or speech). The groups discussed the structure, content, and meaning of the short passage and practiced chorally reading the passage several times as a group. Then, students practiced reading the passage in pairs or triads giving fluency feedback to their group members.

Teachers chose a few words from the short passages for students to add to their vocabulary. Students brainstormed examples and non-examples of the vocabulary word, and then created

a student-friendly definition. Students were encouraged to take a copy of the passage home to practice with parents, family members, pets, teachers, and other students.

"I got a lot out of it," said Jefferson Middle School eighth grader Rosairis Morales. "Some words, like terrorism, I had never heard of and by listening and reading the song, it helped me understand the meaning better and overall made me a better reader. It is fun, simple and fast. I don't really like reading but I love doing this type of reading and using music and poems to motivate me to read better."

The key that brings the fluency lesson together is the performance portion. Students performed their pieces multiple times to principals and other teachers.

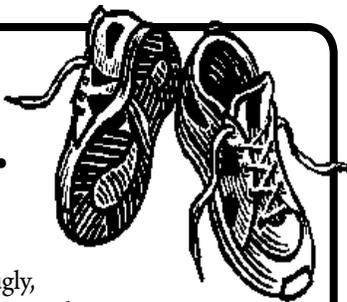
"I think this type of learning through performance is good for students because they gained confidence; they worked as a team, and helped each other," said Mrs. Promber. "They had control in how the class was going to go. As teachers, we were just guiding them through the steps, and modeling how the reading was to be done. It was fun because we shared different music that we enjoyed. I now also have a different variety of music that the students introduced me too. We always encouraged them to practice, and taught them through repeated practice, we were bound to improve. They trusted us, and knew that our rooms were a safe place to learn."

The program has been a success. According to data from the Scholastic Reading Inventory (a test of reading comprehension), the eighth graders all improved their Lexile (scale of reading ability) scores. The average yearly growth for an eighth-grader is about 58L. Students who participated in this program gained from 50 Lexiles to over 400 Lexiles.

"When students know they will be performing a text, they are provided with an authentic reason to read a text again and again," said Annette Miller, JPS ELA Coordinator. "Each time they read, they understand the text at a deeper level and improve their fluency- just as an actor, singer, or poetry reader would. This repeated practicing, culminating in a performance, just makes sense. Mrs. Promber and Ms. Wilson know that the complexity of teaching requires continual growth and development and regularly take advantage of opportunities to learn from respected researchers, such as Dr. Rasinski. They should be commended for their initiative and professionalism."

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Jamestown Business College Freshman Orientation

Article Contributed by
Jamestown Business College

Jamestown Business College (JBC) will be hosting Freshman Orientation for incoming high school students starting at the college this fall on three separate dates – July 30, August 6, and August 13.

As part of the events, students, parents, and other guests, will be invited to review the college schedule; meet faculty, staff, and other students; tour the college and labs; and gather some tips on transitioning to college life.

JBC Director of Admissions Brenda Salemme said the main purpose of holding three events was to accommodate the large group of incoming freshmen and to provide personalized attention. “Over the past years we have seen more and more traditional students

enroll at the college,” she said. “Having three sessions allows for students and guests to comfortably settle in at JBC and allows us adequate time to get to know our students.”

Students should refer to their invitation for their date of attendance and further details.

Other activities at the event will include games, a college apparel sale through the Jamestown Cycle Shop, and a chicken barbeque. Students will also learn more about the discounted student rates available to them at the Lakewood and Jamestown YMCA locations.

Jamestown Business College offers business-focused Associate and Bachelor degrees and certificate programs that include targeted professional development activities. For more information on registering for these programs, call 664-5100 or visit us online at www.JamestownBusinessCollege.edu.

Fredonia Technology Incubator Announces Transition

Article Contributed by
SUNY Fredonia

The State University of New York at Fredonia announced today that the Fredonia Technology Incubator will enter a transition phase with the pending departure of its executive director and the beginning of new initiatives to provide expanded opportunities for job growth in the community.

Executive Director Robert Fritzingler will be leaving his position on Aug. 1 to pursue other opportunities. Mr. Fritzingler has led the incubator since the new building opened in 2009.

“I want to thank Bob for serving our campus and community over the last five years, and for representing us at the state and regional levels in various economic development capacities. All of us at Fredonia wish him the best of luck in his new endeavors,” said Kevin Kearns, vice president of Fredonia’s Division of Engagement and Economic Development. “I’m also excited by the opportunities before us to bring greater economic vitality to the region. We have a transition plan in place to enhance our incubation program and take full advantage of new synergistic business innovation and resurgence opportunities.”

One of the new opportunities is the Western Region Innovation Hot Spots program, which will create or designate high-tech innovation incubators at several locations affiliated with higher education institutions in order to encourage private-sector growth. “Hot Spots” link regional sources of innovation and expertise, awards New York State Incubator Designation to the Fredonia Technology Incubator, and offers qualified clients five years of extensive tax breaks. The western consortium of universities includes the University at Buffalo as the lead, with Fredonia and Alfred State College as key partners.

Dr. Kearns said he is pleased by the level of partnership and collaboration on economic development efforts with the county, local governments, Jamestown Community College (JCC), the business community and other organizations with the implementation of the StartUp NY program and other efforts. StartUp NY, initiated by Governor Andrew Cuomo, creates tax-free zones on or near approved colleges and universities throughout New York State. The goal is to attract businesses

that would not otherwise locate in the state by providing incentives to retain and expand jobs. Businesses must be approved and sponsored by a campus that has an approved Campus Plan. In Chautauqua County, Fredonia and JCC are the institutions of higher education charged with implementing the program. They have partnered in order to provide the greatest benefit to the county.

Kearns stated that a transition team is being established to advise and assist the next phase of incubator operations. He also announced that he has tapped Center for Regional Advancement Director Chuck Cornell as Interim Director of the Fredonia Technology Incubator. Mr. Cornell, who has been the director of the center for the past six years, has been actively involved in the incubator’s programming and operation since its inception. He has also served on the boards of the Chautauqua County Industrial Development Agency (CCIDA), Greater Jamestown Empire Zone and Manufacturing Technology Institute. He holds a master’s degree in Public Administration.

“Chuck is very familiar with our incubator’s operations and has the skill set needed to manage this transition,” noted Dr. Kearns.

The Fredonia Technology Incubator (FTI) promotes economic growth in Western New York by supporting entrepreneurship and the development of new, innovative companies into successful business ventures. The incubator creates jobs in the community, develops internships and training opportunities for students, attracts and retains graduates in the area, provides a first-class facility for community activities, and provides support services to community organizations and leaders.

Fredonia established the Engagement and Economic Development (EED) division in 2013 to facilitate and support university-community collaborations that enhance the intellectual, cultural, artistic and economic vibrancy of the region. Such collaborations include active community engagement and partnerships with local and regional organizations, governments, businesses and universities. In addition to the incubator, the division also oversees the university’s StartUp New York economic development program.

Join Me in the Kitchen with Vicki McGraw

Cold Summer Soup



Contributing Writer

Vicki McGraw

Elegant Edibles Catering

Well, Kid’s College has come and gone for another year, and we had a wonderful week! I was blessed to have forty four terrific kids and a very helpful assistant in my classes, and we had a ball trying to be the next “Cake Boss” together. We made everything from Monster Cupcakes and Whoopie Pies to giant Hamburger Cake. We also had spent time working with fondant icing, the latest fad in cake decorating! We made good friends, good food and great memories!

So far this year, we have been having a rather odd summer weather—wise...I don’t ever remember a July that has given us both record heat and near record rain. Everyday has been a different challenge! There has been some amazing weather for outdoor activities, although a little too wet for some activities and way too warm to heat up the kitchen by turning on the oven some days! This is a perfect time of year to enjoy cold foods, and one of my favorites is cold soup! At first thought, many may say a quick and resounding “YUCK,” but with an open mind and adventurous taste buds, I think I can make you change your mind!

Cold soups are just what their name implies... cold (or sometimes room temperature). Now I’m not talking cold chicken noodle or cream of mushroom, here. No leftovers invited to this party! Cold soups are prepared specifically to be served cold. One of the more commonly known is the Spanish treat Gazpacho (a wonderfully refreshing tomato based creation). I think this is a perfect start to a summer luncheon. I also enjoy serving

cold melon soups. These can be either sweet or savory, and can be served as a starter course, or as a dessert course. As with most food, presentation is an important part of the enjoyment. Serving cold soups from a crystal punch bowl, into fancy bowls or even wine goblets will add to the novelty!

Cold soups are usually very easy to make; the most handy tool to use in making them is a blender or food processor, as usually at least part of the ingredients are pureed, (thus making the soup, soupy!). I also like to make my soups (whether cold or hot) the day before I plan to serve them so that the flavors have time to “mingle”. As with many other foods, flavors in soup will change (either intensify or mellow) a bit as they rest. By allowing this resting time, you also are able to readjust the seasonings if you need to before serving. Remember...you can always add a little more, but you can’t take it out once it is in, so start with a light hand!

