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The People's Paper.

Jamestown Gazette

A Division of Chautauqua Marketing Solutions • Vol: 02, Number: 49 • December 10, 2012

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Look for our...
Gift Ideas
on page 2

Progressive Skating & Gymnastics Spectacular Olympic Gold and National Champions Come to Jamestown

Editor
Walter Pickut

"This is a once in a lifetime show," said Steve Disson, President of Disson Skating. "This is the strongest cast we've ever had, because we had to do something special for Jamestown. The thing that makes this really special is that one city, and *only* one city, gets to see this *one time only* show live each year. I'm happy to say this year the show is coming to Jamestown."

Disson was describing the Progressive Skating & Gymnastics Spectacular,

beginning at 7:00pm on Saturday, December 15, 2012, at the Jamestown Savings Bank Ice Arena. The performance will be aired on NBC on January 19, 2013. On-air hosts will be Peggy Fleming, Nadia Comaneci and Bart Conner.

The Jamestown Savings Bank Ice Arena management and staff has been preparing for this spectacular since they signed on for



Nastia Liukin, 2008 Olympic all-around gymnastics champion, one of the most decorated gymnasts in U.S. history.

Skater, Adam Rippon, 2012 U.S. silver medalist, 2010 Four Continents Champion, 2008, 2009 World Junior Champion.

CONTINUED ON PAGE 8

Santa's Workshop is Open at Lutheran

Article Contributed by

Patricia J. Eckwahl
Director of Marketing at Lutheran

Richard Campbell from Falconer, who recently moved to the Lutheran Home and Rehabilitation Center has opened a "workshop" where he is busily making beaded jewelry items for Christmas gifts. He started by making gifts for the people on his unit and before long he had requests for every resident in the skilled nursing facility. "My whole life I have enjoyed drawing, beading and woodworking," he said. "This year I'm going to play Santa Claus for the first time in my life and deliver the gifts personally, which I have always wanted to do." The beading materials are purchased by the Lutheran Activities department. "Now we're in the process of wrapping them all," Richard added. "I like to stay busy and it's fun to make things for others."



Richard Campbell in his "workshop."

"Richard is a joy to have living here at Lutheran," said Annie Gustafson, activities director. "We're excited to have someone with his passion and talent making gifts for our other residents. It's like having Santa right here in our midst! He even looks like him, so the residents, staff and families will really enjoy it when he makes his deliveries for Christmas Day."

Jamestown Gazette
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Holiday Gazette
Located on pages 9, 10 & 11

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The Gazette Gift Ideas



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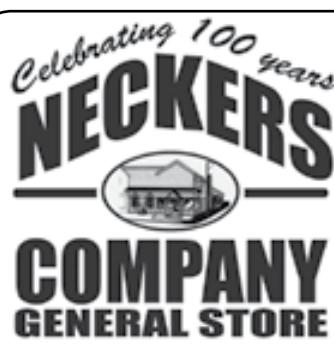


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Editor's Message



Work It

If you sit around too long... you just might get a little flabby, right? After a while you'll hardly have the energy to get up. It just isn't pretty, and certainly not beautiful.

So is the opposite true? If you "work it," get up and go, exercise and keep busy, do you get prettier or more handsome? Maybe not altogether, but at least fit looks better than flabby. The value of working it goes much deeper too. Colin Powell, retired four-star general and American statesman, put it like this: "A dream doesn't become reality through magic; it takes sweat, determination and hard work."

Fortunately, work never seems quite as hard when there's a reward, a dream to come true.

This week The Jamestown Gazette invites you to meet people whose dreams came true because they worked it. There's no flab on the Olympic Gold medal winning gymnasts and figure skaters you will meet at the Jamestown Savings Bank Ice Arena on Saturday, December 15th, for the Progressive Skating & Gymnastics Spectacular. They are beautiful to watch. They turn strength into grace and beauty. If you can't get a ticket this week, tune in on January 19, 2013, on NBC.

Some of us, though, would like to think those elite athletes were born with a talent we never had, so why try? Well, listen to my workout coach, suspense writer Stephen King (he'll keep any writer on his toes!). "Talent is cheaper than table salt. What separates the talented individual from the successful

one is a lot of hard work." It's even true for good looks. Jessica Savitch, one time weekend anchor of NBC Nightly News, said, "For every two minutes of glamour, there are eight hours of hard work."

Now here's the best part, if you simply aren't the Olympic figure skating or gymnastic kind of person, you have something even better than muscles you can work out with, and it might win you something even better than a gold medal. It makes up only two percent of your body, it is a relatively tiny thing, but it uses 20 percent of your oxygen and 25 percent of your energy. It loves exercise.

It's your brain. Work it. Scientists now know you can make new brain cells any time you want, just by thinking hard.* Keep it up and you can learn new things and gain new skills until way past your first century. And don't think skimpy little thoughts either. Donald Trump said, "I like thinking big. If you're going to be thinking anything, you might as well think big."

You can become an Olympian of the mind, all you have to do is *work it*.

Enjoy the read.

Walt Pickut

Editor

The Jamestown Gazette

* If you still believe that old fable, 'kill a brain cell and it's gone forever', Google "neuroplasticity." It will grow your mind.

Jamestown Gazette

The People's Paper.

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Vicki McGraw Join Me in the Kitchen
WCA Hospital Medical Minute

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The Jamestown Gazette is a locally owned FREE weekly community newspaper that reaches residents and merchants in Southern Chautauqua County. We build a sense of community and pride by providing residents and businesses with positive stories and timely information that spotlights local residents, organizations and businesses operating and working together. New issues will be distributed to local dealers every Monday.

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COLLEGE
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Jamestown • 484-7070

JAMESTOWN IRONMEN HOME GAME SCHEDULE

DATE	TIME	GAME
Dec. 21, 2012	7:00pm	Kalamazoo
Dec. 22, 2012	5:00pm	Kalamazoo

Jamestown Ironmen
Jan. 31st -11am Faceoff
Business Appreciation Day
716-484-2624

ART:

A Guide to Nature:
The Art of Arthur Singer,
with Alan Singer by Ipierce
now through December 2012 6pm

John & MaryLou VanDorn Art Exhibit
Mon, Tue, Thu, Fri 10am-8pm
Wed. 10am-4:30pm, Sat. 10am-3:30pm
Prendergast Library Art Gallery

"Dear Santa"
33rd Annual Holiday Exhibit
Now-Jan. 19, 2013

Fenton History Center
67 Washington St., Jamestown
716-664-6256
www.fentonhistorycenter.org

Stanley Meltzoff: The Great Game Fish
Through Dec 30, 2012
Roger Tory Peterson Institute

AUDUBON NATURE EVENTS:

ATTENTION: Nature Center is Closed
Dec 24 & 25. Back Open Wed-Fri Dec. 26-29 10am-
4:30pm
Dec. 31 10am-4:30pm

First Friday Lunch Brunch
A nature-related presentation & BYO brown bag
lunch & conversation.
Audubon Nature Center
Jan. 4, 11am-1pm

Christmas Bird Count-Jamestown
Sunday, Dec. 16, 2012
Bob Sundell
716-484-2197

Christmas Bird Count-Warren
Saturday, Dec. 15, 2012
Don Watts
814-723-9125

Eagle Behind-The-Scenes Tour
Wednesday, Dec. 26, 2012, 10am-12pm
Audubon Multipurpose room &
Liberty's Kitchen

Hike with a Naturalist
Thursday, Dec. 27 & 29, 2012, 10am-12pm
Audubon Grounds-meet in lobby

Christmas with the Critters
Friday, Dec. 28, 2012, 10am-12pm
Audubon Multipurpose room

FOR MORE INFORMATION
CALL 569-2345
VISIT WWW.JAMESTOWNAUDUBON.ORG

BENEFIT:

Holiday Potluck to benefit
Joint Neighborhood Project (JNP)
Thursday, Dec. 13, 2012, 11:30-2pm
Audubon Multipurpose room
Reservations by Dec. 11th.
716-569-2345

BLOOD DRIVE:

American Red Cross Blood Drive
Dec. 17, 12pm-6pm - Blessed Mary RC Church-
Dunirk
Dec. 28th, 10:00am-2:00pm
Chautauqua Mall, near Sears

BOOKCLUB:

Buddhist Book Group
Prendergast Library - Fireplace room.
Second and Fourth Wednesdays of the month
7pm till 8:15
A Path With Heart by Jack Kornfield

The Forum
201 N. Main St., Jamestown
Improv Comedy every Wed. night 8pm
Galacticsystems.info/the-forum

The Labyrinth Press Co.
12 East 4th St.

Jamestown
Stand-Up open Mic
Every 1st & 3rd Thursday of the Month
9:00pm
Uncensored Adult Shows

EDUCATION:

Let's Start with Computers!
Dec. 10, 12, 14, 2012, 9:15-11:15
James Prendergast Library
FREE 716-484-7135 ext. 225

Resume Workshop
Dec. 14, 2012, 1pm-3pm
James Prendergast Library
FREE 716-484-7135 ext. 225

Storytime (Children 3-5)
Dec. 19, 2012, 10:30-11:30
Family Learning Zone at Gateway
31 Water St., Jamestown
716-484-6190

ATTENTION: James Prendergast Library
will be closed Dec. 24, 25 and Dec. 31

FARMERS MARKETS: **Buy Fresh Buy Local**

Downtown Jamestown
WINTER MARKET
NEW HOURS: Every Thursday 11am-3pm
December & January
Renaissance Cneter
West Third St.