Finally, as I always do, I encourage you to be adventurous! You truly may like something new, even if it sounds a little scary or even gross! Like I told my students at Kid’s College, you never knew you liked your favorite food until you put it in your mouth the very first time! So if you are on the edge, go ahead and take the plunge! You may discover your new favorite food...or at least be able to honestly say you don’t like it, because you did try it!

Cold Melon Soup

- 1 ripe cantaloupe*
- 1 ripe honeydew*
- 4 ripe peaches*
- 2-3 cups orange juice (fresh squeezed is always best!)
- Dash of nutmeg
- Peel and remove seeds from melons, peel and remove pits from peaches. Cut fruits into cubes and puree in food processor. Add orange juice to thin to desired consistency and mix well. Chill for at least 4 hours. Serve cold, garnished with a sprig of fresh mint!

*The more ripe your fruit is, the better it will puree!

To read more of Vicki McGraw’s commentaries on good cooking, fine recipes and perfect party treats, visit www.jamestowngazette.com and click on Join Me in the Kitchen’s own page. The Jamestown Gazette is proud to present our county’s most creative and original writers for your enjoyment and enlightenment.

Reed’s Manufacturing Bill One Step Closer to Law

Article Contributed by
Congressman Tom Reed’s Office

The next step for Tom Reed’s *Revitalize American Manufacturing and Innovation Act*, or “RAMI,” is the House floor. Reed’s bipartisan bill unanimously passed the House Committee on Science Friday, clearing the final hurdle before a vote in the full House of Representatives.

“We’re one step closer to crossing the finish line and seeing this bipartisan jobs bill become law,” Reed said. “When we’re talking about creating the kinds of high-tech, high-paying jobs we want to see our children and grandchildren in, we’re talking about jobs that give them those opportunities to create and innovate here at home – not across the ocean. RAMI sets the stage for those jobs and makes sure the U.S. is a world leader in advanced manufacturing. I thank Congressman Kennedy for working tirelessly with us on this bill to put more Americans back to work. It’s time for an American manufacturing renaissance. It’s time for this jobs bill.”

Tom Reed and Rep. Joe Kennedy (D-MA) introduced RAMI last August as a way to re-establish the United States as the global leader in manufacturing. The bill creates a national network of regionally-based hubs to improve the competitiveness of American manufacturing and increase U.S. production. The hubs are public-private partnerships among colleges and universities and manufacturers of all sizes designed to bridge the country’s skills gap and bring research and development and

commercialization back to the forefront of American manufacturing.

“Across the country, innovation industries are transforming the American economy and giving our once-fading manufacturing industry new legs in industries like advanced manufacturing, life sciences, information technology and defense,” said Congressman Kennedy. “Today’s bipartisan passage of RAMI by the House Science Committee is another step towards the kind of domestic manufacturing policy our country needs to create good jobs and stay on the cutting edge of a global economy. I am grateful for Representatives Reed’s continued partnership on this bill and for the leadership of Chairman Smith and Ranking Member Johnson. I look forward to working together to get this bill to the House Floor.”

Reed’s manufacturing jobs bill has 90 bipartisan co-sponsors in the House and broad industry support. Reed continues to meet with local manufacturers about the bill and has met with a wide range of district manufacturers over the past year about the bill including Lufkin-RMT, Nucor, Cameron Manufacturing, Cutco, Nestle-Purina, Dresser-Rand and Cummins. Reed’s House Manufacturing Caucus also held a panel discussion on the bill, bringing in industry experts to help educate members and move the bill forward in the House.

In April, RAMI passed the Senate Commerce Committee unanimously where Senators Roy Blunt (R-MO) and Sherrod Brown (D-OH) are sponsors on the bill.

With Reed’s bill clearing the vital last hurdle in the Science Committee, it will now need to be considered by the full House of Representatives.

Jamestown
Gazette

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Sponsor Opportunity for Audubon Butterfly Festival



Hundreds of visitors to a previous festival gathered at the close to watch the release of the butterflies as they begin their journey to Mexico for the winter.

Article Contributed by
Jamestown Audubon

The Audubon Center & Sanctuary is inviting additional sponsors for its Monarch Butterfly Festival on Saturday, August 30, 2014.

This event gives visitors a hands-on experience with live Monarch Butterflies flying around an indoor garden created just for this day. The day is full of great activities, from holding a caterpillar to catching a butterfly outside or eating Mexican food in honor of the Monarch Butterflies' migration to Mexico each winter. Visitors will also learn how they can help a butterfly whose population is at record lows.

"We're delighted to have a number of sponsors already on board," said Audubon Senior Naturalist Jeff Tome. "We're looking for others to join the Frewsburger Pizza Shop, Heritage Senior Living, Lena's Pizza, Phoenix Metal, King's Heating and Sheet Metal, Matt's Nuisance Animal Control, Mike's Nursery and Native Roots Landscaping."

Tome noted that the hundreds of visitors who come to the festival each year enjoy the many activities offered and are especially fascinated by the butterflies themselves. "There's something about seeing real live creatures from the tiniest eggs through all sizes of caterpillars, chrysalises, and into

beautiful butterflies that is just delightful – and the indoor wildflower garden setting makes it truly spectacular!" He said that there are activities for every age, and folks are reminded to bring their cameras.

Tome added that sponsorships also help Audubon's inaugural "Monarchs and Margaritas," a sneak preview the night before the Festival that includes refreshments and adult beverages.

Sponsors receive various recognitions, depending on their level of support. Acknowledgments include complimentary program ads, listing on Audubon's web site and newsletter and in the posters and publicity for the festival, and free tickets to the Festival.

For sponsorship information, contact the Center at (716) 569-2345 or visit www.monarchbutterflyfestival.wordpress.com/sponsors.

The Audubon Center & Sanctuary is at 1600 Riverside Road, one-quarter mile east of Route 62 between Jamestown, New York, and Warren, Pennsylvania. The building, with its collection of live animals, interactive exhibits and the Blue Heron Gift Shop, is open 10 a.m.-4:30 p.m. Monday-Saturday and 1-4:30 p.m. Sundays. The grounds, including trails, gardens, picnic tables, arboretum, and Liberty, the Bald Eagle, are open from dawn until dusk daily.

To learn more, call (716) 569-2345 or visit www.jamestownaudubon.org.



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Sherman Day Celebration
A Parade and a Famous Haircut

Article by
Walt Pickut

The community of Sherman is once again looking forward to the annual excitement of their Sherman Day Celebration, beginning on Friday evening, August 1, with a Sherman School Alumni Dinner in the school gymnasium followed by the traditional Bonfire and Live Music at the Sherman Fireman's Grounds on Klondike Road starting at 8:30.

Events

Saturday morning, August 2, the Sherman day 5K/2 mile Run Walk starts the day off, followed by the 10 o'clock Grand Parade, highlighting a theme of "Marching through Time." The parade will be filled with floats, special vehicles of many sorts including rescue equipment and emergency crews, horses, marching bands, patriotic groups and entertainment for young and old.

Sherman Day organizers also promise kids games, a petting zoo, a car and antique tractor show, great food and craft vendors, the famous Stanley Hose Chicken BBQ and Live Music.

The parade marshal for this year will be Bonnie Maebon, a young woman who has become a treasured institution in the village of Sherman. Though born with certain disabilities she has devoted her life to the beautification of Sherman, a community that has adopted her and shares her values.

The Haircut

"I need a haircut!" said Sherman's Mayor, John Patterson. He hasn't let a barber touch his head in months and months... And it's all in the good cause added to this year's festivities. For a \$5 donation in support of the Roswell Park Cancer Research Institute, drawings will select innocent bystanders to shave off a stripe of Mayor John's long, long hair to the delight



COURTESY PHOTO.

Mayor John Patterson is ready for his haircut.

of the assembled throng at the corner of Main and Miller in downtown Sherman at 2:30 in the afternoon. After enough shavers have been selected to leave only stubble from ear to ear, bidding will start at \$50 to select a final close shaver from the crowd. "We'll have a professional hairdresser on hand to help, if necessary," Mayor Patterson added, "as long as we don't need the Red Cross," he added hopefully.

Mayor Patterson's shiny dome will be dedicated to raising money for Roswell Park Cancer Research Institute, a goal unanimously supported by the town board in recognition for their life-changing contribution to so many battling and winning their fight against cancer. "I want everybody to have the wonderful Christmas gift we had recently when Roswell helped my wife, Sally, achieve total remission from stage IV cancer," Mayor John said.

The Sherman Days Celebration has been a Chautauqua County favorite for many years and it looks like it will exceed all expectations again this year.



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I Love Jamestown because...

by: Victoria Trass Bardo

I love Jamestown for so many reasons. I made Jamestown my forever home after returning from college. The opportunities to obtain a sustaining position in my field (The Resource Center 26 years ago) purchase a beautiful home, live in a friendly neighborhood and raise a family in a safe community with outstanding schools was always important to me. Many traditions that are pillars of our community are also why I love Jamestown... who doesn't get fired up for Gus Macker and Street JAM Basketball? Jamestown is also close to everything, professional sports, word class entertainment and International airports within a few hours. Aside from our unique festivals, fairs and foods, the Jamestown vibe is strong... you may not remember what you did, will probably forget about what you ate, but you will never forget the way you feel when you are home in Jamestown.