FUNDRAISER:

CASAC Pasta Dinner
"Helping Keep Kids off Drugs"
Dec 13th 5-7pm
First Covenant Church
520 Spring St. Jamestown
664-3608

HEALTH:

Healthcare, Lean and Mean
JCC Carnahan Bldg 8am-12pm
716-338-1005

HISTORY:

Roger Tory Peterson Institute
Of Natural History
Randolph Mammoth Exhibit
through Dec. 2012

HOLIDAY:

The Holiday Giving Trees 2012
Chautauqua Suites Hotel & Expo Center
215 West Lake Rd, Mayville
Dec. Now through Dec. 28 9am-7pm
716-269-7829

Sugar Grove Christmas Walk
Downtown Sugar Grove
Friday, Dec. 14th
5pm-7pm

Holiday Office Party!
Dec 14, 5:00pm until ...
Chautauqua Suites
215 West Lake Road, Mayville
(716) 269-7829

Celebrate the Holidays
at the Robert H. Jackson Center
305 E 4th St.
Now through Dec. 20, 2012
716-483-6646

Christmas Cantata
First Lutheran Church Worship Choir
Sunday, Dec. 23, 2012 11am.
120 Chandler St., Jamestown
716-664-4601

Christmas Eve Remembrance
of the Train accident 140 yrs ago on
Rail-Trail in the town of Portland
Christmas Eve 2:30pm
Chautauqua Rails to Trails
Mini hike from Prospect Station trailhead
to accident site. 716-665-3246

Holiday Week at the Wineries
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Dec. 26-Jan. 2 Excluding New Years Day
877-326-6561

Movies:

Movies At The Reg
Dec. 21 & 22 8pm
"Sleepwalk with Me"

Dipson Theaters
Lakewood Cinema 8
Chautauqua Mall Cinema I & II
For information on movies and times visit:
www.dipsontheaters.com

MUSIC:

JCC Winter Concert
Tuesday, Dec 11, 2012, 7:30-9pm
Thursday, Dec. 13, 2012, 7-9pm
Scharmann Theatre, JCC
716-338-1187

Rolling Hills Radio
Labyrinth Press Co.
12 E 4th St., Jamestown. A limited number of season
tickets for the 2012-2013 season of Rolling Hills
Radio with host Ken Hardley, presented by WRFA-
LP Radio for the Arts.
Sat 12/29/12 @7pm, Thu 1/31/13 @7pm,
Thu 2/28/13 @7pm, Thu 3/28/13 @7pm,
Thu 4/25/13 @7pm

JHS Orchestra Holiday Show
Dec. 14th 7:00pm
Chautauqua Mall

Jamestown Harmony Express
Dec. 11th, 7:30pm
Chautauqua Mall
Info@HarmonyExpress.com.
(716) 789-5248

Infinity Reunion Concert
in honor of Howie Feldman
Sat., Dec. 22, 7-9pm
Infinity Arts Cafe'
716-664-0991

SPORTS:

Pirates Winter Caravan
to visit JCC campus
Dec. 13, 2012 6:30-8pm
Hamilton Collegiate Center
Fundraiser for DJDC
716-664-2477 or 716-664-0915

Progressive Skating & Gymnastics Spectacular
Dec. 15th 7pm
Jamestown Savings Bank Arena
716-484-2624

Snowshoe Hike
Westside Overland Trail, Mayville
Sat., Dec 15, 10am
716-763-2266

Santa Skate
Skate with Santa and donate a "Toy for Tots"
Dec. 16, 3pm-5pm
Jamestown Savings Bank Arena

New Year's Eve Skate
Dec. 31, 6pm-8pm
Jamestown Savings Bank Arena

Iron Nation Kids Club
For Kids 5-14
Register at Arena Lobby
716-484-2624

Country Kids on the Fly
Monday night fly tying classes
Now thru May 6pm
Sinclairville Free Library

THEATRE:

It's A Wonderful Life: Live Radio Play
Lucille Ball Little Theatre
Dec. 14 & 15 (8pm) & Dec. 16 (2pm)
716-483-1095
lbltheatre@windstream.net

Nutcracker
Chautauqua Regional Youth Ballet
Dec. 14th 7:30pm & Dec. 15th 2pm
Reg Lenna Civic Center
716-484-7070

Live at the Met: "Aida"
1891 Fredonia Opera House
9 Church St, Fredonia
Dec. 15, 1pm
716-679-1891

WALKING TOURS:

Fenton History Center
67 Washington St. Jamestown
Every Saturday 1-3
The Fenton will lead a series of rotating
walking tours through Jamestown.
For more information call 664-6256

Join ME in the Kitchen



Contributing Writer

Vicki McGraw

So...how many things have you crossed off your Christmas to-do list?? I know I have very little crossed off, and in turn, an awful lot left to do! I am ready to start thinking homemade gifts will be a good idea. I can stay home on my day off and create really special gifts, rather than fight the crowds at the mall to spend too much on boring, ordinary stuff.

There are so many simple to make, wonderful to receive gifts. From mason jar mixes to works of art, the thing that matters most is that the gift was made by your own hands. There are dozens of "checkout magazines" at every supermarket stand that will guide you step by step to a wonderful array of gifts. When my kids were little we always made cinnamon applesauce angels and I loved receiving jars of chocolate chip cookie mix and friendship tea. Much like giving a tray of homemade cookies, a homemade gift will warm the heart of its recipient!

Today we are so busy with life in general that it seems like it would take less time to just go to the store and buy a gift, but in truth, one trip to the store can provide you with the materials to create many memorable gifts that you can put together in an assembly line of your own. By purchasing a dozen mason jars and the ingredients for 12 batches of chocolate chip cookies, you will create 12 gifts...for the postman and paper carrier, neighbors and the kids' teachers. Simply layer the dry ingredients in the jars, add the lid and tie the recipe on with a pretty ribbon and you are all set. The same can be done with just about any recipe; simply layer all of the dry ingredients in your jar...brownies, quick breads, cookies, even flavored teas, cocoas and other beverages. Add the recipe and you are done.

Another fun food craft is cinnamon applesauce angles. By mixing dry

cinnamon and applesauce, you can make a great craft dough out of which you can cut a variety of shapes to make ornaments or other decorations. Not only are they cute, but they will make the house smell wonderful! Do you remember "shrinky dinks"? (the homemade stained glass window decoration). You can make similar decorations by crushing hard candies, putting them on a foil lined baking tray and baking until they have melted.

Let's not forget tissue paper wreaths and magazine Christmas trees. Remember being in kindergarten and folding Reader's Digest magazines over and over until the whole book looked like a pine tree (kinda, sorta, if you squinted)? I'll always remember the smell of the spray paint in the art room... And when I look at my Christmas tree each year it is like a chronology of Todd and Mark's school years. There is a special ornament made by each of them each year from preschool on. And we can't forget homemade Christmas cards. Those are always my favorite! Just yesterday I came home to find two beautiful cards on my desk, handmade by Todd and his girlfriend Toria. They are ones I will keep long after the holiday has ended!

You don't need to be a real "crafty" person to create some wonderful gifts this year; you just have to open your mind to taking the time to try it! Start small with just a few things and see how it goes! If you don't like what you create, you aren't out much more than a little time, and chances are you will be excited at how fun-and easy-it was!

Cinnamon Applesauce Angels

2 cups ground cinnamon
1 cup smooth applesauce
1 T cornstarch

Mix cinnamon and cornstarch; add applesauce to form a soft dough (adding extra cinnamon if dough is too sticky).

Roll dough to $\frac{1}{4}$ " thick, cut with cookie cutters. Carefully put cutouts on a foil lined baking tray. Using a straw, make a hole in the top of the ornament for a ribbon or hook. Bake at 300° for 35-45 minutes (or until dry).

When completely dry, tie a ribbon through the hole to hang on your Christmas tree.



Foster Grandparents Lennart and Bernadine Carlson, both serve at Robert H. Jackson Elementary School in Frewsburg were the recipients of gas cards funded by Pizza Hut's "Raising Dough for Kids"

Pizza Hut's "Raising Dough for Kids" Grant Goes to Good Use

Article Contributed by

Pizza Hut

Local Foster Grandparents Travel to Schools, Day Care Centers, and Project Head Starts with Help from Pizza Hut's "Raising Dough for Kids."

In 2002, Hospitality West, LLC d/b/a Pizza Hut formed "Raising Dough for Kids," a non-profit organization whose goal is to raise money via fundraising events in their restaurants to support local Western New York Children's Charities. Lutheran Foster Grandparent Program (FGP) was pleased to be the recipient of a generous donation of \$3,000 to help with transportation costs for our Foster Grandparent volunteers.

"The escalating cost of fuel and maintaining a vehicle presents a hardship for many of our volunteers," remarked Debbie Basile, Project Director, "these funds permitted FGP to purchase gas cards to be given to the Foster Grandparents driving their own vehicles."

The funds will support the wonderful work of Foster Grandparents serving in the counties of Chautauqua, Cattaraugus, and Allegany. Foster Grandparents work one-on-one with assigned children in their day care, Head Start, or school settings to guide the students to become successful in school. They provide the extra set of hands to nurture and steer these students within the classroom.

Foster Grandparent Program is one of the three Senior Corps projects governed under the federal agency, the Corporation for National & Community Service. Lutheran has been the local sponsor since 1983. If you or someone you may know be a positive role model in a child's life? If so, please consider calling Gwen Gatewood, FGP Project Coordinator at (716) 665-5354 for more information. If you qualify you may be eligible for a tax free stipend, plus the rewards of helping a child be successful.

Edited by Margie E. Burke

SUDOKU

Difficulty : Medium

6	9				6		2	
4			1	5				
9		8						
8		4			5	1		
5			9	3				
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7	1				8	5		

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

(Answer appears elsewhere in this issue)

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The Sports Writer

Thanksgiving Weekend Means YMCA Fund-Raising Road Races!



Contributing Writer

Bill Burk

The 117th straight Turkey Trot was run in Buffalo, New York this past Thanksgiving morning. Established in 1896, it's famously, and carefully, billed as the oldest continually running footrace in North America (older than the Boston Marathon by all accounts). The race is sponsored by Buffalo area YMCAs, and monstrously popular. Proceeds from the event go to the Western New York Food Bank; they say they fed over 2,200 families with the profits from the 2011 race. A big difference between this year and the previous 116 versions of the race was that I was there, plodding heavily through the 5 mile course with my wife, son and daughter.

The "Trot" is actually an 8k, specifically 4.97 miles, but it sure feels like five. The course follows Delaware Avenue, adjacent to the park, straight into downtown Buffalo, and eventually onto Franklin Street where runners cross a finish line in front of the Buffalo Convention Center. This year over 14,000 runners participated. Cresting hills along the race course provides a great view of this sea of humanity sandwiched on the relatively narrow confines of Delaware Avenue. It's an inspiring panoramic of bobbing heads and swaying shoulders as they create a wave of flesh and shoes all headed in the same direction.

This was actually my second Turkey Trot. I ran it a few years ago and it was November-in-Buffalo cold at the start, maybe 25 degrees. Distance running is almost never on my short list of fun things to do, and gearing up for it in sub-freezing weather did not enhance the experience. This year the weather was perfect; mid-40's and sunny with most runners in shorts and sleeves. When the weather is good, the race is a festive gathering of Thanksgiving well-wishers bent on clearing stomach space and binge equity for afternoon turkey and gravy. A holiday-spirit infuses the starting line and costumes are a Turkey Trot staple. I ran in a borrowed powder-blue tuxedo jacket and shorts next to the guy who loaned me the coat (in his own pink tux), and another friend dressed as a beer can. Throughout the race we encountered pilgrims, Indians, turkey-hats and the obligatory 8-person centipede formation, head and tail running in perfect harmony. My family ran with me for a few hundred yards, and then they ran in front of me (they are all at a fitness level I am unfamiliar with). I endured the five miles enjoying the experience as much as you can when your lungs are burning and your legs aching. Tuxedo material doesn't necessarily breathe like you'd think it would.

Immediately following the race is a celebration and awards ceremony with the 14,000 runners, spectators, and volunteers. The live band this year played rock covers and pop favorites. Racers rehydrate, take in bananas and power bars, tell stories, and relive the race. I feel moderately sorry for the fit-sprinters who finish in 30 minutes and don't have the opportunity of experiencing an hour-long race like me. Some things shouldn't be rushed through, even if that's the objective.

Traditionally, on the Saturday after Thanksgiving, the Amy King 5K Run/Walk is held in the village of Lakewood. Tom Anderson, manager of the Lakewood YMCA, has been slinging a bullhorn,

directing traffic and cracking jokes for Amy King Run participants for 12 years now as the MC of this fantastic local fund-raiser. According to Tom about 400 runners/walkers threw on their winter exercise gear and negotiated the 3.2 mile course through Lakewood proper in the 2012 version of this classic. The weather was sketchy from start to finish; after the first mile we were in survivor mode. The snow blew horizontally with a full wind on the home mile, up Summit Avenue from the Rod & Gun to the village, slowing times and weathering faces.

This annual run hits closer to home for local participants and honors Amy King who was killed in the September 11th terrorist attacks. Her story is tragic and well known in this area. The intent of this event is to honor and remember her. There's a very personal attachment for many of the participants in the race, some friends, and some of Amy's family. It's a great morning of activity, a festive gathering of familiar faces and friends old and new, but there's always an overarching sober element that makes you feel like you're part of something important, something very real and very special.

The proceeds from Amy's Run help endow the Amy King Kids Fund, which, in the past, provided for the construction of a new playground at the Lakewood YMCA. The fund-raiser averages about \$10,000 per year, and pass-through proceeds go towards a \$1,000 scholarship to a graduate from Southwestern Central School, which was Amy's alma mater. The sentiment of the race was summed up by Debbie Lloyd, Amy's sister when she said, "It is about coming back and remembering Amy, but it's also about a community coming together. The best part about it is that all of the proceeds go to children. When you can run in a race that is benefitting a good cause, you're getting a good workout and you're helping kids. It's a win-win for everybody."

The 2013 Inductees of the Chautauqua Sports Hall of Fame Have Been Elected

Article Contributed by
Chautauqua Sports Hall of Fame

The Board of Directors of the Chautauqua Sports Hall of Fame is proud to announce the six inductees who will comprise the Class of 2013. They are Ron Blackmer, Cal Cederquist, Jim Foti, Dan Palmer, Walt Thurnau and Jim Young.

These individuals will be formally inducted at

the CSHOF's 32nd Annual Banquet, Monday, February 18, 2013, at the Lakewood Rod and Gun Club.

The six new honorees will bring the total number of CSHOF inductees to 145.

Tickets for the induction dinner are priced at \$50. Reservations for the 2013 banquet can be made by calling chairman Chip Johnson at 716-485-6991.





Scandinavian Resources, one of many vendors, located at the Downtown Jamestown Winter Market in the Dr. Lillian Vitanza Ney Renaissance Center every Thursday from 11am-3pm through January 31.

New Vendors Fill Winter Market

Article Contributed by

Downtown Jamestown Development Corporation

Although winter is here, the community can still purchase fresh, locally grown produce at the weekly Downtown Jamestown Winter Market every Thursday from 11am-3pm in the Dr. Lillian Vitanza Ney Renaissance Center.

Participating farmers have an array of fresh produce that is currently being grown in winter greenhouses. Produce that will be available this week include apples, brussel sprouts, collards, kale, peppers, lettuce, eggplant, tomatoes, leeks, rutabaga, parsnips, cabbage, onions, shallots, winter squash, potatoes, and garlic. Fresh, local eggs, cob popcorn, home-ground flours, and fresh-frozen meat including roasting chickens are also available.

New vendors continue to join the market including gluten-free baked goods, candles, soaps and lotions, dream catchers, handmade jewelry and the Jamestown Bio Dome Project. Lunch will also be provided by B&B Caterers.

"The market continues to expand both in attendance and vendor participation," said Tiffani Conti, DJDC Special Projects Manager. "We have a lot of great vendors participating with many unique, locally and handmade items. Most, if not all, items available in the market would make amazing holiday gifts, in addition to buying local produce."

Metered parking is available along Foundry Alley and in the parking lot behind the Renaissance Center. Free parking is available in front of the Renaissance Center.

Market Vendors

Alexalina Boutique: Homemade tutus, fairy wings, halos, headbands, wands, hats and more.

B&B Caterers: Located at 207 E Third Street in Jamestown serving soups, desserts and other lunch menu items.

Busti Cider Mill & Farm Market: Fresh grown vegetables, apples, jams & jellies, maple products, local honey, fresh ground flours (whole wheat, rye, buckwheat, corn meal), bakery items and apple cider when available.

Calligraphy by Kathleen: Handmade

calligraphy poetry, cards, signs, and keepsakes

Dun Roving Farm Alpaca Store: Handmade and commercial alpaca & alpaca blend products including socks, hats, mittens, scarves, gloves, vest, shawls, blankets, yarn & knitting needles, felted soap, roving to spin, and raw fleece.

GG My Love: Located at 211 N Main Street in Jamestown featuring women's fashions, apparel, and accessories.

Infusions, LLC: Gourmet extra virgin olive oils and aged balsamic vinegars infused with flavorings. Mistos for spraying olive oils and pour spouts for bottles. Gift baskets with variety packs will be available. Twenty-five flavors available with spices, herbs, fruits both organic and traditional. Online store with shopping cart can ship across the United States.

Jamestown BioDome Project: Local business focusing on growing local herbs and produce indoors and outdoors

Lady of the Lake: Hand crafted beach glass jewelry and art work, candles, candle holders, soaps and lotions, and dream catchers

Pearled Reflections: Artist acrylic on canvas crafts created by hand featuring a unique empesto style.

Recycle Pieces Tie-Dye: Handmade tie-dye apparel and accessories; exclusive handmade pink ribbon products

Scandinavian Resources: Locally crafted and imported Swedish items including wooden trays, figures and utensils, linens and Christmas items, books, hats, t-shirts, flags, ornaments and Dala horse items.