Sherman Day 2014

Marching Through Time

August 1st & 2nd

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After Parade events:
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Lawn Tractor Poker Run
Kids games-Car Show
History Scavenger Hunt
Yorkers Museum Tours
Speaker Jari Villanvera
Beverage tent by Pine Junction-12 to 5
Firemen's Chicken BBQ noon until gone
Bands at Murdock's & Cooler Cafe

Shave the Mayor at 2:30 at the corner of Main & Miller

For info: Village of Sherman 716-761-6781
vsherm@fairpoint.net or visit our Facebook page

Great Rhythm Revival at Great Blue Heron

Article Contributed by
Great Blue Heron

Sherman, NY, welcomes back the 5th annual Great Rhythm Revival on August 1-3, 2014. The event is being directed by Jim Donovan, an award winning educator and founding member of the multi-platinum selling band, *Rusted Root*.

The event takes place on the site of the popular Great Blue Heron Music Festival 2361, Wait Corners Rd. Panama, NY 14767, co-hosted by Julie and Steve Rockcastle of the Great Blue Heron and Green Heron Growers.

"The Great Rhythm Revival" is a three day retreat where Donovan and a host of world-class musicians and teachers will lead participants in musical and personal development workshops including; Drum and Chant Meditation, African Djembe Drum and Dance, Hatha Yoga, Shamanic Journey, Sacred Intimacy, Transformative Writing, All-percussion, Energy Medicine, Women's Sacred Circles, Intro to Men's Work, Afro-Cuban Drumming, Sound Healing, and Kundalini Yoga.

In the evenings, participants enjoy two nights of live music with Donovan's

popular percussive based band, *The Sun King Warriors*, from Pittsburgh, PA and the Spiral Rhythms Ecstatic Dance Experience from Cleveland, OH.

The event is 18 and over unless accompanied by a parent. All workshops are beginner friendly and assume you have no musical experience. Drums are provided for the drumming workshops. This event is rain or shine and free camping is available on-site.

Delicious and healthy meals will be prepared by on-site chefs. The majority of the food for the Revival is local, GMO free, organically grown and raised on-site by Green Heron Growers in Sherman, NY.

Participants can choose from three ways to attend the Great Rhythm Revival: (1.) Full weekend, (2.) One-day-pass which includes all workshops and concerts for the whole day and (3.) The Saturday Evening Concert (for all ages), the drum circle and "Night Lights at the Heron" experience.

Event details at a glance: Registration: <http://www.greatrhythmrevival.com/registration.htm>, Schedule: <http://www.greatrhythmrevival.com/schedule>, and Workshop Descriptions: <http://www.greatrhythmrevival.com/workshops.htm>.

WCA Foundation Awards Mary Lou Messina Memorial Nursing Scholarship



Julie Morton, R.N, Emergency Department Nurse at WCA Hospital, center, receives the 2014 Mary Lou Messina Memorial Nursing Scholarship award from Wendy Kane, newly elected WCA Foundation board member, and Phil Messina, husband of the late Mary Lou Messina.

Article Contributed by
WCA Hospital

WCA Foundation has named Julie Morton, R.N., an Emergency Department nurse at WCA Hospital for the past eighteen years, as the recipient of the 2014 Mary Lou Messina Memorial Nursing Scholarship. In addition to her tenure in the Emergency Department, Mrs. Morton has also aided in the transport of more than 800 critically ill and injured patients on Starflight, the helicopter medevac service whose helipad is located adjacent to WCA Hospital.

Mrs. Morton is currently pursuing her Bachelor's Degree in Nursing from Gannon University in order to remain current in her clinical skills and educational standards. She plans to utilize that education to continue her long-standing commitment to the patients served by WCA Hospital and Starflight.

Mrs. Morton is a Certified Emergency Nurse (CEN), Sexual Assault Nurse Examiner

(SAFE), EMT Paramedic, and Trauma Life Support instructor. In 2010, she was recognized by her peers when she was awarded the WCA Hospital Employee of the Month for demonstrating service excellence.

The Mary Lou Messina Memorial Nursing Scholarship was begun in 2004 by Phil Messina to memorialize his wife who was an energetic, effervescent, intelligent, success-oriented leader. Mrs. Messina's legacy as a nurse in critical care areas of WCA Hospital helped create the criteria to be met by the scholarship's annual recipient who is to emulate her personality and love of nursing.

Endowed scholarship funds are one way the WCA Foundation supports WCA Hospital, its employees and the community. To make a donation to the Mary Lou Messina Memorial Nursing Scholarship Fund, or to begin a new endowment fund, contact WCA Foundation's Executive Director, Brigetta Overcash, 664-8600, or Karl Sisson, Development Director, 664-8423. To learn more about the WCA Foundation, visit www.wcahospital.org/foundation.

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Spectacular Seniors

Girl Scout Troop #20025 Visits Heritage Green



COURTESY PHOTO

Girl Scouts of Western New York Junior Troop #20025 Visit Heritage Green Rehab. & Skilled Nursing facility in Greenhurst, New York. From left: Lauren Bills, Sophie Devlin, Grace Seavy, Julianna Smith, and Sam Haertel.

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Article Contributed by Heritage

On Sunday, July 20, 2014, the Girl Scouts of Western New York Junior Troop #20025, from Brocton, visited the residents of Heritage Green Rehab. & Skilled Nursing facility in Greenhurst, New York.

The purpose of the visit was to sensitize the Girl Scouts to the process of aging. During the visit, the girl scouts spent time doing activities designed for them to experience what life is like for some elderly people. One of the hands-on activities included wearing glasses that simulated what it is like to have macular degeneration, blindness, and glaucoma. Another activity simulated what it would be like to have stiffened joints. With fingers taped together, the girls had to try to open a jar. One of their favorite activities was attempting to carry packages in one hand while walking with a walker or cane in the other. This activity simulated what it is like to have difficulties with mobility and balance. Next, with one arm restrained the girls had to get dressed in a button-up shirt, zipped-up pants, and lace-tied shoes. The remaining activities provided simulation for changes in touch, in taste, and in smell.

At the end of the day, the scouts went for a tour of the facility and smiled at residents along the way. They made a butterfly craft with many of the residents and snacked on popsicles, while they enjoyed each other's company.

The residents were pleased to have the troop around for the day. Many shared their own experiences of being Girl Scouts with the girls. Several of the residents commented about how smart and beautiful the girls were and how much they enjoyed seeing them around the facility.

Troop leader, Melissa Seavy, organized the trip, because she felt it would be a unique opportunity for the girls to experience life as a resident in a skilled-nursing environment and to open their eyes to a small part of the healthcare world. She was pleased to be able to connect these young women with the seniors who built this community.

She explained, "These girls love giving back to our community and enjoyed spending time with the residents, just as much as the residents enjoyed spending time with them; it was a great intergenerational activity. These girls are heading into fifth and sixth grades. It is important to begin to expose them to different career paths, over the next several years, to get them thinking about what they want to do after high school. Girl Scouts of Western New York is committed to building girls of courage, of confidence, and of character who make the world a better place. This is just one building block to get them there."

The Girl Scouts enjoyed the trip. Several girls commented about how nice it was to meet the residents and to hear their stories. They went on to say that it felt good to serve others. The Girl Scout promise states, "On my honor, I will try: To serve God and my country, To help people at all times, And to live by the Girl Scout Law." This promise coincides with Heritage Ministries' mission, "To serve others through Christ-centered ministries which promote, Hope, Dignity, and Purposeful Living." The girl scouts and the residents felt a strong connection to each other during the trip and hope that others will arrange such activities for our community youth.

Heritage Ministries was pleased to host the girl scouts. Heritage encourages the community to see inside the walls of long-term healthcare. If you or your group would like to schedule a trip to visit with residents or to set up a time to volunteer, please call (716) 763-5608 for more information.

Heritage Ministries is a non-profit, human-service organization serving the western New York region and employing nearly 800 employees in Chautauqua County. Independent- and assisted-living residences for seniors are located at Heritage Village Retirement Campus in Gerry and at The Woodlands (on Southwestern Drive) in West Ellicott. Rehabilitation and skilled-nursing services are provided at Heritage Village in Gerry, Heritage Park in Jamestown, and Heritage Green in Greenhurst. For more information about Heritage Ministries, please call (716) 763-5608, visit at www.heritage1886.org, or LIKE Heritage at facebook.com/HeritageMinistries.

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LHRC Resident Council Presents Stewart Gard Award of Appreciation



COURTESY PHOTO

Members of the Lutheran Home and Rehabilitation Center Resident Council, Linda Paterniti (left) and Nancy Crofoot present Stewart Gard with a Certificate of Appreciation for his excellent work ethic.

Article Contributed by **Lutheran**

The Resident Council of the Lutheran Home and Rehabilitation Center surprised Certified Nursing Assistant, Stewart Gard with an Award of Appreciation “in recognition of his excellent work ethic and his always being willing to go ‘above and beyond’”. He was awarded a certificate and a Tim Horton’s gift card.

Linda Paterniti could not say enough about Stewart, “We are just thankful for him. He is right there when we need him. When I went to dialysis classes, he went with me. He knew I was scared. He held my hand the whole time. He asked the questions that I didn’t think of. His hugs and smiles make my day.”

Nancy Crofoot agreed with Linda, “He always has a smile. He makes you laugh if you’re having a bad day. He answers your bell whether it’s his assignment or not.”

Denise Ohman, LHRC Director of Social Work, agreed with Nancy and Linda. “The Resident Council was pleased to vote for Stewart to be their ‘Employee of the Month.’ The entire council had nothing but praise for Stewart. He is a wonderful role model.”

Stewart was surprised by the award. “It is great to be voted employee of the month by your co-workers, but to actually have this award come from the residents who are my family, that’s awesome.”

The LHRC Resident Council is an active group that meets monthly, assists with menu planning, plans fund raising activities, and schedules several programs during the year to benefit staff and residents.

Tanglewood Residents “Ring for Freedom”



COURTESY/PHOTO

Article Contributed by **Tanglewood Manor**

On Friday, July 4th, Tanglewood Manor joined the rest of the country by participating in a patriotic ceremony that was established in 1963 by President John F. Kennedy. On July 4th of that year President Kennedy proclaimed the national ringing of bells with the words “Let’s ring freedom bells!” On that day at exactly 2:00 p.m. all people were asked to celebrate the adoption of the Declaration of Independence and the privilege of living in a free nation by the ringing of chimes, bells, shaking of keys, tapping something on a glass or anything that makes a ringing sound. This practice became an annual tradition known as the “Let Freedom Ring” National Bell Ringing Ceremony.

This year Tanglewood Manor celebrated the Independence Day Holiday with a picnic in the Louis Ferreri Memorial Park followed by a gathering of residents on the front patio of the Tanglewood building. Mary Schmidt, Music/Activities Coordinator, said “The excitement was contagious as residents lined up and were handed chimes to ring that would resound the patriotic theme that is prevalent among the residents.” After they were reminded of the significance of the activity, residents rang their chimes 13 times signifying the 13 original colonies followed by a massive celebration of bells ringing and shouts. The ceremony ended with a robust rendition of “God Bless America,” much to the delight of passing motorists. Schmidt commented that the residents were quite proud to be part of this national event.

Tourism

CONTINUED FROM FRONT PAGE

opportunities for air travel to and from East Coast cities, the more common origin for Chautauqua guests and speakers as compared to previous connections through Cleveland, which favors western gravel.

World leaders, celebrities and even the Chautauqua Institution staff who work with them will now also enjoy more convenient, efficient and economical travel opportunities.

Attraction Smorgasbord

Chautauqua County offers a rare and rich assortment of attractions due to its unique variety of geography, climate and destinations.

The gentle, lake-facing slopes of Northern Chautauqua County have become home to an outstanding community of at least two dozen artisanal winemaking families and commercial vintners producing wines of many varieties now recognized among the finest vintages in the United States and around the world.

Chautauqua Lake and Chautauqua Institution attract boating and water sports enthusiasts, the nation’s most popular headliners in music, theater and art, and an intellectual community of writers, world leaders and academics unparalleled anywhere in the world, every summer.

Concerts and theaters spark the arts community and social life of Chautauqua County all year long. The Lucille Ball Museum and annual Lucy Fest, soon to be joined by the Lucy Desi Center for Comedy, are projected to

account for well more than 120,000 additional visitors to the greater Jamestown area every year. The Great Blue Heron Music Festival is another long-standing and popular annual attraction for tourists and local residents alike, joined by many other popular local music venues.

Regional winter snowfall rivals or tops most locations anywhere east of the Rocky Mountains for depth and quality. Combined with great elevations to create expert-level challenges, Chautauqua County has become an unparalleled skiing and winter sports destination for both tourists and local aficionados alike.

And So Much More...

The popular Tour Chautauqua website, www.tourchautauqua.com/, boasts by far the most comprehensive website event calendar available anywhere, according to Andrew Nixon. The website also offers visitors opportunities to share event notices and information on Facebook, Twitter, mobile phone calendar apps and even business websites.

Tour Chautauqua is the visitor’s best guide, the local citizen’s most complete bulletin board and the place to go before deciding where to go in Chautauqua County. Whether you enjoy like a tourist or welcome tourists as a hometown host, Chautauqua County is the place to be, summer or winter, in 2014.

FAITH MATTERS with PASTOR SHAWN HANNON

Weeds and Wheat



Contributing Writer

Pastor Shawn Hannon
Hope Lutheran Church, Arcade, NY

You see, we don’t just think that twins come in two varieties... good or evil... sometimes we think that people come that way too. There are good people and bad people. Jesus told a parable once about the kingdom of heaven that resembled that notion. He said it’s like someone who sowed good seed in his field, but at night someone else came and sowed weeds as well. When the plants started to grow the wheat and weeds were growing right next to each other.

Many people over time have used this parable to justify the position we named before. People come in two varieties: good and bad... wheat and weeds. Pretty simple right? Only, my experience in the real world with real people is hardly so clearly defined. I’ve watched people others might call “bad” do some pretty good things, and I know many good people (myself included) who want to do right, but often—too often—do bad.

You see, there aren’t weed people and wheat people. There are people, and each of us have weeds and each of us have wheat. Luther used to say that all of us are Saints and Sinners. He was saying that all of us aren’t the plants, we’re the field in Jesus’ story. We are wheat and weeds at the same time, and we can’t help it.

But Jesus can. Jesus weeds us out. For too long that has been understood as Jesus thinning the herd... as Jesus picking favorites... and Jesus distinguishing between good and bad people. But all have sinned and fallen short of the glory of God, so when we say that Jesus is weeding us out, we mean that Jesus is weeding us (individually) out. Jesus is weeding the evil from within us.

And in a world where planes are shot out of the sky, where nations are launching rockets and ground attacks, and where children are detained because of where they were born, thank God. Thank God for weeding the sin from his children’s lives, and may it start with us. May we stop looking for weed people and start looking for the weeds God longs to pull from us.

For more inspiration and insights from Pastor Shawn’s past columns, please visit www.jamestowngazette.com and click on the Faith Matters page. The Jamestown Gazette is proud to present our county’s most creative and original writers for your enjoyment and enlightenment.

As you have no doubt realized by now (unless this is your first week reading, of course), my brother Scott and I are identical twins. When people find out we are twins the very first question they ask is, “Can you tell the difference?” In case you were wondering, yes I can. But I think what they mean is can most people tell the difference. But almost as surely as they ask if we look alike the next question out of their mouth is, “So are you the good twin or the evil one?”

Now, I think I know which I am, but this week when I saw one of those social media quizzes come across my newsfeed I saw my opportunity to settle this once and for all. The quiz was called “How Good/Evil are you?” You answer 10 questions like, “You can’t find a parking spot, but there are many empty handicap spots, what do you do?” Or “Would you stop, swerve, or run over a turtle crossing the road?” And after you’ve answered each the question, the quiz generates your completely scientific and accurate result of how good you are. I am delighted to report that am 85% good and 15% evil. Knowing that my brother, Scott, could not hope to defeat me I sent him the quiz to take as a rubber stamp sealing my righteousness. But guess what? He got 90.

I guess that makes me the evil twin.

Now, in truth, I’ve always sort of resisted the notion that one of us is good or even better than the other, and I definitely don’t put any stock in stupid online quizzes, but all of this does raise for me important questions about how we understand righteousness... how we understand good and evil.