Small Meadows Farm: Locally grown produce, eggs, organic homemade goat milk soap, frozen meats, and cheese.

Wallflowers Design Studio: Floral arrangements and wreaths.

Wires by Juanita: Hand crafted wire sculpture jewelry using sterling silver, 14K rolled gold, and copper wire including rings, pendants, necklaces, and earrings with precious, semi-precious and gem stones.

More information about the market visit www.discoverjamestown.com or call DJDC at 664-2477.



First Lutheran Church Worship Choir

First Lutheran Church Worship Choir to present Christmas Cantata

Article Contributed by

First Lutheran Church

First Lutheran Church Worship Choir will present the Christmas cantata, "A Night for Rejoicing" by Lee Dengler and Susan Naus Dengler, on Sunday, December 23rd, 2012 during the 11:00 am worship service.

This special cantata will be performed in memory of Howard A. Lundgren, a faithful member of the choir for over

50 years. Directed by Kimberly King, Director of Music Ministries and accompanied by Richard Schwartz. Mr. Schwartz is a member of First and now resides in South Carolina. All are welcome.

Church address is 120 Chandler Street in Jamestown, NY. Church office is 716-664-4601 and website is www.firstlutheranjamestown.com Pastor Daniel K. Nagle

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before his
elves do!!!)**

Progressive Skating & Gymnastics Spectacular Olympic Gold and National Champions Come to Jamestown

make it happen, even with the overflow, standing room only crowd we expect to see," Genco said. He also credits the Downtown Jamestown Development Corporation, city utility workers and Mayor Sam Teresi for great support.

The gymnasts and figure skaters in the Progressive Skating & Gymnastics Spectacular will offer more than their performances during their brief stay in Jamestown. They will also generously give some of their time for meet 'n greets and to inspire young skaters. Selected cast members will make appearances with instructors representing the Jamestown Skating Club on Thursday, December 13, between 4:30 and 6:00pm, for the Skate Fest, free skating and free lessons. Parents are invited to call 484-2624 for more information.

The Women

Olympic Gold Medal winners, gymnasts Gabby Douglas, Jordyn Wieber and Aly Raisman, three of the "Fierce Five," the 2012 Summer Olympic U.S. Women's Gymnastic Team, captained by Raisman, will headline the show along with Nastia Liukin, one of the most decorated gymnasts in U.S. history and four more Olympic and World Champion medalists.

"I'm showing the younger generation your career doesn't have to be over when you're 16-years-old," said Nastia Liukin, whose list of accomplishments extends far beyond the 2008 Olympic All Around Champion, five time Olympic medalist, four time World Champion and nine time World medalist.

For Nastia Liukin, Jamestown will be her sixth annual appearance with Disson Skating, part of a highly successful professional career following her Olympic triumphs as an amateur. Disson, headquartered in McLean, Virginia, is the largest producer of nationally televised skating shows, attracting more than six million TV viewers for every show.

Gabby Douglas has become a role model for young athletes, and all of the nation's youth, not only for her gold medal winning performances, but for her team spirit, her cheerful smile and especially for her work ethic as an athlete. "Hard days are the best because that's when champions are made," she promises young athletes.

Olympic gold gymnastics winner Jordyn Wieber, also the 2011 World Women's All Around Champion, has adopted a personal style that can help young athletes balance the work and the enjoyment of competition. After Jordyn worked as hard as she could on her performance, she was able to enter the competition with a positive attitude. "My main goal was just to go out there and have fun and perform because I know all of my skills are there, and I didn't have to worry about them."

Olympic teammate and fellow gold medalist, Aly Raisman, found her experience of winning in London enhanced her sense of patriotism too. "It was such an amazing experience... I'm so proud and happy. I hope I made America proud tonight." The Progressive Skating & Gymnastics Spectacular performers will display their winning attitudes in every performance.

The Men

Complementing the women, an outstanding team of male gymnasts are arriving at the Jamestown Savings Bank Ice Arena. Jonathan Horton, a two time

Olympian, earning a silver medal on high bar in 2008 and many U.S. and World championships, described his emotions on winning. "It feels amazing. The reason we win is because our team has more heart than anyone. We train hard."

Danell Leyva, a Cuban-American gymnast, is the 2011 U.S. National all-around gold medalist, 2011 World Champion on parallel bars and 2012 London Olympic Men's All-Around Bronze medalist. Danell's Olympic competition was highlighted by his coach, who is also his stepdad, who distinguished himself with his frequent hugs, hops, whoops, fist pumps, weeping, ear tweaking and even stern looks, telling Danell, "You can do better!" One nationally televised commentator was moved to ask, "Where's the gold medal for parenting?"

Chris Brooks and Jake Dalton round out the men's contingent for the Disson Progressive Skating & Gymnastics Spectacular with myriad honors, championships and Olympic experience. Jake Dalton recently told a reporter for the U.S. National Team, "I had to decide to either keep competing (in gymnastics) or stop gymnastics and continue in baseball, so I decided to stop baseball." One of his first experiences at the elite gymnastic level, however, secured his preference. He said, "The adrenaline rush in competition is something I love along with hitting a great routine and hearing the crowd or my team scream because you hit an awesome set."

Figure Skating

"I would like to become the kind of skater that younger skaters look up to. I want to be the kind of skater that makes the audience think and feel something when I skate," said Adam Rippon, the 2012 U.S. silver medalist, 2010 Four Continents champion and two-time winner of World junior championships.

Jeremy Abbott, three-time U.S. National Champion in figure skating, two-time Four Continents bronze medalist and a Grand Prix final champion, shows that a champion always enjoys the sport, even when the gold slips away. After a recent competition, he simply said, "I had a couple of mistakes and some issues with spin levels, and that cost me first place ... But I love this program and I love skating in it. I'm happy that I'm done and I'm in one piece."

Meryl Davis and Charlie White, are now the longest lasting ice dancing team in the U.S., having teamed up for a long list of championships and stirring performances since 1997. Brother and sister, Maia and Alex Shibutani, having won many championships and medals, will also team up to create an inspiring ice dance performance.

Gracie Gold, Ashley Wagner and Alissa Czisny, all outstanding champions, round out the skating side of the Disson Progressive Skating & Gymnastics Spectacular.

Music

Hit performances by The Fresh Beat Band, the #1 hit Nickelodeon kids television show stars will also be part of this once in a lifetime event in Jamestown. RS, a rising and popular California Pop Rock band made up of four siblings and a good friend, will also perform.

For more information about upcoming events at the Jamestown Savings Bank Ice Arena. Go to <http://www.jamestownsavingsbankicearena.com> or call (716) 484-2624.

WCA HEALTH TIP

Three Steps to Stress-Free Holidays



Contributing Writer

Linda Johnson

WCA Hospital Public Relations

While the holidays are a joyful time, **stress**—an unwanted guest—often accompanies them. This winter, declare a stress-free season by using these tips to enjoy the holidays.

1. Be realistic. Don't stay in the mindset that everything must be done to perfection.

"Many people develop inaccurate expectations about the holidays," says Patricia McClellan, MA, NCC, CASAC, WCA Hospital Inpatient Mental Health Assistant Manager. "Although the holidays are a time of celebration and love, problems do not just vanish due to the time of year. Instead of expecting perfection, set small, accomplishable goals. Make a list and prioritize the things you have to do during the months, weeks, or days leading up to important events. When you cannot accomplish something, ask for help or accept that imperfections will occur."

2. Make healthy choices. In a sea of holiday baked goods and fried foods, opt to eat as healthy as possible. Enjoy a salad or munch on sliced fruit before heading to a festive gathering, or sample high-calorie foods in moderation. Instead of using food as a way to cope with stress, take a walk, speak to a relative or long-lost friend, or meditate for 10 minutes.

3. Change your perception. Viewing the holidays as a time of joy and acceptance can put you on the right track to stress relief. Incorporate time into your schedule each day to enjoy the sights and sounds of the holidays.

"Even though the holidays are a pleasant time for most people, they can become stressful when people overburden themselves with worries and commitments," says Patricia. "Instead, try to emphasize the positive aspects, such as sharing more time with family, which will help to de-emphasize the negative feelings."

If your holiday stress becomes overwhelming, don't be afraid to ask for help. For information on mental health services, contact the WCA Hospital Outpatient Mental Health Program, at 664-8641.

THE Holiday GAZETTE

Dozens of Gingerbread Men

Submitted by
Janet Wahlberg

My mother was an amazing baker and I remember her spending hours in the kitchen during the weeks between Thanksgiving and Christmas. There would be fruitcakes (I love it), Stollen, Potenza, Spritz, Berliner Kranz, Sno-balls, 3 kinds of Bon Bons, frosted cutouts, fudge, penuche, and so many others that I have forgotten. But what was the most amazing were the Gingerbread Men & Ladies.

Mumma would make several huge batches of dough and then bake them off. She then began the process of decorating them. Each one was carefully decorated with eyes, nose and mouth. The men got short pants with suspender and the ladies got skirts with suspenders. Now mumma moved on to the centerpiece of her efforts. She carefully wrote individual names on each cookie. The cookies were spread out on every available surface tables, countertops, the washer & dryer, her dresser, etc. to dry. When they were dry, she packaged and mailed some to family members who lived away and then she and dad took off visiting seemingly everyone they knew in order to deliver them in person. One year she mailed a bunch to Korea where dad was stationed for him to share with his tent mates.