PUZZLES

SUDOKU

Edited by Margie E. Burke

Difficulty : Medium

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3	9					8		
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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Bubba Watson's game
- 5 Does in, mob-style
- 9 Full of nervous energy
- 14 Opera highlight
- 15 Faucet flow
- 16 "Star Wars" higher power
- 17 Huck's transport
- 18 2013 Hobbit film, "The _____ of Smaug"
- 20 Run in the wash
- 22 "Poly" add-on
- 23 Kitchen item
- 24 Take issue with
- 26 One of the Three Bears
- 27 Wrap up
- 30 Anthology selection

1	2	3	4		5	6	7	8		9	10	11	12	13
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54			55						56		57			
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61						62					63			

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- 31 Spring mo.
- 32 What the Gobi lacks
- 34 Lend an ear
- 37 Like some coffees
- 38 Overly compliant
- 39 University VIP
- 40 Pitiful
- 41 Backstabber
- 42 Consequently
- 43 Fraternal fellow
- 44 Wall frame part
- 46 Construction site wear
- 48 Possess
- 49 Troop escalation
- 50 Out in the sticks
- 54 Terrorist weapon, sometimes
- 57 Bicycle part
- 58 Soft-palate sound
- 59 Spicy stew
- 60 Place for a roast
- 61 Plant disease
- 62 Suggestive
- 63 Leaf through
- 11 Involving three parties
- 12 Rocky Road serving
- 13 Gossipy gal
- 19 "Brokeback Mountain" director
- 21 Like some relatives
- 25 Daredevil's feat
- 26 Out of fashion
- 27 Arabian VIP
- 28 Less than any
- 29 Irk
- 31 Understand "bad moon" as "bathroom", e.g.
- 33 Home addition?
- 34 Door closure
- 35 Sermon subject
- 36 Violin part
- 38 Widespread, as a disease
- 40 Shade structure
- 42 Place of refuge
- 44 Complete a puzzle
- 45 Jacket material
- 46 Wallace's "Ben-___"
- 47 Homework helper
- 49 Word repeated after "Que" in a song title
- 51 Tear to pieces
- 52 Geometry calculation
- 53 Libraries do it
- 55 Highlands hat
- 56 Hugh Grant film, "About a ___"

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SPORTS with CODY CRANDALL

Whether it's in Massachusetts, Rhode Island, or Jamestown, Carl Anderson Always Hits



Contributing Writer
Cody Crandall

When looking through the Jamestown Jammers individual statistics, one player, and his performance, particularly stands out. That player would be Carl Anderson. Carl is an outfielder from Sudbury, Massachusetts, who was drafted in the 19th round of this year's draft out of Bryant University in Rhode Island. In his first professional season, Carl – at the time of this writing – is second in the whole New York-Penn League in hits, with 44. He is also one of the leaders for Jamestown in batting average, with a .295 clip. Pretty impressive for a guy that was just in college several months ago, right? I was recently able to catch up with Carl and discuss his childhood, his time at Bryant University, and his solid start to this season.

"When I was little, baseball was always a huge part of my life. Whether it'd be playing catch in the backyard, or tossing the Wiffle ball around, I was always around the game. My favorite team was the Boston Red Sox, and my favorite player was Jacoby Ellsbury. He came up when I was in high school, and I loved to watch him play. I try to model my game after him, and he was really the guy I looked up to, and pushed myself to be like. That helped me a lot," Anderson said of his childhood.

After high school, Anderson attended Bryant University in Rhode Island. This past season at Bryant, Anderson led the team in batting with a .324 batting average, 73 hits, seven home runs, 11 doubles, and 41 RBIs. Carl also discussed how his time at Bryant helped him ease into the grind of professional baseball.

"Bryant was just a really good choice for me. It gave me the best opportunity to get out on the field and play, and it gave me an opportunity to play in the postseason. Steve Owens (the head coach at Bryant) really showed me the way, and helped prepare me for professional baseball. He introduced me to several professional baseball players, and ran his program in a way that pushed us all to improve and get better each day."

His time at Bryant seemed to benefit Anderson in many ways. After being drafted, he stepped right in to the lineup for the Jammers and began to produce. Along with being second in the New York-Penn League in hits (44), and having a .295 batting average, Anderson also has seven doubles, three triples, and 11 stolen bases. To this point, his approach has been simple and to the point.

"I just try to put the ball in play, and run hard down the line. At this level, these pitchers know how to get guys out. If you over think things up at the plate, you are going to be in trouble," he said.

Heading into essentially the stretch run of the Jammers season in August, Anderson will be an important fixture in the Jamestown lineup. At the time of this writing, the Jammers are only 5.5 games out of the wild card race. Anderson is well aware of the importance of the team playing well heading into a crucial period.

"This is where teams have to play for the postseason. This is where the good teams make their move and jump up in the standings. We just have to play our game. We are going to put it all together, and figure it out, and hopefully we will be there in contention at the end of the season."

Whether the Jammers make the playoffs or not, one thing is certain. Carl Anderson is going to get his hits. If he keeps up his stellar performance, maybe several years down the road he will be playing against Jacoby Ellsbury, instead of emulating him.

Cody Crandall is an intern at the Jamestown Gazette. To read more of his insights, commentaries, and news about the world of sports and the Jamestown Jammers, visit www.jamestowngazette.com. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.



CARL ANDERSON

RODEO TRIVIA

- The movie "8 Seconds" is a true story based on the life of ___?
- What do bull riders wear on their boots to help them hang on?
- In the National Finals Rodeo which event is for women only?
- What does PBR stand for?
- Who is the 7 time All-Round World Champion?
- What city hosts the PBR finals?
- In calf roping what is the rope in the roper's mouth called?
- How many legs does a calf roper tie together?
- What shape is the pattern taken by a barrel racer known as?
- What is the primary role of a Bull Fighter?

Jamestown Gazette

(1) Lane Frost (2) Spurs (3) Barrel Racing (4) Professional Bull Riders (5) Ty Murray (6) Las Vegas (7) Pigg'in string (8) Three legs (9) Clover Leaf (10) Protect the rider

Fast Track to Fitness with Carolyn Wilcox

How to Lose 10lb. in a Month and Keep it Off!



Contributing Writer

Carolyn Wilcox
V.I.E. Fitness Owner

you can log your daily food intake to keep track of you calories, but this is pointless if you are eating 1,200 calories a day but 50% is fat, 20% sugar and 30% protein. Drastically cutting calories will result in short term weight loss on the scales. This is due to water loss and not fat loss, plus you will lose skin firmness and muscle tone as your weight yo-yos up and down.

Realistically, you can achieve a healthy 1-2 lb. fat loss a week by cutting 500 calories a day by eliminating processed foods, soda, candy and cookies and starchy foods. Aim for a breakdown 50% protein, 25% fat and 45% carbs based on an 1,800 daily caloric intake for women, 2,400 daily caloric intake for men.

An example for women of a daily meal calorie breakdown based on 1,800 calories a day: breakfast 500 cals, lunch 400 cals, dinner 300 cals, plus 3 snacks a day at 100 cals each. Breakdown for men based on 2,400 calories a day: breakfast 600 cals, lunch 600 cals, dinner 600 cals, plus 3 snacks a day each 200 cals.

An example of a weekly work out plan that burns

approx. 2,000 calories for weight and inch loss, and at the same time keeps your body toned, sculpted and builds lean muscle mass: Monday 60 mins cardio to burn 330 cals. Tuesday 30 mins strength training and 30 mins bike at 14mph to burn 540 cals. Wednesday: rest day. Thursday 20 mins strength training and 45 mins group exercise class to burn 419 cals. Friday 20 min run at 10mph to burn 180 cals. Saturday: group exercise class burns 350 cals. Sunday: rest day. Add additional 40 calories burned from stretching pre- and post-work out.

There's no magic wand or special pill. Simply reduce your daily empty caloric intake and increase your daily indoor or outdoor strength and cardio fitness activities and you will achieve your weight loss goals and your best body yet!

To read more of Carolyn's advice on healthy eating, fitness, and living visit www.jamestowngazette.com and click on the Fast Track to Fitness page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.

We have all heard the saying "80% diet, 20% exercise" is what it takes to reach and stay in our healthy weight zone. Eating a good balance of healthy carbs, protein and fats and treats in moderation is a choice you make for yourself and your loved ones. One pound equals 3,500 calories. In order to lose 1lb. a week you need to burn off an additional 3,500 calories a week. Combine this with moderately intense exercise 3-4 times a week and you will lose 10lbs. in a month and keep it off!

How do we know what is the right balance? There are many free nutrition apps that

Southern Tier Xpress Looking for Billet Families and Volunteers

Article Contributed by

Jamestown Savings Bank Arena

With the Southern Tier Xpress' final tryout camp approaching and the team roster nearing completion, the Xpress are now announcing open spots for anyone who would like to become a part of the Southern Tier Xpress Booster Club, or anyone interested in becoming a billet family. These are both great opportunities to contribute to the success of the student-athletes who will make up the Xpress roster and help further their development as young men.

Being a member of the Xpress Booster Club allows you to help manage team activities, fundraisers and other events during the season for the benefit of the players and our community. Billet families house players from out-of-city, out-of-state or even foreign countries that come to Jamestown to play hockey.

Do you want to be a part of the Xpress, but don't want to be a booster or billet? There are plenty of chances to become a part of the team. Volunteering opportunities for people of all ages include goal judging, manning the penalty box, and many other game day operations.

For more information about the Booster Club or becoming a billet, please contact Bill and Cindy Jackson via e-mail at wjackson12@stny.rr.com. To become a volunteer for the Xpress, contact team management at southern-tier-xpress@gmail.com.

To purchase season tickets for the Xpress call the JSBA ticket office at 716-484-2624 or visit the Xpress website at www.stxpresshockey.com. Stay connected with the Xpress, find us on Facebook (Southern Tier Xpress) or follow us on Twitter @S_T_Xpress.

Note: Southern Tier Xpress will be holding their final tryouts camp August 8-10 at Jamestown Savings Bank Arena. There will be over 70 players vying for a spot on the roster for the Xpress' inaugural season.

SPORTS with BILL BURK

Lower County Bike Trail



Contributing Writer

Bill Burk

are currently only two rail shipments per month on the rail line and trains travel at low speeds, typically 25 mph. "Safety of trail users is greatly enhanced by the fence that will separate the trail from the rail line. There is currently unauthorized pedestrian use of the corridor, and this is a concern for the rail operator and rail authority. The paved trail and fence will increase safety on the right-of-way. In addition, the experience of the rail operator is that increased pedestrian use reduces littering and unauthorized access."

There will be positive economic benefits of LoCo Trail as well. Regional bike riders will travel to Chautauqua County to ride the trail and bike sales should increase in the area as people see the popularity and convenience of the trail. Furthermore, sales tax revenues and housing values are higher in communities with bike trails, and public sector investment in trails creates more jobs than like amounts spent on traditional highway infrastructure, 11 jobs per \$1 million invested in bike trails versus 7 jobs per \$1 million for highways. "There are so many benefits to this trail," said Jim Fincher of Chautauqua Rails to Trails. "LoCo Trail will pass through the heart of our community, right-of-way issues are non-existent and the rail folks are anxious to make the project happen. This is truly an exciting opportunity our community should pursue."

This is a relatively new concept in trail development and would be the longest segment of rail-with-trail in the Western New York region. Unlike existing rail-to-trail segments in Chautauqua County, this trail will be located much closer to the population centers of Southern Chautauqua County, abuts high-density residential and commercial properties and will be paved. It will directly benefit the town of Busti, and Lakewood in particular (the Lakewood Community Development Corporation, Lakewood Merchants Association and numerous businesses on Chautauqua Avenue have written letters of support). Organizers hope the project gains momentum and someday runs as far east as Randolph or Salamanca and southwest to Corry, PA. If it can be done here, it will go a long way toward convincing other communities to get involved.

So, pretty cool, right? Most large cities have dedicated space and resources to develop bike trails, and now your county is about to get on board. Trail volunteers are fundraising to help cover trail costs. A LoCo Trail Celebration is scheduled for August 3rd at the Southern Tier Brewery from noon to 3pm. The event will include food, music and detailed trail information; Hollyloft Ski & Bike has donated a Specialized Globe Commuter bicycle to raffle. Individuals interested in volunteering can sign-up at the event as well.

For more information on the LoCo Trail and 8/3 Loco Trail Celebration, visit www.LoCoTrail.org.

To read more of Bill Burk's reflections, astute observations and a rant or two on the wide world of sports, visit www.jamestowngazette.com and click on Bill Burk's page. The Jamestown Gazette is proud to present our county's most creative and original writers for your enjoyment and enlightenment.

Check out these statistics:

- Chautauqua County is ranked 54th of 62 New York State counties in health by the Robert Wood's Johnson Foundation.
- According to US Census data an estimated 21% of City of Jamestown households and 9.3% in the Village of Lakewood currently lack a vehicle.
- An estimated 60% of the population of the United States is considered interested but concerned cyclists. These are people interested in bicycling and generally indicate that they would bicycle more for transportation or recreation if they were separated from vehicular traffic.
- Community bike trails have been proven to increase exercise and reduce chronic illness and are endorsed by the Chautauqua County Health Department and the Chautauqua County Health Network as a way to improve public health.

If you came across that information randomly you wouldn't need a Cray Computer or a Mensa convention to decide how to process it. What you'd do is build a bike trail.

It's being called the "LoCo" Trail (short for "Lower County"), and it's going to change the landscape of transportation in Southern Chautauqua County. *The Rails to Trails Conservancy* estimates that there are approximately 160 Rail-with-Trails in the United States, covering over 1300 miles, and the number is growing. The town of Busti and a dedicated group of bike/health/community improvement volunteers would like to add to those numbers. The initial section of the non-motorized pedestrian and bike trail will be 4.1 miles long in the Town of Busti running from Cummins Engine east to the Lakewood Dog Park near Fairdale Avenue. It'll run along the rail right-of-way directly contiguous to the active Western New York & Pennsylvania tracks. Plans call for the trail to be 10'-wide, paved and separated from the active rail line by a 6'-high chain link fence.

Ken Lawton is the town of Busti councilman spearheading the project, "Rarely is a community trail possible with so few legal and right-of-way issues. Western New York Pennsylvania Railroad supports the project and is working closely with the Town of Busti." According to Lawton, there

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From left: President Todd Allen, SLAPSHOT speaker Cassie Butler, Exchange Student Pierina Delgado-Ramirez, RYLA speaker Mark McGraw, Rotarian Vickie McGraw. Front row, from left: Lisa Yaggie, SLAPSHOT speaker Brenna White and Exchange Student Nils Buurman, pose following a recent Rotary meeting.

Article Contributed by Jamestown Noon Rotary Club

Rotarian Lisa Yaggie and students benefitting from Rotary's "New Generations" programs of Rotary spoke at a recent meeting of the Jamestown Noon Rotary Club at the Robert H. Jackson Center, 4th and Prendergast Avenues, Jamestown.

Yaggie discussed the experiences of two Southwestern Central High School students who, through the local club, attended the Rotary Student Leadership Award Program for Students High on Training (SLAPSHOT) in Ancaster, Ontario. The program promotes leadership for high school students. Cassie Butler spoke before the group, explaining that her experience at SLAPSHOT helped her define her future career goals. In addition, she said that she learned to develop her own opinions while still respecting conflicting views of others. Clayton Hanson was

the second Southwestern student who attended; in his absence at the meeting, Yaggie read a letter detailing his appreciation for the SLAPSHOT experience.

Brenna White of the Westfield-Mayville Rotary Club also spoke about her attendance at SLAPSHOT in 2013, noting the impact the experience had on her. As a result of her attendance, Brenna applied as an exchange student through Rotary and will be attending school in Spain in the fall.

Mark McGraw thanked the group for sponsoring his attendance at Rotary Youth Leadership Awards program (RYLA) where he learned about leadership and met many good friends. McGraw said that RYLA for him was a life-changing experience. He attended the program at the State University of New York at Fredonia.

In summary, Yaggie encouraged Rotarians to get involved in Rotary's youth programs, noting that investment in youth, through Rotary programs, is the future of Rotary.

Chuck Cornell Joins as Member of the Jamestown Board of Public Utilities

Article Contributed by
Jamestown BPU



CHUCK CORNELL

The Director of the Center for Regional Advancement at the State University of New York (SUNY) at Fredonia has been named as a member of the Jamestown Board of Public Utilities (BPU).

Chuck Cornell of Jamestown fills the unexpired term left vacant by Fred Larson's resignation to become a Jamestown City Court Judge.

Cornell served two terms in the Chautauqua County Legislature representing the north side of the City. Prior to his election, he served as Clerk of the Legislature and also previously worked as the Executive Assistant to Chautauqua County Executive Mark Thomas.

While living in Washington, DC, he was on the staff of U.S. Senator Carl Levin of Michigan and U.S. Representative Paul Kanjorski of Scranton/Wilkes-Barre, Pennsylvania.

As an adjunct faculty member of Fredonia and Jamestown Community College, Cornell has instructed courses in Public Speaking, American Politics, Interpersonal Communications, Business Communications, Media and Politics, New York Government and Environmental Policy.

He is a past board member of the County Industrial Development Agency, the Manufacturing Technology Institute, the Greater Jamestown Empire Zone, the County Housing and Neighborhood Revitalization Task Force and the County Parks Commission. He is a past ex-officio member of the grassroots

neighborhood organization Northside Pride, which he founded. Cornell is active in Jamestown Area Babe Ruth Baseball and YMCA Youth Basketball. He is a member of the 2014 Chautauqua Leadership Network Class.

Cornell graduated from Jamestown High School and holds business administration and management degrees from JCC and from SUNY Geneseo respectively. He earned his Master's in Public Administration from SUNY Albany and was selected for a New York State Senate Post Graduate Fellowship.

He is married to Lori Cornell, Southern Tier Representative for Governor Andrew Cuomo, and is the father of four children.

Shop All Things Local at the Downtown Jamestown Farmers Market

Article Contributed by
Jamestown Farmers Market

"As the market is a great place to purchase local fresh produce, we can't forget about the small businesses and programming within the market's operating hours" states Christina King, JRC's Farmers Market Manager. "We hope to encourage members of our community to visit the Farmers Market as a destination for all things local this year." This year, the market will have rotating vendors and each week will have something different to offer. The market's new location has adequate space to house the new lineup and extra programming that is packed into this new season. Each week brings another good reason to come to Downtown Jamestown to enjoy and shop all things local.

Cornell Cooperative Extension will join us every week with food demonstrations and tastings, using ingredients found right at the market. Enjoy demonstrations at 1 p.m. and 4 p.m.

There will be lunch, dinner and dessert options, fresh locally roasted coffee, the freshest seasonal farm produce, including succulent fruits

and berries, vegetables, herbs, maple syrup, jams and jellies, NYS cheeses, fresh frozen meat, eggs and much more with special emphasis on many fine organic products!