We never touched one while mom was working on them under threat of being grounded for life. Several years ago when we were cleaning out my parents house, we came across all of mumma's cookie cutters and there were a lot of them. We divided them up and my youngest brother now has custody of the Gingerbread Man and Lady cutters. I have possession of the donut cutter, another story for another time.

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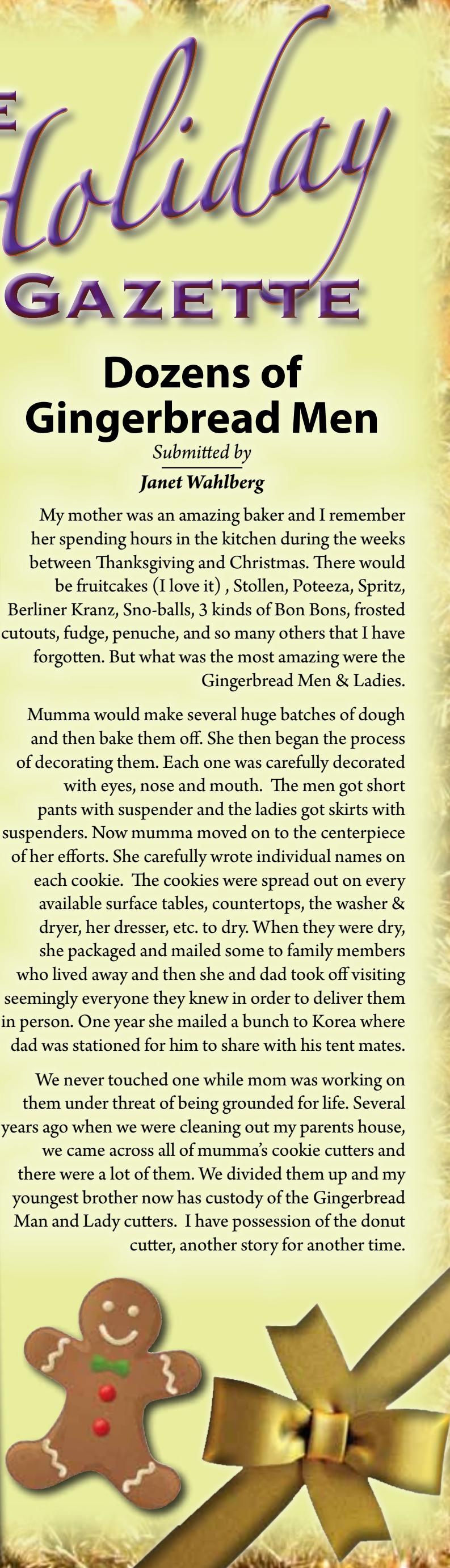
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SALTED CHOCOLATE PECAN TOFFEE

2 cups pecan halves
3 1/2 cups sugar
1 1/2 cups butter
1 tsp salt

1 tsp vanilla extract
12 ounces bittersweet chocolate
2 tsp coarse sea salt

Preheat oven to 350°. Put pecans on a rimmed baking sheet & cook, stirring occasionally, until toasted, about 8 minutes. When cool, chop roughly. Divide into 2; chop 1 batch finely. Set both aside. Put sugar, butter, salt, & 3/4 cup water in a saucepan on medium heat. When butter & sugar are melted, increase heat to med-high & cook, stirring occasionally, until mixture is deep golden brown & measures 310° on a candy thermometer, about 20 minutes. Remove from heat & carefully stir in vanilla & finely chopped pecans. Pour into a 10x15 rimmed baking sheet. Let toffee cool until set, at least 30 minutes. Chop chocolate & put in a med. metal bowl. Fill an 8- or 10-in. frying pan with 1/2 in. of water & bring to a boil. Take off heat & put bowl of chocolate in the water. Let sit about 5 minutes. Stir chocolate until melted. Pour over toffee; with a knife or offset spatula, spread evenly. Sprinkle chocolate with roughly chopped pecans. Let sit 20 minutes, or until chocolate is cool but still a bit soft. Sprinkle with coarse sea salt. Chill until set, about 1 hour. To remove, gently twist pan to release toffee, then chop or break into chunks. Store in an airtight container.



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I my hometown!

I love Jamestown because...

by: Michelle Farvallejo

I am proud to call Jamestown my hometown. My best friend from college "loves Lucy" so it was a perfect fit! When I think of my Jamestown favorites, Lena's pizza is definitely at the top of my list. Anytime I came home from college to visit, that would be my first meal. I also love the arts scene that we have. As a music teacher, I can really appreciate the fine arts programs this town has to offer. When I was in high school I was a member of many performing ensembles, including the JHS Red Raider Marching Band and the Chautauqua Regional Youth Symphony. Jamestown will always be a place near and dear to my heart.

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Girl on horseback in the Jamestown parade. Photo courtesy of Robert Knobloch.

DJDC Announces Holiday Parade Winners

Article Contributed by

Downtown Jamestown Development Corporation

The Downtown Jamestown Development Corporation announces the winners from The Resource Center and TRC Foundation "A Tradition of Caring at Christmas" Parade and Holiday Celebration that was held last Friday in downtown Jamestown. There were over 100 groups who participated, with over 200 units in the parade.

The following entries received an award.

Most Creative –

Der Kobblers Automobile Association

Best Small Business –

Jamestown Harley Davidson

Best Large Business –

The Resource Center Toys for Tots

Best Large Industry –

Pepsi Beverage Company

Most Festive –

Affinity One Federal Credit Union

Most Family Oriented –

YMCA Jets Swim Team

Best Animal Entry –

Chocolat Salon & Day Spa

Best Theme Related

(*A Tradition of Caring at Christmas*) –

Emmanuel Baptist Church

Best Colorguard –

AMVETS Memorial Post 726

Most Community Involvement –

Blue Star Mothers

Best Youth Involvement –
Jamestown Composite Squadron

Best Fire Department –
Bemus Point Volunteer Fire Dept.

Best All-Around –
Jamestown BPU

Each winner will receive a commemorative parade trophy. Winners can pick up their trophy this week at the DJDC offices located at 119-121 West Third Street, Jamestown between 8am-5pm daily. Trophies are sponsored in part by Casella Waste Services, Chautauqua Lake Region Antique Car Club of America, Chautauqua Lake Twin Tier Antique & Classic Boat Society, Dependable Tow & Recovery, Der Kobblers, Geer-Dunn Co., Harley Davidson of Jamestown, Inc., Hector's Power Sports, Hollyloft Ski & Bike, Jamestown ICE & Storage, Pepsi, Beverage Company, R. Patti Concrete & Excavating, Signature Sealcoating & Striping Service, Inc., Sinclairville Volunteer Fire Department,

"We would like to thank everyone that is involved with executing the parade including the staff, volunteers, parade participants, city officials and workers, downtown businesses and the thousands of spectators that come down to enjoy it," said Tiffani Conti, DJDC Special Projects Manager. "This event is truly a community event and each year it shows just how wonderful Jamestown is. The annual parade is such a great way to end another successful year in downtown and the surrounding region.

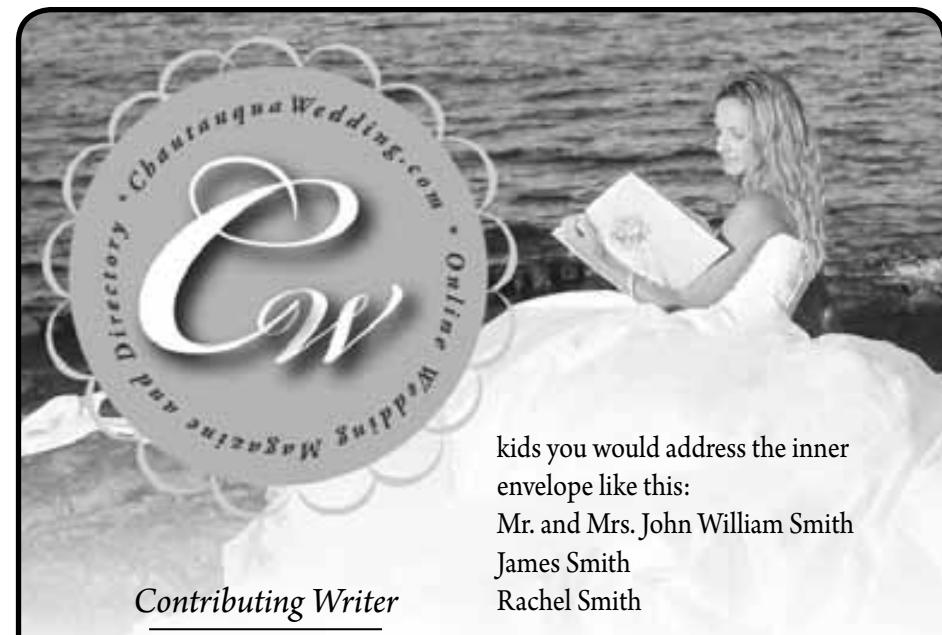
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Contributing Writer

Rebecca Rosen

Dear Bridal Becky,

I have just received my wedding invitations and am worried that I will not address them correctly and offend someone. With all of the different types of individuals and relationships out there I need some help figuring out what is the proper way to address my invitations.

Please help so I do not offend any of my guests before the wedding.

Sincerely,

A Beleaguered Bride in Bemus

Dear Beleaguered Bride in Bemus,

I understand your concern because there is specific etiquette when it comes to addressing your wedding invitations. Over the years relationships have changed but the etiquette is still as good now as it was then. The first thing you have to do is understand that there is a specific way to address the inner envelope and the outer envelope of your invitations. The outer envelope is listed with your guest's Title, First Name, Middle Name and Last Name. You can abbreviate the title of your guest to Mr. or Mrs. but when it comes to the middle name you have to either use the whole name or omit it entirely, an initial should never be used. When you are writing the address you should never abbreviate the words Street, Avenue or Boulevard.

The inner envelope is where the Title and Names of those that are invited are placed. List out all those invited because an omitted name implies that you have not invited that person. For instance if you are inviting John and Jane Smith and their two

kids you would address the inner envelope like this:

Mr. and Mrs. John William Smith
James Smith
Rachel Smith

You may also use familiar names for close family if you choose. For example you can address the inner envelope to Aunt Betty or Uncle Stu. The last thing to be aware of is to make sure that when addressing the outer envelope that you use the proper format for the specific relationship and titles of your guests.

- 1) If your guests are married make sure you list both names:
e.g. Mr. and Mrs. John William Smith
- 2) If your guests are unmarried and living together:
e.g. Mr. John William Smith and Ms. Mary Johnson
- 3) Professional designations are addressed differently:
e.g. Dr. Mary Smith and Mr. John Smith
e.g. Drs. Mary and John Smith
- 4) In the event you are inviting someone single with a guest it is best to address the outer envelope with the person you are inviting and then use the inner envelope to include the guest designation:
e.g. Mr. John William Smith (outer)
Mr. John William Smith and Guest (inner)

Just remember if you follow these few simple rules that you will not offend any of your guests and your invitations will be perfect.

Bridal Becky

Rebecca Rosen is the contributing writer and the DIY expert for Chautauqua Wedding. She has been in the bridal industry for over 15 years. For more information about bridal articles, tips, local bridal experts and fabulous DIY projects for your wedding, please visit: www.chautauqua wedding.com.

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The Y Offers New 19 to 29 Year Old Membership Category

Article Contributed by

YMCA

The Jamestown Area YMCA Executive Committee recently approved a new membership category.

A Young Adult category has been introduced for young adults who are not current full time college students ages 19-29 years. The monthly membership cost is \$32.00, a reduction of \$9.00 from the adult rate of \$41.00.

This addition was to support young adults just starting out, establishing careers, or those who recently graduated from college.

"We understand that this age group has limited income just starting out in their future lives and we wanted to make YMCA membership easier for them," said Mark Eckendorf, YMCA CEO.

The membership includes unlimited access to both the Jamestown and Lakewood YMCA facilities, fitness centers, discounted programs and services, free group exercise classes including water fitness, Zumba®, indoor cycling, babysitting opportunities and much more.

For more information, please contact the Y at 664-2802.

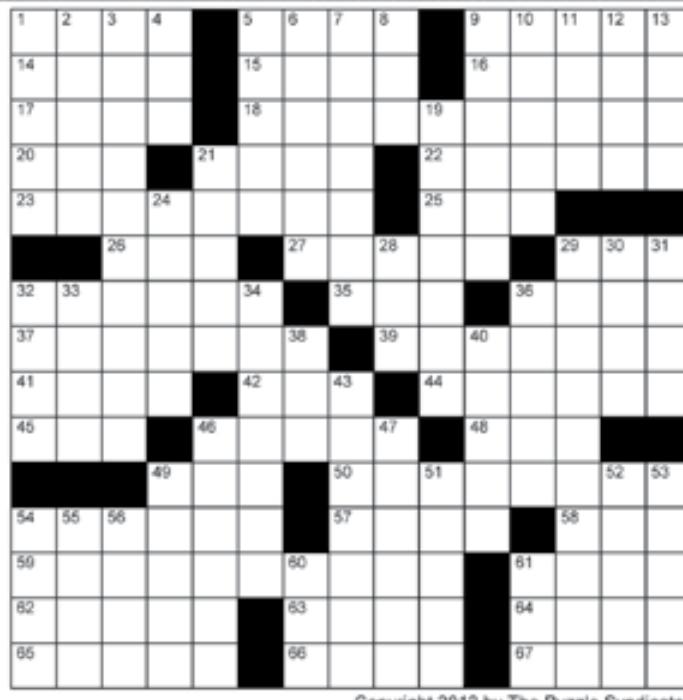
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The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Cola starter
- 5 Hendrix hairdo
- 9 Drink accessory
- 14 Soon, to a poet
- 15 Light hammer part
- 16 Conversation piece?
- 17 Fender damage
- 18 Give a makeover
- 20 Go bad
- 21 Coat with gold leaf
- 22 Like some sweatshirts
- 23 Official class member
- 25 Barely earn, with "out"
- 26 Fertility clinic supply
- 27 Good to go
- 29 Theater ticket word
- 32 Treat badly
- 35 Do away with
- 36 Note from the boss
- 37 Empty group, in math
- 39 Workplace honcho
- 41 Skedaddle
- 42 Backtalk
- 44 Gerbil or gopher
- 45 Over the hill
- 46 Killed, as a dragon
- 48 Word before and after "oh"
- 49 Island garland
- 50 Bone connector
- 54 Head doctor
- 57 Extol



58 Sandwich bread **5** Arbor Day **32** What FAQ's month offer
59 Work against **6** Bug's antenna **33** Temporary calm
61 Soothing ointment **7** Venison source **34** Thin and slippery
62 Color of honey **8** Half and half
63 Protection: Var. **9** Hair-raising
64 Perched upon **10** Severe spasm
65 Smelling of suds **11** Frost's "The _____ Not Taken"
66 Refuse to admit **12** Pot starter
67 Tenant's expense **13** Garden intruder
DOWN
1 Military training group **21** Cocktail vessel
2 Two-run homer requirement **24** Botanical seed
3 Like some variables **28** Draw a bead
4 Picnic invader **29** Create anew
30 Prophetic sign **31** St. John's _____ (herbal remedy)
32 What FAQ's month offer
33 Temporary calm
34 Thin and slippery
36 Lady's address
38 Argentine aunt
40 Bedouin, for one
43 Ransack
46 Military guard
47 Vitamin B3
49 Eyelid cosmetic
51 Full of nerve
52 Parachute material
53 Proffer bait
54 Wound crust
55 Pitcher's target
56 Country bumpkin
60 Clifford's color
61 Watering hole

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Jamestown Gazette

LIFE & TIMES OF A MODERN HOUSEWIFE

"Modern Housewife in the Big Apple"



Contributing Writer

Katrina Fuller

This past weekend, I embarked on a journey I will not soon forget. I hadn't been away overnight since the baby was born, so it was a strange event for all of us. I said goodbye, apprehensive and excited for what was to come. Late Friday night, tagging along with Nick's three cousins and aunt, I boarded the bus destined for New York City. I hadn't been there since I was a kid, so daydreams immediately filled my head as we chose our seats.

The bus in itself was an affair. The bus driver gave a short spiel, shut off the lights, and expected us to sleep. Instead, the bus creaked and groaned, tilting from side to side as it trundled down country roads. (Because we picked up folks in Warren, Pa, we ended up traveling to New York through Pennsylvania.) A lone voice chattered and occasionally giggled into the darkness. (I am unsure who this person was, but after a nice dose of Benadryl, I heard no more of them.) Trying to sleep on a bus is much like trying to sleep after being duck taped to an uncomfortable chair and kicked down a hill. (Imagine then a very loud someone laughing and talking directly in your ear upon your bumpy descent.) I wouldn't suggest attempting either one.

Once we got to the city, my eyes were filled with the splendor of the architecture, the buzz of the streets, and the pulse-like hum of the city. At every corner, there are possibilities, every glance, a new adventure. You cannot describe New York to anyone. There aren't words to paint the right picture. The only thing I can tell you is that it is alive. Not in the sense of all the people, or the hustle and bustle, but the city itself has a soul. When I stepped off the bus, I left behind my own small existence and joined in the beat of its heart.

The girls led me, wild eyed, through the subway for my first ride.

Desperately scared of getting off at the wrong place, or being left behind, I constantly questioned "Is this it?! Is this where we get off?" Luckily, I was with a very understanding group of ladies who dealt very nicely with my quirks. In the subways, musicians played guitars, drums and other instruments. People and music gaily filled the dingy corridors, making a once dreary place beautiful.

We visited Chinatown, saw the Brooklyn Bridge, and ate lunch in Little Italy. The whole of this section was decked out to the nines, beautiful Christmas garlands and lights strung in every window with gigantic wreathes to accompany them. Walking from restaurant to restaurant we were chatted up and sang to by hosts beckoning us to their diners. Finally, we found La Mela Restaurant, the menu proudly proclaiming "Sit down, shut up and eat!" Despite its demanding nature, the menu's fare was actually some of the best Italian food I've ever eaten.