New vendors offer all natural home and personal care & body products and therapeutics, custom created tie dye clothing and unique, original artwork.

We will be launching a new SNAP incentive program that increases federal funds circulating back into our local economy. When customers use their SNAP EBT Card benefits at the Downtown Jamestown Farmers Market, they receive an equal amount of Double - Up Food Bucks tokens, up to \$20 per visit, to use at the market to purchase fresh New York-grown produce from July 1st - Oct. 31st.

Keep up to date but "Liking" the Downtown Jamestown Farmers Market on Facebook or visit jamestownrenaissance.org. Market is open every Thursday 12-6 p.m. June through October on Cherry Street Restrooms are available at the Chautauqua County Humane Society's 2nd Chances Thrift Store. Free market parking on the Main and 2nd street parking deck with reimbursement at the market information/EBT tent. See you at the market!

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PUZZLE SOLUTIONS

Solution to Crossword:

G	O	L	F	O	F	S	A	N	T	S	Y
A	R	I	A	D	R	I	P	F	O	R	C
R	A	F	T	D	E	S	O	L	A	T	I
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M	O	I	S	T	U	R	E	L	I	S	T
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V	E	L	A	R	O	L	I	O	O	V	E
E	D	E	M	A	R	A	C	Y	R	E	A

Solution to Sudoku

1	8	4	3	9	2	6	5	7
3	9	7	5	6	1	8	4	2
2	6	5	8	4	7	9	3	1
4	2	9	1	7	5	3	6	8
6	3	1	9	8	4	2	7	5
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Local Works Featured at Novel Destination Books Signing



PETER LOMBARDI



BETH PEYTON

Article Contributed by
Novel Destination

If you have any interest in the nostalgia of Chautauqua Lake or the architectural history of Jamestown, New York, you will want to be at Novel Destination~Used Book Emporium on Tuesday, August 5.

From 6-8 p.m. that evening, authors Beth Peyton and Peter Lombardi will talk about SUNY Press and their publishing experiences and give short presentations with readings from their new books, followed by a Q and A.

Peyton is the author of *Clear Skies, Deep Water: A Chautauqua Memoir*. The book describes how, after a year of devastating personal and financial loss, Peyton and her husband moved to Maple Springs, New York, on Chautauqua Lake to pick up the pieces of their lives. As they worked to restore a neglected old house, the community, the beauty of the lake, and the old-fashioned sensibility of the place comforted them. While her story traces their progress toward recovery, it also includes tales of the silly, colorful, and warm characters who became their neighbors and friends.

More information on Peyton and her book can be found at www.bethpeyton.com and www.sunypress.edu/p-5862-clear-skies-deep-water.aspx.

Adjunct Assistant Professor of Urban Planning at SUNY Buffalo and Deputy Director

of the Jamestown Renaissance Corporation, Lombardi has written *Jamestown, New York: A Guide to the City and Its Urban Landscape*. It chronicles the development of the city's built environment over 200 years, from a frontier outpost, to a leading maker of furniture and textiles, to a reenergized postindustrial city. Part one provides a short history of Jamestown, emphasizing the economic and social forces that have influenced the city's architecture and development patterns. Part two includes detailed entries on more than one hundred buildings and sites, with maps to facilitate walking and driving tours.

For more information on *Jamestown, New York: A Guide to the City and Its Urban Landscape*, visit www.sunypress.edu/p-5903-jamestown-new-york.aspx.

Both authors will be autographing their books and will have copies available for purchase.

Novel Destination~Used Book Emporium is located in the Clip Joint Barber Shoppe building, across from Save-A-Lot Food Store, at 177 Fluvanna Avenue in Jamestown, New York.

Proprietor Carrie Wolfgang will serve refreshments.

You can contact Novel Destination at (716) 489-1496, noveldestination@windstream.net, and Facebook at Novel Destination.

Chamber Corner

Article Contributed by
Todd J. Trantum

President and CEO of the Chautauqua County Chamber of Commerce & Executive Director of the Manufacturers Association of the Southern Tier

Keep Jamestown in the Game

Have you been to a Jamestown Jammers game yet? What are you waiting for? The Jammers have six games scheduled on their home field at Russell E. Diethrick, Jr. Park starting Wednesday, July 30. So there's plenty of time for you to head out to the ballpark for a great evening!

Minor League baseball has a long history in Jamestown. For 75 years we have been home to a Minor League baseball team. Not only is it a terrific spectator sport, it has also contributed significantly to our local economy. Minor League Baseball makes a nearly \$3-million impact on our local economy each year, including expenditures by players, coaches, families, and fans.

This year is a pivotal year for the Jamestown Jammers. With other communities working hard to entice a Minor League team, local people are working hard to make sure the Jamestown team stays put. Attendance at the games is crucial in order to demonstrate our community's commitment to the game and the team.

It's an inexpensive way to pass an evening, and our ballpark adjacent to the Jamestown Community College campus on Falconer Street is a spectacular place to spend a summer night. We strongly encourage you to check out an upcoming Jammers game, and get ready for an enjoyable evening that could make a huge difference to keep the Jammers in Jamestown.

Grab All the Summer Fun You Can Get

Once the Chautauqua County Fair has come to a close, it almost feels like summer is nearing the end. The reality is that our great summer weather should still be around for quite a while, and there are still many programs, events, and festivals lined up for the rest of the summer! From a business perspective, all of these things represent profits to our local businesses and create jobs for local people. Make no mistake, tourism is big business. There is an advantage to all of us when we have a community that attracts visitors. We are fortunate that there are so many options for visitors here.

The world renowned Chautauqua Institution summer season still has plenty on tap, from top name entertainment to lectures, classes and recreational opportunities.

The Lucille Ball Comedy Festival is coming up August 6-10. The performance by headliner Jay Leno is sold out, but there

are still tickets left for remaining performances including top name comedians like Tom Cotter.

There is still plenty of entertainment on tap countywide for the rest of the summer. Bemus Bay Pops has a full schedule of concerts and events right through the Labor Day Weekend on the floating stage at Bemus Point. The Mayville Concerts in the Park continue on Thursday nights at Lakeside Park, while other communities also offer free entertainment in park settings countywide.

Our beautiful recreational opportunities are in full swing. You can head to Sunset Bay Beach on Lake Erie, enjoy an afternoon on Chautauqua Lake, or spend a few hours on one of our exceptional golf courses. No matter which direction you travel, you'll find great ways to enjoy a summer day right here in Chautauqua County.

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DEALER SHOWCASE

Sherman Hardware

Article by
Katrina Fuller

A sign, bedecked with saws, saw blades, and a smattering of other tools hangs from the rafters of the store front. Light beams through the large windows, as bright as the smiling face behind the register. A wide variety of tools, nuts, and bolts gleam from the shelving, ready for contractors and do-it-yourselfers alike. Sherman Hardware is a small town hardware store fully stocked and eager to help with quick fixes and projects.

"It's kind of a man cave," owner Jim Chambers says of his shop. "I've owned it for nine years." Chambers had worked in factories for several years before taking up the store. "I worked 28 years in a factory - my background is helpful; I can talk plumbing, I can talk electric...I know my nuts and bolts." With a far reaching history, the building that houses the store was built in 1889. "Talk about an old town!" Jim laughs.

Sherman Hardware offers a large selection of goods and services, from glass cutting and chainsaw repair to a full line of paints. "We do a little bit of everything," Jim says. "I consider myself a convenience hardware store. I always say 'Home Depot gets the

toilet, I get the wax ring." Offering chain saw sharpening, a sizable array of tools and parts, Sherman Hardware makes household projects and building adventures easier. Chocked full of the odds and ends needed to get the job done, this hometown hardware store is a must see.

Jim also keeps his customers' pocketbooks in mind. "I try to keep my prices as low as possible," he explains. While the store doesn't run weekly specials, it saves its customers money in the

everyday purchases. Good customer service is another added value of visiting the local shop - Jim is a local resident, and knows a majority of his customers by name. "I grew up in this town, my parents grew up in this town - it's kind of unique to be able to interact with all the customers who come in." Often, you can find Jim behind the counter, ready to help with any need.

Sherman Hardware is located at 110 West Main Street in Sherman, NY. They are open Monday through Saturday from 8 am until 6 pm, and Sundays from 10 am until 2 pm. Stop in to see them, or give them a call at 716-761-6076 for more information. While you may want to do it yourself, with Sherman Hardware, you don't have to do it alone!

The Jamestown Gazette is proud to recognize our dealers, outstanding corporate citizens of our county. This week, the Gazette especially thanks Sherman Hardware for faithfully carrying The Jamestown Gazette, The People's Paper, for the benefit and enjoyment of their customers, our readers.

PHOTO BY KATRINA FULLER



The Jamestown Gazette is available in Chautauqua, Cattaraugus and Warren County. Thank you for patronizing our fine dealers below who make this paper available to all of our readers!