Also, we were fortunate to see the New York City Ballet's "The Nutcracker" at Lincoln Center. Never before have I seen such a performance. However, the part of my heart that still resides with Little Theatre wondered "How do these people all have time to build these sets and volunteer after work?" Then I remembered that this probably was their work. The theatre, the costumes, and set pieces blew my mind, and the show put me in the right Christmas spirit, even though my feet were tired and my eyes were heavy.

After another similar ride, we arrived back in town, safe and sound.

Getting in at about six, I was happy to greet my husband, tiptoe past the sleeping baby, and dive straight into bed. Luckily, my husband was extraordinary and allowed me to sleep until one in the afternoon. I really needed it; however, I think I needed all of it. Though the trip was taxing physically, it refreshed my mind and soul greatly, allowing me to remember who I was as a single entity. (By the by, I will forever be grateful for the ticket, Aunt Val. It was an experience I will cherish always; clearly the break from reality I needed.)

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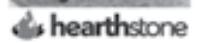
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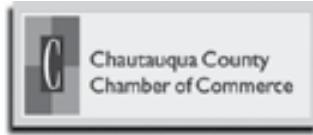
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Chamber of Commerce Announces Len Faulk as Recipient of the Pam Lydic Coalition Builder Award

Article Contributed by
Chaut. Chamber of Commerce

The first ever Pam Lydic Coalition Builder Award will be presented to Dr. Len Faulk during the Chautauqua County Chamber of Commerce 2012 Annual Meeting this Friday, December 7th at Shorewood Country Club in Dunkirk. The award recognizes an individual in the region who has worked hard to bring groups of people together around a common goal or objective. This award is presented to an individual that has helped move the region forward in a positive direction through collaboration and by building partnerships. Pam Lydic, the first Executive Director of the Chautauqua County Chamber of Commerce was instrumental in bringing together the Northern Chautauqua Chamber of Commerce and the Jamestown Area Chamber of Commerce to form the Chautauqua County Chamber of Commerce. The award was developed to honor her work with the Chamber of Commerce and her efforts to build a stronger community.

Dr. Faulk is a long-time advocate for regionalization of services in Chautauqua County. Professionally, Dr. Faulk was a political science professor and administrator at SUNY Fredonia from 1981 to 2006. He chaired the Political Science Department for six years, served as Interim Vice President for Academic Affairs for three terms and held the post of Associate Vice President and Graduate Dean from 1997-2006.

At SUNY Fredonia, Dr. Faulk was the founding Director of the Center for Rural Regional Development and Governance that received more than \$2 million in applied research grants. He wrote over 20 regional

government research studies and helped develop, fund and coordinate SUNY Fredonia's Technology Incubator.

Dr. Faulk received his Bachelor of Arts degree in Social Science from Wheaton College; and both his Master of Social Work in Community Organization and Ph D. in Social Policy from the University of Pittsburgh. Prior to his positions at SUNY Fredonia, Dr. Faulk was an administrator of several community service agencies including; Director of the Jamestown Community Action Agency; Coordinator of the Chautauqua County Small Business Assistance Program; Founder and Executive Director of the Chautauqua Home Rehabilitation and Improvement Corporation (CHRIC); and Associate Director of Rural America in Washington, DC.

Dr. Faulk initiated senior housing in many villages in the County, including: Clymer, Sinclairville, Sherman, Bemus Point and Fredonia. He helped develop the Rural Ministries emergency shelter in Dunkirk and originated the 19 units of handicapped housing at the Jamestown YMCA.

Now retired, Dr. Faulk continues to serve on a variety of community boards and remains deeply involved in efforts to encourage regionalization.

Of the award in memory of his late wife, Brian Lydic said, "Based on his track record of bringing groups and communities together around common goals, and continually hammering the drum of consolidating and sharing services, Len is a great selection for this award. I am confident Pam would approve of this selection."

Solution to Crossword:

C	O	C	A	A	A	F	R	O	S	T	R	W
A	N	O	N	P	E	E	N	P	H	O	N	E
D	E	N	T	R	E	D	E	C	O	R	A	T
R	O	T	G	I	L	D	H	O	O	D	E	D
E	N	R	O	L	L	E	E	K	E	K	E	
O	V	A	R	E	A	D	Y	R	O	W		
I	L	L	U	S	E	R	I	D	M	E	M	O
N	U	L	S	E	T	M	A	N	G	E	R	
F	L	E	E	L	I	P	R	O	D	E	N	T
O	L	D	S	L	A	I	N	M	A	N		
L	E	I										
S	H	R	I	N	K	L	A	U	D	R	Y	E
C	U	N	T	E	R	A	C	T	B	A	M	
A	M	B	E	R	E	G	I	S	A	T	O	P
B	E	E	R	Y		D	E	N	Y	R	E	N

Solution to Sudoku:

6	9	5	2	3	4	7	8	1
7	1	3	9	8	6	4	2	5
4	8	2	7	1	5	9	6	3
9	2	4	8	5	1	6	3	7
8	3	6	4	7	2	5	1	9
1	5	7	6	9	3	2	4	8
3	4	8	5	6	7	1	9	2
5	6	9	1	2	8	3	7	4
2	7	1	3	4	9	8	5	6

Faith Matters

Unexpected



Contributing Writer
Pastor Scott Hannon

Christmas tree. Check.
Outside lights up. Check.
House decorated. Nearly.
Shopping done. Not even close.

The past week and a half has been crazy. It's been one thing after another. Unpack one box only to start the next. Trim the tree, hang the outside lights, re-trim tree because half a string of lights burned out, and move on to the next item on the list.

This time of year is a season of preparation. The days grow shorter and our to-do lists grow longer. What's ironic is, while this is a season to 'get ready', in all actuality we're preparing for the unexpected.

See, Christmas is a story of God catching the world off guard. A virgin becomes pregnant, the King of Kings is born in a barn, mangy shepherds are the first on scene... you can't plan for that.

Even God's preparations for Christmas are unexpected. On Sunday we heard the story of John the Baptist in my congregation. The gospel lesson went something like this:

"Even though Tiberius was emperor and Pilate was ruling the area- Despite the fact that Herod was in charge And Annas and Caiaphas were the religious leaders of the day- The word of God came to ordinary John in the desert."

Everything about the Christmas story is a little bit (and sometimes a lot of bit) surprising. So, here's my prayer for this preparation-filled season... In the midst of all of your planning may you be surprised by an unexpected blessing. May you find grace in a new way. May a stranger make your day. May a child brighten your life.

May something gone awry remind you that God comes to us despite our best laid plans.

In the Way,

Pastor Scott



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It's A Wonderful Life...A Live Radio Play

Article Contributed by
Bob Terreberry

It's a Wonderful Life is a favorite movie each Christmas season and deservedly so. It's that great all-American story where right triumphs and life is truly wonderful for those who care about others. Jimmy Stewart and Donna Reed, and a cast of familiar character actors, breath life into the story under the deft direction of Frank Cappa.

A radio version of this classic story is the next show to be presented at the Lucille Ball Little Theatre of Jamestown. *It's a Wonderful Life...a Live Radio Play* was devised by Joe Landry. The setting is a radio studio in New York City, Christmas Eve, 1946. Five actors present the story and act the roles of 45 people that are part of the script. It's a live play about a radio show that is presenting the story using a script based upon the movie of the same name that was originally based upon a story of the same name. Sounds confusing, but author Landry has written a script that is great fun for the actors and audience alike and which is easily followed.

This offering by LBLTJ is its annual Christmas presentation to the public. Robert John Terreberry, who also directed *The Best Christmas Pageant Ever* and *An American Christmas* is again in charge of the theater's December production. Actors Adam Hughes, Deacon Pierce, Peter Cala, Paulette Ziemba and Marsha Cheney are the Hollywood actors in New York City for station WBFR's Christmas Eve offering. Steven Cobb, Carol Svensen and Vince Joy, Jr are Radio Studio A personnel that assist the actors in their dramatic presentation. Steven is the sound effects, or foley man, who creates the live sound effects for this live 1946 radio show, Carol plays the dramatic background music and Vince is the stage manager who keeps the actors in line. And a good time is had by all.

So even if you know (and love) the story, join the audience at LBLTJ and enjoy it presented in a unique and entertaining way. Performances at 8:00 in the evening are scheduled for December 7, 8, 14 and 15. Matinee performances at 2:00 will be presented on December 9 and 16. Call LBLTJ at 483-1095 for reservations. Groups of ten or more can reserve seats at half price.



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- Who convinced James Stewart to take the role of George despite his feeling that he was not up to it so soon after World War II?
- What character said "I'd been saving this money for a divorce if ever I was to get a husband!"
- In what city is the story taking place?
- How much does Violet spend on licorice?
- Which president's picture is in the Bailey's living room after the money was lost?
- What does George pile high on Mary's sundae even though she says she doesn't like it?
- What does it mean when a bell rings?
- Where does Mary work when George tries to find her after Clarence changes everything?
- What book is Clarence reading in the beginning of the movie?
- "I wish I had a million dollars!" What two words follows the George Bailey quote in the film?

- (1) Lionel Barrymore (2) Annie, the Bailey's housekeeper (3) Bedford Falls
- (4) 2 cents, "Two cents worth of shoeaces?" (5) Alabram Lincoln
- (6) Coconut (7) An angel gets his wings. (8) The Library
- (9) The Adventures of Tom Sawyer (10) "Hot Dogs"

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Dutch Village Restaurant
Neckers General Store

DEWITTIVILLE

Mar-Mar Wine & Spirits
Village Restaurant

FALCONER

Becker's Place Pizzeria
Cash and Carry
Crosby Mini Mart
Don't Trash It

Sister's Restaurant

The General Store
TK Ribbins

FREWSBURG

Dinner Bell
Frewsburg Rest Home
VSK Emporium

GERRY

Country Fair
Heritage Village Retirement Campus
Heritage Village Rehab & Skilled Nursing

GREENHURST

Crosby Mini Mart
Heritage Green
Steener's Pub

JAMESTOWN

A1 Auto
Anderson Produce
AJ's Texas Hots
Arby's
Arrow Mart Washington Street
Arrow Mart: North Main
Babalu Café
Bob Evans
Brigiotta's Farmland
Cattaraugus County Bank
Chatter Box
Chautauqua Eyecare
CIBO
Clip Joint Barber Shop
Coffee Cup
D&S Glass
Dorian's Hair Salon
Ecklof Bakery
Elegant Edibles Catering
Farm Fresh Bakery Café
Farm Fresh Foods Third Street
Fishers Family Rest.

Four Seasons Nursery

Franchina Shoe Repair
Fresh Cut Meats and More

Friendley's Restaurant

Gokey Mini Mart
Hartley Buick
Heritage Park
Hometown Grill
Honeycomb Salon
Jamestown Bowling Company
Jamestown Convenient Care
Jamestown Hydrophonics
Jamestown Savings Bank Ice Arena
Jeremy's Belview
Jones Bakery
KIA of Jamestown
Lake County Dodge
Lakeview Gardens
Lena's Pizza 2nd St.
Lisciandro's restaurant
Lori's Kountry Kafe'

Lutheran Social Services

Mariners Pier Express
Maureen's Hair Salon
Montagnas
Pal Joey's
Patient's Pharmacy
Peterson Farms

Phil-N- Cindys Lunch

Prendergast Library
Quik Lube
Red Cross
Robert H. Jackson Center

ROBO Marion St.

ROBO North Main St.
Salon 1 - Foote Ave.
Salon 1 - 3rd Street
Sandee's - E. 2nd Street
Sandee's Café Riverwalk Center
Save-A-Lot
Schuver Chiropractic Office
Seneca Eye
Shults Chevy

Shults Ford Service Center

Shults Nissan
Southern Auto Exchange

Southside Redemption Center

Southern Tier Supply
The Café
The Pub
Tim Horton's Brooklyn Square
Tim Horton's 2nd Street
US News- 3rd Street
US News- Second Street
Us News- Southside Plaza
WCA Hospital
YMCA

KENNEDY

Kennedy Super Market
The Office
Roberts Nursery

LAKEWOOD

Alfie's Restaurant
Boland's Goodyear
Burger King
Davidson's Restaurant
Diamond Caf'

Diamond Caf'

Dons Car Wash

Dunn Tire

Family Health Services
Hungry Hannah's

Lakewood Arrow Mart

Lakewood Mobile Mart
Mindy's Place

Mikes Nursery

Rider Cup

Schuylers Country Kitchen
Starbucks

Strive Nutrition

Southern Tier Brewery
Tim Horton's

Tanglewood Manor

Walmart

YMCA

MAYVILLE

Andriaccio's Restaurant
Chautauqua Suites
Dick's Harbor House
Mayville Family Health Services
Mayville Arrow Mart
Mayville Family Dinner
Mayville Servicenter
The Pauper
Webbs

PANAMA

Rowdy Rooster
Troyer's Greenhouse

RANDOLPH

Cattaraugus County Bank
Inkley Pharmacy
Landmark Chevrolet
McMurdy's R&M Restaurant
Randolph Auto
Randolph Manor
Vern's Place

SHERMAN

Cooler Café'
Mack Hometown Market
Murdock's Family Restaurant
Sherman Hardware
Triple E
Texs Quick Stop
SINCLAIRVILLE
Sinclairville Superette

STEAMBURG

Turtle Pit

STEDMAN

Stedman Corners Coffee

STOW

Hadley House
Hogan's Hut

Give the Gift of Blood this Season!

*Article Contributed by
American Red Cross
Southwestern NY Chapter*

The American Red Cross is the nation's largest blood collection organization, supplying more than 40 percent of the blood and blood products used in our country.

Our blood donors are ordinary people – high school students, factory and office workers, business executives, parents and grandparents, and people from every walk of life. But they share one thing – a generous spirit, a desire to give back to their community and help others. Blood donors play an integral role in the delivery of modern healthcare. Many life-saving medical treatments and procedures involve blood transfusions and would not be possible without a safe and reliable blood supply.

If you already donate blood, thank you!

You are making a lifesaving contribution that benefits accident victims, cancer patients, surgical candidates, children with blood disorders and many others.

If you have never donated blood, please consider doing so. Your donations are always in high demand. To make an appointment, call 1-800-REDCROSS or visit www.redcrossblood.org.

The Blood drives in Chautauqua County include:

Dec 7, 11am-3pm
Jamestown Board of Public Utilities
Dec 17, 12pm-6pm
Blessed Mary RC Church- Dunkirk
Dec 28, 10pm-4pm
Chautauqua Mall

The Robert Fralick Blood Donation Center is open every Wednesday and Thursday from 12:30p-5:30p at the Red Cross office on East 4th Street throughout the year.

WHINE OF THE WEEK!

a bunch of wire-rigged forest animals draped in electric lights... Somehow, I just don't get it. Any holiday with symbols like that must be made to celebrate Mad Magazine's, Alfred E. Newman's nightmares.

Please folks, Christmas deserves something better. If we say "Happy Holidays" to avoid offending some people, why celebrate Christmas in a way that offends the people who do like it?

Submitted by:
Merrie C. Zonn

What Holiday Is This?

A nine-foot-tall, inflated Homer Simpson, a half deflated, rolly-poly rooftop Snowman flopping in the wind and

a bunch of wire-rigged forest animals draped in electric lights... Somehow, I just don't get it. Any holiday with symbols like that must be made to celebrate Mad Magazine's, Alfred E. Newman's nightmares.



NYC TOURS

Around Town



Holiday Tours to NYC

The Jamestown Area brought relief and cleanup supplies to those affected by "Superstorm Sandy" in the NYC area while visiting the city last Saturday.



Marcie Centi, Melissa Peterson,
Katrina Fuller, Melinda Centi
at Lincoln Center after seeing
The Nutcracker by the NYC Ballet
with Fun Tours from Jamestown NY

Jackie Benson &
Helen Merrill,
Time Square in
NYC



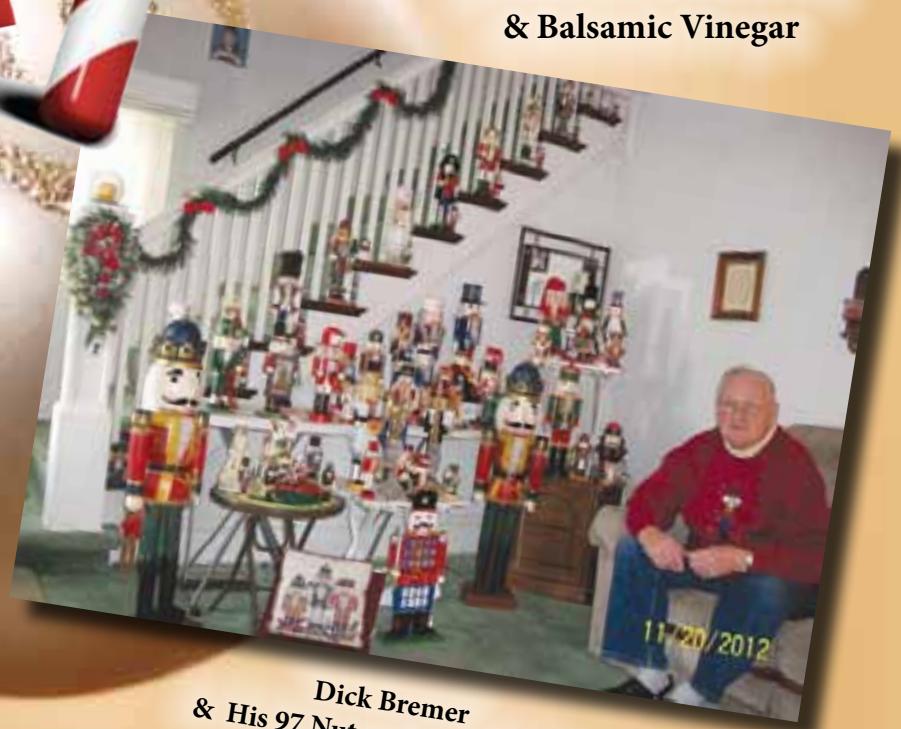
Darlene Lander
with Dun Roving Farm,
Suri Alpacas



Don Sandy,
Scandinavian Resources



Sarah Edwards
with Infusions Olives Oil
& Balsamic Vinegar



Dick Bremer
& His 97 Nutcracker Collection

Give Them What They Really Want This Year! A New Or Used Car, Truck, SUV, Van from...



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