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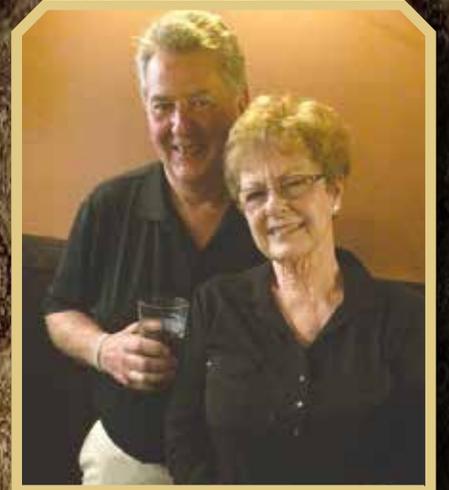
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| <p>ASHVILLE
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Ashville Arrow Mart</p> <p>BEMUS POINT
Bemus Point Inn
Bemus Point Market
Bridgeview One Stop
Coppola's Pizzeria
Guppy's
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See-Zurh House
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The Village Casino
Wired On Main</p> <p>BUSTI
Boomerang Cafe'
Busti Country Store
Peterson Candies</p> <p>CELORON
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Chautauqua Book Store
Chautauqua Institution
Visitors Bureau
Chautauqua Institution
Library
Plaza Market
Tasty Acre's Restaurant</p> <p>CHERRY CREEK
Mendel's Grocery
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Dutch Village Restaurant
Neckers General Store</p> <p>DEWITTVILLE
Mar-Mar Wine & Spirits
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Bair's Pizza
Belview East
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Falconer Pharmacy
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Sister's Restaurant
State Lanes Bowling Alley
The General Store
Tops Market</p> <p>FREWSBURG
Dinner Bell
Frewsburg Rest Home
Tops Market
VSK Emporium</p> <p>GERRY
Country Fair
Heritage Village Retirement
Campus
Heritage Village Rehab &
Skilled Nursing</p> <p>GREENHURST
Chatter Box
Crosby Mini Mart
Heritage Green
Steener's Pub</p> | <p>JAMESTOWN
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Adecco
Anderson Produce
AJ's Texas Hots
Arby's
Arrow Mart Washington
Street
Arrow Mart: North Main
Babalu Cafe'
Bob Evans
Brigiotta's Farmland
Burger King
Buzetto's Pizzeria & Cafe'
Cattaraugus County Bank
Chautauqua Eyecare
Cherry Lounge
CIBO
Coffee Cup
D&S Glass
Dorian's Hair Salon
Ecklof Bakery
Elegant Edibles Catering
Farm Fresh Foods Third St.
Fishers Family Rest.
Franchina Shoe Repair
Fresh Cut Meats and More
Friendly's Restaurant
Gokey Mini Mart
Hartley Buick
Hampton Inn
Heritage Park
Hometown Grill
Honest John's
Honeycomb Salon
Infinity
Jamestown Bowling</p> | <p>Company
Jamestown Convenient Care
Jamestown Hydroponics
Jamestown Savings Bank
Arena
Jeremy's Belview
Jones Bakery
John David Salon
Lake County Dodge
Lakeview Gardens
Landmark Restaurant
Lena's Pizza 2nd St.
Lisciandro's Restaurant
Lutheran Social Services
Mariners Pier Express
Maureen's Hair Salon
McDonald's
Miley's Old Inn
Montagna's
Novel Destinations
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Sandee's - E. 2nd Street
Sandee's Cafe Riverwalk
Center
Save-A-Lot</p> | <p>Schuver Chiropractic Office
Seneca Eye
Southern Auto Exchange
South Side Plaza Barber
Shop
Southside Redemption
Center
Southern Tier Supply
The Pub
Tim Horton's Brooklyn
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Tim Horton's 2nd Street
Tops Market
US News- 3rd Street
US News- Second Street
Us News- Southside Plaza
V.I.E. Fitness
WCA Hospital
Wings & Things
YMCA</p> <p>KENNEDY
Kennedy Super Market
The Office
Roberts Nursery</p> <p>LAKESWOOD
Alfies Restaurant
Boland's Goodyear
Burger King
Davidson's Restaruant
Diamond Cafe'
Dons Car Wash
Dunn Tire
Family Health Services
Keybank
Lakeswood Arrow Mart</p> | <p>Lakeswood Mobile Mart
Larry Spacc
Lighthouse Cafe
McDonald's
Mindy's Place
Mikes Nursery
Rider Cup
Schuyler's Country Kitchen
Starbucks
Southern Tier Brewery
Tim Horton's
Tanglewood Manor
Walmart
Wing City
YMCA</p> <p>MAYVILLE
Andriaccio's Restaurant
Chautauqua Suites
J&B Mayville Diner
Lighthouse Point Grocery
Mayville Family Health
Services
Mayville Arrow Mart
Mayville Service Center
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Webb's</p> <p>PANAMA
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BB's Family Restaurant
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Dave Foti, Nick Trussalo, & John Foti



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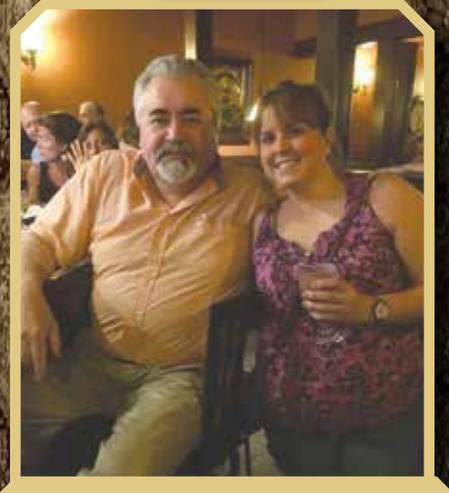
Jess Grey



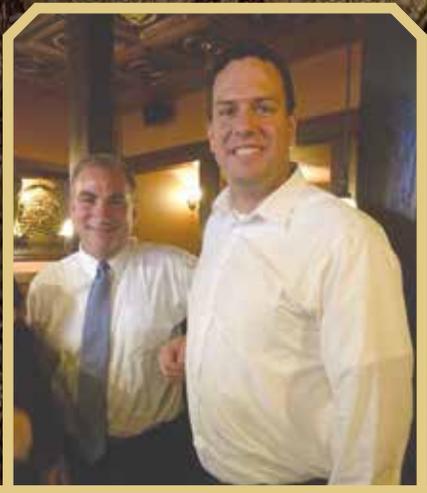
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Greg Moran, Mark Hannon, & Rob Foti



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50 more!! Larry
says



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2013 CHEVY MALIBU LTZ, 39K
2013 CHRYSLER 200 LX, 31K
2013 HYUNDAI ELANTRA GL, 13K
2013 TOYOTA COROLLA S, 6K
2013 LINCOLN MKS AWD, 30K
2013 CHEVY MALIBU 2LT, 19K
2013 CHEVY CRUZE LS, 29K
2013 TOYOTA COROLLA S, 3K
2013 DODGE AVENGER SE, 36K
2013 DODGE CHARGER, 23K
2013 NISSAN ALTIMA 2.5, 36K
2013 KIA OPTIMA LX, 10K
2013 CADILLAC ATS, 14K
2012 CHEVY MALIBU LTZ, 54K
2012 CHEVY MALIBU 1LT, 27K
2012 CHEVY IMPALA, 39K
2012 FORD FIESTA SE, 49K
2012 CHEVY IMPALA LS, 34K
2012 CHEVY MALIBU 2LT, 38K
2012 CADILLAC CTS PERFORMANCE
2012 CHEVY MALIBU LS, 11K
2012 AUDI A5 QUATRO CONV, 24K
2012 CHEVY MALIBU LS, 31K
2012 FORD TAURUS SEL, 69K
2012 CHEVY MALIBU LS, 22K
2012 FORD FUSION SE, 4K
2012 CHEVY MALIBU 3LT, 34K
2012 DODGE CHALLENGER RT, 19K
2012 CADILLAC CTS AWD, 23K
2012 FORD FUSION SE, 35K
2012 FORD FUSION SEDAN, 17K
2011 NISSAN ALTIMA 2.5, 63K
2011 CHEVY CRUZE LS, 36K
2011 CHRYSLER 200 TOURING, 21K
2011 FORD FUSION SEL, 1K
2011 CHEVY MALIBU LS, 14K
2011 CHEVY HHR LT, 72K
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2011 CHEVY IMPALA LT, 50K
2011 FORD FIESTA SE, 26K
2011 BUICK LACROSSE, 37K

2011 BUICK REGAL CXL, 26K
2011 BUICK REGAL CXL, 33K
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2010 CHEVY COBALT LS, 38K
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2013 DODGE RAM 4X4, 20K
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2012 CHEVY EQUINOX LT, 65K
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Time: 11:30pm Registration & Light Lunch
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Format: 4 Person Scramble (Men, Women, Co-ed)

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For more information or questions call:
Dan Colwell @ 716-665-8699 or Mark Perry @ 716-269-4500

